

EASTER

word scramble

YBAB CSICHK _____

TSABEK _____

DEDY SGGE _____

TRARCO _____

LYJEL ASEBN _____

SEEPP _____

NYUNB _____

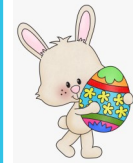
ESEART _____

CTOHCLAOE _____

GPNIRS _____

GGE NTHU _____

PLUTIS _____



405 N 15TH AVENUE, HIAWATHA, IA 52233

319-378-8583

hccinfo@hiawathacarecenter.com or kwalt@hiawathacarecenter.com



April Birthday's

Charles Noaker 4/5

James Wilson 4/6

Clyde Straka 4/11

Phyllis Stoddard 4/11

Raphael Scheetz 4/14

Shirley Hassman 4/16

Paul Robertson 4/16

Catherine Pertersen 4/17

Kenneth Burns 4/22

Sharon Wullner 4/24

Gloria Kaltenbach 4/30



April Highlight Events

4/1: April Fools Day	4/15: Good Friday
4/9: Easter Egg Hunt	4/17: Easter Sunday
4/10 Palm Sunday	4/20: Banana Splits

In Loving Memory

Barbara Steger

Wayne Lehew

Robert Zieser

Judith Nicholls



Welcome to Hiawatha Care Center

Carolyn Gibbs	Gerald Heath
Irene White	Shirley Fuller
Raphael Scheetz	Charlene Angerer
Kathleen Scherbring	
Franklin Byrns	

At Hiawatha Care Center, we not only emphasize our quality of care, but also our quality of caring!

Department Directory

Administrator	Kent Walton
Accountant	Karen Chadwick
Director of Nursing	Amanda Lauterwasser
Assistant Director of Nursing	Karmin Boote
Infection Preventionist	Amy Dake
Social Services Director	Becky Stebral
Social Services Assistant	Kristin Voss
Social Services Assistant	Kyann Banghart
Care Plan Coordinator	Kelly VanGinkel
Certified Dietary Manager, CFPP	Stephanie Cross
Assistant Dietary Manager, CFPP	Shianne Bascom
Dietary Consultant	Linda Green
Activity Director	Hannah Waters
Activities Assistant	Mary Obiedzinski
Environmental Service Supervisor	Emma Ness
Restorative Therapy Director	Tammy Ronnebaum
Human Resource Director	Amanda Kennedy

2022 Resident Council Board Members

Ron Jorgensen—President
 James Vick—Vice President
 Carma Reiss—Secretary

If you have any questions or concerns, please report them to your Resident Council Officers.

You may also want to contact a staff member to resolve the issue immediately.
 Hiawatha Care Center's admissions, room assignment, and resident services are provided without regard to race, creed, color, national origin.

