

Hiawatha Care Center Newsletter March 2021





HIAWATHA CARE CENTER

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DEPARTMENT HEADS

Kent Walton ADMINISTRATOR ACCOUNTANT Karen Chadwick Nancy Young DIRECTOR OF NURSING ASSISTANT DIRECTOR OF NURSING Amanda Lauterwasser ASSISTANT DIRECTOR OF NURSING Karmin Boote CERTIFIED DIETARY MANAGER, CFPP Laurie Fish ACTIVITIES DIRECTOR Hannah Waters DIETARY CONSULTANT Linda Green SOCIAL SERVICES DIRECTOR Becky Stebral ENVIROMENTAL SERVICES SUPERVISOR Emma Boote RESTORATIVE THERAPY DIRECTOR Tammy Ronnebaum Kelly VanGinkel CARE PLAN COORDINATOR HUMAN RESURCE DIRECTOR Amanda Kennedy

2021 RESIDENT COUNCIL BOARD MEMBERS

Ron Jorgensen—President
James Vick—Vice President
Carma Reiss —Secretary

If you have any questions or concerns, please report them to your Resident Council Officers.

You may also want to contact a staff member to resolve the issue immediately. Hiawatha Care Center's admissions, room assignment, and resident services are provided without regard to race, creed, color, national origin, religion, or disability.

St. Joseph's Day

St. Joseph's Day or the Feast Day of St. Joseph, became a popular day of celebration for Czechs. The holiday is more common in Europe than America and Czechs share the holiday with Polish and Italians, and particularly Sicilians.

The feast of St. Joseph is celebrated annually on March 19th in honor of St. Joseph, the husband of Mary and stepfather of Jesus.

This holiday takes place during Lent, a time of fasting, and the holiday is traditionally a meatless feast in Europe. In contrast to the green of St. Patrick's Day, Czechs wear red, which is the national color.

We will serve Kolaches
Friday, March 19th at 10:00 a.m.
at our Sip & Social!

Don't forget to wear your red!





