

A Note from the Kitchen

On May 16th we will be starting our Spring/Summer menus. When the spring/summer menus start there will be two meal selections again.

If you are brining in food for a resident that needs to be refrigerated, please make sure it is dated and labeled thank you.

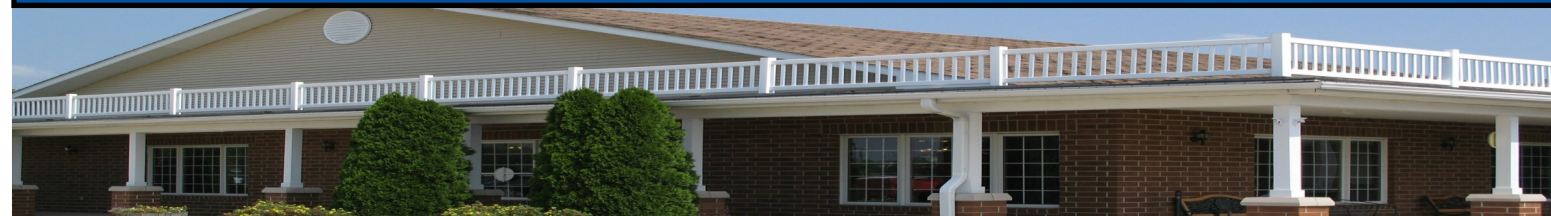
Martin Bros. continues to focus on building a successful future alongside Hiawatha Care Center. We feel it is important to prepare for and explain what we believe could be potentially challenging months ahead as it relates to product availability across the nation.

- Right now, manufacturers are being challenged with:
- Limited availability & increasing costs for raw materials including packaging materials
 - Labor challenges due to COVID
 - Transportation shortages
 - Unprecedented weather

We are working diligently with our suppliers to secure the products needed by our customers, but we know demand is expected to continue to outpace production in the upcoming months.

Our commitment to work hand and hand with Hiawatha Care Center is as strong as ever. If we experience supply chain challenges, our team will work with yours to ensure we have alternative items that your residents will enjoy. We ask that you and your residents be flexible and be open to taking this time to adventure into some new menu items. As always, we appreciate your partnership and look forward to creating delicious and nutritious meals for your community!

Hiawatha Care Center May Newsletter



405 N 15TH AVENUE, HIAWATHA, IA 52233

319-378-8583

hccinfo@hiawathacarecenter.com or kw Walton@hiawathacarecenter.com

May Birthdays

Marilyn Larson 5/4

Carla Bailey 5/5

Virginia Wilson 5/27

Judith Bunney 5/31

May Events

5/6: Mothers Happy Hour

5/10—5/14: National Nursing Home Week

5/31: Memorial Day

In Loving Memory

Judith Briggs

Kathryn Cassidy

Robert Turecek

*To the World
you **MAY** be one person,
but to one person
you **MAY** be the
World
-Dr. Suess*



Welcome to Hiawatha Care Center

Robert Ruble	Nancy Krauth	Cletus Thomas	Georgia Kuhns
Robert Orton	Janice Marckmann	Judith Bunney	Joyce Spaight
Eunice Taylor	Suzan Brown	Elaine Hulseberg	Larry Woolison
Judith Bottomley	Carla Bailey	Randolph Robinson	Ardis Schilling
Mildred Riehl			

At Hiawatha Care Center, we not only emphasize our quality of care, but also our quality of caring!

Department Directory

Administrator	Kent Walton
Accountant	Karen Chadwick
Director of Nursing	Amanda Lauterwasser
Assistant Director of Nursing	Karmin Boote
Social Services Director	Becky Stebral
Assistant Social Services Director	Kristin Voss
Assistant Social Services Director	Kyann Banghart
Care Plan Coordinator	Kelly VanGinkel
Certified Dietary Manager, CFPP	Stephanie Cross
Assistant Dietary Manager CFPP	Shianne Bascom
Dietary Consultant	Linda Green
Activity Director	Hannah Waters
Environmental Service Supervisor	Emma Boote
Restorative Therapy Director	Tammy Ronnebaum
Human Resource Director	Amanda Kennedy

2021 Resident Council Board Members

Ron Jorgensen—President
James Vick—Vice President
Carma Reiss—Secretary

If you have any questions or concerns, please report them to your Resident Council Officers.

