

# Hiawatha Care Center Newsletter May 2020



MAY YOU BE PROUD  
OF THE WORK YOU DO  
THE PERSON YOU ARE  
AND THE DIFFERENCE  
YOU MAKE

## National Nursing Home Week 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Mother's Day</b> Choice of Juice Glazed Donut Sausage Links Milk	<b>National Eat What You Want Day</b> Choice of Juice Malt-O-Meal Banana Half Cheese Omelet Wheat Toast Margarine/Jelly Milk	<b>National Limerick Day</b> Choice of Juice Oatmeal Sausage Patty Cinnamon Coffee Cake Margarine Milk	<b>National Apple Pie Day</b> Choice of Juice Cream of Wheat Pancakes/Syrup Bacon Milk	<b>National Buttermilk Biscuit Day</b> Choice of Juice Malt-O-Meal Sausage Gravy Over Biscuit Banana Half Milk	<b>National Pizza Party Day</b> Choice of Juice Oatmeal Hot Breakfast Slider on English Muffin Milk	<b>National Chocolate Chip Day</b> Choice of Juice Cream of Wheat Wheat Toast Margarine/Jelly Hard Boiled Egg Milk
Chicken Cordon Bleu Au Gratin Potatoes Cascade Vegetables Dinner Roll Lemon Meringue	Salad Bar Assorted Dressings Assorted Crackers Lemon Angel Dessert Milk	Hot Dog/Bun Catsup/Mustard Baked Beans Creamy Cheddar Broccoli Salad Watermelon Slice Milk	Bacon Wrapped Pork Loin Baked Potato/Marg. Sour Cream Riviera Vegetables Dinner Roll/Marg. Apple Pie	Walking Tacos Shredded Lettuce/Tomatoes Chuckwagon Corn Peaches Milk	Pizza Slice Mixed Vegetables Tossed Salad/Dressing Chocolate Chip Cookie Milk	Spaghetti/Meat Sauce Italian Herb Green Beans Garlic Bread Frosted Brownie Milk
Goulash Glazed Baby Carrots Garlic Breadstick Peaches Milk	Hamburger on Bun Lettuce/Tomato/Onion Potato Salad Ice Cream Cup Milk	Turkey Club Sandwich/ Croissant Coleslaw Pickled Beets Chocolate Mousse Milk	Brisket Slider Macaroni & Cheese Carrots Fruit Cocktail Milk	Chicken Strips Cheesy Hash Browns Asparagus Snickerdoodle Cookie Milk	Breaded Fish Sandwich Tartar Sauce Sweet Potato Wedges Coleslaw Sherbet Cup	Scalloped Potatoes & Ham Peas & Carrots Bread/Marg. Mandarin Oranges Milk



# HIAWATHA CARE CENTER

405 N 15TH AVENUE, HIAWATHA, IA 52233

319-378-8583

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kwalton@hiawathacarecenter.com

## DEPARTMENT HEADS

ADMINISTRATOR	Kent Walton
ACCOUNTANT	Karen Chadwick
DIRECTOR OF NURSING	Nancy Young
ASSISTANT DIRECTOR OF NURSING	Amanda Lauterwasser
ASSISTANT DIRECTOR OF NURSING	Karmin Boote
CERTIFIED DIETARY MANAGER, CFPP	Laurie Fish
ACTIVITIES DIRECTOR	Hannah Waters
DIETARY CONSULTANT	Linda Green
SOCIAL SERVICES DIRECTOR	Becky Stebral
ENVIROMENTAL SERVICES SUPERVISOR	Donna Radeke
RESTORATIVE THERAPY DIRECTOR	Tammy Ronnebaum
CARE PLAN COORDINATOR	Kelly VanGinkel
HUMAN RESOURCE DIRECTOR	Amanda Kennedy

