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Hiawatha Care Center's December 2021 Newsletter



hccinfo@hiawathacarecenter.com or kwalton@hiawathacarecenter.com

In Loving Memory

Richard Jensen
June Cabrnoch
Josephine Walter
Kenneth Novak
Susan Kinkead
Linda Meineke

December Highlight Events

Resident Give Tree-See Hannah Waters for Details

12/23 Hiawatha Care Center's Annual Christmas Party 12/30 New Year's Ever Party with the "The Flip Side"

Christmas Door Decorating Contest!

Louetta Finch

Margaret Bradow

Allea Ajram

December Birthdays

Alice Handshew 12-5 Marion Mordorst 12-16 Wayne Lehew 12-26



Welcome to Hiawatha Care Center

Shirley Hassman



Jere Probert
Gary West
Neil Gavin
Alan Finger
Joyce Clancy
Jeanette Rops

Judy Nicholls
Cynthia Sheldon
Jocile Walsh
Sharon Cornelius

Jocile Walsh Gloria Kaltenbach Sharon Cornelius Mary Turner Betty Kauffman



At Hiawatha Care Center, we not only emphasize our quality of care, but also our quality of caring!

Department Directory

Administrator Kent Walton

Accountant Karen Chadwick

Director of Nursing Amanda Lauterwasser

Assistant Director of Nursing Karmin Boote

Social Services Director Becky Stebral

Social Services Assistant Kristin Voss

Social Services Assistant Kyann Banghart

Care Plan Coordinator Kelly VanGinkel

Certified Dietary Manager, CFPP Stephanie Cross

Assistant Dietary Manager, CFPP Shianne Bascom

Dietary Consultant Linda Green

Activity Director Hannah Waters

Activities Assistant Mary Obiedzinski

Environmental Service Supervisor Emma Ness

Restorative Therapy Director Tammy Ronnebaum

Human Resource Director Amanda Kennedy

2021 Resident Council Board Members

Ron Jorgensen—President James Vick—Vice President Carma Reiss—Secretary

If you have any questions or concerns, please report them to your Resident Council Officers.

You may also want to contact a staff member to resolve the issue immediately.

Hiawatha Care Center's admissions, room assignment, and resident services are provided without regard to race, creed, color, national origin.

Gift Giving Tree

Every year Hiawatha Care Center sets up a gift giving opportunity for all of those that wish to give to our Long-term residents.

Long-term residents will have a mini stocking with a Christmas tag inside with gift ideas for staff, family, friends, volunteers, churches, and visitors to pick and purchase gift items for that resident.

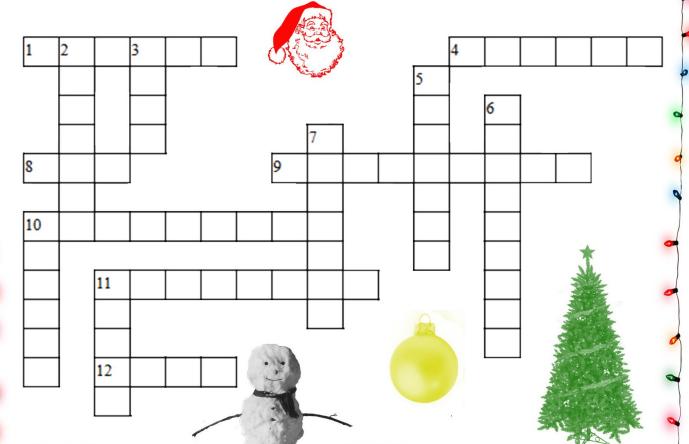
The tree will be located at the front office area Monday, November 29th. Before you take a name, please be sure you fill out the signup sheet with the information on the clipboard. This way, Activities can contact you if needed.

Please have the gifts wrapped and returned to the Activities Department no later than Monday, December 20th @ 4:00.