You may also want to contact a staff member to resolve the issue immediately.
Hiawatha Care Center's admissions, room assignment, and resident services are provided without regard to race, creed, color, national origin.

National Nurse Home Week

“Through the Seasons”

Monday, May 10th Spring

Wear your Favorite Tied Dyed Shirt Day

10:45 am Balloon Kick off with Promise House
& Mother Goose Dayacare!
2:30 Outdoor Games & Fun!



Tuesday, May 11th Summer

Wear your Favorite Farmers Outfit

10:30 Summer Crafts & Fun!
2:30 Outdoor Animal Social!



Wednesday, May 12th Fall

Wear your Favorite Sports Team Shirt Day

10:30 Baking & Fun with Activities!
6:30: Prom Grand March in the Court Yard!



Thursday, May 13th Winter

Wear your Favorite Christmas Shirt Day

10:30 Hot Coffee & Cocoa Bar!
2:30 Winter Wonderland Happy Hour!



Friday, May 14th: HCC Day

Wear your NEW HCC Shirts

10:30 Reminisce with Activities!
2:30 Extreme Bingo!



National Nursing Home Week 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Mother's Day	Spring	Summer	Fall	Winter	HCC Day	
Choice of Juice Oatmeal Glazed Donut Sausage Links Milk	Choice of Juice Malt-O-Meal Banana Half Cheese Omelet Wheat Toast Margarine/Jelly Milk	Choice of Juice Oatmeal Fruit & Yogurt Parfait Cinnamon Coffee Cake Margarine Milk	Choice of Juice Cream of Wheat Skillet Breakfast Toast Margarine/Jelly Milk	Choice of Juice Malt-O-Meal Sausage Gravy Over Biscuit Banana Half Milk	Choice of Juice Oatmeal Hot Breakfast Slider on English Muffin Milk	Choice of Juice Cream of Wheat Wheat Toast Margarine/Jelly Hard Boiled Egg Milk
Chicken Cordon Bleu Au Gratin Potatoes Cascade Vegetables Dinner Roll Strawberry Cream Pie Milk	Salad Bar Assorted Dressings Assorted Crackers Lemon Angel Dessert Milk	Hot Dog/Bun Catsup/Mustard Baked Beans Creamy Cheddar Broccoli Salad Watermelon Slice Milk	Walking Tacos Shredded Lettuce/ Tomatoes Chuckwagon Corn Fresh Apple Slices Milk	Brisket Slider Macaroni & Cheese Peas & Carrots Strawberry Shortcake Milk	Pizza Slice Mixed Veg- etables Tossed Salad/ Dressing Chocolate Chip Cookie Milk	Spaghetti/Meat Sauce Italian Herb Green Beans Garlic Bread Frosted Brownie Milk
Goulash Glazed Baby Car- rots Garlic Breadstick Peaches Milk	Hamburger on Bun Lettuce/Tomato/ Spring Salad Ice Cream Cup Milk	Turkey Club Sandwich/Croissant Coleslaw Marinated Tomatoes & Cucumbers Chocolate Mousse Milk	TaterTot Casserole Asparagus Garlic Breadstick Fruit Cocktail Milk	Chicken Pot Pie Capri Vegetables Bread/Butter Winter Fruit Cup Scotcheroos Milk	Breaded Fish Sandwich Tartar Sauce Sweet Potato Wedges Pickled Beets Sherbet Cup Milk	Scalloped Potatoes & Ham Peas Bread/Marg. Mandarin Oranges Milk

Hiawatha Care Center

*cordially invites you to our
Inaugural Prom Party
Open House!*

*High School Students, come join us dressed
in your formal attire for goodies, music,
photos, and our Grand March!*