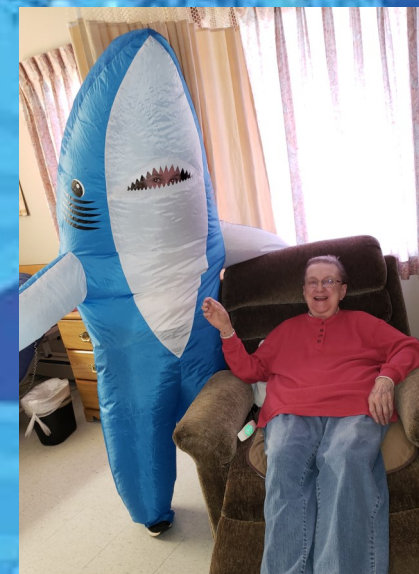
## 2019 RESIDENT COUNCIL BOARD MEMBERS

Ron Jorgensen—President

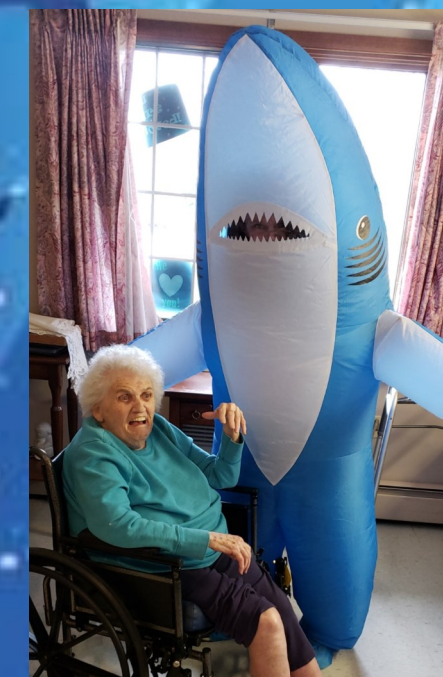
Vonnie Higginbotham—Vice President

Eileen Baird—Secretary

If you have any questions or concerns, please report them to your Resident Council Officers. You may also want to contact a staff member to resolve the issue immediately. Hiawatha Care Center’s admissions, room assignment, and resident services are provided without regard to race, creed, color, national origin, religion, or disability.



# Shark Visits



# Baby Shark....

Doo  
Doo  
Doo





# May Birthdays



Shirley Ely May 11th, 1929  
91 years young

Vonnie Higginbotham May 11th, 1941  
79 years young

John McNabb May 16th, 1925  
95 years young

Mary Alice Levi May 23rd, 1929  
91 years young

Virginia Wilson May 27th, 1924  
96 years young



# Welcome to HCC



- |                |                  |                 |
|----------------|------------------|-----------------|
| Joe Nizolek    | Paulette Goedken | Neva Griem      |
| William Fisher | Janice Smith     | Ardeth Fevold   |
| Beverly Wilson | Cletus Timp      | Phyllis Atwood  |
| Brenda Goff    | James Vick       | Jeanette Kvach  |
| Fatima Olwan   | Irene Trampel    | William Rupp    |
| Richard Morris | Gene Mesplay     | Richard Zimpfer |



# In Loving Memory



- Lois Hagedorn
- |                |                    |
|----------------|--------------------|
| Don Behounek   | Joan Fitzpatrick   |
| Dr. Paul Smith | Margueritte Hostak |
| Norma Tyler    | Philip Carter      |



# Video Chatting

Families, you can email or call the activities department to set up a time to video chat with your loved one.

These are scheduled on a weekly basis Monday through Friday.

We use Facetime, Duo, or Zoom.



# Window Visits

You can call to set these up with any staff member all week long.

Please give staff at least a 1/2 hour notice before coming, so they may have your loved one to the window when you arrive.

We ask when you are at the window to please wear a mask; if you do not have one, we will provide one for you.



## Super Hero Day at Hiawatha



## Thank You Everyone

At this time, Hiawatha Care Center would like to thank everyone for their thoughts, prayers, and generous donations.

All masks, gowns, head bands, ear protectors, and face shields have been utilized to their full capacity.

All of the food donated to the staff is much appreciated.

Thank you for all of the items, cards, and letters sent to our residents, they have been enjoyed.

Once again thank you to everyone that has gone out their way to help us.

-The Staff & Residents of HCC



## Family Holidays Events

Due to our current situation, we have decided to postpone our Mother's Day Celebration at this time.

We will keep you up to date when this is rescheduled.

Thank you!



## Did your email change?

Families, just as a reminder that if your email changes, please update our facility. We want to continue to keep everyone informed of the changes that occur around the building.

Thank You.



