

National Nursing Home Week Events



Monday, May 9th: HCC Day!

A.M: Balloon Lift off!

(Weather Permitting)

P.M: Entertainment with the Country Steppers

Butterscotch Blondies & Butterscotch Beer!



Tuesday, May 10th: Red, White, & Blue Day!



A.M: Annual Dessert Judging Contest!

P.M: It's a Birthday Party!



Wednesday, May 11th: Western Day!



A.m. Games with our Friends from the ARC!

P.M Animal Adventures & Root Beer Floats!

(Weather Permitting)



Thursday, May 12th: Circus Day!



A.M: Pain-free Tattoos & Face Painting!

You won't regret it!

P.M: Happy Hour Circus with the "Flip Side."



Friday, May 13th: Superstitious Friday!



A.M. Magic Show with Ken the Magician!

P.M. BADLUCK Bingo!



Hiawatha Care Center's May 2022 Newsletter



405 N 15TH AVENUE, HIAWATHA, IA 52233

319-378-8583

hccinfo@hiawathacarecenter.com or kwaltan@hiawathacarecenter.com

May Birthday's

Virginia Wilson 2/27

In Loving Memory

Dale Muller

Marlene Cameron

Odell Celarier

May Highlight Events

1st: May Day

4th: Mother's Day Tea Party

8th: Mother's Day

8th—14th: National Nursing Home Week

18th: NEW "The Pie Parlor"

30th: Memorial Day

Welcome to Hiawatha Care Center

Mary Depasquale

John Eirp

Marjorie Morris

Madeline Watertor

Joy Hobbs

Alberta Parker

Debbie Fields

Jack Sedlacek

Joan Spoden

A Nurse Note

Dr. Witt D.D.S. will be in the building on May, 18th!

At Hiawatha Care Center, we not only emphasize our quality of care, but also our quality of caring!

Department Directory

Administrator	Kent Walton
Accountant	Karen Chadwick
Director of Nursing	Amanda Lauterwasser
Assistant Director of Nursing	Karmin Boote
Infection Preventionist	Amy Dake
Social Services Director	Becky Stebral
Social Services Assistant	Kristin Voss
Social Services Assistant	Kyann Banghart
Care Plan Coordinator	Kelly VanGinkel
Certified Dietary Manager, CFPP	Stephanie Cross
Assistant Dietary Manager, CFPP	Shianne Bascom
Dietary Consultant	Linda Green
Activity Director	Hannah Waters
Activities Assistant	Mary Obiedzinski
Environmental Service Supervisor	Emma Ness
Restorative Therapy Director	Tammy Ronnebaum
Human Resource Director	Amanda Kennedy

2022 Resident Council Board Members

Ron Jorgensen—President
James Vick—Vice President
Carma Reiss—Secretary

If you have any questions or concerns, please report them to your Resident Council Officers.

You may also want to contact a staff member to resolve the issue immediately.

Hiawatha Care Center's admissions, room assignment, and resident services are provided without regard to race, creed, color, national origin.