The Golden Girls



Blanche



Dorothy



Rose



Sophia



Sunday

Monday

Tuesday

Wednesday

Thursday

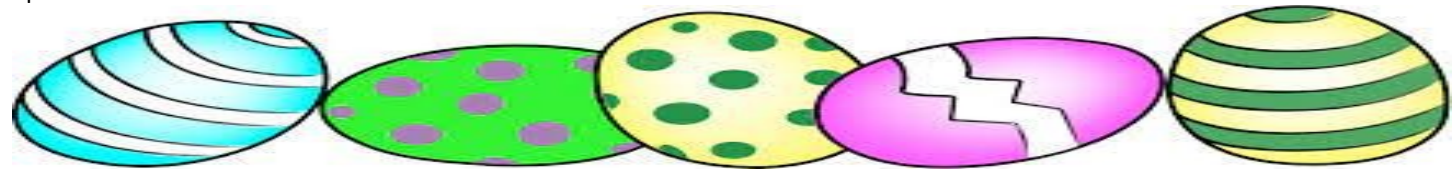
Friday

Saturday



April 2022 Menu

<p>1 Oatmeal, Fried Egg, French Toast/Syrup, Lunch : Choice 1: Baked Spaghetti Pie, Choice 2: Breaded Cod Scrod, Baked Potato/Marg. Sides: Broccoli & Cauliflower, Garlic Toast, Apricot Oat Bar, Dinner: Choice 1: Classic Tuna & Noodle Bake, Seasoned Peas, Choice 2: Cottage Cheese Fruit Plate Sides: Fresh Baked Vegetable Bread, Cinnamon Baked Apples</p>						<p>2 Cream of Wheat, Cheese Omelet, Biscuit, Apple Butter, Lunch : Choice 1: Cheddar Ranch Chicken, Scalloped Potatoes, Mixed Vegetables, Choice 2: Hamburger on Bun, Lettuce/Tomato/Onion, Pasta Salad, Sides: Angel Food Cake, Whipped Topping, Dinner: Choice 1: Pulled Pork Cornbread Casserole, Green Beans, Choice 2: Bacon Cheddar Ranch Chicken Salad Wrap, Tossed Salad w/ Dressing, Sides: Cranberry Fruit Salad, Chocolate Chip Cookie</p>							
<p>3 Malt-O-Meal, Poached Egg, Fruit Turnover Lunch : Choice 1: Beef Pot Roast, Choice 2: BBQ Chicken, Sides: Roasted Vegetables, Dinner Roll/Marg., Pie, Dinner: Choice 1: Hamburger Macaroni & Cheese, Peas & Carrots, Bread/Marg., Choice 2: Chicken Noodle Soup, Ham & Cheese Sandwich w/ Lettuce/Tomato Sides: Pears</p>		<p>4 Oatmeal, Sausage & Potato Breakfast Casserole, Toast Lunch : Choice 1: Ranch Chicken Breast, Cheesy Rice, Broccoli Florets, Fresh Baked Bread Choice 2: Chef, Crackers Sides: Strawberry Snickerdoodle Crunch, Dinner: Choice 1: Loaded Potato Soup, Roast Beef Slider w/lettuce & tomato, Choice 2: Sloppy Joe on Bun, Potato Chips, Sides: Creamy Cucumber Salad,</p>		<p>5 Cream of Wheat, Sausage Gravy/Biscuit, Banana Half, Lunch : Choice 1: Grilled Turkey & Bacon on Sourdough, French Fries, Choice 2: Italian Goulash, Garlic Toast, Sides: Mixed Vegetables, Frosted Pumpkin Bar Dinner: Choice 1: Homemade Beef & Noodles, Fresh Baked Bread, Choice 2: Fish Sandwich, Cinnamon Sweet Potato Tots, Sides: Seasoned Peas, Manda-</p>		<p>6 Malt-O-Meal, Cheese Omelet, Toast, Lunch : Choice 1: Smothered Pork Chop, Mashed Potatoes/Gravy Cascade Vegetables, Choice 2: Taco Salad, Shredded Lettuce/Tomato, Sides: Caramel Apple Crisp, Dinner: Choice 1: Country Fried Steak, Mashed Potatoes/Country Gravy, Capri Vegetables, Choice 2: Cheeseburger Soup, Crackers, Chicken Salad Wrap,</p>		<p>7 Oatmeal, Sausage Link, Cinnamon Roll, Strawberries, Lunch : Choice 1: Beefy Ranch Casserole, Garlic Toast, Choice 2: Pork Tenderloin on Bun, Lettuce/Tomato/Onion, Sides: Green Beans, Banana Split Fluff, Dinner: Choice 1: BBQ Rib Sandwich, Choice 2: Hot Dog on Bun Sides: Pickles & Onions, Potato Chips, Baked Beans, Mixed Berries</p>		<p>8 