Sun

Mon

Tue

Wed

Thu

Fri

Sat



2020



1 Cream of Wheat, Scrambled Eggs w/ Cheese, Toast, Margarine/Jelly, Lunch #1 Breaded Chicken Fillet on Bun, Mayo, Lettuce & Tomato, #2 Popcorn Shrimp, Cocktail Sauce, Country Trio Veggies, Cheddar Garlic Biscuit/Margarine Sides: French Fries, Frosted Cake, Supper #1 Tomato Soup, Grilled Cheese Sandwich, Marinated Cucumbers, #2 Tater Tot Casserole, Green Beans, Bread/Butter, Sides: Apricots

2 Malt-O-Meal, Sausage Patty, Blueberry Muffin, Lunch #1 Chili, Chili Fixins, Crackers, Cinnamon Roll/Frosting, #2 Turkey & Swiss Sandwich, Potato Chips Sides: Tossed Salad/Dressing, Pears, Supper #1 Taco Salad, Shredded Lettuce/Tomato/Cheese, Salsa/Sour Cream, #2 Battered Cod, Tartar Sauce, Ranch Tater Tots, Riviera Vegetables, Fresh Baked Bread Sides: Mandarin Oranges

3 Oatmeal, Sausage Link, Strudel Stick Lunch #1 Baked Ham, Dilled Carrots #2 Turkey Roast, Corn, Sides: Baked Potato/Marg, Dinner Roll, Pie, Supper #1 Smoked Pulled Pork/Bun, #2 Boneless Chicken Wings, Bread/Butter, Sides: Parmesan French Fries, Capri Blend Veggies, Peaches

4 Cream of Wheat, Fried Egg, Toast, Margarine/Jelly, Lunch #1 Swiss Steak w/ Tomatoes, #2 Sweet & Sour Meatballs Sides: Mashed Potatoes/Marg, Green Beans, Bread/Butter, Pear Upside Down Cake, Supper #1 Philly Joe on Bun, Ranch Tater Tots, #2 Vegetable Soup, Crackers, Deli Roast Beef Sandwich, Sides: Tropical Fruit, Ice Cream

5 Malt-O-Meal, Sausage Patty, Cinnamon Roll, Lunch #1 Glazed Meatloaf, Hashbrown Casserole, #2 Cod Scrod, Tartar Sauce, Roasted Potato Medley Sides: Sourdough Bread/Butter, Riviera Vegetables, Apple Crisp, Supper #1 Turkey Stuffing Bake, Peas, #2 Taco in a Bag, Shredded Lettuce/Tomato, Sides: Strawberries

6 Oatmeal, Hard Boiled Egg, Toast, Margarine/Jelly, Melon Cup, Lunch #1 Country Fried Steak, Mashed Potatoes, Country Gravy, Bread/Butter, #2 Breaded Fish Sandwich, Tartar Sauce, Potato Wedges, Sides: Cascade Vegetables, Frosted Pumpkin Bar, Supper #1 Broccoli Cheese Soup, Crackers Turkey Sandwich, #2 Hamburger/Bun, Lettuce/Tomato/

7 Cream of Wheat, Glazed Donut, Fruit & Yogurt Parfait, Lunch #1 Chicken Tenders, Cheddar Cheese Munchers, Coleslaw, Bread/Butter, #2 Sloppy Joe on Bun, Sides: Peach Crisp, Supper #1 Savory Beef Stroganoff, Noodles, Carrots, Fresh Baked Bread, #2 Cheeseburger Soup, Crackers, Ham Sandwich, Sides: Fruited Gelatin

8 Malt-O-Meal, Bacon, English Muffin Lunch #1 Battered Tilapia, Tartar Sauce, Potato Casserole, Bread/Butter, #2 Chili Mac, Cornbread Muffins, Sides: Asparagus, Lemon Cheesecake, Supper #1 Turkey Burger/Bun, Lettuce/Tomato/Onion, Pasta Salad #2 Chef's Salad, Assorted Crackers, Sides: Apricots

9 Oatmeal, Sausage Gravy, Biscuit Lunch #1 Lasagna, Peas, #2 Ham, Mashed Potatoes/Marg. Sides: Tossed Salad/Dressing, Garlic Bread, Frosted Cake, Supper #1 Chicken Enchilada Casserole, Mexican Rice, #2 Hot Dog/Bun, Potato Salad, Sides: Country Trio Veggies, Peach Slices

