

A Note From Our D.O.N

Thank you to all families and residents for your cooperation and understanding of the restrictions that we are all having to follow in the care of our residents. It is hard on everyone.

Medical appointments have been rescheduled and many physicians are seeing residents via the computer. Just an FYI, if a resident has to leave the facility for any reason they will automatically go into isolation for a minimum of 14 days after returning.

No exceptions!

Thank you to everyone who has sent goodies and well wishes. It brightens our days.



Hiawatha Care Center Newsletter June 2020



**Happy Father's Day
&
Happy Flag Day**



HIAWATHA CARE CENTER
 405 N 15TH AVENUE, HIAWATHA, IA 52233
 319-378-8583
 hccinfo@hiawathacarecenter.com
 kwalton@hiawathacarecenter.com

DEPARTMENT HEADS

ADMINISTRATOR	Kent Walton
ACCOUNTANT	Karen Chadwick
DIRECTOR OF NURSING	Nancy Young
ASSISTANT DIRECTOR OF NURSING	Amanda Lauterwasser
ASSISTANT DIRECTOR OF NURSING	Karmin Boote
CERTIFIED DIETARY MANAGER, CFPP	Laurie Fish
ACTIVITIES DIRECTOR	Hannah Waters
DIETARY CONSULTANT	Linda Green
SOCIAL SERVICES DIRECTOR	Becky Stebral
ENVIROMENTAL SERVICES SUPERVISOR	Donna Radeke
RESTORATIVE THERAPY DIRECTOR	Tammy Ronnebaum
CARE PLAN COORDINATOR	Kelly VanGinkel
HUMAN RESOURCE DIRECTOR	Amanda Kennedy

2020 RESIDENT COUNCIL BOARD MEMBERS

Ron Jorgensen—President
Vonnie Higginbotham—Vice President
Eileen Baird—Secretary

If you have any questions or concerns, please report them to your Resident Council Officers.

You may also want to contact a staff member to resolve the issue immediately.

Hiawatha Care Center’s admissions, room assignment, and resident services are provided without regard to race, creed, color, national origin, religion, or disability.

Thank you to everyone who donated to our staff for national nursing home week. Your contribution was greatly appreciated! You made this week a memorable one!



Someone was hungry and decided to join us for breakfast!



June Birthdays



Isabelle Michael 6/7/1923

Rose Imsland 6/21/1930

Eileen Baird 6/23/1930

Rhonda Reamon 6/4/1956

Mary Redmon 6/24/1935

Mary Hughes 6/23/1941

Marilyn Borchardt 6/23/1940

Rollo Bredeson 6/30/1937



Welcome to HCC



Beverly Kriegel

William Hammer

Wayne Kimm

Sandra Wendel

Thomas Louvar

Richard Dircks

Elmer Boie

Linda Montague

Barbara Ehnem

Margaret Lefebure

Judith Nesper

Helen Schneider

Marcia Elhart

Mary Lehner

Lou Sperfslage

Veronica Houser

Larry Mostaert

Annelle Vileta



In Loving Memory



Darlene Cox

Jim Bedell

JUNE RESIDENT OF THE MONTH

Marilyn Borchardt



Marilyn was born in Clinton, Iowa, but grew up on a farm around the Oxford Junction area. She helped her family around the farm doing chores as a young girl, canning, and working in the garden.

After graduating High School at Oxford Junction, she moved to Cedar Rapids, Iowa with a couple of her girlfriends in search of a job. She ended up working at Collins Radio as a Mottles Operator .

She got married and had two children; Bill and Deanna.

One of Marilyn's favorite past times was going out with her friends and dancing. Another was a vacation she took to Yellow Stone National Park with her family.

Since coming to Hiawatha, she enjoys playing Bingo and Farkle with her friends, going outside when the weather is good, attending happy hour, and doing word searches.

She always has a smile on her face, and is always willing to lend a helping hand.