Cream of Wheat, Scrambled Egg with Ham, Toast Lunch : Choice 1: Parmesan Baked Cod, Choice 2: Hamburger Steak w/ Gravy, Sides: Baked Potato/Marg, Brown butter & Garlic Roasted peas, Bread/Butter, Lemon Cream Cake Dinner: Choice 1: Scalloped Potatoes & Ham Choice 2: Herb Baked Fish, Rice, Sides: Carrots, Cornbread/Marg, Apricots</p>		<p>9 Malt-O-Meal, Hard Boiled Egg, Bacon, Raisin Toast, Margarine/Jelly Lunch : Choice 1: Brown Sugar Meatloaf Choice 2: Baked Pork Chop Sides: Smokey Mac & Cheese, Parslied Cauliflower, Bread/Butter, Rosy Applesauce, Dinner: Choice 1: Chicken Tot Pie, Mixed Vegetables, Bread/Marg. Choice 2: Cheeseburger on Bun, Lettuce/Tomato/Onion, Potato Chips Sides: Pineapple</p>	
<p>10 Oatmeal, Scrambled Egg Patty, Pumpkin Spice Donut, Lunch : Choice 1: Country Fried Steak Choice 2: Herb Baked Chicken Sides: Mashed Potatoes, Country Gravy, Steamed Asparagus, Dinner Roll, Pie Dinner: Choice 1: Sloppy Jon on Bun, Potato Chips, Choice 2: Biscuit Breakfast Sandwich, Hashbrowns Sides: Mandarin Oranges</p>		<p>11 Cream of Wheat, Scrambled Eggs w/ Bacon, Raisin Toast, Lunch : Choice 1: Pork Roast, Choice 2: Herb Baked Fish, Sides: Maple Glazed Squash, Peas, Bread/Marg. Pumpkin, Dinner: Choice 1: Potato Soup, Ham & Cheese Sandwich, Tossed Salad/Dressing Choice 2: Creamed Turkey over Biscuit, Green Beans, Sides: Fruit Cocktail</p>		<p>12 Malt-O-Meal, Fried Egg, Danish, Banana Half, Lunch : Choice 1: Baked Chicken, Chicken Gravy, Choice 2: Hamburger Steak w/ Gravy, Sides: Stuffing, Parslied Carrots, Cookies & Cream Brownie, Dinner: Choice 1: Shaved Beef on Bun, Choice 2: Breaded Chicken Tenders, Sides: Sweet Potato Fries, Baked Beans, Mango & Bananas</p>		<p>13 Oatmeal, Poached Egg, Cinnamon Sour Cream Coffee Cake, Lunch : Choice 1: Cheesesteak Tater Casserole, Fresh Baked Bread, Choice 2: Grilled Turkey & Swiss Cheese Sandwich, Sides: Peas & Carrots, Ice Cream Cup, Strawberries, Dinner: Choice 1: Cream of Tomato Soup, Crackers, Grilled Cheese Sandwich, Marinated Cucumbers, Choice 2: Chef Salad, Dinner Roll, Sides: Winter Fruit Cup</p>		<p>14 Cream of Wheat, Bacon, Toast, Lucky Charms, Lunch : Choice 1: Ham Balls, Scalloped Potatoes, Green Beans, Bread/Marg. Choice 2: Hamburger/Bun, Potato Chips, Lettuce/Tomato/Onion, Sides: Pineapple Upside Down Cobbler, Dinner: Choice 1: Cheddar Chicken Rice Bake, Broccoli, Cheese Breadstick, Choice 2: Hot Dog/Bun, Potato Salad, Sides: Peaches, Chocolate chip Cookies</p>		<p>15 Malt-O-Meal, Sausage Link, Pancakes/Syrup, Lunch : Choice 1: Breaded Pollock Filet, Choice 2: Baked Ham, Sides: Macaroni & Cheese, Capri Blend Veggies, Bread/Butter, Ritzy Strawberry Dessert, Dinner: Choice 1: Pizza, Choice 2: Fish Sandwich/Bun, Sides: Mixed Vegetables, Tossed Salad w/ Dressing, Cinnamon Applesauce Gelatin</p>		<p>16 Oatmeal, Hoard Boiled Egg, Toast, Lunch : Choice 1:Walking Taco, Shredded Lettuce/Tomato Choice 2: Baked Pork Chop, Pork Gravy, Mashed Potatoes, Sides: Corn, Frosted Cake, Dinner: Choice 1: Meatball Sub Sandwich, Carrots, Choice 2: Turkey Burger/Bun, Lettuce/Tomato/Onion, Sides: French Fries, Peaches</p>	
