

HCC Activities, Events, & Reminders

The Giving Tree is up by the front office!

Thursday's Catholic Mass trips over to St. Elizabeth's will be canceled if it's too cold or snowing.

Families, we are asking when you get a chance, go through your loved ones closets and remove any items they no longer use or need!

Join and like our Facebook page!

The eye doctor will be here on Friday, December 8th at 9:00 am.

Which staff to contact to get on the following lists:

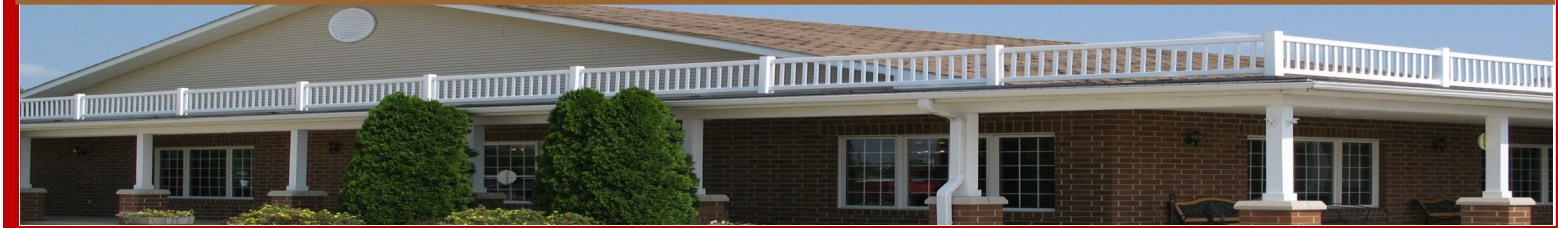
Karmin Boote: Dentist List

Amanda Lauterwasser: Eye Doctor List

Kim Bell: Podiatrist List

319-378-8583

Hiawatha Care Center December 2022 Newsletter



405 N 15TH AVENUE, HIAWATHA, IA 52233

319-378-8583

hccinfo@hiawathacarecenter.com or kwalton@hiawathacarecenter.com

At Hiawatha Care Center, we not only emphasize our quality of care, but also our quality of caring!