Welcome to HCC

Patricia Thomas Eugene Primrose Mary Grafe

Sheila Behn Donald Kvach Mildred Riehl

David Postlethwait Karen Jones Patricia Petty

Stanley Giles



Clifford Kephart

Elva Boyse

Mary Levi

Donald Wullner

Clarence Walton

Sunday	<u>Monday</u>	<u>Tuesday</u>	Wednesday	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
	1 Oatmeal, Sausage Link, Pancakes/ Syrup Lunch: Lasagna, Italian Cauliflower, Garlic Toast, Mint Cheesecake Brownie Dinner: Turkey Vegetables Soup, Crackers, Egg Salad Croissant, Tossed Salad/Dressing, Cinnamon Ap-	2 Cream of Wheat, Cheddar Omelet, Toast, Margarine/Jelly <u>Lunch:</u> Smoked Pork Chop, Baked Potato/Marg. Sour cream, Cabbage Au Gratin, Bread/Butter, Pumpkin Blondie <u>Dinner:</u> Beef Pot Pie w/Cheddar Onion Biscuits, Winter Fruit Cup, Oat-	3 Oatmeal, Skillet Breakfast, Toast, Margarine/Jelly Lunch: Chicken Bowtie Condon Bleu, Broccoli, Garlic Breadstick, Spice Cake w/Brown Butter Frosting Dinner: Honey Garlic Meatballs, Loaded Scalloped Potatoes, Country Trio Vegetables, Bread/Butter,	4 Malt-O-Meal, Sausage Patty, Raisin Toast, Margarine/Jelly <u>Lunch:</u> Philly Steak sandwich w/ Peppers & Onions, Sweet Potatoes Wedges, Salted Caramel Pudding <u>Dinner:</u> Creamy Ham & Bean Chowder, Crackers, Cornbread/Margarine, Tossed Salad/Dressing, Tropical Fruit	5 Oatmeal, Fruit & Yogurt Parfait, Donut Lunch: Creamy Tuna Pasta Parmesan, Cascade Blend Vegetables, Garlic Toast, Strawberry Marshmallow Dessert Dinner: Wisconsin Cheese Soup, Crackers, Sloppy Joe/Bun, Pears,	6 Cream of Wheat, Breakfast Sandwich Lunch: Chicken Strips, Mashed Potatoes, Chicken Gravy, Glazed Carrots, Bread/Marg., Ice Cream Cup Dinner: Dorito Taco Salad, Cheddar Cornbread, Mandarin Oranges, Rice Krispy Square
7 Oatmeal, Little Smokies, Cinnamon Roll Lunch: Turkey Roast, Cornbread Stuffing, Broccoli Florets, Pumpkin Pie/Topping Dinner: Hamburger Deluxe, French Fries, Lettuce/Tomato/Onion, Baked Beans, Tropical Fruit	8 Malt-O-Meal, Fried Egg, Muffin/ Marg. Lunch: Ham Balls, Baked Potato/ Marg., Sunshine Carrots, Bread/ Butter, Blueberries & Cream Angel Dessert Dinner: Loaded Chicken Noodle Soup, Everything Ham * Cheese Slid-	9 Oatmeal, Hard Boiled Egg, Bacon, Toast, Margarine/Jelly Lunch: Country Fried Steak, Mashed Potatoes, Country Gravy, Brown Sugar Glazed Beets, Cookie Dough Cheesecake Dinner: Chili, Chili Fixin's, Crackers, Tossed Salad/Dressing, Pineapple	10 Cream of Wheat, Scrambled Egg/ Cheese, Toast/Margarine/Jelly Lunch: Glazed Meatloaf, Mixed Vege- tables, Mashed Potatoes/Marg, Din- ner Roll/Marg., Chocolate Chip Cook- ie Dinner: Gravy Fries w/ Shredded Beef Platter, Carrots, Bread/Butter,	11 Oatmeal, Poached Egg, Toast, Margarine/Jelly, Banana Half <u>Lunch:</u> Honey Dijon Pork Loin, Baked Sweet Potato, Bread/Butter, Nor- mandy Vegetables, Cherry Crisp <u>Dinner:</u> Cheeseburger Soup, Cheese Stuffed Breadstick, Apricots, No Bake Peanut Butter Bar	12 Malt-O-Meal, Sausage Gravy, Biscuit Lunch: Breaded Cod Scrod, Bread/ Butter, Herbed Rice, Cauliflower Au Gratin, Cranberry Orange Cake Dinner: Taco Mac & Cheese, Tossed Salad/Dressing, Green Beans, Cornbread Muffin, Fruited Gelatin	13 Oatmeal, Scrambled Egg Patty, Toast, Margarine/Jelly Lunch: Cheddar Wurst/Bun, Sweet Pepper Slaw, Potato Salad, Tapioca Pudding w/ topping & Cherry Garnish Dinner: Creamed Chipped Beef over Toast, Peas, Peaches, Brownie