If you have any questions please contact Hannah or Mary at (319) 368-2626 hwaters@hiawathacarecenter.com

MERRY CHRISTMAS

Santa's Crossword

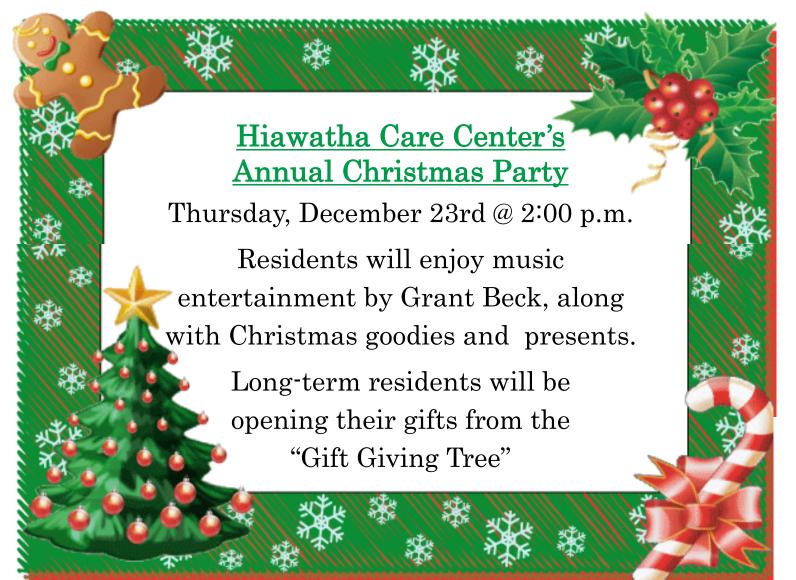


ACROSS

- 1. Famous snowman
- 4. What Santa travels in
- 8. Makes toys for Santa
- 9. Used to decorate a Christmas tree
- 10. December 25
- 11. Hung by the chimney with care
- 12. What presents are left under

DOWN

- 2. Reindeer with a shiny red nose
- 3. Covers the ground on a white Christmas
- 5. Santa comes down this
- 6. Red and White hooked shaped candy
- 7. Left under the tree Christmas morning
- 10. Left out for Santa
- Jolly toy maker



Door Decorating Contest

Residents & families, we will be having a Christmas door decorating contest starting Tuesday,
December 7th. Doors will be judged on Tuesday,
December 21st around 11:00 am.

1st, 2nd, & 3rd place winners for most creative door.
Please NO nails or screws in the doors!

