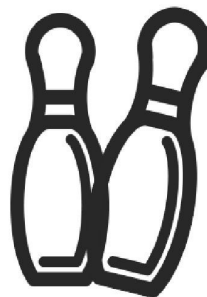
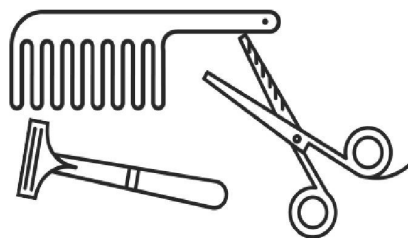


# Happy FATHERS Day!

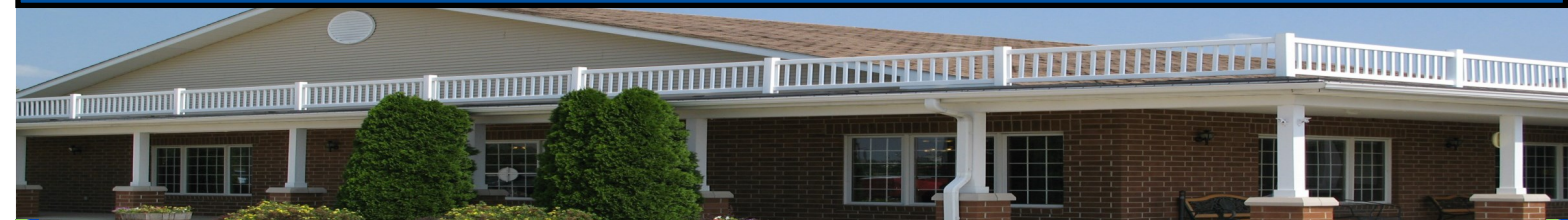


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TOOLS  
 JOKES  
 SPORTS  
 HOME  
 BBQ  
 CARING  
 FAMILY  
 PROTECTIVE  
 RESPECT  
 LOVE  
 DADDY  
 TIE  
 SPECIAL  
 GIFTS  
 HONOR  
 HUGS  
 FUNNY  
 THOUGHTFUL  
 MEMORIES  
 STRONG



## Hiawatha Care Center June Newsletter



405 N 15TH AVENUE, HIAWATHA, IA 52233

319-378-8583

[hccinfo@hiawathacarecenter.com](mailto:hccinfo@hiawathacarecenter.com) or [kwalton@hiawathacarecenter.com](mailto:kwalton@hiawathacarecenter.com)

### June Birthdays

*Janice Marckmann 6/6*  
*Katie Miller 6/12*  
*Linda Spence 6/17*  
*Lois Grooms 6/20*  
*Marilyn Borchardt 6/23*  
*Eileen Baird 6/23*  
*Donald Conway 6/23*  
*Rosemary Rott 6/27*  
*Elmer Boie 6/27*  
*Wilma Funk 6/29*  
*Rollo Bredeson 6/30*

### June Events

6/18: Father's Day Celebrations  
 6/25 & 6/26: Hiawatha Care Center & Promise House Yard Sale

### In Loving Memory

*Jody Anderson*  
*Judith Bunney*  
*Dorothy Buckingham*  
*Richard Riehl*  
*Larry Woolison*  
*Richard Ruble*

**BE YOURSELF**  
 BECAUSE AN ORIGINAL IS WORTH MORE THAN A COPY  
-UNKNOWN

### Welcome to Hiawatha Care Center

Nadine Haddy	Mary Hammond	Wilma Funk	Darlene Carlson
Marilyn Frimml	Rita Corrigan	Ronald Moore	Bernita Sills
Virginia Zhan	Linda Corey	Lyle Collingwood	Pam Miller
Bryan Balog	Jill Jacobsen	Kenneth Keenan	George Fields
Margaret McClure	Debra Hoppe	Dean Walker	Pat Nolan
Naomi Mitchell			Linda Spence

*At Hiawatha Care Center, we not only emphasize our quality of care, but also our quality of caring!*