Best Dessert Contest



NNHW Fun and Games with Staff and Residents



June's Employee of the Month

Stephanie Cross

“Assistant Dietary Supervisor”



-She is a great example of a team leader.




-She goes above and beyond for the residents .

She is an indispensable part of the team.

-She is dependable and an essential part of our facility.

-She is a great problem solver.

-She is kind and caring.

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1 Oatmeal, Fried Egg, Toast, Lunch #1 Lemon Pepper Tilapia, Tartar Sauce, #2 Pork Tenderloin/Bun, Pickle & Onions, Sides: Fried Potatoes, Parslied Carrots, Triple Berry Buckle, Supper #1 Chicken Breast/Bun Italian Tomato Salad, Cheddar Munchers, #2 Vegetable Soup, Crackers, Ham Salad Sandwich, Sides: Fruit Cup	2 Cream of Wheat, Little Smokies, Toast, Lunch #1 Swiss Steak w/ Tomatoes, Beef Gravy, #2 Roast Turkey, Sides: Mashed Potatoes, Asparagus, Fresh Baked Bread, Strawberries, Supper #1 Taco Salad, Shredded Lettuce/Tomato, Salsa, Sour Cream, #2 Hamburger/Bun, Lettuce/Tomato/Onion, Coleslaw, Sides: Mandarin Oranges, Ice Cream Cup	3 Malt-O-Meal, Sausage Gravy, Biscuit, Lunch #1 Chicken Enchilada Casserole, Mexican Rice, #2 Smothered Pork Chop, Mashed Potatoes/Marg. Bread/Marg. Sides: Country Trio Vegetables, French Silk Dessert, Supper #1 Supreme Pizza, Tossed Salad/Dressing, Mixed Vegetable, #2 Cottage Cheese Fruit Plate, Assorted Crackers, Sides: Lemon Fruit Cup	4 Oatmeal, Cheese Omelet, Blueberry Muffin, Lunch #1 Baked Ham, Baked Potato/Marg & Sour Cream, Green Beans, #2 Beef & Noodles Cascade Blend Vegetables, Sides: Bread/Marg, Very Berry Gelatin, Supper #1 Herb Roasted Chicken, Mashed Potatoes, Chicken Gravy, #2 Tator Tot Casserole, Sides: Capri Blend Veggies, Bread/Marg. Heath Bar Blondie	5 Cream of Wheat, Sausage Link, Pancakes/Syrup, Lunch #1 Spaghetti/Meatsauce, Mini Chef Salad, Garlic Toast, #2 Breaded Fish Sandwich, Tartar Sauce, Coleslaw, Sides: Lemon Cheesecake, Supper #1 Salami & Swiss Sandwich, Tomato Slices, 3 Bean Salad, #2 Tomato Soup, Crackers, Grilled Cheese Sandwich, Broccoli Salad, Sides: Apricots	6 Malt-O-Meal, Bacon, Toast, Margarine/Jelly, Lunch #1 Honey Garlic Meatballs Pickled Beets, #2 BBQ Ribette, Peas & Carrots, Sides: Scalloped Potatoes, Bread/Marg, Fresh Melon Cup, Supper #1 Sloppy Joe on Bun, Ranch Tater Tots, Cucumber & Onion Salad, #2 Tuna Salad Cold Plate, Sides: Ranger Cookies	