14 Cream of Wheat, Ham & Egg Frittata, Toast, Margarine/Jelly Lunch: Pork Roast, Mashed Potatoes, Pork Gravy, Brussels Sprouts, Dinner Roll/Marg., Pie Dinner: Chicken Parmesan Soup, Tossed Salad/Dressing, Garlic Toast, Applesauce	15 Oatmeal, Poached Egg, Toast, Margarine/Jelly Lunch: Spaghetti/Meat Sauce, Italian Blend Vegetables, Garlic Breadstick, Pumpkin Bar Dinner: Fish Sandwich, Tartar Sauce, French Fries, Green Beans, Apricots	16 Malt-O-Meal, Bacon, Scrambled Egg Patty, English Muffin, Margarine/ Jelly Lunch: Ranch Chicken Breast, Baked Potato/Marg, Sour Cream, Carpi Blend Vegetables, Bread/Butter, Flamingo Cake Dinner: Cream of Potato Soup, Crackers, Turkey & Swiss Croissant	17 Oatmeal, Sausage Patty, Long John Lunch: Corned Beef, Red Potatoes, Cabbage & Carrots, Rye Bread, Pie Dinner: Cream of Tomato Soup, Grilled Cheese Sandwich, Coleslaw, Winter Fruit Cup	18 Cream of Wheat, Fried Egg, Toast, Margarine/Jelly Lunch: Mulligan Stew, Crackers, Cottage Cheese Fruit Plate, Cinnamon Roll Cake Dinner: Clam Chowder or Cheesy Broccoli Soup, Cheese Stuffed Breadstick, Peas Salad, Strawberry Pretzel Dessert	19 Oatmeal, Sausage Link, Pancakes/ Syrup Lunch: Chicken Cordon Bleu, Party Potatoes, Lemon Glazed Carrots, Dinner Roll, Pie Dinner: Beef & Noodles, Cascade Blend Vegetables, Fresh Baked Bread, Fruited Gelatin	20 Malt-O-Meal, Scrambled Egg, Toast, Margarine/Jelly Lunch: Salisbury Bury Steak w/ Mushroom Gravy, Mashed Potatoes, Green Beans, Bread/Marg. Cake Roll Dinner: Chicken Enchilada Casserole, Mexican Rice, Corn, Fruit Cocktail
21 Oatmeal, Scrambled Egg Patty, Donut <u>Lunch:</u> Baked Ham, Yam Souffle, California Vegetables, Dinner Roll, Pie <u>Dinner:</u> Hamburger/Bun, Lettuce/ Tomato/Onion, Potato Salad, Carrots, Chocolate Chip Cookie	22 Cream of Wheat, Little Smokies, Muffin/Margarine Lunch: Chicken Strips, Mashed Potatoes, Chicken Gravy, Country Trio Vegetables, Bread/Butter, Strawberry Cheesecake Dinner: Supreme Pizza, Mixed Vegetables, Toss Salad/Dressing, Mandarin Oranges	23 Oatmeal, Sausage Link, Pancake/ Syrup Lunch: Italian Cannelloni w/ Blushed Sauce, Riviera Vegetables, Garlic Toast, Chocolate Toffee Dessert Dinner: Steakhouse Vegetable Soup, Crackers, Roast Beef & Cheddar Sandwich, Lettuce/Tomato, Pineapple	24 Malt-O-Meal, Everything Bagel Bake Lunch: Herbed Pork Loin, Scalloped Potatoes, Zucchini Parmesan, Bread/ Marg, Autumn Gelatin Parfait Dinner: Roast Turkey French Dip, Dill Pickle Pasta Salad, Marinated Tomatoes & Cucumbers, Pears	25 Oatmeal, Hard Boiled Egg, Wheat Toast, Margarine/Jelly <u>Lunch:</u> BBQ Meatloaf, Macaroni & Cheese, parslied Carrots, Caramel Apple Bar <u>Dinner:</u> Cuban Slider, French Fries, Zesty Corn, Fruit Cocktail	26 Cream of Wheat, Sausage Gravy, Biscuit Lunch: Breaded Cod Scrod, Tartar Sauce, Garden Blend Rice, Broccoli, Blueberry Lemon Upside Down Cake Dinner: Homemade Chili, Crackers, Cinnamon Roll, Tossed Salad/Drsg, Peaches	27 Oatmeal, Scrambled Egg/Cheese, Toast, Margarine/Jelly Lunch: Country Fried Steak, Mashed Potatoes, Country Gravy, Capri Blend Vegetables Dinner: Pork Tenderloin on Bun, Pickles & Onions, Sweet Potato Tots, Coleslaw, Pumpkin Crisp
28 Malt-O-Meal, Poached Egg, Cinnamon Coffee Cake Lunch: Roast Beef, Mashed Potatoes, Beef Gravy, Seasoned Peas, Dinner Roll/Marg, Pie Dinner: BBQ Ribette/Bun, Cheesy Hash browns, Green Beans, Strawberries & Bananas	29 Oatmeal, Sausage Link, Pancakes/ Syrup <u>Lunch:</u> Lasagna, Italian Cauliflower, Garlic Toast, Mint Cheesecake Brownie <u>Dinner:</u> Turkey Vegetables Soup, Crackers, Egg Salad Croissant, Tossed Salad/Dressing, Cinnamon Applesauce	30 Cream of Wheat, Cheddar Omelet, Toast, Margarine/Jelly Lunch: Smoked Pork Chop, Baked Potato/Marg. Sour cream, Cabbage Au Gratin, Bread/Butter, Pumpkin Blondie Dinner: Beef Pot Pie w/Cheddar Onion Biscuits, Winter Fruit Cup, Oatmeal Raisin Cookie	31 Oatmeal, Skillet Breakfast, Toast, Margarine/Jelly Lunch: Chicken Bowtie Condon Bleu, Broccoli, Garlic Breadstick, Spice Cake w/Brown Butter Frosting Dinner: Honey Garlic Meatballs, Loaded Scalloped Potatoes, Country Trio Vegetables, Bread/Butter, Peaches		HCC Meal	