10 Oatmeal, Scrambled Egg, Long John, Lunch #1 Beef Pot Roast, Sunshine Carrots #2 Honey Garlic Pork Chop, Broccoli Florets, Sides: Party Potatoes, Dinner Roll/Marg, Pie Supper #1 Hearty Sausage Soup, Crackers, Creamy Cucumber Salad, #2 Cheddar Omelet, Tomato Juice, Sides: Garlic Toast, Mandarin Oranges

# National Nursing Home Week

1618 Oatmeal, Sausage Gravy over Biscuit, Lunch #1 Swedish Meatballs, Cheesy Party Potatoes, Sunshine Carrots, Bread/Marg. #2 Chef Salad/Dressing, Bread/Marg, Sides: Applesauce Gelatin, Supper #1 Pulled Pork Mac & Cheese, Bread/Marg. Cascade Blend Vegetables, #2 Vegetable Beef Soup, Ham Sandwich, Sides: Sweet Pepper Slaw, Ice

17 Oatmeal, Scrambled Egg/Cheese, Cinnamon Roll/Frosting, Lunch #1 Chicken Breast Tenders, Mashed Potatoes, Chicken Gravy, Creamy Coleslaw, #2 Scalloped Potatoes & Ham, Peas, Sides: Dinner Roll/Marg, Pie, Supper #1 Hot Dog/Bun, Potato Salad, #2 Sloppy Joe/Bun Potato Chips, Sides: Carrots, Mandarin Oranges

18 Cream of Wheat, Scrambled Egg Patty, Bacon, Toast, Lunch #1 Spaghetti/Meatsauce, Toss Salad/Dressing, #2 Breaded Fish Filet, Tartar Sauce, Cheesy Mashed Potatoes, Sides: Garlic Toast, Triple Fudge Brownie, Supper #1 Turkey Burger on Bun, #2 Bratwurst Pattie on Bun, Sides: Lettuce/Tomato/Onion, Scalloped corn, Fresh Grapes

19 Malt-O-Meal, Sausage Link, Pancakes/Syrup, Banana Half, Lunch #1 Caribbean Pork chop, Mixed Vegetables, #2 Ranch Chicken Breast, Asparagus, Baked Sweet Potato, Bread/Marg. Lime Crunch, Supper #1 Chicken Caesar Salad, Tomato Wedges, Assorted Crackers, Cucumber Slices, #2 Shepherd's Pie, Green Beans, Sides: Jell-O Cake

20 Oatmeal, Fried Egg, Toast, Lunch #1 Hot Beef Sandwich, Mashed Potatoes, Beef Gravy, #2 Pulled Pork on Bun, Cheddar Cheese Munchers, Sides: Lemon Glazed Carrots, Peach Cobbler Cake, Supper #1 Homemade Vegetable Beef Soup, Salami & Swiss on Focaccia Square/Lettuce & Tomato, #2 Cheese Omelet, Tomato Slices, Potatoes Wedges, Sides: Apricots

21 Cream of Wheat, Fruit & Yogurt Parfait, Donut, Lunch #1 Smothered Chicken, Garden Blend Rice, #2 Swiss Steak w/ tomatoes, Mashed Potatoes/Marg., Sides: Broccoli, Toss Salad/Dressing, Cherry Chocolate Crisp, Supper #1 Meatball Sub Sandwich, #2 Deli Roast Beef Sandwich, w/ Lettuce & Tomato, Sides: Pasta Salad, Dilly Green Bean Salad, Scotcheroos

22 Malt-O-Meal, Sausage Gravy, Biscuit, Lunch #1 Tavern Battered Cod, Tartar Sauce, Fried Potatoes, Country Fried Steak, Country Trio Vegetables, Bread/Butter, #2 Chef Salad/Dressing, Cheddar Garlic Biscuit, Sides: Lemon Angel Dessert, Supper #1 Chicken & Noodles, Cascade Blend Vegetables, #2 Taco in a Bag, Shredded Lettuce/Tomato, Sides: Fruit Cocktail, Snickerdoodle Cookie

23 Oatmeal, Hard Boiled Egg, Toast/Jelly, Lunch #1 Hamburger on Bun, Potato Salad, Lettuce, Tomato, Onion, #2 Cottage Cheese/Fruit, Crackers, Sides: Watermelon, Supper #1 Turkey Provolone Croissant, Potato Chips, Toss Salad/Dressing, #2 Sweet & Sour Meatballs, Parsley Noodles, Sides: Berry Cup