If you have any questions, please see Hannah Waters!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dec	cember Menu 2	021	1 Oatmeal, Sausage Gravy, Biscuit, <u>Lunch</u> : Choice 1: Butter Pecan Chicken, Sweet Potatoes, Parslied Cauliflower, Bread/ Marg. Choice 2: Taco Salad, Shredded Lettuce, Diced Tomatoes, Sides: Cranberry Orange Crisp, <u>Dinner:</u> Choice 1: Reuben Bake Choice 2: Breaded Chicken Tenders, French Fries, Sides: Mixed Vegetables, Pears	2 Cream of Wheat, hard Boiled Egg, Apple Butter Pancakes w/Glaze Lunch: Choice 1: Bacon Cheddar Meatloaf. Choice 2: Pork Tenderloin/Bun, Pickles & Onions Sides: French Fries, Capri Vegetables, Hot Chocolate Dessert, Dinner: Choice 1: Roasted Chicken, Choice 2: Meatballs with Sauce Sides: Mashed Potatoes/Gravy, Fried Corn w/Bacon, Bread/Marg., Fruit Cocktail	3 Malt-O-Meal, Poached Egg, Strawberry Danish Coffee Cake, <u>Lunch</u> : Choice 1: Beer Battered Tilapia Choice 2: Pork Chop, Sides: Mini Baker Potatoes, Cascade Blend Vegetables, Cherry Angel Dessert, <u>Dinner:</u> Choice 1: Shepherd's, Pie Soup, Fresh Baked Bread, Honey Butter, Choice 2: Cream of Tomato Soup, Grilled Cheese Sandwich, Sides: marinated Cucumbers, Butterscotch Fluff	4 Oatmeal, Sausage Link, Raisin Toast, Margarine/Jelly <u>Lunch</u> : Choice 1: BBQ Bacon Cheeseburger, Choice 2: Chicken Club Sandwich, Sides: Tater Tots, Lettuce/ Tomato/Onion, Tutti Frutti Gelatin, <u>Dinner:</u> Choice 1: Creamy Chicken Alfredo, Seasoned Peas, Garlic Toast, Choice 2: Beef & Noodles Sides: Seasoned Peas, Garlic Toast, Mandarin Oranges
5 Cream of Wheat, Scrambled Egg, Cinnamon Roll, <u>Lunch</u> : Choice 1: Chicken Fried Chicken, Choice 2: Herb Baked Fish, Sides: Mashed Potatoes/Gravy, Beets in Orange Sauce, Dinner Roll/Marg, Pie, <u>Dinner</u> : Choice 1: Chili Dog on Bun, Shredded Cheese/Diced Onion, Choice 2: Egg Salad Sandwich, Sides: Peaches, Potato Chips	6 Malt-O-Meal, Sausage Patty, Maple Pecan Coffee Cake, <u>Lunch</u> : Choice 1: Braised Steak w/ Mushroom Gravy, Choice 2: Baked Ham, Sides: French Onion Rice, Cabbage Cheddar Bake, Fresh Baked Bread, Peanut Buter Mousse, <u>Dinner</u> : Choice 1: Fish Sandwich Deluxe Choice 2: Turkey Burger Deluxe, Sides: Lettuce Leaf/ Tomato Slice, Potato Salad, Blushing Pears, Sherbet Cup	7 Oatmeal, hard Boiled Egg, Bacon, Toast, Margarine/Jelly <u>Lunch</u> : Choice 1: Hot Italian Sandwich, Sweet Potato Fries Choice 2: Swiss Steak w/Tomatoes, Cheesy Mashed Potatoes, Sides: Roasted Parmesan Green Beans, Red Velvet Cake Roll, <u>Dinner:</u> Choice 1: Chicken Fajita Bake, Choice 2: Sweet Potato Fish, Sides: Mexican Coleslaw Strawberries & Bananas, Apple Filled Churro	8 Cream of Wheat, Scrambled Egg w/ Cheese, Toast, Margarine/Jelly, Lunch: Choice 1: Gola Glazed Ham Steak Choice 2: Baked Chicken Breast, Sides: Hashbrown Casserole, Country Trio Vegetables, Bread/ Marg. Berry 7-UP Cobbler, Dinner: Choice 1: Wisconsin Cheese Soup/Crackers, Roast Beef Sandwich, Choice 2: Hamburger on Bun, Baked Beans, Sides: Lettuce/Tomato/ Onion, Mandarin Oranges	9 Malt-O-Meal, Banana Half, Toast, Margarine/Jelly, Cheesy Egg Bake, Lunch: Choice 1: Roast Turkey/Gravy, Stuffing, Choice 2: Pork Chop/Gravy, Sides: Apple Butter Squash, Cran Raspberry Fluff, Dinner: Choice 1: Sweet & Tangy Meatballs, Sour Cream & Onion Potato Bake, Bread/ Marg. Choice 2: BBQ Chicken on Bun, Potato Salad, Sides: Carrots, Pineapple	10 Oatmeal, Fried Egg, French Toast/ Syrup, Lunch: Choice 1: Baked Spaghetti Pie, Choice 2: Breaded Cod Scrod, Baked