<p>17 Oatmeal, Scrambled Egg Patty, French Toast Bites, Lunch : Choice 1: Baked Ham Choice 2: Beef Minute Steak/Gravy, Sides: Cheddar Ranch Scalloped Potatoes, Green Beans, Dinner Roll, Pie, Dinner: Choice 1: Crispy Chicken Sandwich, Honey Mustard, Lettuce/Tomato/Onions, Choice 2: Cheddar Omelet, Sides: Onion Tangles, Creamy Coleslaw, Sugar Cookie</p>		<p>18 Cream of Wheat, Scrambled Egg, Bacon, Toast, Margarine/Jelly, Lunch : Choice 1: Goulash, Choice 2: Breaded Pollock Filet, Sides: Broccoli, Garlic Toast, Banana Brownie, Dinner: Choice 1: Cheddar chicken & Rice Bake, Seasoned Peas, Bread/Marg. Choice 2: Turkey on a Croissant, Lettuce/Tomato/Onion, Potato Chips, Sides: Winter Fruit Cup</p>		<p>19 Malt-O-Meal, Cheese Omelet, Toast, Margarine/Jelly, Banana Half Lunch : Choice 1: Savory Roast Beef, Choice 2: Pork Chop, Sides: Mashed Potatoes/Gravy, Candied Carrots, Bread/Marg. Dinner: Choice 1: Hamburger on Bun, Lettuce/Tomato/Onion, Potato Salad, Choice 2: Ham & Bean Soup, Crackers, Cottage Cheese & Peaches, Maple Cornbread</p>		<p>20 Oatmeal, Sausage Gravy, Biscuit, Lunch : Choice 1: Butter Pecan Chicken, Sweet Potatoes, Parslied Cauliflower, Bread/Marg. Choice 2: Taco Salad, Shredded Lettuce, Diced Tomatoes, Sides: Cranberry Orange Crisp, Dinner: Choice 1: Reuben Bake Choice 2: Breaded Chicken Tenders, French Fries, Sides: Mixed Vegetables, Pears</p>		<p>21 Cream of Wheat, hard Boiled Egg, Apple Butter Pancakes w/Glaze Lunch : Choice 1: Bacon Cheddar Meatloaf. Choice 2: Pork Tenderloin/Bun, Pickles & Onions Sides: French Fries, Capri Vegetables, Hot Chocolate Dessert, Dinner: Choice 1: Roasted Chicken, Choice 2: Meatballs with Sauce Sides: Mashed Potatoes/Gravy, Fried Corn w/Bacon, Bread/Marg., Fruit</p>		<p>22 Malt-O-Meal, Poached Egg, Strawberry Danish Coffee Cake, Lunch : Choice 1: Beer Battered Tilapia Choice 2: Pork Chop, Sides: Mini Baker Potatoes, Cascade Blend Vegetables, Cherry Angel Dessert, Dinner: Choice 1: Shepherd's, Pie Soup, Fresh Baked Bread, Honey Butter, Choice 2: Cream of Tomato Soup, Grilled Cheese Sandwich, Sides: Marinated Cucumbers,</p>		<p>23 1Oatmeal, Sausage Link, Raisin Toast, Margarine/Jelly Lunch : Choice 1: BBQ Bacon Cheeseburger, Choice 2: Chicken Club Sandwich, Sides: Tater Tots, Lettuce/Tomato/Onion, Tutti Frutti Gelatin, Dinner: Choice 1: Creamy Chicken Alfredo, Seasoned Peas, Garlic Toast, Choice 2: Beef & Noodles Sides: Seasoned Peas, Garlic Toast, Mandarin Oranges</p>	