# Department Directory

Administrator	Kent Walton
Accountant	Karen Chadwick
Director of Nursing	Amanda Lauterwasser
Assistant Director of Nursing	Karmin Boote
Social Services Director	Becky Stebral
Assistant Social Services Director	Kristin Voss
Assistant Social Services Director	Kyann Banghart
Care Plan Coordinator	Kelly VanGinkel
Certified Dietary Manager, CFPP	Stephanie Cross
Assistant Dietary Manager CFPP	Shianne Bascom
Dietary Consultant	Linda Green
Activity Director	Hannah Waters
Environmental Service Supervisor	Emma Boote
Restorative Therapy Director	Tammy Ronnebaum
Human Resource Director	Amanda Kennedy

## 2021 Resident Council Board Members

Ron Jorgensen—President  
 James Vick—Vice President  
 Carma Reiss—Secretary

If you have any questions or concerns, please report them to your Resident Council Officers.

You may also want to contact a staff member to resolve the issue immediately.

Hiawatha Care Center’s admissions, room assignment, and resident services are provided without regard to race, creed, color, national origin.

## **Hiawatha Care Center 2021 National Nursing Home Week**



# Hiawatha Care Center and Promise House are having a...



**Friday, June 25th from 9:00 a.m. till 3:00 p.m.**

**&**

**Saturday, June 26th 9:00 a.m. till 2:00 p.m.**

The yard sale will be held on the grass space between Hiawatha Care Center and Promise House on Litchfield Drive.

If you have items you wish to donate to the yard sale, please contact Hannah Waters at Hiawatha Care Center (319) 368-2626 or Abigail Whalen or Connie Stepanek at Promise House (319) 743-9812.



**All proceeds will be donated to the Alzheimer's Association.**



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# June Menu



1 Cream of Wheat, Sausage Patty, Choco-Chip Pancakes/Syrup **Lunch: Choice 1:** Hot Beef Sandwich, Mashed potatoes/Beef Gravy, **Choice 2:** Chicken & Rice Bake, Tossed Salad W/Dressing, **Sides:** Honey buttered Corn, Cherry Pie Crisp, **Dinner: Choice 1:** Cream of Potato Soup/Crackers, Egg Salad Slider, Lettuce & Tomato Slice, **Choice 2:** Italian Goulash, Mixed Veggies **Sides:** Mixed Berries, Ice Cream Cup

2 Malt-O-Meal, Scrambled Egg, Toast **Lunch: Choice 1:** BLT, Cottage Cheese, Potato Chips, **Choice 2:** Turkey A LA King, Flaky Biscuit, **Sides:** Pineapple, **Dinner: Choice 1:** Cheesy Chicken Parmigiana, Spaghetti Noodles, Garlic Toast, Carrots, **Choice 2:** Taco Salad, Shredded Lettuce/Tomato, Salsa, Sour Cream, **Sides:** Italian Cream Cake

3 Oatmeal, Sausage Gravy, Flaky Biscuit **Lunch: Choice 1:** Sour Cream Dill Chicken Breast, **Choice 2:** Baked Ham **Sides:** Roasted Ranch Red Potatoes, Steamed Asparagus, Bread/Butter, M & M Pretzel Cheesecake, **Dinner: Choice 1:** Turkey & Rice Casserole, **Choice 2:** Breaded Pork Patty/Bun, Lettuce & Tomato Slice, **Sides:** Mixed Vegetables, Apple Slices

4 Cream of Wheat, Egg O' Muffin with Cheese, **Lunch: Choice 1:** Chicken Alfredo, **Choice 2:** Beef & Noodles, **Sides:** Broccoli Florets, Garlic Breadstick, Blueberry Gelatin Dessert, **Dinner: Choice 1:** Bratwurst on Bun, Seasoned Tots, **Choice 2:** Fiesta Potato Platter, Shredded Lettuce/Tomato, **Sides:** Layered Salad, Pears

