Hiawatha Care Center Newsletter October 2020





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> Bat Pumpkin Halloween Mummy Vampire Witch Spooky Trick or Treat

Fun Ghost Costume Skeleton Candy Scary Monster Haunted House

HIAWATHA CARE CENTER

405 N 15TH AVENUE, HIAWATHA, IA 52233 319-378-8583 hccinfo@hiawathacarecenter.com kwalton@hiawathacarecenter.com

DEPARTMENT HEADS

ADMINISTRATOR ACCOUNTANT DIRECTOR OF NURSING ASSISTANT DIRECTOR OF NURSING ASSISTANT DIRECTOR OF NURSING CERTIFIED DIETARY MANAGER, CFPP **ACTIVITIES DIRECTOR** DIETARY CONSULTANT SOCIAL SERVICES DIRECTOR ENVIROMENTAL SERVICES SUPERVISOR Donna Radeke **RESTORATIVE THERAPY DIRECTOR** CARE PLAN COORDINATOR HUMAN RESOURCE DIRECTOR

2

Kent Walton Karen Chadwick Nancy Young Amanda Lauterwasser Karmin Boote Laurie Fish Hannah Waters Linda Green Becky Stebral Tammy Ronnebaum Kelly VanGinkel Amanda Kennedy

2020 RESIDENT COUNCIL BOARD MEMBERS

Ron Jorgensen—**President Vonnie Higginbotham—Vice President Eileen Baird—Secretary**

If you have any questions or concerns, please report them to your <u>Resident Council Officers</u>. You may also want to contact a staff member to resolve the issue immediately. Hiawatha Care Center's admissions, room assignment, and resident services are provided without regard to race, creed, color, national origin, religion, or disability.





Since we are already doing things a little different around here, lets celebrate Halloween a new way this year!

Reverse Trick or Treat

Friday, October 29th @ 2:30, staff will dress up and go room to room passing out goodies to all the residents.

We will be having a costume contest!

Families, if you wish for your loved one to wear a costume, please contact Hannah or Deanna to make these arrangements. hwaters@hiawathacarecenter.com (319) 368-2626

HAPPY HALLOWEEN EVERYONE!



In Loving Memory of those that went before us! Mildred Jessen John Peet Richard Taylor Sharyl Hohnecker Anabel Poque Ann Digiantonio Imogene McMahon You may be gone From my sight... but you are never gone from my heart.



Across

 Frightening
 He hates garlic
 Frankenstein had
 one
 The Count
 Where a vampire sleeps
 _____ or treat
 Scare
 A skeleton is just a bunch of these
 Mr. O'Lantern

20. What the pot might call the kettle
21. ______ stories
22. A boney sort of fellow
24. Found in Egypt
25. Lives in the belfry
27. Whoo? Whoo?
28. Playground for ghosts
29. What a spider spins

Down

 When something makes our skin crawl, it's this
 _____ house
 Makes a popular pie
 When ghosts come out to play
 Fire burn, and _____
 bubble
 Samantha for example
 Evil or mischevous creature 13. Comes out on full moon nights
16. October 31st
17. Witch
transportation
19. Disguise
23. Incey wincey is one of these
24. Might be full, half, or new
26. He swallowed the canary









okypos 1.

- 2. pkpinum
- 3. treta
- oghst 4.
- 5. ydanc
- rpivame 6.
- 7. keonstel
- 8. luhgo
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- 12. owaercrcs
- 13. iyderah
- oblod 14.
- labck act 15.
- ogbiln 16.
- 17. mymmu
- 18. rasyc
- piserd 19.
- 20.sremca

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Outdoor Window Decorating Contest



Families, beginning October 1st we invite you to come and decorate your loved ones outside window for our contest! Staff will vote on Monday, October 19th, for the best decorated outside window. The resident with the most votes will receive a prize. Bonus: this gives them something nice to look! If you have any questions please contact Hannah or Deanna at 368-2626

Window Decorating Rules!

We ask that nothing be plugged in, use battery operated items only!

If you are in a double room please be courteous and use your loved one side only!

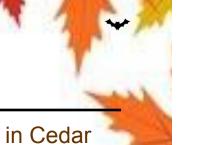
We still mow, so keep that in mind!