<p>24 Cream of Wheat, Scrambled Egg, Cinnamon Roll, Lunch : Choice 1: Chicken Fried Chicken, Choice 2: Herb Baked Fish, Sides: Mashed Potatoes/Gravy, Beets in Orange Sauce, Dinner Roll/Marg, Pie, Dinner: Choice 1: Chili Dog on Bun, Shredded Cheese/Diced Onion, Choice 2: Egg Salad Sandwich, Sides: Peaches, Potato Chips</p>		<p>25 Malt-O-Meal, Sausage Patty, Maple Pecan Coffee Cake, Lunch : Choice 1: Braised Steak w/ Mushroom Gravy, Choice 2: Baked Ham, Sides: French Onion Rice, Cabbage Cheddar Bake, Fresh Baked Bread, Peanut Buter Mousse, Dinner: Choice 1: Fish Sandwich Deluxe Choice 2: Turkey Burger Deluxe, Sides: Lettuce Leaf/Tomato Slice, Potato Salad, Blushing Pears, Sherbet Cup</p>		<p>26 Oatmeal, Hard Boiled Egg, Bacon, Toast, Margarine/Jelly Lunch : Choice 1: Hot Italian Sandwich, Sweet Potato Fries Choice 2: Swiss Steak w/Tomatoes, Cheesy Mashed Potatoes, Sides: Roasted Parmesan Green Beans, Red Velvet Cake Roll, Dinner: Choice 1: Chicken Fajita Bake, Choice 2: Sweet Potato Fish, Sides: Mexican Coleslaw Strawberries & Bananas, Apple Filled Churro</p>		<p>27 Cream of Wheat, Scrambled Egg w/ Cheese, Toast, Margarine/Jelly, Lunch : Choice 1: Gola Glazed Ham Steak Choice 2: Baked Chicken Breast, Sides: Hashbrown Casserole, Country Trio Vegetables, Bread/Marg. Berry 7-UP Cobbler, Dinner: Choice 1: Wisconsin Cheese Soup/Crackers, Roast Beef Sandwich, Choice 2: Hamburger on Bun, Baked Beans, Sides: Lettuce/Tomato/Onion, Mandarin Oranges</p>		<p>28 Malt-O-Meal, Banana Half, Toast, Margarine/Jelly, Cheesy Egg Bake, Lunch : Choice 1: Roast Turkey/Gravy, Stuffing, Choice 2: Pork Chop/Gravy, Sides: Apple Butter Squash, Cran Raspberry Fluff, Dinner: Choice 1: Sweet & Tangy Meatballs, Sour Cream & Onion Potato Bake, Bread/Marg. Choice 2: BBQ Chicken on Bun, Potato Salad, Sides: Carrots, Pineapple</p>		<p>29 Oatmeal, Fried Egg, French Toast/Syrup, Lunch : Choice 1: Baked Spaghetti Pie, Choice 2: Breaded Cod Scrod, Baked Potato/Marg. Sides: Broccoli & Cauliflower, Garlic Toast, Apricot Oat Bar, Dinner: Choice 1: Classic Tuna & Noodle Bake, Seasoned Peas, Choice 2: Cottage Cheese Fruit Plate Sides: Fresh Baked Vegetable Bread, Cinnamon Baked Apples</p>		<p>30 Cream of Wheat, Cheese Omelet, Biscuit, Apple Butter, Lunch : Choice 1: Cheddar Ranch Chicken, Scalloped Potatoes, Mixed Vegetables, Choice 2: Hamburger on Bun, Lettuce/Tomato/Onion, Pasta Salad, Sides: Angel Food Cake, Whipped Topping, Dinner: Choice 1: Pulled Pork Cornbread Casserole, Green Beans, Choice 2: Bacon Cheddar Ranch Chicken Salad Wrap, Tossed Salad w/ Dressing, Sides: Cranberry Fruit Salad, Chocolate Chip Cookie</p>	



