

Hiawatha Care Center April 2024 Newsletter



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*At Hiawatha Care Center, we not only emphasize our quality of care,
but also our quality of caring!*

Activities-Events- Reminders

Catholic Mass At

St. Elizabeth Ann Seton Church on Thursdays!

"Beginning April 4th, we will be assisting residents who wish to attend Mass over to St. Elizabeth Ann Seton Church for the Thursday Catholic Mass service, which will be held from 9:00 am to 9:30 am. We will depart for the church at 8:50 am. If you have any questions regarding this, please contact Hannah Waters, Activity Director."

The Dentist

Wednesday, April 17, Dr. Witt D.D.S, will be here to see those who wish to be seen by the dentist.
Contact Karmin Boote, ADON, if you have any questions.
Phone: 319-378-8583 Email:
kboote@hiwathacarecenter.com

April Birthdays

Phyllis Stoddard	4/11
Shirley Hassman	4/16
Steven Kinhead	4/16
Cathy Petersen	4/17
Blanche Zakaib	4/23
Nadine Haddy	4/24
Elaine Bravener	4/26
Elizabeth Taggart	4/28
Gloria Kaltenbach	4/30
Charlie Mason	4/30

Resident Council Leaders

President: Mildred "Kay" Riehl
Vice-President: Blanche Zakaib
Secretary: Carma Reiss

Upcoming Events

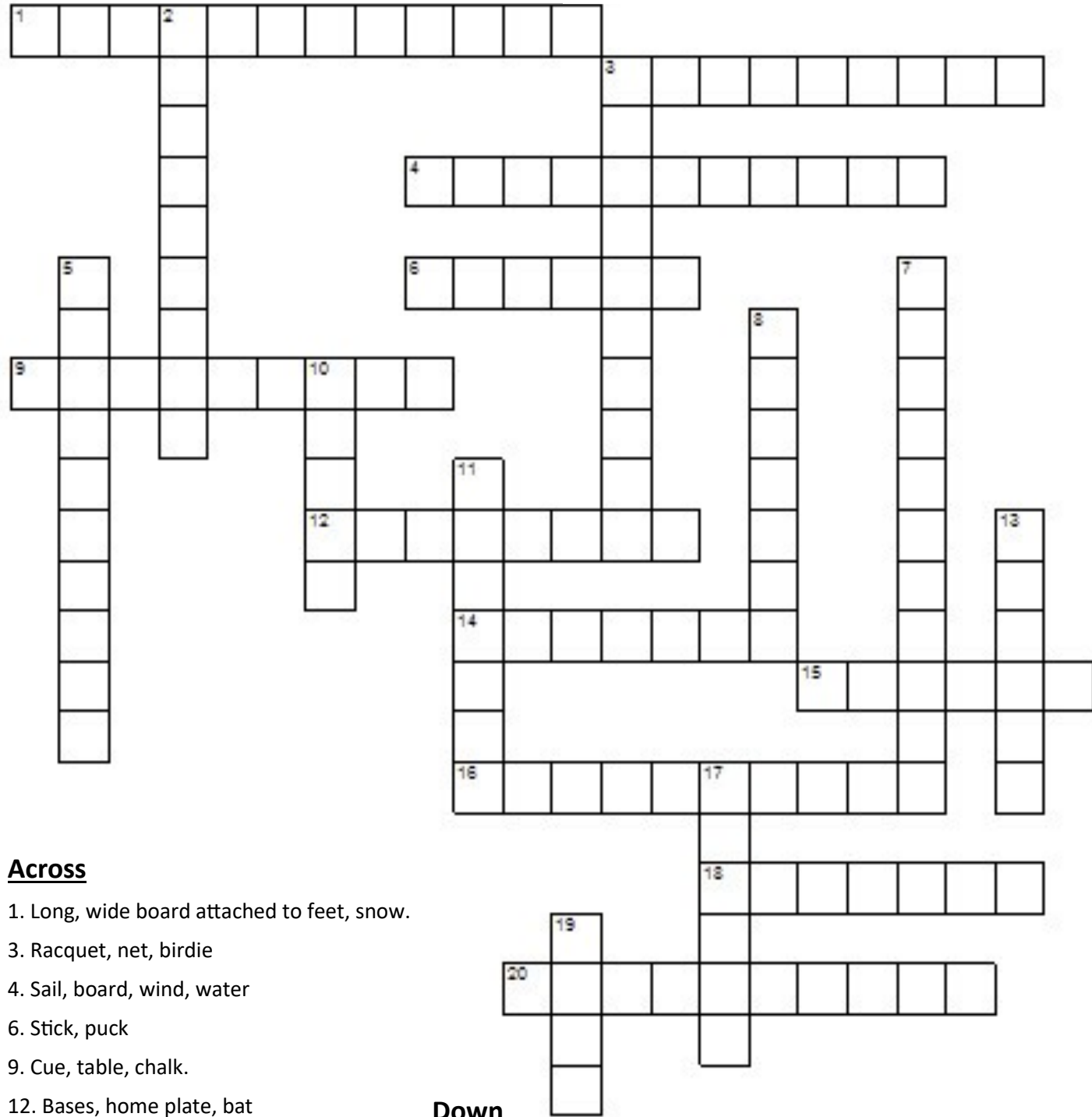
April 21-27th
Volunteer Appreciation week