We ask that you don't use nails & screws, command hooks are ok!

Hiawatha is not responsible for damaged or lost items.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|---|---|--|
| Happy Halloween | | JBER | 2020 | 1 Breakfast: Cream of Wheat, Scrambled Egg with Cheese, Toast Lunch: Roast Beef, Beef Gravy, Aspara- gus, , Sides: Mashed Potatoes, Bread/ Marg, Cherry Cheesecake Supper: Pasta Primavera w/Chicken, Mixed Vegetables, Fresh Baked Bread, Sides: Oregon Berry Cup | 2 <u>Breakfast</u> : Malt-O-Meal, Poached Egg, Blueberry Toast <u>Lunch</u> : Tavern Battered Cod, Tartar Sauce, Parmesan Rice, , Sides: Country Trio Vegetables, Bread/Marg. Candy Bar Cake, <u>Supper</u> : Salisbury Steak w/Mushroom Gravy, Baked Potato, Sour Cream/ Margarine, Broccoli Cuts, Bread/Marg. Sides: Pears | 3 <u>Breakfast</u> : Oatmeal, Breakfast Sand- wich, <u>Lunch</u> : Ham Ball, Baked Sweet Potato, Corn, Bread/Marg Sides: Watermelon, <u>Supper</u> : Cheeseburger Casserole, Green Beans, Sides: Dark Sweet Cher- ries, Ice Cream Cup |
| 4 <u>Breakfast</u> : Oatmeal, Scrambled Egg/ Cheese, Cinnamon Roll/Frosting <u>Lunch</u> : Chicken Breast Tenders, Mashed Potatoes, Chicken Gravy, Creamy Cole- slaw, Sides: Dinner Roll/Marg, Pie, <u>Supper</u> : Hot Dog/Bun, Potato Salad, Sides: Carrots, Mandarin Oranges | 5 <u>Breakfast</u> : Cream of Wheat, Scrambled Egg Patty, Bacon, Toast, <u>Lunch</u> : Spaghetti/Meatsauce, toss Salad/Dressing, Sides: Garlic Toast, Tri- ple Fudge Brownie, <u>Supper</u> : Turkey Burger on Bun, Sides: Lettuce/Tomato/Onion, Scalloped corn, Fresh Grapes | 6 <u>Breakfast</u> : Malt-O-Meal, Sausage Link, Pancakes/Syrup, Banana Half, <u>Lunch</u> : Caribbean Pork chop, Mixed Vegetables, Sides: Baked Sweet Potato, Bread/Marg. Lime Crunch, <u>Supper</u> : Chicken Caesar Salad, Tomato Wedges, Assorted Crackers, Cucumber Slices, Sides: Jell-O Cake | 7 <u>Breakfast</u> : Oatmeal, Fried Egg, Toast, <u>Lunch</u> : Hot Beef Sandwich, Mashed Potatoes, Beef Gravy, Sides: Lemon Glazed Carrots, Peach Cobbler Cake, <u>Supper</u> : Homemade Vegetable Beef Soup, Salami & Swiss on Focaccia Square/Lettuce & Tomato, Sides: Apri- cots | 8 <u>Breakfast</u> : Cream of Wheat, Fruit & Yogurt Parfait, Donut <u>Lunch</u> : Smothered Chicken, Garden Blend Rice, Sides: Broccoli, Toss Salad/ Dressing, Cherry Chocolate Crisp <u>Supper</u> : Meatball Sub Sandwich, Sides: Pasta Salad, Dilly Green Bean Salad, Scotcharoos | 9 <u>Breakfast</u> : Malt-O-Meal, Sausage Gravy, Biscuit <u>Lunch</u> : Tavern Battered Cod, Tartar Sauce, Fried Potatoes, Country Fried Steak, Country Trio Vegetables, Bread/ Butter, , Sides: Lemon Angel Dessert <u>Supper</u> : Chicken & Noodles, Cascade Blend Vegetables, Sides: Fruit Cocktail, | 10 <u>Breakfast</u> : Oatmeal, Hard Boiled Egg, Toast/Jelly <u>Lunch</u> : Hamburger on Bun, Potato Salad, Lettuce, Tomato, Onion, Sides: Watermelon, <u>Supper</u> : Turkey Provolone Croissant, Potato Chips, Toss Salad/Dressing, Sides: Berry Cup |