7 Oatmeal, Scrambled Egg, Glazed Donut, Lunch #1 Roast Turkey, Parsley Butter Red Potatoes, #2 Country Fried Steak, Mashed Potatoes, Country Gravy, Sides: Creamed Peas, Dinner Roll, Pie, Supper #1 Ham & Cheese Quiche, Mixed Vegetables, Muffin/Marg, #2 Hamburger on Bun, Lettuce/Tomato/Onion, Creamy Cucumber Salad, Sides: Banana & Mandarin Or	8 Cream of Wheat, Skillet Breakfast, Toast, Lunch #1 Lasagna, Garlic Toast, #2 Chicken Breast Tenders, Mashed Potatoes, Chicken Gravy, Sides: Cascade Blend Vegetables, Toss Salad/Drsg, Root Beef Float Cake, Supper #1 Italian Croissant with Lettuce/Tomato, Potato Chips, #2 Pork Tenderloin/Bun, Pickles & Onions, Cheetos, Sides: Pineapple Tidbits	9 Malt-O-Meal, Hard Boiled Egg, Raisin Toast, Lunch #1 Hot Dog on Bun, Summer Fresh Pasta Salad, Green Beans, #2 Chef Salad, Dressing Crackers, Sides: Fresh Grapes, Supper #1 Goulash, Garlic Toast, #2 Wisconsin Cheese Soup, Chicken Salad Sandwich, Sides: Tossed Salad/Dressing, Applesauce	10 Oatmeal, Sausage Gravy, Biscuit, Lunch #1 Scalloped Potatoes, & Ham, #2 Minute Steak/BBQ & Butter Sauce, Spinach Cheddar Mashed Potatoes, Sides: Capri Blend Vegetables, Garlic Breadstick, Banana Bread Blondie, Supper #1 Cheeseburger Deluxe, #2 Breaded Fish Sandwich, Tartar Sauce, Sides: Lettuce/Tomato/Onion, Potato Salad, Mandarin Oranges	11 Cream of Wheat, Scrambled Egg with Cheese, Toast, Lunch #1 Roast Beef, Beef Gravy, Asparagus, #2 BBQ Pork Chop, Parslied Carrots, Sides: Mashed Potatoes, Bread/Marg, Cherry Cheesecake, Supper #1 Pasta Primavera w/Chicken, Mixed Vegetables, Fresh Baked Bread, #2 BLT Sandwich, Cottage Cheese, Potato Chips, Sides: Oregon Berry Cup	12 Malt-O-Meal, Poached Egg, Blueberry Toast, Lunch #1 Tavern Battered Cod, Tartar Sauce, Parmesan Rice, #2 Cheesy Spaghetti Bake, Tossed Salad w/Drsg, Sides: Country Trio Vegetables, Bread/Marg. Candy Bar Cake, Supper #1 Salisbury Steak w/Mushroom Gravy, Baked Potato, Sour Cream/Margarine, Broccoli Cuts, Bread/Marg. #2 Turkey Spinach	13 Oatmeal, Breakfast Sandwich, Lunch #1 Ham Ball, Baked Sweet Potato, Corn, Bread/Marg, #2 Breaded Chicken Fillet on Bun, Lettuce/Tomato/Onion, Pea Salad, Sides: Watermelon, Supper #1 Cheeseburger Casserole, Green Beans, #2 Chicken Noodle Soup, Cheese & Crackers, Sides: Dark Sweet Cherries, Ice Cream Cup	
14 Oatmeal, Scrambled Egg/Cheese, Cinnamon Roll/Frosting, Lunch #1 Chicken Breast Tenders, Mashed Potatoes, Chicken Gravy, Creamy Coleslaw, #2 Scalloped Potatoes & Ham, Peas, Sides: Dinner Roll/Marg, Pie, Supper #1 Hot Dog/Bun, Potato Salad, #2 Sloppy Joe/Bun Potato Chips, Sides: Carrots, Mandarin Oranges	15 Cream of Wheat, Scrambled Egg Patty, Bacon, Toast, Lunch #1 Spaghetti/Meatsauce, Toss Salad/Dressing, #2 Breaded Fish