24 Cream of Wheat, Poached Egg, Danish, Lunch #1 Baked Ham, Dilled Carrots, #2 Herb Baked Chicken, Cascade Blend Veggies, Sides: Party Potatoes, Dinner Roll/Marg., Pie, Supper #1 Denver Hashbrown Casserole, Cinnamon Roll, #2 Cheddarwurst on Bun, Ranch Pasta Salad, Sides: Capri Blend Veggies, Sunrise Fruit Blend

25 Malt-o-Meal, Scrambled Egg, Toast, Lunch #1 Beef & Noodles, #2 Maple BBQ Pork Chop, Mashed Potatoes/Marg. Sides: Asparagus w/ Bacon, Bread/Marg, Angle Food Cake, w/ Strawberries, Whipped Topping, Supper #1 Country Fried Steak, Mashed Potatoes, Country Gravy, Riviera Vegetables, #2 Cream of Potato Soup, Chicken Salad on Tomato Slices, Sides: Tapioca Pudding

26 Oatmeal, Blueberry Toast, Sausage Link, Lunch #1 BLT Sandwich, Cottage Cheese, Potato Chips, #2 Tavern Battered Cod, Tartar Sauce, French Fries, Mixed Vegetables, Sides: Fresh Melon Cup, Supper #1 Fiesta Potato Platter, Shredded Lettuce/Tomato, Sour Cream, #2 Bratwurst Pattie/Bun, Lettuce/Tomato/Onion, Sides: Cascade Blend Veggies,

27 Cream of Wheat, hard Boiled Egg, Toast, Banana Half, Lunch #1 Baked Pork Chop, Mashed Potatoes, Pork Gravy, #2 Loaded Baked Potato, Broccoli/Cheese Sauce, Diced Ham, Sour Cream, Sides: Garlic Breadstick, Cherry Fluff, Supper #1 Philly Steak Sandwich, Roasted peppers & Onions, #2 Chicken Breast Tenders, Peas, Sides: Potato Salad,

28 Malt-O-Meal, Breakfast Sandwich, Lunch #1 Meatloaf, #2 BBQ Ribette, Sides: Baked Sweet Potato, Capri Blend Veg, Bread/Marg, Cream Puff Dessert, Supper #1 Turkey Swiss Sandwich, Lettuce/Tomato, Potato Chips, #2 Hamburger on Bun, Lettuce/Tomato/Onion, Peas & Carrots, Sides: Pears

29 Oatmeal, Fried Egg, Toast, Margarine/Jelly, Lunch #1 Hamburger Steak w/ Gravy, #2 Salmon Patty/Dill Sauce, Sides: Fried Potatoes, Green Beans, Bread/Butter, Frosted Brownie, Supper #1 Ham Pasta Salad, Tomato Wedges, Deviled Egg Halves, #2 Italian Goulash, Carrots, Sides: Fresh Baked Bread, Tropical Fruit

30 Cream of Wheat, Fruit & Yogurt Parfait, Wheat Toast, Lunch #1 Chicken Fajita Pata Bake, Riviera Vegetables, Bread/Marg. #2 Chef Salad, Crackers, Sides: Fruited Gelatin, Supper #1 Scalloped Potatoes & Ham, Mixed Vegetables, #2 Smothered Beef & Bean Burrito, Shredded Lettuce/Tomato, Potato Wedges, Sides: Mandarin Oranges, Sherbet

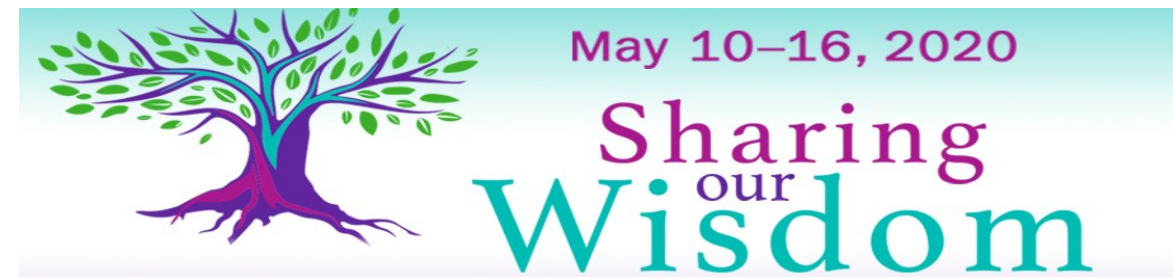
31 Malt-O-Meal, Sausage Patty, Glazed Long John, Lunch #1 Herbed pork Loin, Peas, #2 Chicken Tenders, Broccoli Cuts, Sides: Baked Sweet Potato/Marg. Dinner Roll/Marg, Pie, Supper #1 Sweet & Sour Meatballs, Bread/Butter, Sweet Macaroni Salad, #2 Pulled Pork on Bun, Parmesan French Fries, Sides: Cascade Blend Vegetables, Blushing Pears