Hiawatha Care Center's Outdoor Easter Egg Hunt

Date:

Saturday, April 9th @ 10:30 am.

Location:

The outdoor courtyard area.

Please enter the courtyard through the gated door located on the northeast side of the building.

Who is welcome to join the fun?

Resident's family members, staff members families, neighbors, & friends.

Contact Hannah Waters if you have any questions.

hwaters@hiawthacarecenter.com

Activities Direct line:(319) 368-2626

Easter Egg Hunt!



St. Patrick's Day 2022



SPRING CLEANING ROOMS!

In an effort to keep the rooms clean, neat, and organized, we ask that you would do some spring cleaning in your loved one's room.

Please remove any unnecessary items.

If you have any questions, please contact

Emma Ness, Environmental Services

(319) 378-8583



Spring




W H M Z A L K R S G U B E C H T Q I
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|-----------|-------------|---------|--------|--------|
| BIRDS | CALF | GARDEN | LAMB | SNAIL |
| BLOSSOM | CATERPILLAR | GRASS | NATURE | SPRING |
| BUGS | CHICKS | HATCH | NEST | SPROUT |
| BUNNY | FLOWERS | INSECTS | RABBIT | TULIP |
| BUTTERFLY | FROG | LADYBUG | ROBIN | WORM |



Sunday**Monday****Tuesday****Wednesday****Thursday****Friday****Saturday**

<p>All Activities are subject to change. Please refer to the whiteboards in the dining rooms for the daily activities.</p>					<p>1 <u>APRIL FOOLS DAY</u> 11:00 Cathy's Bible Study Group 2:15 Bingo Hour</p>	<p>2 2:00 Afternoon Farkle 4:15 Popcorn and Social</p>
<p>3 10:00 Catholic Communion with St. Elizabeth's 2:00 Weekend Bingo 4:00 Kings of Kings Lutheran Church Service</p>	<p>4 10:00 Manicure Monday's 2:30 Leo Shima Band 4:45 Bible Study Group</p>	<p>5 10:00 Catholic Online Church Service 10:45 Select Music Therapy Group 2:30 Corks & Canvas</p>	<p>6 <u>NATIONAL WALKING DAY</u> 10:00 Animal Adventures 2:30 Music with Gunther</p>	<p>7 10:30 Kitchen Creations 2:30 Happy Hour with the Dave Wirtz</p>	<p>8 10:00 Egg Stuffing 2:15 Bingo Hour 4:00 Matinee Movie</p>	<p>9 10:30 Easter Egg Hunt 2:00 Afternoon Games 4:15 Movie & Popcorn</p>
<p>10 <u>Palm Sunday</u> 10:00 Catholic Communion with St. Elizabeth's 2:00 Afternoon Crafts Creations</p>	<p>11 10:00 Manicure Monday's 2:30 Music with Eldred Gerhold 4:45 Bible Study Group</p>	<p>12 10:00 Gospel Light Baptist Church Service 10:45 Select Music Therapy Group 2:30 April Birthday Party with David Marshall</p>	<p>13 10:30 Kitchen Creations 2:30 Happy Hour with New Entertainment from OX-FORD JCT</p>	<p>14 10:00 Easter Egg Decorating 2:30 Outdoor Gardening</p>	<p>15 <u>GOOD FRIDAY</u> 11:00 Cathy's Bible Study Group with special Guest Reggie Daniels 2:15 Bingo Hour</p>	<p>16 2:00 Afternoon Farkle 4:15 Popcorn and Social</p>
<p>17 <u>Easter Sunday</u> 10:00 Catholic Communion with St. Elizabeth's 2:00 Weekend Bingo 4:00 Kings of Kings Lutheran Church Service</p>	<p>18 10:00 Manicure Monday's 2:30 Wheel of Fortune 4:45 Bible Study Group</p>	<p>19 10:00 Online Church Service First Assembly 10:45 Select Music Therapy Group 2:30 Cards & Snacks</p>	<p>20 <u>NATIONAL BANANA DAY</u> 10:00 Outdoor/Indoor Movements of Motion 2:30 Ice Cream Social: Banana Splits</p>	<p>21 10:30 Kitchen Creations 2:30 Happy Hour with the La La Ladies</p>	<p>22 10:00 Manicure Friday 2:15 Bingo Hour 4:00 Matinee Movie</p>	<p>23 2:00 Afternoon Outdoor Games 4:15 Movie & Popcorn</p>
<p>24 10:00 Catholic Communion with St. Elizabeth's 2:00 Afternoon Crafts Creations</p>	<p>25 10:00 Manicure Monday's 2:00 Movie on the Projector 4:45 Bible Study Group</p>	<p>26 10:00 Morning Farkle 10:45 Select Music Therapy Group 2:30 Music with "The Flip Side"</p>	<p>27 10:15 Lovely Lane Methodist Church Service 2:30 Outdoor Gardening</p>	<p>28 10:30 Kitchen Creations 2:30 Happy Hour with Harold Gray</p>	<p>29 10:00 Manicure Friday 2:15 Bingo Hour 4:00 Matinee Movie</p>	<p>30 2:00 Afternoon Farkle 4:15 Popcorn and Social</p>