When: Wednesday, May 12th 2021

Time: 6:30 p.m. to 7:45 pm in our Courtyard

Address: 405 N 15th Ave. Hiawatha, Iowa 52233

**Please park in the St. Elizabeth's Parking Lot
located on Litchfield Dr.*

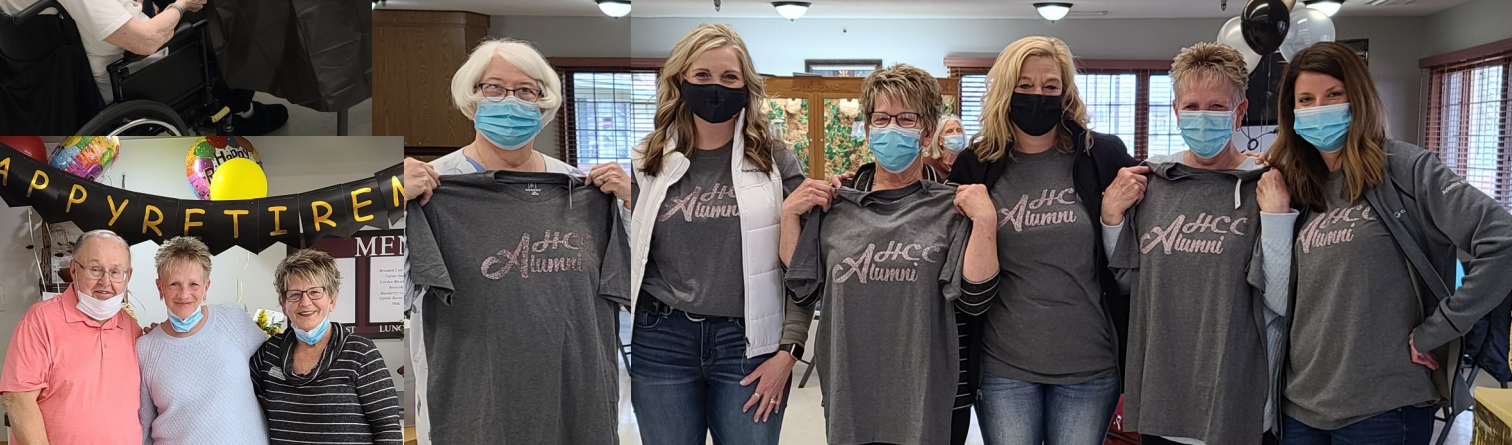
*If you have any questions please contact
Hannah Waters!*

Cell (319) 213-0977

Main Line (319) 368-2626

hwaters@hiawathacarecenter.com

Happy Retirement Nancy, Laurie, & Donna



Visiting News

Starting Sunday, May 2nd, we will no longer be rapid testing visitors.

Reminders

If you need to cancel your appointment or can not make it, please contact the Medical Screeners.

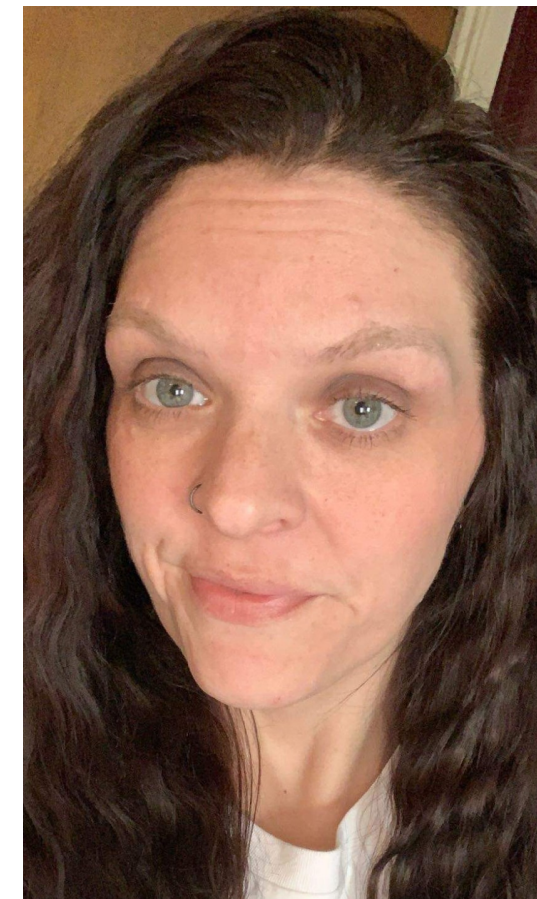
Visits at this time are 45 minutes long and you do not need to show up early for your appointment.