National Nursing Home Week Menu

	HCC Day	Red, White, & Blue Day	Western Day	Circus Day	Superstitious Day	
Choice of Juice Oatmeal Strawberry Danish Coffee Cake Sausage Patty Milk	Choice of Juice Malt-O-Meal Omelet Bacon Toast Milk	Choice of Juice Cream of Wheat Red, White, Blue Parfait Bagel w/ Cream Cheese Milk	Choice of Juice Oatmeal Western Egg Bake Toast Pears Milk	Choice of Juice Malt-O-Meal Breakfast Sliders Banana Half Milk	Choice of Juice Cream of Wheat Rainbow Pancakes Ham Patty Apricots Milk	Choice of Juice Oatmeal Muffin Sausage Links Milk
Beef Pot Roast Mashed Potatoes Brown Gravy Green Beans Dinner Roll Coconut Cream Pie Milk	Pizza Tossed Salad Mixed Veggies Strawberry Lemonade Cheesecake Milk	Hot dog on a bun Potato Salad Baked Beans Watermelon Shaved Ice Milk	Cowboy Burger Lettuce/Tomato/ Onion Onion Lassos Cowboy Cookie Cowboy Fruit Salad Milk	Bacon Wrapped Pork Loin Corn Baked Potato Circus Rice Krispie Treat Milk	Super Salad Bar Dressing Crackers Pasta Salad Bad Luck Brownie Milk	Beef & Noodles Peas Cottage Cheese Bread/Butter Ice Cream Cup Mixed Fruit Milk
BBQ Ribbet French Fries Capri Blend Veggies Fresh Fruit Cup Milk	Breaded Chicken Sandwich Lettuce/ Tomato/ Onion Round Abouts Cascade Blend Veggies Peanut Butter Fluff Milk	Meatball Sub Onion/Peppers Chips Carrots Red, White, Blue Jell-O Cake Milk	Cowboy Meatloaf Casserole Chuckwagon Corn Carrot Cake Milk	Corn Dog Fried Potatoes Green Beans Monkey Bread Milk	Brats on a Bun Sauerkraut Chips Apple upside down cake Milk	Fish Sandwich Lettuce/ Tomato/ Onion Coleslaw Waffle Fries Cookie Milk

Residents & Families

Join us in our festivities throughout
the week, as we celebrate
National Nursing Home Week!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Malt-O-Meal, Poached Egg, Fruit Turnover Lunch : Choice 1 : Beef Pot Roast, Choice 2 : BBQ Chicken, Sides : Roasted Vegetables, Dinner Roll/Marg., Pie, Dinner : Choice 1 : Hamburger Macaroni & Cheese , Peas & Carrots, Bread/Marg., Choice 2 : Chicken Noodle Soup, Ham & Cheese Sandwich w/ Lettuce/Tomato Sides : Pears	2 Oatmeal, Sausage & Potato Breakfast Casserole, Toast Lunch : Choice 1 : Ranch Chicken Breast, Cheesy Rice, Broccoli Florets, Fresh Baked Bread Choice 2 : Chef, Crackers Sides : Strawberry Snickerdoodle Crunch, Dinner : Choice 1 : Loaded Potato Soup, Roast Beef Slider w/lettuce & tomato, Choice 2 : Sloppy Joe on Bun, Potato Chips, Sides : Creamy Cucumber Salad, Peaches	3 Cream of Wheat, Sausage Gravy/Biscuit, Banana Half, Lunch : Choice 1 : Grilled Turkey & Bacon on Sourdough, French Fries, Choice 2 : Italian Goulash, Garlic Toast, Sides : Mixed Vegetables, Frosted Pumpkin Bar Dinner : Choice 1 : Homemade Beef & Noodles, Fresh Baked Bread, Choice 2 : Fish Sandwich, Cinnamon Sweet Potato Tots, Sides : Seasoned Peas, Mandarin Oranges	4 Malt-O-Meal, Cheese Omelet, Toast, Lunch : Choice 1 : Smothered Pork Chop, Mashed Potatoes/Gravy Cascade Vegetables, Choice 2 : Taco Salad, Shredded Lettuce/Tomato, Sides : Caramel Apple Crisp, Dinner : Choice 1 : Country Fried Steak, Mashed Potatoes/Country Gravy, Capri Vegetables, Choice 2 : Cheeseburger Soup, Crackers, Chicken Salad Wrap, Sides : Blueberry Bread Pudding	5 Oatmeal, Sausage Link, Cinnamon Roll, Strawberries, Lunch : Choice 1 : Beefy Ranch Casserole, Garlic Toast, Choice 2 : Pork Tenderloin on Bun, Lettuce/Tomato/Onion, Sides : Green Beans, Banana Split Fluff, Dinner : Choice 1 : BBQ Rib Sandwich, Choice 2 : Hot Dog on Bun Sides : Pickles & Onions, Potato Chips, Baked Beans, Mixed Berries	6 Cream of Wheat, Scrambled Egg with Ham, Toast Lunch : Choice 1 : Parmesan Baked Cod, Choice 2 : Hamburger Steak w/Gravy, Sides : Baked Potato/Marg, Brown butter & Garlic Roasted peas, Bread/Butter, Lemon Cream Cake Dinner : Choice 1 : Scalloped Potatoes & Ham Choice 2 : Herb Baked Fish, Rice, Sides : Carrots, Cornbread/Marg, Apricots	7 Malt-O-Meal, Hard Boiled Egg, Bacon, Raisin Toast, Margarine/Jelly Lunch : Choice 1 : Brown Sugar Meatloaf Choice 2 : Baked Pork Chop Sides : Smokey Mac & Cheese, Parslief Cauliflower, Bread/Butter, Rosy Applesauce, Dinner : Choice 1 : Chicken Tot Pie, Mixed Vegetables, Bread/Marg. Choice 2 : Cheeseburger on Bun, Lettuce/Tomato/Onion, Potato Chips Sides : Pineapple