Filet, Tartar Sauce, Cheesy Mashed Potatoes, Sides: Garlic Toast, Triple Fudge Brownie, Supper #1 Turkey Burger on Bun, #2 Bratwurst Pattie on Bun, Sides: Lettuce/Tomato/Onion, Scalloped corn, Fresh Grapes	16 Malt-O-Meal, Sausage Link, Pancakes/Syrup, Banana Half, Lunch #1 Caribbean Pork chop, Mixed Vegetables, #2 Ranch Chicken Breast, Asparagus, Baked Sweet Potato, Bread/Marg. Lime Crunch, Supper #1 Chicken Caesar Salad, Tomato Wedges, Assorted Crackers, Cucumber Slices, #2 Sheperds Pie, Green Beans, Sides: Jell-O Cake	17 Oatmeal, Fried Egg, Toast, Lunch #1 Hot Beef Sandwich, Mashed Potatoes, Beef Gravy, #2 Pulled Pork on Bun, Cheddar Cheese Munchers, Sides: Lemon Glazed Carrots, Peach Cobbler Cake, Supper #1 Homemade Vegetable Beef Soup, Salami & Swiss on Focaccia Square/Lettuce & Tomato, #2 Cheese Omelet, Tomato Slices, Potatoes Wedges, Sides:	18 Cream of Wheat, Fruit & Yogurt Parfait, Donut, Lunch #1 Smothered Chicken, Garden Blend Rice, #2 Swiss Steak w/ tomatoes, Mashed Potatoes/Marg., Sides: Broccoli, Toss Salad/Dressing, Cherry Chocolate Crisp, Supper #1 Meatball Sub Sandwich, #2 Deli Roast Beef Sandwich, w/ Lettuce & Tomato, Sides: Pasta Salad, Dilly Green Bean Salad,	19 Malt-O-Meal, Sausage Gravy, Biscuit, Lunch #1 Tavern Battered Cod, Tartar Sauce, Fried Potatoes, Country Fried Steak, Country Trio Vegetables, Bread/Butter, #2 Chef Salad/Dressing, Cheddar Garlic Biscuit, Sides: Lemon Angel Dessert, Supper #1 Chicken & Noodles, Cascade Blend Vegetables, #2 Taco in a Bag, Shredded Lettuce/Tomato, Sides: Fruit	20 Oatmeal, Hard Boiled Egg, Toast/Jelly, Lunch #1 Hamburger on Bun, Potato Salad, Lettuce, Tomato, Onion, #2 Cottage Cheese/Fruit, Crackers, Sides: Watermelon, Supper #1 Turkey Provolone Croissant, Potato Chips, Toss Salad/Dressing, #2 Sweet & Sour Meatballs, Parsley Noodles, Sides: Berry Cup	
21 Cream of Wheat, Poached Egg, Danish, Lunch #1 Baked Ham, Dilled Carrots, #2 Herb Baked Chicken, Cascade Blend Veggies, Sides: Party Potatoes, Dinner Roll/Marg., Pie, Supper #1 Denver Hashbrown Casserole, Cinnamon Roll, #2 Cheddarwurst on Bun, Ranch Pasta Salad, Sides: Capri Blend Veggies, Sunrise Fruit Blend	22 Malt-o-Meal, Scrambled Egg, Toast, Lunch #1 Beef & Noodles, #2 Maple BBQ Pork Chop, Mashed Potatoes/Marg. Sides: Asparagus w/Bacon, Bread/Marg, Angle Food Cake, w/ Strawberries, Whipped Topping, Supper #1 Country Fried Steak, Mashed Potatoes, Country Gravy, Riviera Vegetables, #2 Cream of Potato Soup, Chicken Salad on Tomato Slices, Sides:	23 Oatmeal, Blueberry Toast, Sausage Link, Lunch #1 BLT Sandwich, Cottage