May Day Word Search



- | | | |
|-----------|---------------|-----------|
| TRADITION | BASKET | SINGING |
| PROTEST | FESTIVAL | RIBBONS |
| MAYPOLE | BELTANE | MAY QUEEN |
| VILLAGE | DEMONSTRATION | FLOWERS |
| BLOSSOM | REVELRY | ANCIENT |

Star Employee of the Month



Certified Nursing Assistant

Melissa Robinson

Sunday

Monday

Tuesday


Wednesday

Thursday

Friday

Saturday

May Menu 2021

						<p>1 Cream of Wheat, Breakfast Sandwich Lunch: Chicken Strips, Mashed Potatoes, Chicken Gravy, Glazed Carrots, Bread/Marg., Ice Cream Cup Dinner: Dorito Taco Salad, Cheddar Cornbread, Mandarin Oranges, Rice Krispie Square</p>
<p>2 Oatmeal, Little Smokies, Cinnamon Roll Lunch: Ham, Au Gratin Potatoes, Green Beans, Dinner Roll, Pie Dinner: Hamburger Deluxe, French Fries, Lettuce/Tomato/Onion, Baked Beans, Tropical Fruit</p>	<p>3 Malt-O-Meal, Fried Egg, Muffin/Marg. Lunch: Ham Balls, Baked Potato/Marg., Sunshine Carrots, Bread/Butter, Blueberries & Cream Angel Dessert Dinner: Loaded Chicken Noodle Soup, Everything Ham Cheese Slider, Creamy Cucumbers Salad, Pears</p>	<p>4 Oatmeal, Hard Boiled Egg, Bacon, Toast, Margarine/Jelly Lunch: Country Fried Steak, Mashed Potatoes, Country Gravy, Brown Sugar Glazed Beets, Cookie Dough Cheesecake Dinner: Chili, Chili Fixin's, Crackers, Tossed Salad/Dressing, Pineapple</p>	<p>5 Cream of Wheat, Scrambled Egg/Cheese, Toast/Margarine/Jelly Lunch: Glazed Meatloaf, Mixed Vegetables, Mashed Potatoes/Marg, Dinner Roll/Marg., Chocolate Chip Cookie Dinner: Gravy Fries w/ Shredded Beef Platter, Carrots, Bread/Butter, Mandarin Oranges</p>	<p>6 Oatmeal, Poached Egg, Toast, Margarine/Jelly, Banana Half Lunch: Honey Dijon Pork Loin, Baked Sweet Potato, Bread/Butter, Normandy Vegetables, Cherry Crisp Dinner: Cheeseburger Soup, Cheese Stuffed Breadstick, Apricots, No Bake Peanut Butter Bar</p>	<p>7 Malt-O-Meal, Sausage Gravy, Biscuit Lunch: Breaded Cod Scrod, Bread/Butter, Herbed Rice, Cauliflower Au Gratin, Cranberry Orange Cake Dinner: Taco Mac & Cheese, Tossed Salad/Dressing, Green Beans, Cornbread Muffin, Fruited Gelatin</p>	<p>8 Oatmeal, Scrambled Egg Patty, Toast, Margarine/Jelly Lunch: Cheddarwurst/Bun, Sweet Pepper Slaw, Potato Salad, Tapioca Pudding w/ topping & Cherry Garnish Dinner: Creamed Chipped Beef over Toast, Peas, Peaches, Brownie</p>
<p>9 Cream of Wheat, Glazed Donut, Sausage links Lunch: Chicken Cordon Bleu, Au Gratin Potatoes, Cascade Blend Vegetables, Dinner Roll, Pie Dinner: Goulash, Glazed Baby Carrots, Garlic Breadstick, Peaches</p>	<h2>National Nursing Home Week Separate Menu Enclosed</h2>					<p>15 Cream of Wheat, Hard Boiled Egg, Wheat Toast, Jelly Cup Lunch: Spaghetti, Italian Herb Green Beans, Garlic Bread, Frosted Brownie Dinner: Scalloped Potatoes & Ham, Seasoned Peas, Bread/Butter, Mandarin Oranges</p>