National Nursing Home Week

15 Oatmeal, Cheese Omelet, Mini Donuts, Mandarin Oranges, Lunch : Choice 1 : French Onion Roast Beef, Beef Gravy Choice 2 : Pork Chop Sides : Mashed Potatoes, Honey Dill Carrots, Pie, Dinner : Choice 1 : Garden Vegetable Soup, Roast Beef Sandwich on Hoagie Bun w/ Lettuce/Tomato, Choice 2 : Chef Salad, Crackers Sides :	16 Cream of Wheat, Sausage Link, Pancakes, Banana Half Lunch : Choice 1 : BBQ Ribette Choice 2 : Tavern Battered Cod, Sides : Baked Sweet Potato, Broccoli, Salted Caramel Pudding, Dinner : Choice 1 : Supreme Pizza Choice 2 : Pulled Pork on Bun, Sides : Tossed Salad w/Dressing, Mixed Vegetables, Mango & Pineapple	17 Malt-O-Meal, Sausage Gravy, Biscuit, Cantaloupe, Lunch : Choice 1 : Chicken Bacon Ranch Casserole, Choice 2 : Salisbury Steak/Gravy, Mashed Potatoes, Sides : Peas, Garlic Toast, Fresh Grapes, Dinner : Choice 1 : Cheddarwurst/Bun Choice 2 : Grilled Chicken Sandwich on Bun, Lettuce/Tomato/Onion, Sides : Seasoned Fries,	18 Oatmeal, Scrambled Egg Patty, Bacon, English Muffin, Lunch : Choice 1 : Chicken Strips, Choice 2 : Pork Tenderloin/Bun, Pickles, Onions, Sides : Potato Salad, Creamy Cucumber Salad, Ice Cream Cup Dinner : Choice 1 : Dr. Pepper Meatballs, Seasoned Asparagus, Fried Potatoes Choice 2 : Ham & Swiss Sandwich, Lettuce/Tomato/Onion	19 Cream of Wheat, Hard Boiled Egg, Blueberry Muffin, Banana Half, Lunch : Choice 1 : Philly Meatloaf, Parslief Red Potatoes, Choice 2 : Turkey Noodle Casserole, Sides : Corn, Bread/Marg., Black Forest Cheesecake, Dinner : Choice 1 : Turkey Ranch Club Sandwich Choice 2 : Hot Dog on Bun, Pickle Relish, Ketchup/Mustard Sides : Coleslaw,	20 Malt-O-Meal, Sausage & Potato Breakfast Casserole, Toast, Fresh Strawberries, Lunch : Choice 1 : Butter Crumb Pollock, Tartar Sauce, Choice 2 : Baked Ham, Sides : Macaroni & Cheese, Cascade Blend Vegetables, Watermelon, Dinner : Choice 1 : Chesseburger on Bun, Choice 2 : Crunchy Fish Sandwich/Bun Tartar	21 Oatmeal, Scrambled Egg, Toast, Margarine/Jelly, Honeydew Melon Lunch : Choice 1 : Country Fried Steak, Mashed Potatoes, Country Gravy, Green Beans Choice 2 : Cottage Cheese Fruit Plate, Crackers Sides : Carrot Cake, Dinner : Choice 1 : Chicken and Noodles, Choice 2 : Hamburger Steak w/Gravy , Mashed Potatoes Sides :