5 Malt-O-Meal, Fried Egg, Caramel Roll **Lunch: Choice 1:** Meatloaf, Sour Cream Mashed Potatoes, Green Beans, Bread/Butter, **Choice 2:** Roast Beef/Swiss Croissant, Cucumber Pasta Salad **Sides:** Fruit Cocktail, **Dinner: Choice 1:** Smothered Beef & Bean Burrito, Shredded Lettuce/Tomato, Corn & Black Bean Salad, **Choice 2:** Tater Tot Casserole, Corn, Bread/Marg. **Sides:** Brownie

6 Oatmeal, Frittata, Fruit Turnover **Lunch: Choice 1:** Smokey Ranch Chicken, **Choice 2:** Beef Minute Steak **Sides:** Potato Salad, Baked Beans, Dinner Roll/Marg., Pie, **Dinner: Choice 1:** Tuna Mac & Cheese, Bread/Butter, **Choice 2:** Sloppy Joe on Bun, Cheddar Cheese Munchers, **Sides:** Mixed Vegetables, Raspberry Peaches

7 Cream of Wheat, Scrambled Egg, Flaky Biscuit, Honey, **Lunch: Choice 1:** Brisket Grilled Cheese, **Choice 2:** Tavern Battered Cod, Tartar Sauce, **Sides:** French Fries, Coleslaw, Pineapple, **Dinner: Choice 1:** Garden Vegetable Soup, Assorted Crackers, Summer Sausage & Cheese Plate, **Choice 2:** Bacon Cheddar Ranch Chicken Salad Wrap, Potato Chips **Sides:** Beet Pickles, Monster Bars

8 Malt-O-Meal, Sausage Patty, Toast, **Lunch: Choice 1:** Smothered pork Chop/Gravy, **Choice 2:** Chicken Tenders, **Sides:** Mashed Potatoes, Cascade Vegetables, Strawberry Shortcake, **Dinner: Choice 1:** Pulled Pork on Hoagie Bun, **Choice 2:** Breaded Chicken Fillet on Bun, **Sides:** Summer Fresh Pasta Salad, Marinated tomatoes & Cucumbers, Oranges Slices

9 Oatmeal, Fruit & Yogurt Parfait, Raisin Toast, **Lunch: Choice 1:** Lasagna **Choice 2:** Beef Minutes Steak, Mashed Potatoes, Beef Gravy, **Sides:** Peas, Garlic Toast, Scotcheroos, **Dinner: Choice 1:** Cheeseburger Tot Casserole, Carrots, Bread/Marg, **Choice 2:** Turkey Club Slider with Lettuce/Tomato, Potato Chips, **Sides:** Tropical Fruit

10 Cream of Wheat, Skillet Breakfast, Toast, **Lunch: Choice One:** Nacho Chicken, Shredded Lettuce, Tomato, Sour Cream, Spanish Rice, **Choice Two:** Beef & Noodles, Bread/Butter, **Sides:** Chuckwagon Corn, Chocolate Toffee Dessert, **Dinner: Choice One:** Ham & Swiss/Croissant, Potato Chip, Pears, **Choice Two:** Cottage Cheese Fruit Plate, Assorted Crackers, **Sides:** Sherbet Cup

11 Malt-O-Meal, Poached Egg, Toast, Banana Half, **Lunch: Choice 1:** Lemon Pepper Tilapia Fillet, Cornbread/Marg. **Choice 2:** Pork Tenderloin/Bun **Sides:** Fried Potatoes, Green Bean Saute, Raspberry Ripple, **Dinner: Choice 1:** Chicken Club Pasta Salad, **Choice 2:** Wisconsin Cheese Soup, Shaved Turkey Sandwich, **Sides:** Deviled Egg Salad, Tomato Wedges, Chocolate Banana Cake

12 Oatmeal, Scrambled Egg Patty, Danish, **Lunch: Choice 1:** Ham Balls, **Choice 2:** Swiss Steak **Sides:** Baked Potato/Marg., Sour Cream, Colorful Vegetable Casserole, Smores Pudding, **Dinner: Choice 1:** Boneless Chicken Wings **Choice 2:** BBQ Ribette **Sides:** Corn Bake, Broccoli Salad, Cantaloupe