<p>16 Oatmeal, Cheese Omelet, Cinnamon Roll, Lunch: Choice One: French Onion Roast Beef, Beef Gravy, Choice Two: Pork Chop, Sides: Honey Dill Carrots, Roll/Marg, Strawberry Pie, Dinner: Choice One: Roast Beef, Sandwich on a Hoagie Bun, Lettuce & Tomato Slice, Potato Chips, Pickled Beets Choice Two: Chef Salad Sides: Reese's Krispie Treat</p>	<p>17 Cream of Wheat, Sausage Links, Pancakes/Syrup, Lunch: Choice One: Honey Bourbon BBQ Ribs, Choice Two: Tavern Battered Cod, Sides: Baked Sweet Potato, Balsamic Roasted Broccoli, Bread/Marg, Salted Carmel Pudding, Dinner: Choice One: Chicken Club Salad/Dressing Roll/Marg, Choice Two: Cheeseburger on Bun, Lettuce/Tomato/Onion, Potato Chips, Sides: Mixed Berries</p>	<p>18 Malt O Meal, Sausage Gravy, Biscuits Lunch: Choice One: Tuscan Chicken W/ Pasta, Choice Two: Salisbury Steak W/Brown Gravy, Mashed Potatoes Sides: Peas, Garlic Toast, Fresh Grapes, Dinner: Choice One: Cheddarwurst On Bun, Seasoned Fries, Choice Two: Turkey Spinach Wrap, Sun Chips Sides: Peaches, Brownie W/ Choc Frosting</p>	<p>19 Oatmeal, Scrambled Egg Patty, Bacon, English Muffin, Margarine/Jelly Lunch: Choice One: Breaded Chicken Tenders, Choice Two: Rubeen Sandwich Sides: Potato Salad, Creamy Cucumber Salad, Biscuit/Honey, Ice Cream Cup, Dinner: Choice One: Beefy Ranch Casserole, Roasted Lemon Asparagus, Bread/Marg Choice Two: Ham & Cheese Sandwich, Lettuce & Tomato Slice, Spring Pasta Salad, Sides: Pears</p>	<p>20 Cream of Wheat, Hard Boiled Egg, Blueberry Muffins, Lunch: Choice One: Philly Meatloaf, Parslied Red Potatoes, Choice Two: Turkey Noodle Casserole, Sides: Corn, Bred/ Marg, Black Forest Cheesecake Dinner: Choice One: Sweet & Sassy Pork Burger Choice Two: Hot Dog, Pickle Relish Sides: Coleslaw, Baked Beans, Fresh Apple Slices</p>	<p>21 Malt O Meal, Sausage & Potato Breakfast Casserole, Toast, Marg/Jelly, Lunch: Choice One: Buttered Crumb Pollock, Tarter Sauce, Choice Two: Baked Ham Sides: Macaroni & Cheese, Cascade Blend Vegetables, Cashew Pea Salad, Watermelon Dinner: Choice One: Supreme Pizza, Choice Two: Pulled Pork Sides: Tossed Salad, Mixed Vegetables, Mango & Pineapple</p>	<p>22 Oatmeal, Scrambled Egg, Toast, Marg/Jelly, Lunch: Choice One: Country Fried Steak, Mashed Potatoes, Country Gravy, Roasted Parmesan Green Beans, Bread/Marg Choice Two: Cottage Cheese/ Fruit Plate, Crackers, Dinner: Choice One: Chicken & Noodles Choice Two: Hamburger Steak W/Gravy, Mashed Potatoes Sides: Peas & Carrots, Breadstick, Mandarin Oranges</p>