22 Cream of Wheat, Little Smokies, Cinnamon Coffee Cake, Lunch : Choice 1 : Spiced Ham Choice 2 : Herb Baked Chicken, Sides : Swiss Scalloped Potatoes, Asparagus, Dinner Roll, Pie Dinner : Choice 1 : Hamburger on Bun, Lettuce/Tomato/Onion, French Fries, Choice 2 : Ham & Cheese Quiche, Carrots, Muffin/Marg. Sides : Apricots	23 Malt-O-Meal, Poached Egg, Toast, Margarine/Jelly, Banana Lunch : Choice 1 : Chicken Enchilada Casserole Choice 2 : Pork Tenderloin/Bun, Pickles & Onions, Mashed Potatoes, Sides : Chuckwagon Corn, Twisted Strawberry Shortcake Dinner : Choice 1 : Mini Egg Salad/Slider, Multi Grain Sun Chips, Marinated Cucumbers, Choice 2 :	24 Oatmeal, Fried Egg, Everything Bagel Bake, Lunch : Choice 1 : Creamy Swedish Meatball Bake, Choice 2 : Beef Minute Steak, Mashed Potatoes, Sides : Seasoned Green Beans, Garlic Toast, Cantaloupe Dinner : Choice 1 : Turkey & Swiss on Croissant, Choice 2 : Tuna Salad on Croissant, Sides : Lettuce/Tomato Slice, Potato Chips,	25 Cream of Wheat, Blueberry Toast/Marg. Sausage Patty, Fruit Cocktail, Lunch : Choice 1 : Cod Scrod Choice 2 : BBQ Meatballs, Sides : Baked Potato/Marg. Broccoli, Peaches & Cream Cobbler, Dinner : Choice 1 : Hot Ham & Cheese Melt, Choice 2 : Meatball Sub Sandwich, Sides : Coleslaw, Fruited Gelatin	26 Malt-O-Meal, Fruit & Yogurt Parfait, Danish, Lunch : Choice 1 : Smothered Pork Chop, Choice 2 : Turkey Burger/Bun, Lettuce/Tomato/Onion Sides : Baked Sweet Potato, Peas, Frosted Brownie, Dinner : Choice 1 : Sloppy Joe/Bun Choice 2 : Breaded Chicken Fillet/Bun Sides : Parmesan French Fries, Country Trio Vegetables,	27 Oatmeal, Apple Fritter French Toast Bake, Banana Half, Lunch : Choice 1 : Swiss Steak w/Tomatoes, Beef Gravy Choice 2 : Lemon Pepper Tilapia Filet Sides : Mashed Potatoes, Corn, Cherry Pineapple Fluff, Dinner : Choice 1 : TatorTot Casserole, Choice 2 : Porcupine Meatballs, Sides : Carrots, Breadstick, Mandarin Oranges	28 Cream of Wheat, Scrambled Egg with Cheese, Fresh Strawberries, Lunch : Choice 1 : Spaghetti, Garlic Toast, Choice 2 : Chicken Salad Sandwich, Sides : Tossed Salad w/Dressing, Ice Cream Cup, Dinner : Choice 1 : Hot Dog on Bun, Potato Salad, Baked Beans, Choice 2 : Chef Salad, Crackers, Sides : Fresh Grapes