| 11 <u>Breakfast</u>: Cream of Wheat, Poached Egg, Danish <u>Lunch</u>: Baked Ham, Dilled Carrots, Sides: Party Potatoes, Dinner Roll/ Marg., Pie, <u>Supper</u>: Denver Hash brown Casserole, Cinnamon Roll, Sides: Capri Blend Vegs, Sunrise Fruit Blend | 12 <u>Breakfast</u> : Malt-o-Meal, Scrambled Egg, Toast <u>Lunch</u> : Beef & Noodles, . Sides: Aspara- gus w/Bacon, Bread/Marg, Angle Food Cake, w/ Strawberries, Whipped Topping, <u>Supper</u> : Country Fried Steak, Mashed Potatoes, Country Gravy, Riviera Vege- tables, , Sides: Tapioca Pudding | 13 <u>Breakfast</u> : Oatmeal, Blueberry Toast, Sausage Link <u>Lunch</u> : BLT Sandwich, Cottage Cheese, Potato Chips, Sides: Fresh Melon Cup, <u>Supper</u> : Fiesta Potato Platter, Shred- ded Lettuce/Tomato, Sour Cream, Sides: Cascade Blend Vegs, Chocolate Chip Cookie | 14 <u>Breakfast</u> : Cream of Wheat, hard Boiled Egg, Toast, Banana Half, <u>Lunch</u> : Baked Pork Chop, Mashed Potatoes, Pork Gravy, Sides: Garlic Breadstick, Cherry Fluff <u>Supper</u> : Philly Steak Sandwich, Roast- ed peppers & Onions, Sides: Potato Salad, Fresh Grapes | 15 <u>Breakfast</u>: Malt-O-Meal, Breakfast Sandwich <u>Lunch</u>: Meatloaf, , Sides: Baked Sweet Potato, Capri Blend Veg, Bread/Marg, Cream Puff Dessert, <u>Supper</u>: Turkey Swiss Sandwich, Lettuce/Tomato, Potato Chips, #Sides: Pears | 16 <u>Breakfast</u>: Oatmeal, Fried Egg, Toast, Margarine/Jelly <u>Lunch</u>: Hamburger Steak w/ Gravy, Sides: Fried Potatoes, Green Beans, Bread/Butter, Frosted Brownie, <u>Supper</u>: Ham Pasta Salad, Tomato Wedges, Deviled Egg Halves, Sides: Fresh Baked Bread, Tropical Fruit | 17 <u>Breakfast</u>: Cream of Wheat, Fruit & Yogurt Parfait, Wheat Toast <u>Lunch</u>: Chicken Fajita Pasta Bake, Riviera Vegetables, Bread/Marg. <u>Supper</u>: Scalloped Potatoes & Ham, Mixed Vegetables, , Sides: Mandarin Oranges, Sherbet Cup |
| 18 <u>Breakfast</u> : Malt-O-Meal, Sausage Patty, Glazed Long John <u>Lunch</u> : Herbed pork Loin, Peas, Sides: Baked Sweet Potato/Marg. Dinner Roll/ Marg, Pie, <u>Supper</u> : Sweet & Sour Meatballs, Bread/ Butter, Sweet Macaroni Salad, Sides: Cascade Blend Vegetables, Blushing Pears | 19 <u>Breakfast</u> : Oatmeal, Fried Egg, Toast, <u>Lunch</u> : Lemon Pepper Tilapia, Tartar Sauce, Sides: Fried Potatoes, Parslied Carrots, Triple Berry Buckle, <u>Supper</u> : Chicken Breast/Bun Italian Tomato Salad, Cheddar Munchers, Sides: Fruit Cup | 20 <u>Breakfast</u> : Cream of Wheat, Little Smokies, Toast <u>Lunch</u> : Swiss Steak w/ Tomatoes, Beef Gravy, Sides: Mashed Potatoes, Aspar- agus, Fresh Baked Bread, Strawberries, <u>Supper</u> : Taco Salad, Shredded Lettuce/ Tomato, Salsa, Sour Cream, Sides: Mandarin Oranges, Ice Cream Cup | 21 <u>Breakfast</u> : Malt-O-Meal, Sausage Gra- vy, Biscuit, <u>Lunch:</u> Chicken