# Hiawatha Easter 2020



## National Nursing Home Week Fun

### Monday, May 11: "High School Throw Back Day"

*Dress up like you did in High School*

- The Balloon Lift off
- Horse Meet and Greet
- Picture Judging Contest "all week long"
- Hiawatha Hallway Scavenger Hunt

### Tuesday, May 12th: "Team Nerd or Team Jock Day"

*Are you going to be a nerd or jock?*

- Outdoor teamwork activities & games
- Science experiments and snacks

### Wednesday, May 13th: "Red, White, & Blue Day"

*Wear your red, white, blue*

- Homemade dessert judging contest
- Hiawatha Care Center & Promise House parade

### Thursday, May 14th: "Favorite Disney Character Day"

*Dress as your favorite Disney Character*

- Belles Brunch Bunch
- Mad Hatters Tea Party

### Friday, May 15th: "Freaky Friday"

*Switch places with someone for the day*

- Freaky Friday Movie
- Bonkers Bingo



# Resident of the Month



**Ann Negro**

Ann was born July 1st, 1927 on a farm in Eldora, Iowa.

Ann grew up with her sister in Cedar Rapids.

She graduated High School in 1945 from St. Matthews; she went on to continue her education at Mt. Mercy College.

While in college, Ann met her husband through her best friend.

They got married on June, 5th 1948 at St. Matthews Church.

Ann is the mother to 10 wonderful kids.

They always say, "They have the Best Mom."

While the kids were in school or out of the house, she went work in the cafeteria at St. Matthews school. After a few years, she became the head of the cafeteria.

Ann enjoys spending time with her family, playing bridge with her friends, and traveling. She enjoyed going to Germany, Italy, and Ireland.

Ann has been at the Hiawatha Care Center since June of 2017.

Fun Fact: Ann's mother and Father were both former residents of Hiawatha Care Center.



# Hiawatha Coffee Café



**Thank you  
Starbucks for your  
cup donation to our  
residents.**



<sup>9</sup> **Wednesday, May 13th at 3:00pm join us for our**  
**Social Distancing Car Parade.**

At 3pm , parade participants will line up at St. Elizabeth's parking lot.

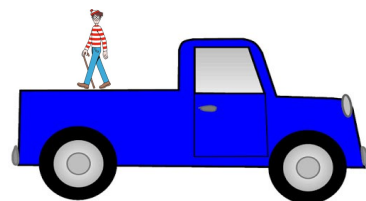
You will then follow the signs leading you to Promise House then to the Hiawatha Care Center.

*We are asking that you do not get out of your vehicles during the parade or while waiting for it to begin. We want to keep the flow of the parade and achieve social distancing for the safety of all involved.*

**Please RSVP** so that activities may have an idea how many people are attending the Car Parade.

If rain is in the forecast we will line the residents up at the windows to see.

If you have any questions please email or call Hannah Waters or Carlie Newtown at (319) 378-8583  
hwaters@hiawathacarecenter.com  
cnewton@hiawathacarecenter.com



## May Employee of the Month



Amanda Lauterwasser A.D.O.N

*Amanda has been with the Hiawatha Care Center since 2004.*

*She started out as a CNA and then in 2007 she became a LPN. She continued to further her education while working at HCC. In 2008, she graduated with her RN. She accepted the position of the Hiawatha Care Center's Assistant Director of Nursing in 2019.*

*"Amanda goes above and beyond for the residents and staff"*

*"During these difficult and unknowing times, she has prepared our staff to protect our residents from the virus"*

*"She always has a positive attitude"*



*"She is great at multitasking"*

*"She is a great example of a team leader"*

*Amanda, thank you for all of your hard work and commitment you put in to our residents and staff.*