Potato/Marg. Sides: Broccoli & Cauliflower, Garlic Toast, Apricot Oat Bar, Dinner: Choice 1: Classic Tuna & Noodle Bake, Seasoned Peas, Choice 2: Cottage Cheese Fruit Plate Sides: Fresh Baked Vegetable Bread, Cinnamon Baked Apples	11 Cream of Wheat, Cheese Omelet, Biscuit, Apple Butter, Lunch: Choice 1: Cheddar Ranch Chicken, Scalloped Potatoes, Mixed Vegetables, Choice 2: Hamburger on Bun, Lettuce/Tomato/Onion, Pasta Salad, Sides: Angel Food Cake, Whipped Topping, Dinner: Choice 1: Pulled Pork Cornbread Casserole, Green Beans, Choice 2: Bacon Cheddar Ranch Chicken Salad Wrap, Tossed Salad w/Dressing, Sides: Cranberry Fruit Salad, Chocolate Chip
12 Malt-O-Meal, Poached Egg, Fruit Turnover Lunch: Choice 1: Beef Pot Roast, Choice 2: BBQ Chicken, Sides: Roasted Vegetables, Dinner Roll/Marg., Pie, Dinner: Choice 1: Hamburger Macaroni & Cheese, Peas & Carrots, Bread/Marg., Choice 2: Chicken Noodle Soup, Ham & Cheese Sandwich w/ Lettuce/Tomato Sides: Pears	13 Oatmeal, Sausage & Potato Breakfast Casserole, Toast Lunch: Choice 1: Ranch Chicken Breast, Cheesy Rice, Broccoli Flo- rets, Fresh Baked Bread Choice 2: Chef, Crackers Sides: Strawberry Snickerdoodle Crunch, Dinner: Choice 1: Loaded Potato Soup, Roast Beef Slider w/lettuce & toma- to, Choice 2: Sloppy Joe on Bun, Potato Chips, Sides: Creamy Cucumber Salad, Peaches	14 Cream of Wheat, Sausage Gravy/ Biscuit, Banana Half, Lunch: Choice 1: Grilled turkey & Bacon w/Apple Butter, French Fries, Choice 2: Italian Goulash, Garlic Toast, Sides: Mixed Vegetables, Frosted Pumpkin Bar Dinner: Choice 1: Homemade Beef & Noodles, Fresh Baked Bread, Choice 2: Fish Sandwich, Cinnamon Sweet Potato Tots, Sides: Seasoned Peas, Mandarin Oranges	15 Malt-O-Meal, Cheese Omelet, Toast, Lunch: Choice 1: Smothered Pork Chop, Mashed Potatoes/Gravy Cascade Vegeta- bles, Choice 2: Taco Salad, Shredded Lettuce/Tomato, Sides: Caramel Apple Crisp, Dinner: Choice 1: Country Fried Steak, Mashed Potatoes/Country Gravy, Capri Vegetables, Choice 2: Cheeseburger Soup, Crackers, Chicken Salad Wrap, Sides: Blueberry Bread Pudding	16 Oatmeal, Sausage Link, Cinnamon Roll, Strawberries, Lunch: Choice 1: Beefy Ranch Casserole, Choice 2: Baked Chicken Breast, Mashed Potatoes, Chicken Gravy Sides: Parslied Cauliflower, Garlic Toast, Creamy Banana Pudding Dinner: Choice 1: BBQ Rib Sandwich, Choice 2: Hot Dog on Bun Sides: Pickles & Onions, Potato Chips, Baked Beans, Mixed Berries	17 Cream of Wheat, Scrambled Egg with Ham, Toast Lunch: Choice 1: Parmesan Baked Cod, Choice 2: Hamburger Steak w/ Gravy, Sides: Baked Potato/Marg, Brown butter & Garlic Roasted peas, Bread/ Butter, Lemon Cream Cake Dinner: Choice 1: Scalloped Potatoes & Ham Choice 2: Herb Baked Fish, Rice, Sides: Carrots, Cornbread/Marg, Apricots	18 Malt-O-Meal, Hard Boiled Egg, Bacon, Raisin Toast, Margarine/Jelly Lunch: Choice 1: Brown Sugar Meatloaf Choice 2: Baked Pork Chop Sides: Smokey Mac & Cheese, Green Beans, Bread/Butter, Rosy Applesauce, Dinner: Choice 1: Chicken Tot Pie, Mixed Vegetables, Bread/Marg. Choice 2: Cheeseburger on Bun, Lettuce/ Tomato/Onion, Potato Chips Sides: Pine- apple