December Events

12/16: Ugly Sweater Day

12/22: HCC Christmas Party

12/31 New Years Eve Party

December Birthdays

Patricia Phelps 12/1

Bonita Grimes 12/4

Alice Handshew 12/5



Sunday

Monday

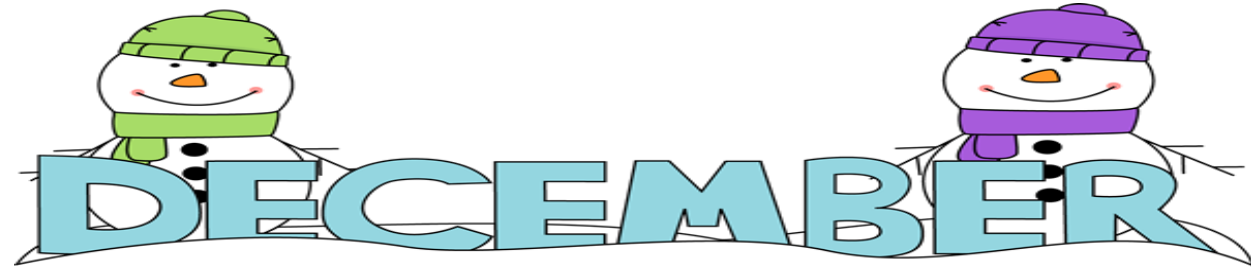
Tuesday

Wednesday

Thursday

Friday

Saturday



Menu

<p>4 Oatmeal, Scrambled Egg, Mini Donuts, Mixed Berries, Lunch: Choice 1: Glazed Ham, Choice 2: Herb Baked Chicken Sides: Mashed Potatoes, Broccoli, Dinner Roll, Pie, Dinner: Choice 1: Sloppy Joe on Bun, Potato Chips, Choice 2: Biscuit Breakfast Sandwich, Hashbrowns Sides: Mandarin Oranges</p>	<p>5 Cream of Wheat, Scrambled Egg/Bacon, Raisin Toast, Banana Half, Lunch: Choice 1: Porcupine Meatballs, Baked Potato/Marg, Cauliflower w/Cheese Choice 2: Cottage Cheese Fruit Plate, Crackers, Sides: Pumpkin Chocolate Chip Square, Dinner: Choice 1: Potato Soup, Salami & Cheese Sandwich, Tossed Greens w/ Dressing Choice 2: Creamed Turkey over Biscuit, Green Beans Sides: Fruit Cocktail</p>	<p>6 Malt-O-Meal, Fried Egg, Danish, Banana Half, Lunch: Choice 1: Lemon Pepper Chicken Breast, Choice 2: Hamburger Steak w/Gravy, Sides: Baked Sweet Potato, Peas, Cookies & Cream Brownie, Dinner: Choice 1: Beef Pot Roast, Choice 2: Breaded Chicken Tenders, Sides: Mini Baker Potatoes, Parslied Carrots, Mango & Bananas</p>	<p>7 Oatmeal, Poached Egg, Cinnamon Sour Cream Coffee Cake, Lunch: Choice 1: Ham Balls, Scalloped Potatoes, Choice 2: Hot Ham & Cheese Melt, Sides: Corn, Pineapple Upside Down Cobbler, Dinner: Choice 1: Cream of Tomato Soup, Grilled Cheese Sandwich, Marinated Cucumbers, Choice 2: Chef Salad, Dinner Roll/Marg. Sides: Winter Fruit Cup</p>	<p>1 Oatmeal, Danish, Fruit & Yogurt Parfait Lunch: Choice 1: Beef & Noodles, Green Beans, Garlic Toast, Choice 2: Pork Tenderloin on Bun, Lettuce/Tomato/Onion, Sides: Banana Split Fluff, Dinner: Choice 1: BBQ Rib Sandwich, Choice 2: Hot Dog on Bun, Sides: Potato Chips, Baked Beans, Mixed Berries</p>	<p>2 Cream of Wheat, Scrambled Egg with Ham, Toast, Banana Half, Lunch: Choice 1: Baked Cod, Choice 2: Hamburger Steak w/ Gravy, Sides: Baked Potato/Marg. Buttered Peas, Bread/Marg, Lemon Bar, Dinner: Choice 1: Scalloped Potatoes & Ham, Choice 2: Breaded Fish Fillet, Sides: Carrots, Cornbread/Margarine, Apricots</p>	<p>3 Malt-O-Meal, Hard Boiled Egg, Bacon, Raisin Toast, Banana Lunch: Choice 1: Meatloaf, Choice 2: Baked Pork Chop, Sides: Macaroni & Cheese, California Vegetables, Rosy Applesauce, Dinner: Choice 1: Chili, Toss Salad/Dt. Dressing, Cheese Breadstick, Choice 2: Cheeseburger on Bun, Lettuce/Tomato/Onion, Sides: Pineapple</p>
<p>11 Oatmeal Scrambled Egg Patty, Toast/Marg, Lunch: Choice 1: Savory Roast Beef, Choice 2: Pork Chop Sides: Mashed Potatoes, Gravy, Candied Carrots, Hawaiian Roll/Marg, Pie, Dinner: Choice 1: Grilled Chicken Sandwich, Lettuce/Tomato/Onion, Choice 2: Cheddar Omelet, Roasted Potato Medley, Mixed Vegetables, Sides: Creamy Coleslaw, Sugar Cookie</p>	<p>12 Cream of Wheat, Scrambled Eggs, Bacon, Toast/Marg, Peaches, Lunch: Choice 1: Goulash, Choice 2: Breaded Pollock Filet, Sides: Broccoli, Garlic Toast, Banana Brownie, Dinner: Choice 1: Cheddar Chicken & Rice Bake, Seasoned Peas, Choice 2: Sliced Turkey on Croissant, Lettuce/Tomato/Onion, Potato