May 11th
Mother's Day Celebration
(More details to come)

May 13th- 17th
National Nursing Home Week
Celebration
(More details to come)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1 Malt-O-Meal, Chocolate Croissant, Sausage Link, Lunch: Choice 1: Pepper Steak, Baked Potato, Garlic Bread, Choice 2: Italian Calzone, Sides: Glazed Carrots, Black Forest Pie, Supper: Choice 1: BBQ Rib Sandwich, Choice 2: Hamburger on a Bun, Sides: Sweet Potato Waffle Fries, Creamy Coleslaw, Peaches</p>	<p>2 Oatmeal, Scrambled Eggs With Cheese, Toast, Lunch: Choice 1: Root Beer Glazed Ham, Choice 2: Baked Fish, Sides: Squash w/ Brown Sugar, Key West Vegetables, Pineapple Upside Down Cake Trifle, Supper: Choice 1: Southwest Soup, Cheddar Cornbread, Choice 2: Cheeseburger Soup, Half Turkey, Sides: Toss Salad, Carmel Fruit Dessert</p>	<p>3 Cream of Wheat, Hot Breakfast Slider, Peaches & Raspberries, Lunch: Choice 1: Twice Baked Chicken Breast, Choice 2: Meatballs with Sauce, Sides: Garlic & Basil Pasta, Riviera Vegetables, Garlic Bread, Chocolate Chip Cookie Bar, Supper: Choice 1: Creamed Chipped Beef, Toast, Green Beans, Choice 2: Chef Salad, Roll, Sides: Cranberry Orange Crisp</p>	<p>4 Malt-O-Meal, Bacon, Hard Boiled Egg, Toast, Banana Lunch: Choice 1: Open Face Turkey Sandwich, Choice 2: Hamburger Steak w/Gravy, Sides: Garlic Mashed Potatoes, Malibu Blend Vegetables, Chocolate Toffee Desert Supper: Choice 1: Grilled Ruben, Tossed Salad, Homemade Vegetable Beef Soup, Crackers, Choice 2: Mesquite Turkey Burger with Lettuce/Tomato/Onion, French Fries, Sides: Apricots</p>	<p>5 Oatmeal, Scrambled Egg Patty, Pumpkin Muffin, Pineapple Tidbits, Lunch: Choice 1: Breaded Fish Filet, Choice 2: Baked Chicken, Sides: Fried Potatoes, Mixed Vegetables, Fresh Baked Bread, Strawberry Cheese Cake, Supper: Choice 1: Layered Taco Salad, Cornbread, Choice 2: Tuna Salad on Croissant, Potato Chips, Lettuce/Tomato/Onion, Sides: Apple Crisp</p>	<p>6 Cream of Wheat, Sausage Patty, Pancakes, Banana Half, Lunch: Choice 1: Chicken Fried Chicken, Country Gravy, Choice 2: Baked Pork Chop, Gravy, Sides: Mashed Potatoes, Normandy Blend Vegetables, Smores Pudding, Supper: Choice 1: Meatball Sub Sandwich, Corn, Choice 2: Wisconsin Cheese Soup, Grilled Ham & Cheese Sandwich, Sides: Pears</p>