<p>23 Cream Of Wheat, Little Smokies, Glazed Donut, Lunch: Choice One: Spiced Ham Choice Two: Herb Baked Ham Sides: Swiss Scalloped Potatoes, Lemon Kissed Asparagus, Roll/Marg, Cherry Pie, Dinner: Choice One: Ham & Cheese Quiche, Muffin/Marg, Choice Two: Hamburger, Lettuce/ Tomato/ Onion, French Fries Sides: Carrots, Mandarin Oranges</p>	<p>24 Malt O Meal, Poached Egg, Toast, Marg/Jelly, Lunch: Choice One: Chicken Cheddar Mashed Bowl, Choice Two: Pork Tenderloin, Pickles & Onions, Mashed Potatoes Sides: Mixed Vegetables, Twisted Strawberry Shortcake, Dinner: Choice One: Pizza Patty/Bun, Choice 2: Fried Chicken Salad, Sides: Sweet Potato Tots, Marinated Cucumbers, Pears & Blueberries</p>	<p>25 Oatmeal, Fried Egg, Cinnamon Coffee Cake Lunch: Choice One: Baked Penne & Sausage Choice Two: Beef Minute Steak, Mashed Potatoes Sides: Seasoned Green Beans, Garlic Toast, Cantaloupe Dinner: Choice One: Turkey & Swiss Croissant Choice 2: Tuna Salad on Croissant Sides: Lettuce & Tomato Slice, Potato Chips, Chocolate Peanut Butter Cup Parfait</p>	<p>26 Cream of Wheat, Blueberry Toast, Sausage Patty, Lunch: Choice One: Cod Scrod, Choice Two: BBQ Meatballs, Sides: Baked Potato/Marg, Roasted Broccoli w/Bacon, Bread/Marg, Peaches & Cream Cobbler, Dinner: Choice One: Italian Combo Slider, Shredded Lettuce/Tomato, Coleslaw Choice 2: Egg O Biscuit, Tomato Slices, Tater Tots, Sides: Fruited Gelatin</p>	<p>27 Malt-O-Meal, Fruit & Yogurt Parfait, Danish Lunch: Choice One: Smothered Pork Chop, Baked Sweet Potato Choice Two: Turkey Burger on Bun, Lettuce/Tom/Onion, Sides: Peas, Frosted Brownie, Dinner: Choice One: Sloppy Joe/ Bun, Choice 2: Breaded Chicken on Bun, Sides: Parmesan French Fries, Country Trio Vegetables, Fresh Melon Cup</p>	<p>28 Oatmeal, French Toast Breakfast Casserole, Banana Half, Lunch: Choice One: Swiss Steak w/ Tomatoes, Choice Two: Lemon Pepper Tilapia Fillet, Sides: Mashed Potatoes, Beef Gravy, Corn, Mixed Berry Pretzel Dessert, Dinner: Choice One: Tater Tot Casserole, Carrots, Breadstick, Choice 2: Mediterranean Chicken & Pasta Salad, Sides: Mandarin Oranges</p>	<p>29 Cream of Wheat, Scrambled Egg with Cheese, Toast, Margarine/Jelly, Lunch: Choice One: Spaghetti, Tossed Salad/Dressing, Garlic Toast, Choice Two: Chicken Salad Sandwich, Potato Chips, Sides: Ice Cream Cup Dinner: Choice One: Hot Dog/Bun, Potato Salad, Baked Beans, Choice 2: Chef Salad, Crackers, Sides: Fresh Grapes</p>
<p>30 Malt-O-Meal, Sausage Link, Frosted Long John, Lunch: Choice One: Turkey Roast, Turkey Gravy, Choice Two: Cheddarwurst, Sauerkraut, Sides: Mashed Potatoes, Broccoli w/Cheese, Dinner Roll/Marg., Pie, Dinner: Choice One: Creamed Chipped Beef/Toast, Peas, Choice 2: Chicken Noodle Soup, Roast Beef Sandwich, Lettuce & Tomato Slice, Sides: Watermelon</p>	<p>31 Oatmeal, Hard Boiled Egg, Toast, Margarine/Jelly, Lunch: Choice One: Cheeseburger Deluxe, Lettuce/Tom/Onion, Choice Two: Tavern Battered Cod, Tartar Sauce, Cascade Blend Vegetables, Sides: Sweet Potato Tots, Strawberry Shortcake, Dinner: Choice One: chicken Parmesan Sandwich, Choice 2: BBQ Ribette/ Bun, Sides: Rotini Pasta Salad, mango & Bananas, Snickerdoodle Cookie</p>					