19 Oatmeal, Scrambled Egg Patty, Pumpkin Cream Cheese Donut, Lunch: Choice 1: Country Fried Steak Choice 2: Herb Baked Chicken Sides: Mashed Potatoes, Country Gravy, Steamed Asparagus, Dinner Roll, Pie Dinner: Choice 1: Breakfast Sandwich, Hashbrowns, Choice 2: Sloppy Joe on Bun, Potato Chips, Sides: Mandarin Oranges	Roast, Choice 2 : Herb Baked Fish, Sides : Maple Glazed Squash, Peas, Bread/Marg.	21 Malt-O-Meal, Fried Egg, Danish, Banana Half, Lunch: Choice 1: Baked Chicken, Chicken Gravy, Choice 2: Hamburger Steak w/ Gravy, Sides: Stuffing, Parslied Carrots, Cookies & Cream Brownie, Dinner: Choice 1: Shaved Beef on Bun, Choice 2: Breaded Chicken Tenders, Sides: Sweet Potato Fries, Baked Beans, Mango & Bananas	22 Oatmeal, Poached Egg, Cinnamon Sour Cream Coffee Cake, Lunch: Choice 1: Cheesesteak Tater Casserole, Fresh Baked Bread, Choice 2: Grilled Turkey & Swiss Cheese Sandwich, Sides: Peas & Carrots, Ice Cream Cup, Strawberries, Dinner: Choice 1: Cream of Tomato Soup, Crackers, Grilled Cheese Sandwich, Marinated Cucumbers, Choice 2: Chef Salad, Dinner Roll, Sides: Winter Fruit Cup	23 Cream of Wheat, Bacon, Toast, Margarine/Jelly, Lunch: Ham Balls, Scalloped Potatoes, Green Beans, Bread/Marg., Pineapple Upside Down Cobbler, Dinner: Hot Dog on Bun, Potato Salad, Peaches, Chocolate Chip Cookie	24 Malt-O-Meal, Sausage Link, Pancakes/ Syrup, Lunch: Baked Ham, Macaroni & Cheese, Capri Blend Vegetables, Bread/Marg, Ritzy Strawberry Dessert Dinner: Pizza, Mixed Vegetables, Tosses Salad w/ Dressing, Cinnamon Applesauce Gelatin	25 Oatmeal, Hard Boiled, Toast, <u>Christmas</u> <u>Lunch</u> : Chicken Cordon Bleu, Green Beans, Mashed Potatoes, Chicken Gravy, Assorted Rolls, Andes Mint Pie <u>Christmas Supper:</u> Meatball Sub Sandwich, Creamy Coleslaw, Peaches
26 Oatmeal, Scrambled Egg Patty, French Toast Bites, Lunch: Choice 1: Applewood Smoked BBQ Ribette, Choice 2: Beef Minute Steak/Gravy, Sides: Cheddar Ranch Scalloped Potatoes, Green Beans, Dinner Roll, Pie, Dinner: Choice 1: Crispy Chicken Sandwich, Honey Mustard, Lettuce/ Tomato/Onions, Choice 2: Cheddar Omelet, Sides: Onion Tanglers, Creamy Coleslaw, Sugar Cookie	27 Cream of Wheat, Scrambled Egg, Bacon, Toast, Margarine/Jelly, Lunch: Choice 1: Goulash, Choice 2: Breaded Pollock Filet, Sides: Broccoli, Garlic Toast, Banana Brownie, Dinner: Choice 1: Cheddar chicken & Rice Bake, Seasoned Peas, Bread/Marg. Choice 2: Turkey on a Croissant, Lettuce/Tomato/Onion, Potato Chips, Sides: Winter Fruit Cup	28 Malt-O-Meal, Cheese Omelet, Toast, Margarine/Jelly, Banana Half Lunch: Choice 1: Savory Roast Beef, Choice 2: Pork Chop, Sides: Mashed Potatoes/Gravy, Candied Carrots, Bread/Marg. Dinner: Choice 1: Hamburger on Bun, Lettuce/ Tomato/Onion, Potato Salad, Choice 2: Ham & Bean Soup, Crackers, Cottage Cheese & Peaches, Maple Cornbread Sides: Ice Cream Cup	29 Oatmeal, Sausage Gravy, Biscuit, Lunch: Choice 1: Butter Pecan Chicken, Sweet Potatoes, Parslied Cauliflower, Bread/Marg. Choice 2: Taco Salad, Shredded Lettuce, Diced Tomatoes, Sides: Cranberry Orange Crisp, Dinner: Choice 1: Reuben Bake Choice 2: Breaded Chicken Tenders, French Fries, Sides: Mixed Vegetables, Pears	30 Cream of Wheat, hard Boiled Egg, Apple Butter Pancakes w/Glaze <u>Lunch</u> : Choice 1: Bacon Cheddar Meatloaf. Choice 2: Pork Tenderloin/Bun, Pickles & Onions Sides: French Fries, Capri Vegetables, Hot Chocolate Dessert, <u>Dinner:</u> Choice 1: Roasted Chicken, Choice 2: Meatballs with Sauce Sides: Mashed Potatoes/Gravy, Fried Corn w/Bacon, Bread/Marg., Fruit Cocktail	31 Malt-O-Meal, Poached Egg, Strawberry Danish Coffee Cake, <u>Lunch</u> : Choice 1: Beer Battered Tilapia Choice 2: Pork Chop, Sides: Mini Baker Potatoes, Cascade Blend Vegetables, Cherry Angel Dessert, <u>Dinner:</u> Choice 1: Shepherd's, Pie Soup, Fresh Baked Bread, Honey Butter, Choice 2: Cream of Tomato Soup, Grilled Cheese Sandwich, Sides: marinated Cucumbers, Butterscotch Fluff	