<p>7 Oatmeal, Cheese Omelet, Frosted Cinnamon Roll, Strawberries, Lunch: Choice 1: Turkey Roast, Turkey Gravy Choice 2: Pork Chop, Sides: Mashed Potatoes, Carrots, Dinner Roll, Pie Supper: Choice 1: Shepherds Pie, Bread/Marg, Choice 2: Cream of Tomato Soup, Grilled Cheese Sandwich, Sides: Oregon Vegetables, Sugar Cookie</p>	<p>8 Cream of Wheat, Poached Egg, Cinnamon Bread, Lunch: Choice 1: Ravioli Bake, Choice 2: Breaded Cod, Mashed Potatoes, Sides: Key West Vegetables, Garlic Toast, Mango, Supper: Choice 1: Cuban Slider, Choice 2: Meatballs with Sauce Sides: Tater Tots, Creamy Cucumber Salad, Apricots</p>	<p>9 Malt-O-Meal, Scrambled Eggs w/ Bacon, Banana Half, Lunch: Choice 1: French Onion Pork Loin Sides: Sweet Potato Crunch Casserole, Country Trio Vegetables, Raspberries, Supper: Choice 1: Chicken & Noodles, Chalet Garlic Buttered Vegetables, Choice 2: Chef Salad, Sides: Fresh Baked Bread, Margarine, Peaches</p>	<p>10 Oatmeal, Sausage Patty, Toast, Sunrise Fruit Blend, Lunch: Choice 1: Swiss Steak/Brown Gravy Choice 2: BBQ Pork Steak Sides: Garlic Parmesan Mashed Potatoes, Peas, Bread/Marg, Candy Bar Blondie, Supper: Choice 1: Corned Beef & Vegetable Soup, Crackers Choice 2: Creamed Turkey, Sides: Biscuit, Pears</p>	<p>11 Cream of Wheat, Blueberry Crunch Breakfast Bake, Lunch: Choice 1: Chicken Fried Chicken, Corn Bake, Choice 2: Hamburger on Bun, Potato Chips, Sides: Parslied Carrots, Cherry Crunch, Supper: Choice 1: Dinner Omelet, Choice 2: Hot Dog on Bun, Sides: Fried Potatoes & Onions, Green Beans, Mixed Fruit, Danish</p>	<p>12 Malt-O-Meal, Sausage Link, Pancakes/Syrup, Mandarin Oranges, Lunch: Choice 1: Breaded Pollock, Tartar Sauce Choice 2: Baked Ham, Sides: Baked Potato/Topping, Riviera Veggies, Bread/Marg., Lemon Mousse, Supper: Choice 1: Teriyaki Chicken Breast, Rice, Broccoli, Grab Rangoon, Choice 2: Cottage Cheese Fresh Fruit Plate Sides: Monster Bars</p>	<p>13 Oatmeal, Hard Boiled Egg, Raisin Toast, Mixed Berries Lunch: Choice 1: Baked Spaghetti, Garlic Toast Choice 2: Baked Chicken, Tater Tots Sides: Toss Salad/Dressing, Fruited Gelatin, Supper: Choice 1: BBQ Rib Patty, Cheesy Mashed Potatoes, Pacific Vegetable, Choice 2: Grilled Rachel Sandwich, Potato Chips Sides: Cranberry Upside Down Cake</p>
<p>14 Cream of Wheat, Fruit & Yogurt Parfait, Strudel Bites Lunch: Choice 1: Cherry Glazed Ham, Choice 2: Hamburger Steak w/Gravy Sides: Au Gratin Potatoes, Cascade Vegetables, Roll, Pie, Supper: Choice 1: Chile, Chili Fixings, Fritos corn Chips Choice 2: Loaded Baked Potato w/Ham Sides: Apricots</p>	<p>15 Malt-O-Meal, Bacon, Scrambled Egg, Toast, Mango Lunch: Choice 1: Baked Garlic Parmesan Chicken, Pasta w/ Marinara Sauce Choice 2: BBQ Ribette, Mashed Potatoes, Sides: Capri Veggies, Garlic Bread, Caramel Brownie, Supper: Choice 1: BBQ Sloppy /Bun Choice 2: Bratwurst Patty/Bun Sides: French Fries, Toss