13 Oatmeal, Cheese Omelet, Cinnamon Roll, **Lunch: Choice 1:** French Onion Roast Beef, Beef Gravy, **Choice 2:** Pork Chop, **Sides:** Honey Dill Carrots, Roll/Marg, Strawberry Pie, **Dinner: Choice 1:** Roast Beef, Sandwich on a Hoagie Bun, Lettuce & Tomato Slice, Potato Chips, Pickled Beets **Choice 2:** Chef Salad **Sides:** Reese's Krispy Treat

14 Cream of Wheat, Sausage Links, Pancakes/Syrup, **Lunch: Choice 1:** Honey Bourbon BBQ Ribs, **Choice 2:** Tavern Battered Cod, **Sides:** Baked Sweet Potato, Balsamic Roasted Broccoli, Bread/Marg, Salted Carmel Pudding, **Dinner: Choice 1:** Cheeseburger on Bun, Lettuce/Tomato/Onion, Potato Chips **Choice 2:** Chicken Club Salad/Dressing Roll/Marg., **Sides:** Mixed Berries

15 Malt O Meal, Sausage Gravy, Biscuits **Lunch: Choice 1:** Tuscan Chicken W/Pasta, **Choice 2:** Salisbury Steak W/Brown Gravy, Mashed Potatoes **Sides:** Peas, Garlic Toast, Fresh Grapes, **Dinner: Choice 1:** Cheddar wurst On Bun, Seasoned Fries, **Choice 2:** Turkey Spinach Wrap, Sun Chips **Sides:** Peaches, Brownie W/ Chocolate Frosting

16 Oatmeal, Scrambled Egg Patty, Bacon, English Muffin, Margarine/Jelly **Lunch: Choice 1:** Breaded Chicken Tenders, Biscuit/Honey, **Choice 2:** Rueben Sandwich **Sides:** Potato Salad, Creamy Cucumber Salad, Ice Cream Cup, **Dinner: Choice 1:** Beefy Ranch Casserole, Roasted Lemon Asparagus, Bread/Marg **Choice 1:** Ham & Cheese Sandwich, Lettuce & Tomato Slice, Spring Pasta Salad, **Sides:** Pears

17 Cream of Wheat, Hard Boiled Egg, Blueberry Muffins, **Lunch: Choice One:** Philly Meatloaf, Parslied Red Potatoes, **Choice Two:** Turkey Noodle Casserole, **Sides:** Corn, Bred/ Marg, Black Forest Cheesecake **Dinner: Choice One:** Sweet & Sassy Pork Burger **Choice Two:** Hot Dog, Pickle Relish **Sides:** Coleslaw, Baked Beans, Fresh Apple Slices

18 Malt O Meal, Sausage & Potato Breakfast Casserole, Toast, Marg/Jelly, **Lunch: Choice 1:** Buttered Crumb Pollock, Tarter Sauce, **Choice 2:** Baked Ham **Sides:** Macaroni & Cheese, Cascade Blend Vegetables, Cashew Pea Salad, Watermelon **Dinner: Choice 1:** Supreme Pizza, **Choice 2:** Pulled Pork **Sides:** Tossed Salad, Mixed Vegetables, Mango & Pineapple

19 Oatmeal, Scrambled Egg, Toast, Marg/Jelly, **Lunch: Choice 1:** Country Fried Steak, Mashed Potatoes, Country Gravy, Roasted Parmesan Green Beans, Bread/Marg **Choice 2:** Cottage Cheese/ Fruit Plate, Crackers, **Dinner: Choice 1:** Chicken & Noodles **Choice Two:** Hamburger Steak W/Gravy, Mashed Potatoes **Sides:** Peas & Carrots, Breadstick, Mandarin Oranges

20 Cream Of Wheat, Little Smokies, Glazed Donut, **Lunch: Choice 1:** Spiced Ham **Choice 2:** Herb Baked Ham **Sides:** Swiss Scalloped Potatoes, Lemon Kissed Asparagus, Roll/Marg, Cherry Pie, **Dinner: Choice 1:** Ham & Cheese Quiche, Muffin/Marg, **Choice 2:** Hamburger, Lettuce/ Tomato/ Onion, French Fries **Sides:** Carrots, Mandarin Oranges