Valentines Day Party



2021 Valentines King & Queen







Congratulations
Clyde Straka & Jeanette Robinson

March 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy	1 10:00 Manicure Monday	2 10:00 Bingo with Hannah	3 AM. Morning Room to Room visits with Mary	4 AM. News & Social with Kyann	5 AM. Sip & Social with Tressa	6 10:00 Morning Movie
St. Patricks Day	2:30 Happy Hour with Music	PM. Reminisce with Kyann	PM. Cards or Games with Friends	PM. Movie & Snacks	PM. Bingo with Tressa	4:00 Afternoon Social & Snacks in SW dining room
7	8	9	10	11	12	13
10:00 Resident Social Time 4:30 King of Kings Lutheran	10:00 Manicure Monday	10:00 Catholic Church Service	AM. Morning Independent In Room Activities	10:30 Sip & Social	10:45 Rosary Prayer with Marty	10:00 Morning Movie
Church Service on TV in SW Dining Room	2:30 Movie & Popcorn	2:30 March Birthday Party	2:30 Cards & Games	2:30 Happy Hour	2:30 Bingo	4:00 Afternoon Social & Snacks in SW dining room
14	15	16	17 St. Patrick's Day	18	19 St. Josephs Day	20
10:00 Resident Social Time	10:00 Manicure Monday	10:00 Fitness Fun with	AM. Morning Independent	11:00 Cathy's Bible Study	10:30 Sip & Social with	10:00 Morning Movie
4:30 Lovely Lane Methodist Church Service on TV in SW Dining Room	2:00 Women's Spa Day	Activities 2:30 Corks & Canvas	In Room Activities 2:30 St. Patrick's Happy Hour Party	Group 2:30 Games or Cards	Kolaches 2:30 Bingo	4:00 Afternoon Social & Snacks in SW dining room
21	22	23	24	25	26	27
10:00 Resident Social Time	10:00 Manicure Monday	10:00 Catholic Church Service	AM. Morning Independent	10:30 Sip & Social	10:45 Rosary Prayer with	10:00 Morning Movie
4:30 King of Kings Lutheran Church Service on TV in SW			In Room Activities		Marty	10:00 Farkle with Hannah
Dining Room	2:30 Men's Social Group	2:30 Baking with Activities	2:30 Cards & Games	2:30 Happy Hour	2:30 Bingo	4:00 Afternoon Social & Snacks in SW dining room
28	29	30	31	All Activities are subject		
10:00 Resident Social Time	10:00 Manicure Monday	10:00 Catholic Church Service	AM. Morning Independent	to changes at any time.		
4:30 Lovely Lane Methodist Church Service on TV in SW			In Room Activities	Please refer to the daily		
Dining Room	2:30 Ice cream Social	2:30 Buck-out Bingo	2:30 Cards & Games	white board in each dinging room!		