Salad/Dressing, Fruit Cocktail</p>	<p>16 Oatmeal, Everything Bagel Bake, Dragon Fruit, Lunch: Choice 1: Country Fried Steak/Gravy, Choice 2: Breaded Fish, Herbed Rice Sides: Mashed Potatoes, Mixed Vegetables, Ambrosia Dessert Supper: Choice 1: Wisconsin cheese Soup, 1/2 Deli Roast Beef Sandwich, Creamy Cucumber Salad, Choice 2: Creamed Chicken/Biscuit Sides: Cinnamon Baked Apples</p>	<p>17 Cream of Wheat, Sausage Link, Banana French Toast Bake, Lunch: Choice 1: Baked Pork Chop, Stuffing, Dinner Roll, Choice 2: Pulled Turkey on Bun Sides: Broccoli, Ice Cream Cup Supper: Choice 1: Corn Chip Chicken, Shredded Lettuce/Tomato, Refried Beans Choice 2: Pork Tenderloin on Bun, Lettuce & Tomato, Potato Chips Sides: Mandarin Oranges</p>	<p>18 Malt-O-Meal, Ham, Egg & Cheese Croissant, Mixed Fruit, Lunch: Choice 1: Beef Pot Roast Choice 2: Baked Chicken Sides: Garlic & Her Roasted Potatoes, Carrots, Bread/Butter, Banana Foster Poke Cake, Supper: Choice 1: Grilled Reuben, Waffle Fries, Choice 2: Ham & Bean Soup, Cottage Cheese & Peaches, Dinner Roll Sides: Peaches</p>	<p>19 Oatmeal, Poached Egg, Pumpkin Coffee Cake, Banana Half, Lunch: Choice 1: Baked Ham Choice 2: Beer Battered Tilapia Sides: Macaroni & Cheese, Creamy Coleslaw, Cornbread/marg., Chocolate Raspberry Delight, Supper: Choice 1: Cheesy Tuna Casserole Choice 2: Baked Pork Chop, Mashed Potatoes, Sides: Cascade Vegetables, Breadstick, Blushing Pears</p>	<p>20 Cream of Wheat, Hard Boiled Egg, Bacon, English Muffin Lunch: Choice 1: Salisbury Steak/Gravy Choice 2: BBQ Ribs Sides: Baked Potato/Mag, Sunshine Carrots, Cookies & Cream Dessert, Supper: Choice 1: Pizza, Toss Salad, Choice 2: Cheeseburger on Bun, Potato Chips, Sides: Mixed Vegetables, Tropical Fruit</p>
<p>21 Malt-O-Meal, Frittata, Frosted Cinnamon Roll, Lunch: Choice 1: Chicken Fried Steak/Gravy Choice 2: Mesquite Turkey on Bun Sides: Mashed Potatoes, Country Trio Vegetables, Dinner Roll, Pie Supper: Choice 1: Hamburger on Bun, Choice 2: Chicken Salad Sandwich, Lettuce/Tomato/Onion Sides: Baked Beans, Fritos Corn Chips, Pears</p>	<p>22 Oatmeal, Pumpkin Pancakes, Breakfast Ham Patty, Banan Half, Lunch: Choice 1: Baked Spaghetti, Italian Bled Vegetables, Garlic Bread, Choice 2: Chef Salad, Crackers Sides: Chocolate Peanut Butter Quake Supper: Choice 1: Meatballs w/Sweet & Sour Sauce, Choice 2: Alaskan Pollock Wings Sides: Fried Potatoes, Bacon, Tomato, Cucumber Salad, Apricots</p>	<p>23 Cream of Wheat, Breakfast Pizza, Lunch: Choice 1: Grilled Turkey & Swiss Sandwich, Choice 2: BBQ Chicken Tenders Sides: Sweet Potato