Cheese, Potato Chips, #2 Tavern Battered Cod, Tartar Sauce, French Fries, Mixed Vegetables, Sides: Fresh Melon Cup, Supper #1 Fiesta Potato Platter, Shredded Lettuce/Tomato, Sour Cream, #2 Bratwurst Pattie/Bun, Lettuce/Tomato/Onion, Sides: Cascade Blend Veggies, Chocolate Chip	24 Cream of Wheat, hard Boiled Egg, Toast, Banana Half, Lunch #1 Baked Pork Chop, Mashed Potatoes, Pork Gravy, #2 Loaded Baked Potato, Broccoli/Cheese Sauce, Diced Ham, Sour Cream, Sides: Garlic Breadstick, Cherry Fluff, Supper #1 Philly Steak Sandwich, Roasted peppers & Onions, #2 Chicken Breast Tenders, Peas, Sides: Potato Salad, Fresh Grapes	25 Malt-O-Meal, Breakfast Sandwich, Lunch #1 Meatloaf, #2 BBQ Ribette, Sides: Baked Sweet Potato, Capri Blend Veg, Bread/Marg, Cream Puff Dessert, Supper #1 Turkey Swiss Sandwich, Lettuce/Tomato, Potato Chips, #2 Hamburger on Bun, Lettuce/Tomato/Onion, Peas & Carrots, Sides: Pears	26 Oatmeal, Fried Egg, Toast, Margarine/Jelly, Lunch #1 Hamburger Steak w/ Gravy, #2 Salmon Patty/Dill Sauce, Sides: Fried Potatoes, Green Beans, Bread/Butter, Frosted Brownie, Supper #1 Ham Pasta Salad, Tomato Wedges, Deviled Egg Halves, #2 Italian Goulash, Carrots, Sides: Fresh Baked Bread, Tropical Fruit	27 Cream of Wheat, Fruit & Yogurt Parfait, Wheat Toast, Lunch #1 Chicken Fajita Pata Bake, Riviera Vegetables, Bread/Marg. #2 Chef Salad, Crackers, Sides: Fruited Gelatin, Supper #1 Scalloped Potatoes & Ham, Mixed Vegetables, #2 Smothered Beef & Bean Burrito, Shredded Lettuce/Tomato, Potato Wedges, Sides: Mandarin Oranges, Sherbet Cup	
28 Malt-O-Meal, Sausage Patty, Glazed Long John, Lunch #1 Herbed pork Loin, Peas, #2 Chicken Tenders, Broccoli Cuts, Sides: Baked Sweet Potato/Marg. Dinner Roll/Marg, Pie, Supper #1 Sweet & Sour Meatballs, Bread/Butter, Sweet Macaroni Salad, #2 Pulled Pork on Bun, Parmesan French Fries, Sides: Cascade Blend Vegetables, Blushing Pears	29 Oatmeal, Fried Egg, Toast, Lunch #1 Lemon Pepper Tilapia, Tartar Sauce, #2 Pork Tenderloin/Bun, Pickle & Onions, Sides: Fried Potatoes, Parslied Carrots, Triple Berry Buckle, Supper #1 Chicken Breast/Bun Italian Tomato Salad, Cheddar Munchers, #2 Vegetable Soup, Crackers, Ham Salad Sandwich, Sides: Fruit Cup	30 Cream of Wheat, Little Smokies, Toast, Lunch #1 Swiss Steak w/ Tomatoes, Beef Gravy, #2 Roast Turkey, Sides: Mashed Potatoes, Asparagus, Fresh Baked Bread, Strawberries, Supper #1 Taco Salad, Shredded Lettuce/Tomato, Salsa, Sour Cream, #2 Hamburger/Bun, Lettuce/Tomato/Onion, Coleslaw, Sides: Mandarin Oranges, Ice Cream Cup				<h1>June 2020</h1>	
							