Chips, Sides: Winter Fruit Cup</p>	<p>13 Malt-O-Meal, Cheese Omelet, Toast/Marg, Banana Half, Lunch: Choice 1: BBQ Ribette, Cheddar Ranch Scalloped Potatoes, Seasoned Peas, Choice 2: Taco Salad, Shredded Lettuce/ Tomato Sides: Pumpkin Honey Bun Cake, Dinner: Choice 1: Hamburger on Bun, Lettuce/ Tomato/Onion, Potato Salad, Choice 2: Ham and Bean Soup, Crackers, Cottage Cheese & Peaches, Maple Corn Bread, Sides: Ice Cream Cup</p>	<p>14 Oatmeal, Sausage Gravy, Biscuits, Fruit Cocktail, Lunch: Choice 1: Teriyaki Chicken Breast, Fried Rice, Crab Rangoons, Choice 2: Beef Minute Steak, Mashed Potatoes, Beef Gravy, Sides: Stir Fry Vegetables, Monster Bars, Dinner: Choice 1: Homemade Chili, Chili Fixings, Tossed Greens w/Drsg., Choice 2: Grilled Chicken Salad Plate, Sides: Breadstick, Pears</p>	<p>15 Cream of Wheat, Hard Boiled Egg, Pancakes/Diet Syrup, Lunch: Choice 1: Bacon Cheddar Meatloaf, Choice 2: Pork Tenderloin on Bun, Pickles & Onions, Sides: French Fries, Capri Vegetables, Hot Cocoa Cheesecake, Dinner: Choice 1: Roasted Chicken Breast, Choice 2: Meatballs With Sauce, Sides: Mashed Potatoes, Gravy, Corn, Bread/Marg, Fruit Cocktail</p>	<p>16 Malt -O-Meal, Poached Egg, Toast, Winter Fruit Cup, Lunch: Choice 1: Beer Battered Tilapia, Choice 2: Pork Chop, Sides: Mini Baker Potatoes, Cascade Blend Vegetables, Cherry Angel Dessert, Dinner: Choice 1: Beef Stew, Biscuit, Honey Butter, Choice 2: Cream of Tomato Soup, Grilled Cheese Sandwich, Sides: Butterscotch Fluff</p>	<p>17 Oatmeal, Sausage Link, Raisin Toast/Marg, Banana Half, Lunch: Choice 1: Cheeseburger on Bun Choice 2: Chicken Club Sandwich, Sides: Tater Tots, Lettuce/Tomato/Onion, Dinner: Choice 1: Chicken Alfredo Choice 2: Beef & Noodles Sides: Green Beans, Garlic Toast, Peaches</p>
<p>18 Cream of Wheat, Scrambled Eggs, Cinnamon Roll, Lunch: Choice 1: Chicken Fried Chicken, Choice 2: Herb Baked Fish, Sides: Mashed Potatoes, Chicken Gravy, Broccoli, Dinner: Choice 1: Chili Dog on Bun, Shredded Cheese / Diced Onion, Choice 2: Egg Salad, Lettuce/Tomato, Sides: Potato Chips, Mandarin Oranges</p>	<p>19 Malt-O-Meal, Sausage Patty, Maple Pecan Coffee Cake, Lunch: Choice 1: Braised Steak w/ Mushroom Gravy, Choice 2: Baked Ham, Sides: French Onion Rice, Sunshine Carrots, Bread/Marg, Peanut Butter Mousse, Dinner: Choice 1: Fish Sandwich, Choice 2: Turkey Burger, Sides: Lettuce/Tomato, Potato Salad, Blushing Pears</p>	<p>20 Cream of Wheat, Sausage Gravy, Biscuit, Mango, Lunch: Choice 1: Italian Goulash, Garlic Toast, Choice 2: Grilled Turkey, Bacon & Swiss Sandwich, French Fries, Sides: Mixed Vegetables, Frosted Pumpkin Bar, Dinner: Choice 1: Chicken Alfredo, Breadstick, Choice 2: Fish Sandwich, Sides: Sunshine Carrots, Mandarin Oranges</p>	<p>21 Cream of Wheat, Scrambled Eggs with Cheese, Toast/Marg, Fruit Medley, Lunch: Choice 1: Cola Glazed Ham, Choice 2: Grilled Chicken Breast, Sides: Hashbrown Casserole, Country Trio Vegetables, Berry 7-up Cobbler, Dinner: Choice 1: Wisconsin Cheese Soup, Roast Beef Sandwich, Choice 2: Hamburger on Bun, Baked Beans, Sides: Lettuce/Tomato/Onion, Mandarin Oranges</p>	<p>22 Malt-O-Meal, Toast/Marg, Cheesy Egg Bake, Lunch: Choice 1: Roasted Turkey, Turkey Gravy, Stuffing, Choice 2: Pork Chop, Pork Gravy, Sides: Green Beans, Dinner Roll, Cran Raspberry Fluff Dinner: Choice 1: Meatballs with Sweet & Sour Sauce, Choice 2: BBQ Chicken Breast on Bun, Sides: Sour Cream & Onion Potato Bake, Carrots, Pineapple</p>	<p>23 Oatmeal, Ham, Egg & Cheese Croissant, Banana Half, Lunch: Choice 1: Baked Spaghetti Pie, Choice 2: Breaded Cod Scrod, Baked Potato, Sides: Tossed salad, Garlic Toast, Apricot Oat Bar, Dinner: Choice 1: Classic Tuna & Noodle Bake, Seasoned Peas, Choice 2: Cottage Cheese Fruit Plate, Sides: Cinnamon Bakes Apples</p>	<p>24 Cream of Wheat, Cheese Omelet, Biscuit, Mango, Lunch: Choice 1: Cheddar Ranch Chicken Breast, Scalloped Potatoes, Mixed Vegetables, Choice 2: Hamburger on Bun, Lettuce/Tomato/Onion, Pasta Salad, Sides: Angel Food Cake, Whipped Topping, Dinner: Choice 1: Pulled Pork Cornbread Casserole, Green Beans, Choice 2: Chef Salad w/ Chicken, Crackers, Sides: Mixed Berries</p>
<p>25 Malt- O-Meal, Poached Egg, Muffin, Lunch: Choice 1: Beef Pot Roast, Choice 2: BBQ Chicken, Sides: Roasted Vegetables, Roll, Pie, Dinner: Choice 1: Cheddarwurst on Bun, Peas & Carrots, Choice 2: Chicken Noodle Soup, Ham & Cheese Sandwich, Lettuce/Tomato, Sides: Pears, Chocolate Chip Cookie</p>	<p>26 Oatmeal, Sausage & Potato Breakfast Casserole, Toast/Marg, Lunch: Choice 1: Ranch Chicken Breast, Cheesy Rice, Broccoli Florets, Choice 2: Chef Salaf, Crackers, Sides: Strawberry Snickerdoodle Crunch, Dinner: Choice 1: Loaded Potato Soup, Roast Beef Sandwich on a Slider, Choice 2: Smoked Turkey & Cheese Slider, Vegetable Soup, Sides: Lettuce/Tomato, Peaches</p>	<p>27 Cream of Wheat, Sausage Gravy, Biscuit, Mango, Lunch: Choice 1: Italian Goulash, Garlic Toast, Choice 2: Grilled Turkey, Bacon & Swiss Sandwich, French Fries, Sides: Mixed Vegetables, Frosted Pumpkin Bar, Dinner: Choice 1: Chicken Alfredo, Breadstick, Choice 2: Fish Sandwich, Sides: Sunshine Carrots, Mandarin Oranges</p>	<p>28 Malt-O-Meal, Cheese Omelet, Toast, Mixed Fruit, Lunch: Choice 1: Smothered Pork Chop, Mashed Potatoes, Pork Gravy, Cascade Vegetables, Choice 2: Taco Salad, Shredded Lettuce/Tomato, Sides: Caramel Apple Crisp, Dinner: Choice 1: Country Fried Steak, Mashed Potatoes, Country Gravy, Capri Vegetables, Choice 2: Cheeseburger Soup, Chicken Salad Croissant Sides: Blueberry Bread Pudding</p>	<p>29 Oatmeal, Danish, Fruit & Yogurt Parfait Lunch: Choice 1: Beef & Noodles, Green Beans, Garlic Toast, Choice 2: Pork Tenderloin on Bun, Lettuce/Tomato/Onion, Sides: Banana Split Fluff, Dinner: Choice 1: BBQ Rib Sandwich, Choice 2: Hot Dog on Bun, Sides: Potato Chips, Baked Beans, Mixed Berries</p>	<p>30 Cream of Wheat, Scrambled Egg with Ham, Toast, Banana Half, Lunch: Choice 1: Baked Cod, Choice 2: Hamburger Steak w/ Gravy, Sides: Baked Potato/Marg. Buttered Peas, Bread/Marg, Lemon Bar, Dinner: Choice 1: Scalloped Potatoes & Ham, Choice 2: Breaded Fish Fillet, Sides: Carrots, Cornbread/Margarine, Apricots</p>	<p>31 Malt-O-Meal, Hard Boiled Egg, Bacon, Raisin Toast, Banana Lunch: Choice 1: Meatloaf, Choice 2: Baked Pork Chop, Sides: Macaroni & Cheese, California Vegetables, Rosy Applesauce, Dinner: Choice 1: Chili, Toss Salad/Dt. Dressing, Cheese Breadstick, Choice 2: Cheeseburger on Bun, Lettuce/Tomato/Onion, Sides: Pineapple</p>