Fries, Creamy Coleslaw, Mandarin Orange Fluff Supper: Choice 1: Cheddar Chicken & Rice Bake, Choice 2: Breaded Pork Tenderloin Sides: Buttered Peas, Fresh Baked Bread, Mixed Berries</p>	<p>24 Malt-O-Meal, Breakfast Egg Bite, Toast, Cantaloupe, Lunch: Choice 1: Cowboy Meatloaf Casserole, Choice 2: Baked Ham Sides: Green Beans, Sour Cream Mashed Potatoes, Carmel Apple dessert. Supper: Choice 1: Homemade Chicken Noodle Soup, Crackers, 1/2 Deli Ham Sandwich, Lettuce/Tomato/Onion, Choice 2: Sloppy Joe On A Bun, Chips, Sides: Glazed Apple Maple Blondie</p>	<p>25 Oatmeal, Denver Scrambled Eggs, Toast, Banana Half, Lunch: Choice 1: Beef Tips w/ Gravy, Choice 2: Black Oak Smoked Sausage, Sides: Mashed Potatoes, Carrots, Pumpkin Crisp, Supper: Choice 1: Pulled Pork Salad, Cornbread, Choice 2: Breaded Chicken Patty On Bun, Creamy Coleslaw, Sides: Brownie Pie</p>	<p>26 Cream Of Wheat, Fried Egg, Hashbrown Patty, Banana, Lunch: Choice 1: Breaded Cod Scrod, Choice 2: Hamburger Steak w/ Gravy, Sides: Garden Blend Rice, Riviera Vegetables, Cherry Delight, Supper: Choice 1: Cream of Tomato Soup, Crackers, Grilled Cheese Sandwich, Choice 2: Cheeseburger Mac, Sides: Toss Salad, Peaches</p>	<p>27 Malt-O-Meal, Hard Boiled Egg, Blueberry Toast, Lunch: Choice 1: Enchilada Crispito, Shredded Lettuce./Tomato, Sour Cream, Refried Beans, Choice 2: Pork Chop, Mashed Potatoes Sides: Corn, Cinnamon Apples, Supper: Choice 1: Chili, Chili Fixins, Pears, Choice 2: Cottage Cheese Fruit Plate, Sides: Apple Spice Cake w/ Cinnamon Cream Cheese Frosting</p>
<p>28 Oatmeal, Sausage Link, Danish, Honeydew, Lunch: Choice 1: Beef Pot Roast, Beef Gravy, Choice 2: Swiss Steak, Sides: Mashed Potatoes, Green Beans, Roll, Pie, Supper: Choice 1: Hot Dog On a Bun, Choice 2: Breaded Fish Filet, Sides: Macaroni and Cheese, Toss Salad, Blueberries</p>	<p>29 Cream Of Wheat, Poached Egg, Banana Half, Toast, Lunch: Choice 1: Swedish Meatloaf, Choice 2: Baked Ham, Sides: Mashed Potatoes, Chalet Garlic Buttered Vegetables, Bread/Marg., Strawberry Cheesecake Fluff, Supper: Choice 1: Breaded Chicken Fillet, Choice 2: Mesquite Turkey Burger, Sides: Fried Potatoes, Creamy Coleslaw, mandarin Oranges</p>	<p>30 Malt-O-Meal, Scrambled Egg With Cheese, Chocolate Chip Coffee Cake, Lunch: Choice 1: BBQ Ribette, Baked Sweet Potato, Peas, Bread/Marg, Choice 2: Deli Roast Beef Slider, Lettuce/Tomato/Onion, Sides: Chocolate Fluffernutter Bar, Supper: Choice 1: Turkey Tetrizzini, Choice 2: Baked Pork Chop, Garlic Mashed Potatoes, Sides: Carrots, Garlic Toast, Mixed Fruit</p>	<h1>April's Menu 2023</h1>			