Vote for employee of the month!

Families, residents, and staff are we asking for your help to decide who should be employee of the month.

Voting boxes are placed at the medical screeners desk and at each nurses' station.

Everyone gets to vote for ONE person each month.

Resident council leaders will then meet at the end of each month to go over the votes.

The chosen employee will get to eat a meal with a resident of their choice.

What qualifies someone for employee of the month?

Their quality work, customer service, reliability, and dependability!

If you have any question please contact us!



Scrapping, Socializing & Baking



May Activities Calendar

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

		1 All Day Independent Activities and Afternoon Group Social Weekend Popcorn
2 9:45 Catholic Communion with St. Elizabeth's 4:00 King of Kings Lutheran Church Service	3 10:00 Manicure Monday 2:30 Ice Cream Social on the Patio	4 National Star Wars Day 10:00 Outdoor Social & Exercise 2:30 Corks & Canvas
HCC 2021 NATIONAL NURSING HOME WEEK— "Through the Seasons"		
9 Happy Mother's Day 9:45 Catholic Communion with St. Elizabeth's All Day Independent Activities and Afternoon Group Social	10 Spring Day 10:45 Balloon Lift off with Promise House & Mother Goose Daycare 2:30 Outdoor Games & Fun	11 Summer Day 10:30 Summer Crafts & Fun 2:30 Outdoor Animal Social
12 Fall Day 10:00 Baking Fun with Activities 6:30 Prom/Homecoming Grand March on the Patio	13 Winter Day 10:30 Hot Coffee & Cocoa Bar & Social 2:30 Winter Wonderland Happy Hour	14 HCC Day 10:30 Reminisce with Activities 2:00 Extreme Bingo
15 All Day Independent Activities and Afternoon Group Social Weekend Popcorn	16 9:45 Catholic Communion with St. Elizabeth's 4:00 King of Kings Lutheran Church Service	17 10:00 Manicure Monday 2:30 Movie & Popcorn
18 10:00 Outdoor Social & Exercise 2:30 Birthday Party with David Marshall	19 10:00 Catholic Church Service 1:30 Jehovah Witness Bible Stories 2:30 Cards & Games	20 10:30 Coffee & Social 2:30 Happy Hour with La La Ladies
21 11:00 Cathy's Bible Study Group 2:30 Bingo	22 All Day Independent Activities and Afternoon Group Social 3:00 Activities with Crystal Weekend Popcorn	23 9:45 Catholic Communion with St. Elizabeth's All Day Independent Activities and Afternoon Group Social
24 10:00 Manicure Monday 2:30 Snacks & Social on the Patio	25 10:00 Outdoor Social & Exercise 2:30 Resident Council Meeting	26 10:15 Lovely Lane Methodist Church Service 2:30 Cards & Games
27 10:30 Coffee & Social 2:30 Happy Hour with Harold Grey	28 10:45 Rosary Prayer with Marty 2:30 Bingo	29 All Day Independent Activities and Afternoon Group Social Weekend Popcorn
30 9:45 Catholic Communion with St. Elizabeth's All Day Independent Activities and Afternoon Group Social	31 Happy Memorial Day All Day Independent Activities and Afternoon Group Social	
<i>All Outdoor Activities Are Weather Permitting.</i>		