21 Malt O Meal, Poached Egg, Toast, Marg/Jelly, **Lunch: Choice 1:** Chicken Cheddar Mashed Bowl, **Choice 2:** Pork Tenderloin, Pickles & Onions, Mashed Potatoes **Sides:** Mixed Vegetables, Twisted Strawberry Shortcake, **Dinner: Choice 1:** Pizza Patty/Bun, **Choice 2:** Fried Chicken Salad, **Sides:** Sweet Potato Tots, Marinated Cucumbers, Pears & Blueberries

22 Oatmeal, Fried Egg, Cinnamon Coffee Cake **Lunch: Choice One:** Baked Penne & Sausage **Choice Two:** Beef Minute Steak, Mashed Potatoes **Sides:** Seasoned Green Beans, Garlic Toast, Cantaloupe **Dinner: Choice 1:** Turkey & Swiss Croissant **Choice 2:** Tuna Salad on Croissant **Sides:** Lettuce & Tomato Slice, Potato Chips, Chocolate Peanut Butter Cup Parfait

23 Cream of Wheat, Blueberry Toast, Sausage Patty, **Lunch: Choice 1:** Cod Scrod, **Choice 2:** BBQ Meatballs, **Sides:** Baked Potato/Marg, Roasted Broccoli w/Bacon, Bread/Marg, Peaches & Cream Cobbler, **Dinner: Choice 1:** Italian Combo Slider, Shredded Lettuce/Tomato, Coleslaw **Choice 2:** Egg O Biscuit, Tomato Slices, Tater Tots, **Sides:** Fruited Gelatin

24 Malt-O-Meal, Fruit & Yogurt Parfait, Danish **Lunch: Choice 1:** Smothered Pork Chop, Baked Sweet Potato **Choice 2:** Turkey Burger on Bun, Lettuce/Tom/Onion, **Sides:** Peas, Frosted Brownie, **Dinner: Choice 1:** Sloppy Joe/Bun, **Choice 2:** Breaded Chicken on Bun, **Sides:** Parmesan French Fries, Country Trio Vegetables, Fresh Melon Cup

25 Oatmeal, French Toast Breakfast Casserole, Banana Half, **Lunch: Choice 1:** Swiss Steak w/ Tomatoes, **Choice 2:** Lemon Pepper Tilapia Fillet, **Sides:** Mashed Potatoes, Beef Gravy, Corn, Mixed Berry Pretzel Dessert, **Dinner: Choice 1:** Tater Tot Casserole, Carrots, Breadstick, **Choice 2:** Mediterranean Chicken & Pasta Salad, **Sides:** Mandarin Oranges

26 Cream of Wheat, Scrambled Egg with Cheese, Toast, Margarine/Jelly, **Lunch: Choice 1:** Spaghetti, Tossed Salad/Dressing, Garlic Toast, **Choice 2:** Chicken Salad Sandwich, Potato Chips, **Sides:** Ice Cream Cup **Dinner: Choice 1:** Hot Dog/Bun, Potato Salad, Baked Beans, **Choice 2:** Chef Salad, Crackers, **Sides:** Fresh Grapes

27 Malt-O-Meal, Sausage Link, Frosted Long John, **Lunch: Choice 1:** Turkey Roast, Turkey Gravy, **Choice 2:** Cheddar wurst, Sauerkraut, **Sides:** Mashed Potatoes, Broccoli w/Cheese, Dinner Roll/Marg., Pie, **Dinner: Choice 1:** Creamed Chipped Beef/Toast, Peas, **Choice 2:** Chicken Noodle Soup, Roast Beef Sandwich, Lettuce & Tomato Slice, **Sides:** Watermelon