Enchilada Casserole, Mexican Rice, Sides: Country Trio Veg- etables, French Silk Dessert, <u>Supper</u> : Supreme Pizza, Tossed Salad/ Dressing, Mixed Vegetable, Sides: Lem- on Fruit Cup | 22 Breakfast: Oatmeal, Cheese Omelet, Blueberry Muffin, Lunch: Baked Ham, Baked Potato/Marg & Sour Cream, Green Beans, , Sides: Bread/ Marg, Very Berry Gelatin, Supper: Herb Roasted Chicken, Mashed Potatoes, Chicken Gravy, Sides: Capri Blend Vegs, Bread/Marg. Heath Bar Blondie | 23 <u>Breakfast</u> : Cream of Wheat, Sausage Link, Pancakes/Syrup <u>Lunch</u> : Spaghetti/Meat sauce, Mini Chef Salad, Garlic Toast, Sides: Lemon Cheesecake, <u>Supper</u> : Salami & Swiss Sandwich, Tomato Slices, 3 Bean Salad, Sides: Apricots | 24 <u>Breakfast</u> : Malt-O-Meal, Bacon, Toast, Margarine/Jelly, <u>Lunch</u> : Honey Garlic Meatballs, Scal- loped Potatoes, Pickled Beets, Bread/ Marg, Fresh Melon Cup <u>Supper</u> : Sloppy Joe on Bun, Ranch Tater Tots, Cucumber & Onion Salad, Sides: Ranger Cookies |
| 25 <u>Breakfast</u> : Oatmeal, Scrambled Egg, Glazed Donut <u>Lunch</u> : Roast Turkey, Parsley Butter Red Potatoes, Sides: Creamed Peas, Dinner Roll, Pie, <u>Supper</u> : Ham & Cheese Quiche, Mixed Vegetables, Muffin/Marg, Sides: Bana- na & Mandarin Oranges | 26 <u>Breakfast</u> : Cream of Wheat, Skillet Breakfast, Toast, <u>Lunch</u> : Lasagna, Garlic Toast, Sides: Cascade Blend Vegetables, Toss Salad/ Dressing, Root Beef Float Cake, <u>Supper</u> : Italian Croissant with Lettuce/ Tomato, Potato Chips, Sides: Pineapple Tidbits | 27 <u>Breakfast</u> : Malt-O-Meal, Hard Boiled Egg, Raisin Toast <u>Lunch</u> : Hot Dog on Bun, Summer Fresh Pasta Salad, Green Beans, , Sides: Fresh Grapes, <u>Supper</u> : Goulash, Garlic Toast, Sides: Tossed Salad/Dressing, Applesauce | 28 <u>Breakfast</u> : Oatmeal, Sausage Gravy, Biscuit <u>Lunch</u> : Scalloped Potatoes, & Ham, Sides: Capri Blend Vegetables, Garlic Breadstick, Banana Bread Blondie, <u>Supper</u> : Cheeseburger Deluxe, Sides: Lettuce/Tomato/Onion, Potato Salad, Mandarin Oranges | 29 <u>Breakfast</u> : Cream of Wheat, Scrambled Egg with Cheese, Toast <u>Lunch</u> : Roast Beef, Beef Gravy, Aspara- gus, , Sides: Mashed Potatoes, Bread/ Marg, Cherry Cheesecake <u>Supper</u> : Pasta Primavera w/Chicken, Mixed Vegetables, Fresh Baked Bread, Sides: Oregon Berry Cup | 30 <u>Breakfast</u> : Malt-O-Meal, Poached Egg, Blueberry Toast <u>Lunch</u> : Tavern Battered Cod, Tartar Sauce, Parmesan Rice, , Sides: Country Trio Vegetables, Bread/Marg. Candy Bar Cake, <u>Supper</u> : Salisbury Steak w/Mushroom Gravy, Baked Potato, Sour Cream/ Margarine, Broccoli Cuts, Bread/Marg. Sides: Pears | 31 <u>Breakfast</u> : Oatmeal, Breakfast Sand- wich, <u>Lunch</u> : Ham Ball, Baked Sweet Potato, Corn, Bread/Marg Sides: Watermelon, <u>Supper</u> : Cheeseburger Casserole, Green Beans, Sides: Dark Sweet Cher- ries, Ice Cream Cup |