Christmas Scattergories

Think of as many words associated with Christmas as you can that begin with each letter of the alphabet.

A _____	N _____
B _____	O _____
C _____	P _____
D _____	Q _____
E _____	R _____
F _____	S _____
G _____	T _____
H _____	U _____
I _____	V _____
J _____	W _____
K _____	X _____
L _____	Y _____
M _____	Z _____

Gift Giving Tree

Family members, staff, businesses, and volunteers, we would love your participation!

- Choose a resident name tag off the Giving Tree.
- On the clip board next to the tree, fill out your contact information. *(This is important!)*
 - Please be sure to have your gift wrapped before returning it. It's your choice if you want the gift to say who it's from.
- Gifts need to be returned to Hannah or Mary no later than, Tuesday, December 20th!
 - These gifts will be passed out at our Christmas party!

If you have any questions, please contact Hannah Waters, Activity Director at 319-368-2626

Sunday**Monday****Tuesday****Wednesday****Thursday****Friday****Saturday**

Activities

				1 <u>Rosa Parks Day</u> All Morning Christmas Decorating 2:30 Happy Hour with Dave Wirtz	2 All Morning Christmas Decorating  2:30 Country Steppers	3 2:15 Weekend Bingo 4:00 Popcorn & Movies
4 <u>National Dice Day</u> 10:00 St. Elizabeth's Catholic Communion 2:30 Crafters Corners 4:00 Kings of Kings Lutheran Church Service	5 10:00 Manicures & Social 2:30 Music with the Leo Shima Band 4:45 Bible Study Group	6 10:00 Games: Farkle 2:30 Corks & Canvas	7 <u>Pearl Harbor Remembrance Day</u> All Morning Puppy Visits & Exercises 2:30 Cards/Games	8 8:45 Catholic Mass at St. Elizabeth's (Weather Pending) 10:15 Bingo with A.R.C Friends 2:30 Happy Hour with "The Flip Side"	9 10:00 Homemade Christmas Cards 2:15 Bingo Hour	10 All Morning Independent Activities 2:30 Christmas Music Concert With Grant Beck
11 10:00 St. Elizabeth's Catholic Communion 12:00 Christmas Carolers 2:30 Music Entertainment with "The Parlor City Ramblers"	12 10:00 Manicures & Social 2:30 Traveling Adventures to Italy 4:45 Bible Study Group	13 10:00 Gospel Light Baptist Church Service 2:30 December Birthday Party with David Marshall	14 10:15 Crafts with Andrews Christian Academy 2:30 Cards/Games 6:15 Christmas Light Outing	15 8:45 Catholic Mass at St. Elizabeth's (Weather Pending) 10:15 Hot Cocoa Bar 2:30 Happy Hour with the La La Ladies	16 <u>National Ugly Sweater Day</u> 11:00 Cathy's Bible Study Group 2:15 Bingo Hour	17 1:45 Crafts & Fun with Youth Group 3:00 Popcorn & Christmas Piano Music with Jill
18 10:00 St. Elizabeth's Catholic Communion 3:00 Christmas Flute /Piano Music Performance 4:00 Kings of Kings Lutheran Church Service	19 10:00 Manicures & Social 2:30 Music Entertainment with Gunther 4:45 Bible Study Group	20 10:00 Holiday Baking & Reminisce 2:30 Christmas Show with "Treasured Music"	21 All Morning Puppy Visits & Exercises 2:30 Cards/Games	22 All Morning Movies & Independent Activities 2:15 Hiawatha Care Center Christmas Party with music by Harold Gray	23 10:30 Crafts & Fun with the "Never Dream Less" Kids 2:15 Bingo Hour	24 <u>Christmas Eve</u> All Morning Independent Activities 2:15 Christmas Movies - Popcorn - Egg Nog
25 <u>Merry Christmas</u> All Morning Independent Activities & Christmas Movies 2:15 Christmas Weekend Bingo	26 All Morning Independent Activities 2:15 Story Time with Kate 4:45 Bible Study Group	27 10:00 Manicures & Social 2:30 Music with Clay Willie "The Midnight Rider"	28 10:15 Lovely Lane Methodist Church Service 2:30 Cards/Games	29 8:45 Catholic Mass at St. Elizabeth's (Weather Pending) 10:15 Hot Cocoa Bar 2:30 Happy Hour with Oxford Junction	30 10:00 Manicures & Social 2:15 Bingo Hour	31 2:30 New Years Eve Party With Kate 