Sports Crossword



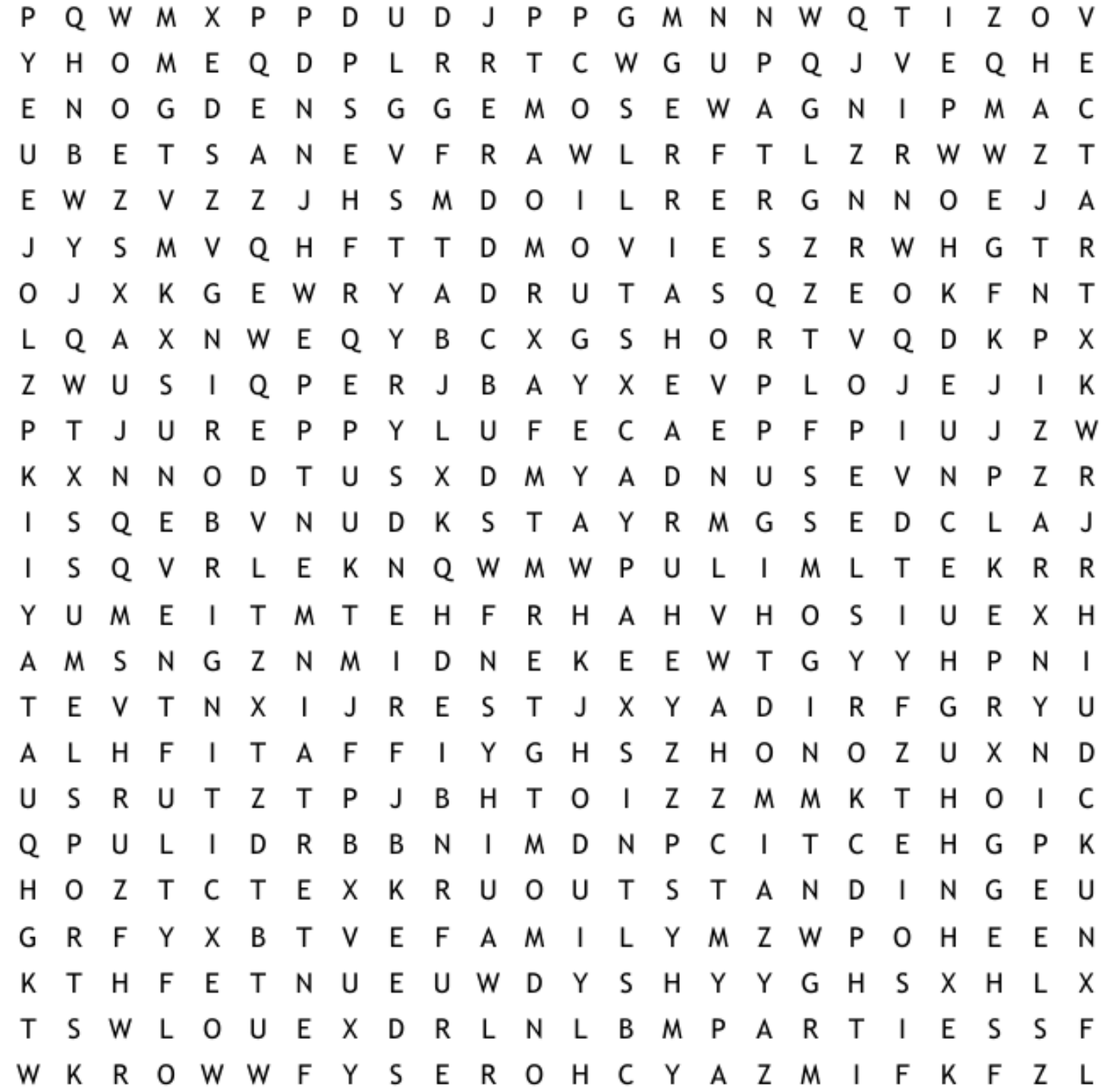
Across

- 1. Long, wide board attached to feet, snow.
- 3. Racquet, net, birdie
- 4. Sail, board, wind, water
- 6. Stick, puck
- 9. Cue, table, chalk.
- 12. Bases, home plate, bat
- 14. Bike, helmet.
- 15. Rackets, greenball, net.
- 16. Acrobatics, tumbling.
- 18. Ball, bat, teams of 11, not baseball.
- 20. Team of 6, high net, spiking, serving.

Down

- 2. Pool, ball, nets.
- 3. 10 foot high hoop
- 5. Swimming, biking, and running back to back
- 7. Table, paddles, ping pong ball.
- 8. Rod, reel, bait
- 10. Scrum, knock on, oval ball
- 11. Swords, mask.
- 13. Ring, gloves, mouthguard.
- 17. Use only your feet.
- 19. Clubs, ball, greens, 18 holes.