A visit from our friends at

PRAIRIE PATCH FARM

Llama's



Alpaca's











A visit from our friends at

Simon



PRAIRIE PATCH FARM













December Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	All Activities are subject to change. Please refer to the whiteboards in the dining rooms for the daily		1 10:00 Room to Room Visits 2:30 Corks & Canvas	2 10:00 Coffee Bar & Social 2:30 Happy Hour with the Dave Wirtz	3 11:00 Cathy's Bible Study Group with guest Speaker Reggie Daniels	4 All Day Independent Activities in the Activity Room
Therry Whristmay	activities.		3:30 Select Music Therapy Group		2:30 Bingo with Activities	Weekend Popcorn at the Nurses Station
5 10:00 Catholic Communion with St. Elizabeth	6 10:00 Manicure Monday's	7 <u>Pearl Harbor Day</u> 10:00 Cotton Candy Bar	8 10:00 Farkle & Snacks	9 10:00 Decorating Christmas Cookies with Activities	10 11:15 Rosary Prayer with Marty	11 All Day Independent Activities in the Activity Room
4:00 King of Kings Lutheran Church Service	2:30 Music with the Leo Shima Band 5:00 Bible Study Group	2:30 Resident Memorial Service with Dr. Jim Coyle	2:30 Music with Gunther 3:30 Select Music Therapy Group	2:30 Happy Hour with the Harold Gray	2:30 Bingo with Activities	2:30 Music with David Poggenklass Weekend Popcorn at the Nurses Station
12	13	14	15	16	17	18
10:00 Catholic Communion with St. Elizabeth	10:00 Manicure Monday's	10:00 Gospel Light Baptist Church Service	10:00 Farkle & Snacks	10:00 Hot Cocoa Bar & Social	11:00 Cathy Bible Study Group	All Day Independent Activities in the Activity Room
2:30 Games with Tesa	2:30 Entertainment by the Country Steppers 5:00 Bible Study Group	2:30 December Birthday Party with David Marshall	2:00 Christmas Baking with Activities3:30 Select Music Therapy	2:30 Happy Hour with the La La Ladies	2:30 Bingo with Activities	2:30 Music Entertainment by "Damascus Road Band" Weekend Popcorn at the Nurses Station
19	20	21	22	23	24 <u>Christmas Eve</u>	25 <u>Christmas Day</u>
10:00 Catholic Communion with St. Elizabeth	10:00 Manicure Monday's	10:00 Room to Room Visits with Activities	10:15 Church with Lovely Lane Methodist	10:00 Devotional with Becky and Marty	All Day Independent Activities in the Activity Room	All Day Independent Activities in the Activity Room
12:30 Christmas Carolers4:00 King of Kings LutheranChurch Service	2:30 Piano Music with Eldred Gerhold 5:00 Bible Study Group	2:30 Ice Cream Social with Hannah & Mary	2:30 Music Entertainment by "Treasured Music" 3:30 Select Music Therapy Group	2:00 Annual Christmas Party Music with Grant Beck	3:00 Christmas Movie & Popcorn	2:30 Bingo with Tesa
26	27	28	29	30	31 New Years Eve	
10:00 Catholic Communion with St. Elizabeth 2:30 Games with Tesa	10:00 Manicure Monday's 2:30 Movie and Popcorn	10:00 Farkle with Activities 2:30 Jokes and Reminisce	10:00 Room to Room Exercises 2:30 Bingo	10:00 Coffee Bar & Social 2:30 New Years Eve Party with the "The Flip Side"	All Day Independent Activities in the Activity Room	Cheers to the New
	5:00 Bible Study Group		3:30 Select Music Therapy Group		New Years** Eve	year! #BESTNYIELVER!