28 Oatmeal, Hard Boiled Egg, Toast, Margarine/Jelly, **Lunch: Choice 1:** Cheeseburger Deluxe, Lettuce/Tom/Onion, **Choice 2:** Tavern Battered Cod, Tartar Sauce, Cascade Blend Vegetables, **Sides:** Sweet Potato Tots, Strawberry Shortcake, **Dinner: Choice 1:** chicken Parmesan Sandwich, **Choice 2:** BBQ Ribette/Bun, **Sides:** Rotini Pasta Salad, mango & Bananas, Snickerdoodle Cookie

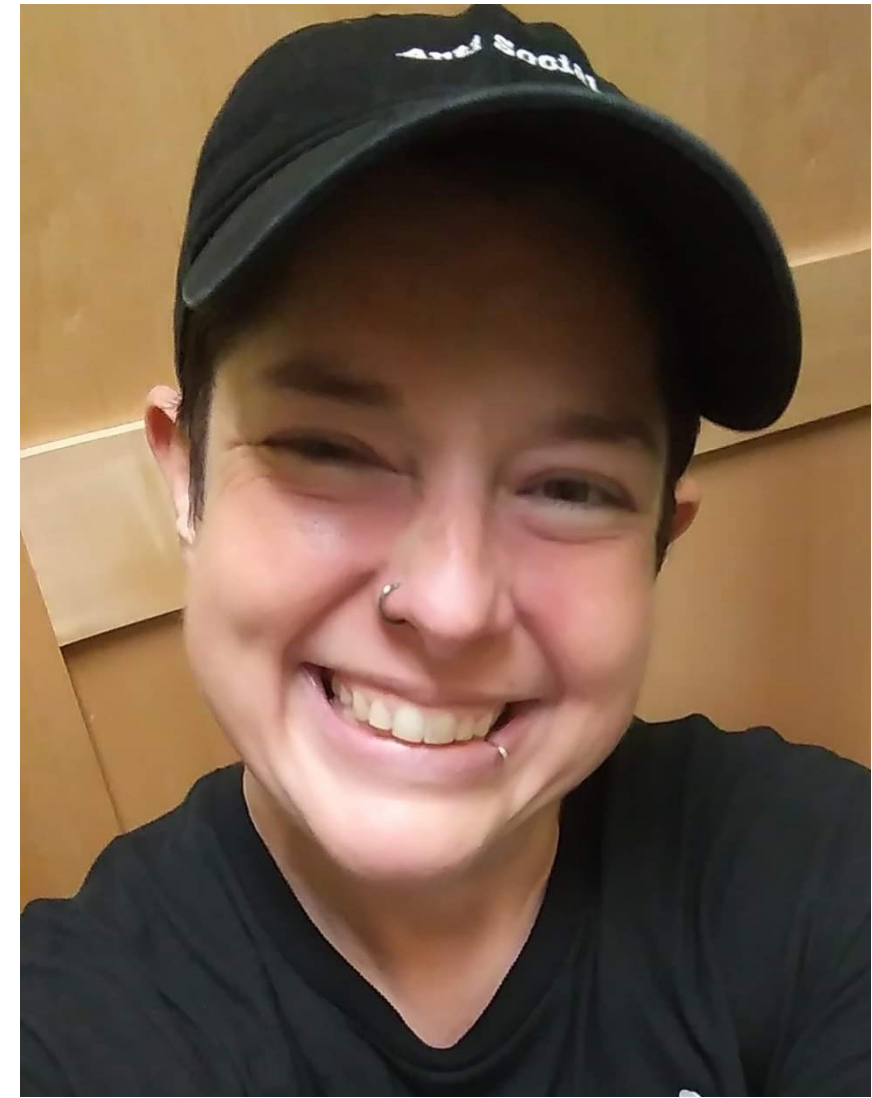
29 Cream of Wheat, Sausage Patty, Chocolate Chip Pancakes/Syrup **Lunch: Choice 1:** Hot Beef Sandwich, Mashed potatoes/Beef Gravy, **Choice 2:** Chicken & Rice Bake, Tossed Salad W/Dressing, **Sides:** Honey buttered Corn, Cherry Pie Crisp, **Dinner: Choice 1:** Cream of Potato Soup/Crackers, Egg Salad Slider, Lettuce & Tomato Slice, **Choice 2:** Italian Goulash, Mixed Vegetables **Sides:** Mixed Berries, Ice Cream Cup