# May 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>All activities are subject to change.</b>					<b>1 <u>Happy May Day</u></b> 10:00 May Day Basket 10:30 Mother Goose Window Visits East Dining room 2:30 Bingo 4:30 1 to 1 with Carlie	<b>2 Snack Station (NW/SW/NE)</b>  Staff Picked Movie
<b>3</b> 9:30 Sunday TV Church Channel 20 & 21 Imon  *All Day Indep. Room Activities	<b>4 <u>Stars Wars Day</u></b> 10:00 Exercise with Activities <b>2:30 Resident Council Meeting</b> 3:00 Star Wars Movie Day 4:00 Music Therapy Group	<b>5 <u>Cinco De Mayo</u></b> 9:45 Catholic Church on TV 2:30 Cinco De Mayo Party 4:30 Nail Care with Activities	<b>6 <u>Nurses Day</u></b> 10:00 Crafts with Activities 2:30 Video Art with Xene 4:00 Music Therapy Group	<b>7</b> 10:00 Exercise 2:30 Bingo 4:30 Book Reading With Carlie	<b>8</b> 10:00 Brunch Bunch 2:30 Outdoor Happy Hour 4:30 1 to 1 with Carlie	<b>9 Popcorn Station (NW/SW/NE)</b>  Staff Picked Movie
<b>10 <u>Mother's Day</u></b> 9:30 Sunday TV Church Channel 20 & 21 Imon *All Day Indep. Room Activities	<b>11 <u>High School Throw Back</u></b> 10:30 Balloon Lift off 11:00 Horse Meet & Greet 2:30 Hallway Scavenger Hunt 4:00 Music Therapy Group	<b>12 <u>Team Nerd or Team Jock</u></b> 9:45 Catholic Church on TV 10:30 Outdoor Fun & Games 2:30 Fun Science Experiments 4:30 1 to 1 with Carlie	<b>13 <u>Red/White/Blue Day</u></b> 10:15 Dessert Judging Contest 3:00 HCC Car Parade 4:00 Music Therapy Group 4:30 Movies & Games	<b>14 <u>Disney Character Day</u></b> 10:00 Belle's Brunch Bunch 2:30 Mad Hatters Tea Party 4:30 Book Reading With Carlie	<b>15 <u>Freaky Friday Day</u></b> 10:00 Freaky Friday Movie 2:30 Bonkers Bingo 4:30 1 to 1 with Carlie	<b>16 Popcorn Station (NW/SW/NE)</b>  Staff Picked Movie
<b>17</b> 9:30 Sunday TV Church Channel 20 & 21 Imon  *All Day Indep. Room Activities	<b>18</b> 10:00 Nailcare & Hair Do's 2:30 Baking with Activities 4:00 Music Therapy Group	<b>19</b> 9:45 Catholic Church on TV 2:30 Movies & Popcorn 4:30 Games with Carlie	<b>20</b> 10:00 Exercise Fun 2:30 Gardening Fun 4:00 Music Therapy Group	<b>21</b> 10:00 Brunch Bunch 2:30 Happy Hour 4:30 Book Reading With Carlie	<b>22</b> 10:00 Exercise Fun 2:30 Bingo 4:30 1 to 1 with Carlie	<b>23 Popcorn Station (NW/SW/NE)</b>  Staff Picked Movie  10:00 Farkle Fun
<b>24</b> 9:30 Sunday TV Church Channel 20 & 21 Imon  10:00 Reminisce with Hannah	<b>25</b> <h2 style="margin: 0;">Memorial Day</h2> 	<b>26</b> 9:45 Catholic Church on TV 2:30 Outdoor Crafts & Snacks 4:30 1 to 1 with Carlie	<b>27 <u>Senior Health &amp; Fitness Day</u></b> 10:00 Exercise Fun 2:30 Outdoor Activities & Games 4:00 Music Therapy Group	<b>28</b> 10:00 Brunch Bunch 2:30 Happy Hour 4:30 Book Reading With Carlie	<b>29</b> 10:00 Exercise Fun 2:30 Bingo 4:30 1 to 1 with Carlie	<b>30 Popcorn Station (NW/SW/NE)</b>  Staff Picked Movie
<b>31</b> 9:30 Sunday TV Church Channel 20 & 21 Imon					 Can you find the 10 hidden Waldos in the newsletter?	