29 Malt-O-Meal, Sausage Link, Mini Donuts, Apricots, **Lunch** : **Choice 1**: Turkey Roast, Turkey Gravy, **Choice 2**: Cheddarwurst, Sauerkraut **Sides**: Mashed potatoes, Broccoli with Cheese, Dinner Roll, Pie, **Dinner**: **Choice 1**: Creamed Chipped Beef/Toast, Peas **Choice 2**: Chicken Noodle Soup, Roast Beef Sandwich, Lettuce & Tomato Slice **Sides**: Watermelon, Pudding

30 Oatmeal, Hard Boiled Egg, Toast/Jelly, Banana Half, **Lunch** : **Choice 1**: Cheeseburger Deluxe **Choice 2**: Tavern Battered Cod, Tartar Sauce, Cascade Vegetables, **Sides**: Tater RoundABOUTs, Oh Henry Bar, **Dinner**: **Choice 1**: Chicken Parmesan Sandwich, **Choice 2**: BBQ Ribette on Bun, **Sides**: Rotini Pasta Salad, Mango & Bananas, Snickerdoodle Cookie

31 Cream of Wheat, Sausage Patty, Chocolate Chip Pancakes/Syrup, **Lunch** : **Choice 1**: Open Face Hot Beef Sandwich, Mashed Potatoes, Beef Gravy, **Choice 2**: Chicken & Rice Bake, Tossed Salad w/ Dressing, **Sides**: Sunshine Carrots, Cherry Pie Crisp, **Dinner**: **Choice 1**: Cream of Potato Soup, Crackers, Egg Salad on Slider Bun, Lettuce/Tomato Slices, **Choice 2**: Italian Goulash, Mixed Vegetables **Sides**: Mixed Berries



2022 May
Menu



Easter Egg Hunt



Spring WORD SCRAMBLE



UNSCRAMBLE EACH SPRING WORD
THE MOST CORRECT WORDS WINS

1. PINSRG MEIT _____
2. BLLURAEM _____
3. ASGSR _____
4. LTPSIU _____
5. EELWRAN _____
6. GTOWRH _____
7. DGRAEN _____
8. RSHEF IARN _____
9. MCAH _____
10. APILR _____
11. RSEETA _____
12. LLSAEBAB _____
13. BOLMO _____
14. BELFYURT _____
15. BNUNY _____
16. IOWBNRA _____
17. STORUP _____
18. NIBRO _____
19. TICANOAR _____

NAME: _____ SCORE: _____

Easter Egg Hunt



“Pink & Pearls”

*Come join us for our
Mother’s Day
Tea Party!*

Date:

Wednesday, May 4th

Time:

6:30 p.m.

Location:

West Dining Room

*RSVP no later than
Monday, May 2nd!*

319-368-2626

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 May Day</p> <p>10:00 Catholic Communion with St. Elizabeth's</p> <p>2:00 May Day Baskets</p> <p>4:00 Kings of Kings Lutheran Church Service</p>	<p>2</p> <p>10:00 Manicure Monday</p> <p>2:30 Cards & Snacks</p> <p>4:45 Bible Study Group</p>	<p>3 Two Different Colored Shoe Day</p> <p>10:00 Online Catholic Mass</p> <p>10:45 Select Music Therapy Group</p> <p>2:30 Happy Hour with the La La Ladies</p>	<p>4</p> <p>All Morning Independent Activities</p> <p>2:00 Movie & Popcorn</p> <p>6:30 Pink & Pearls Mother's Day Celebration</p>	<p>5 Cinco de Mayo</p> <p>10:30 Social & Sampling</p> <p>2:15 Cinco Bingo Hour</p>	<p>6 Staff Skill Fair Day</p> <p>10:00 Farkle and Snacks</p> <p>2:30 Craft Creations with Kate</p>	<p>7</p> <p>2:00 Dance Performance by "The Point"</p> <p>4:15 Popcorn and Social</p>
<p>HCC Day Red White & Blue Day Western Day Circus Day Suspicious Day</p>						
<p>8 Mother's Day</p> <p>10:00 Catholic Communion with St. Elizabeth's</p> <p>All Day Independent Activities</p>	<p>9</p> <p>10:30 Balloon Lift Off on the Patio</p> <p>2:30 Country Stepper Show</p> <p>4:45 Bible Study Group</p>	<p>10</p> <p>10:30 Dessert Judging Contest In the Activity Room</p> <p>2:30 May Birthday Party with David Marshall</p>	<p>11</p> <p>10:00 Cowboy Games with Friends from the ARC</p> <p>2:30 Outdoor Animal Adventures</p>	<p>12</p> <p>10:30 Tattoos & Face Painting</p> <p>2:30 Happy Hour Circus with the "The Flip Side"</p>	<p>13</p> <p>10:30 Magic Show with Ken</p> <p>2:15 Bad Luck Bingo with Hannah & Mary</p>	<p>14</p> <p>2:00 Afternoon Games</p> <p>4:15 Movie & Popcorn</p>
<p>15</p> <p>10:00 Catholic Communion with St. Elizabeth's</p> <p>2:00 Weekend Bingo</p> <p>4:00 Kings of Kings Lutheran Church Service</p>	<p>16</p> <p>10:00 Manicure Monday's</p> <p>2:30 Music with Eldred Gerhold</p> <p>4:45 Bible Study Group</p>	<p>17</p> <p>10:00 Gospel Light Baptist Church Service</p> <p>10:45 Select Music Therapy Group</p> <p>2:30 Corks & Canvas</p>	<p>18</p> <p>10:00 Outdoor Social & Mimosas</p> <p>2:15 "The Pie Parlor"</p>	<p>19</p> <p>10:30 Card Games</p> <p>10:45 Select Music Therapy Group</p> <p>2:30 Happy Hour with Dave Wirtz</p>	<p>20</p> <p>11:00 Cathy's Bible Study Group</p> <p>2:15 Bingo Hour</p>	<p>21</p> <p>2:00 Outdoor Adventures</p> <p>4:15 Popcorn and Social</p>
<p>22</p> <p>10:00 Catholic Communion with St. Elizabeth's</p> <p>2:00 Outdoor Reminisce</p>	<p>23</p> <p>10:00 Manicure Monday's</p> <p>2:30 Resident Council Meeting</p> <p>4:45 Bible Study Group</p>	<p>24</p> <p>10:00 Online Church Service First Assembly</p> <p>10:45 Select Music Therapy Group</p> <p>2:30 Outdoor Scavenger Hunt</p>	<p>25</p> <p>10:00 Outdoor Fun with the ARC Friends</p> <p>10:15 Lovely Lane Methodist Church</p> <p>2:30 Cards & Snacks</p>	<p>26</p> <p>10:30 Kitchen Creations</p> <p>2:30 Happy Hour with Harold Gray</p>	<p>27</p> <p>11:00 Men's Group: "Knights of the Round Table"</p> <p>2:15 Bingo Hour</p>	<p>28</p> <p>2:00 Afternoon Games</p> <p>4:15 Movie & Popcorn</p>
<p>29</p> <p>10:00 Catholic Communion with St. Elizabeth's</p> <p>2:00 Weekend Bingo</p>	<p>30 Memorial Day</p> <p>All Morning Independent Activities</p> <p>2:30 Entertainment with "Treasured Music"</p> <p>4:45 Bible Study Group</p>	<p>31</p> <p>10:00 Morning Farkle</p> <p>10:45 Select Music Therapy Group</p> <p>2:30 Movies & Popcorn</p>	<p>All Activities are subject to change. Please refer to the whiteboards in the dining rooms for the daily activities.</p>			