Hiawatha Care Centers Holiday Car Parade

When: Saturday, June 27th @ 3:00

We want to celebrate Mother's Day, Father's Day, and the Fourth of July all in one. All are welcomed, tell your friends and family!

Car line up will begin at the NE corner of St. Elizabeth's parking lot.

The parade will start at 3:00 first going to Promise House, then to the N. 15th Ave parking lot of Hiawatha Care Center.

Decorate your cars in red, white, and blue, blow bubbles, or play fun music. Be creative!

Lets give the residents some fun and excitement again.

This is a social distancing parade.

Please R.S.V.P no later than June 22nd to activities!

hwaters@hiawathacarecenter.com

cnewton@hiawathacarecenter.com

(319) 368-2626

Hiawatha Care Center Car Parade



June 2020

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	1 10:00 Nailcare & More with Activities 2:30 Outdoors Games & Fun 4:00 Select Music Therapy Group	2 9:45 Catholic Church Service 2:30 Movie & Snacks 4:00 Bible Study Group on TV	3 10:00 Exercise Fun 2:00 JW Bible Stories (TV) 2:30 Uno with Activities 4:00 Select Music Therapy Group	4 10:00 Devotional with Becky & Marty 2:30 Bingo 4:00 Reminisce with Activities	5 10:00 Exercise Fun 11:00 Bible Study Group Withy Cathy 2:45 Happy Hour with Music 4:00 Farkle & Games	6 10:00 Cooking with Activities 2:00 Movies & Snacks
7 9:45 Methodist Church Service On TV Activity Room 2:30 Bingo with Activities	8 10:00 Exercise Fun 2:30 Outdoor Social Hour/Snacks 4:00 Select Music Therapy Group	9 9:45 Catholic Church Service 2:30 Jokes—Trivia— Riddles & Snacks 4:00 Bible Study Group on TV 4:30 Book Reading with Carlie	10 10:00 Exercise Fun 2:00 JW Bible Stories (TV) 2:00 Farkle Championship Game 4:00 Select Music Therapy Group 4:30 Room to Room Visits	11 10:15 Brunch Bunch 2:45 Happy Hour with Music 4:00 Reminisce with Activities	12 10:00 Nailcare & More 11:00 Rosary Prayer with Marty 2:30 Bingo 4:00 Farkle & Games	13 *Weekend Manager & Popcorn *Staff Picked Movies *Afternoon Resident Lead Farkle in Activity room
14 Flag Day 9:45 Lutheran Church Service On TV Activity Room	15 10:00 Exercise Fun 2:30 Movie & Snacks 4:00 Select Music Therapy Group 4:00 Farkle Group	16 9:45 Catholic Church Service 2:30 Baking with Activities 4:00 Farkle & Games 6:30 Camp Fire & Smores	17 10:00 Nailcare & More 2:00 JW Bible Stories (TV) 2:30 Yahtzee with Activities 4:00 Select Music Therapy Group 4:30 Room to Room Visits	18 10:15 Brunch Bunch 2:45 Happy Hour with Music 4:00 Reminisce with Activities	19 10:00 Exercise Fun 11:00 Bible Study Group With Cathy 2:30 Bingo 4:00 Farkle & Games	20 10:00 Social Hour with Activities 2:00 Crafts with Activities
21 Father's Day 9:45 Baptist Church Service On TV Activity Room 2:30 Bingo with Activities	22 10:00 Exercise Fun 2:30 Virtual Vacation Tour 4:00 Select Music Therapy Group	23 9:45 Catholic Church Service On TV Activity Room 2:30 Crafts with Activities 4:00 Bible Study Group on TV 4:30 Crafts with Carlie	24 10:00 Exercise Fun 2:00 JW Bible Stories (TV) 2:30 Card Games with Activities 4:00 Select Music Therapy Group 4:30 Room to Room Visits	25 10:15 Brunch Bunch 2:45 Happy Hour with Music 4:00 Reminisce with Activities	26 10:00 Nailcare & More 11:00 Rosary Prayer with Marty 2:30 Bingo 4:00 Farkle & Games	27 3:00 PM Mothers/Fathers/4th of July Outdoor Parade with Families *Afternoon Resident Lead Farkle in Activity room
28 9:45 Lutheran Church Service On TV Activity Room	29 10:00 Exercise Fun 2:30 Outdoor Ice Cream Social 4:00 Select Music Therapy Group	30 9:45 Catholic Church Service 2:30 Corks & Canvas 4:00 Bible Study Group on TV				All Activities are Subject to change