April Fool's Day



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|---------------|-------------|------------|-----------|----------|
| entertainment | outstanding | uneventful | sleepover | Saturday |
| exciting | peaceful | sleep in | awesome | parties |
| camping | weekend | friends | boring | Sunday |
| family | hectic | movies | chores | sports |
| Friday | short | pizza | work | home |
| rest | | | | |

4	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div style="border: 1px solid black; padding: 5px; text-align: center;"> All Activities are subject to change. Refer to the white boards in the dining rooms for the daily Activities! </div>	1 <u>April Fools Day</u> 10:00 Manicures & Social 2:30 Music with Harold & Robert 4:45 Bible Study Group	2 10:00 Short Stories 10:30 Piano Music with Melinda 2:30 Wheel of Fortune	3 10:00 Table Games 2:30 Music with Lena Adams 4:00 Activity Hour 4:00 Music Therapy (Private Group)	4 8:50 Catholic Mass 10:00 Coffee & Cocoa Social 2:30 Happy Hour with Dave Wirtz 4:00 Book Reading	5 10:15 Jokes/Reminisce 11:00 Cathy's Bible Study Group 2:15 Bingo Hour 3:30 Social Hour	6 All Day Independent Activities 4:30 Flute Music with Charlotte In the West Dining Room
7	10:00 Catholic Communion with St. Elizabeth Ann Seton Church 4:00 King of Kings Lutheran Church Service	8 10:00 Manicures & Social 2:00 Outdoor Social on the Patio "Solar Eclipse" 4:45 Bible Study Group	9 10:00 Gospel Light Baptist Church Service 2:30 Cards & Game	10 10:00 Crafts with Students from Andrews Christian Academy 2:30 Music with the Oxford Junction Band 4:00 Music Therapy (Private Group)	11 8:50 Catholic Mass 10:00 Guess the Puzzle with Friends from the ARC 2:30 Happy Hour with the Flip Side	12 10:00 Crafts with Friends from Discovery Living 2:15 Bingo Hour 3:30 Social Hour	13 All Morning Independent Activities 2:30 Music with the Parlor City Ramblers Weekend Popcorn
14	10:00 Catholic Communion with St. Elizabeth Ann Seton Church 2:15 Weekend Bingo with Lucy	15 10:00 Manicures & Social 2:30 Movie & Popcorn "Titanic" 4:45 Bible Study Group	16 10:00 Short Stories 10:30 Piano Music with Melinda 2:30 Guess Speaker: Walt Disney	17 10:00 Table Games 2:30 Snow cones on the Patio 4:00 Activity Hour 4:00 Music Therapy (Private Group)	18 8:50 Catholic Mass 10:00 Coffee & Social 2:30 Happy Hour with the La La Ladies	19 10:15 Jokes/Reminisce 11:00 Cathy's Bible Study Group 2:15 Bingo Hour 3:30 Social Hour	20 All Morning Independent Activities 2:30 Kraft's with Kate 4:00 Movie & Popcorn
21	10:00 Catholic Communion with St. Elizabeth Ann Seton Church 2:30 Music with Richard Lee 4:00 King of Kings Lutheran Church Service	22 10:00 Manicures & Social 2:30 Travel Adventures to Spain 4:45 Bible Study Group	23 10:00 Solve the Word Puzzle 2:30 Story Telling with August Green 3:45 Movies & Snacks	24 10:15 Lovley Lane Methodist Church Service 2:30 April Birthday Party with Dave Marshall 4:00 Activity Hour 4:00 Music Therapy (Private Group)	25 8:50 Catholic Mass 10:00 Bingo with Friends from the ARC 2:30 Happy Hour with Harold Gray 4:00 Book Reading	26 <u>National Arbor Day</u> 10:00 Crafts with Friends from Discovery Living 2:15 Bingo Hour 3:30 Social Hour	27 All Morning Independent Activities 2:30 Music with Scott Engledow Weekend Popcorn
28	10:00 Catholic Communion with St. Elizabeth Ann Seton Church 2:30 Weekend Bingo with Lucy	29 10:00 Manicures & Social 2:30 Ice Cream Social 4:45 Bible Study Group	30 10:00 Outdoor Games & Fun with Mother Goose Daycare kids 2:30 Gardening on the Patio	<h1 style="color: orange; font-family: cursive;">april activities 2024</h1>			