30 Malt-O-Meal, Scrambled Egg, Toast **Lunch: Choice 1:** BLT, Cottage Cheese, Potato Chips, **Choice 2:** Turkey A LA King, Flaky Biscuit, **Sides:** Pineapple, **Dinner: Choice 1:** Cheesy Chicken Parmigiana, Spaghetti Noodles, Garlic Toast, Carrots, **Choice 2:** Taco Salad, Shredded Lettuce/Tomato, Salsa, Sour Cream, **Sides:** Italian Cream Cake






# Star Employee of the Month



Crystal Salsbery  
Certified Nursing Assistant  
Trainer

# June Activities Calendar

**Sunday****Monday****Tuesday****Wednesday****Thursday****Friday****Saturday**

		1 10:00 Outdoor Social on the Patio  2:30 Arts & Crafts	2 10:00 Catholic Church Service  1:30 Jehovah's Witness Bible Stories  2:45 Games or Cards	3 10:30 Coffee & Social  2:30 Happy Hour with Dave Wirtz	4 11:00 Cathy's Bible Study Group  2:30 Bingo	5 11:00 Piano Music with Jill  1:30 Room to Room Visits with Linda  Weekend Popcorn
6 10:00 St. Elizabeth's Catholic Communion  2:30 Music entertainment with Sally & Glen  4:00 Kings of Kings Lutheran	7 <b>National Chocolate Ice Cream Day</b> 10:00 Manicure Monday's  10:30 Music Therapy Session  2:30 Ice Cream Social & Music with Leo Shima	8 10:00 Outdoor Social on the Patio  2:30 June Birthday Party with David Marshall	9 10:00 Methodist Church Service  2:45 Games or Cards	10 <b>National Black Cow Day</b> 10:30 Coffee & Social  2:30 Happy Hour & Music	11 10:45 Rosary Prayer with Marty  2:30 Bingo	12 All Day Independent Activities  1:30 Room to Room Visits with Linda  Weekend Popcorn
13 10:00 St. Elizabeth's Catholic Communion  All Day Independent Activities	14 <b>Flag Day</b> 10:00 Manicure Monday's  10:30 Music Therapy Session  2:30 Movie & Popcorn	15 10:00 Outdoor Social on the Patio  2:30 Bingo	16 10:00 Baptist Church Service  1:30 Jehovah's Witness Bible Stories  2:45 Games or Cards	17 10:30 Coffee & Social  2:30 Happy Hour with the La La Ladies	18 <b>Going Fishing Day</b> 11:00 Cathy's Bible Study Group  2:30 Father's Day Celebration On the Patio with Entertainment	19 All Day Independent Activities  1:30 Room to Room Visits with Linda  Weekend Popcorn
20 <b>Happy Father's Day</b> 10:00 St. Elizabeth's Catholic Communion  4:00 Kings of Kings Lutheran Church Service	21 10:00 Manicure Monday's 10:30 Music Therapy Session 2:30 Snow Cone Social 4:30 Yoga in the courtyard	22 10:00 Outdoor Social on the Patio  2:30 Baking with Activities	23 10:15 Lovely Lane Methodist Church Service  2:45 Games or Cards	24 10:30 Coffee & Social  2:30 Bingo	25  9:00-3:00 Hiawatha Care Center & Promise House Garage Sale	26  9:00-2:00 Hiawatha Care Center & Promise House Garage Sale
27 10:00 St. Elizabeth's Catholic Communion  All Day Independent Activities	28 10:00 Manicure Monday's 10:30 Music Therapy Session  2:30 Corks & Canvas	29 10:00 Outdoor Social on the Patio  2:30 Bingo	30 10:00 Catholic Church Service  2:45 Games or Cards			All Activities are subject to change at any time. Please refer to the daily activity white board located in the dining rooms.