Resident of the month Elva Boyse



Elva was born on October 23rd, 1915 at Mercy in Cedar Rapids, Iowa and grew up around the Fairfax area. Since she was the oldest of four siblings, it was her responsibility to help with chores on the family farm such as milking cows and driving the tractor to the field. Growing up on a farm with animals, she fell in love with riding horses.

When she got older, Elva would enjoy going out with her friends to places such as Dance Land to go dancing. This is where she ended up meeting her future husband Nyal. After getting to know each other, they united in marriage on May, 8th,1937. Shortly after they got married they started their family and by 1940 had two wonderful children Gary and Karen. Although Elva enjoyed being a stay at home mother, she also enjoyed working at the families Hog Buying Market in the office. She even got her chauffeurs license to help drive the semi when needed.

Elva enjoys playing golf, spending time with her family and riding horses.

Elva has been part of our HCC community since March of 2013.

She is celebrating her 105th birthday this month. If you wish to send her a birthday card for this very special birthday, please send them to the Hiawatha Care Center.





Kenneth Ruzicka 10/30/1945



Virginia Magnifico 10/4/1923

- Miriam Caves *10/5/1928*
- Mildred Flint 10/11/1916
- Ardeth Fevold 10/11/1931
- Terry Bernhardt *10/12/1944*

Elva Boyse 10/23/1915

- Norma Baughman *10/24/1930*
- Dorothy Thompson *10/27/1926*



OCTOBER 2020

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|---|---|---|--|
| | | dar is subject to cha e currently on hold | nge at any time. All until further notice. | 1 <u>National Hair Day</u> Daily Independent in room activities | 2 <u>National Chili Week</u> Daily Independent in room activities | 3 <u>National Boyfriend Day</u> Daily Independent in room activities |
| | | ding the residents or p independent room | | *All Day in Room Nail Care & Hair Do's with Activities | *All Day in Room Staff Visits | *All Day in Room Staff Visits |
| 4 National Taco Day | 5 Do Something Nice Day | 6 National Noodle Day | 7 National Pumpkin Seed Day | 8 National Fluffernutter Day | 9 National Moldy Cheese Day | 10 Angel Food Cake Day |
| Daily Independent in room activities | Daily Independent in room activities | Daily Independent in room activities | Daily Independent in room activities | Daily Independent in room activities | Daily Independent in room activities | Daily Independent in room activities |
| *All Day in Room Ch. 22 & 21 Church Service and /or YouTube | * All Day Hallway Fall Decorating with Activities | *All Day Hallway Fall Decorating with Activities | *All Day in Room Reminisce with Activities | * All Day Food Creations with Activities | *All Day in Room Games with Activities | *All Day in Room Staff Visits |
| 11 Clergy Appreciation Day | 12 National Farmers Day | 13 National No Bra Day | 14 National Dessert Day | 15 National I Love Lucy Day | 16 National Sports Day | 17 National Sweets Day |
| Daily Independent in room activities | Daily Independent in room activities | Daily Independent in room activities | Daily Independent in room activities | Daily Independent in room activities | Daily Independent in room activities | Daily Independent in room activities |
| *All Day in Room Ch. 22 & 21 Church Service and /or YouTube | *All Day in Room Nail Care & Exercises with Activities | *Halloween Hallway Decorating with Activities | *Halloween Hallway Decorating with Activities | * All Day Food Creations with Activities | *All Day in Room Games with Activities | *All Day in Room Staff Visits |
| 18 National No Beard Day | 19 National Kentucky Day | 20 Brandied Fruit Day | 21 Pumpkin Cheese Cake Day | 22 <u>National Color Day</u> | 23 National Talk Show Host Day | 24 Make a Difference Day |
| Daily Independent in room activities | Daily Independent in room activities | Daily Independent in room activities | Daily Independent in room activities | Daily Independent in room activities | Daily Independent in room activities | Daily Independent in room activities |
| *All Day in Room Ch. 22 & 21 Church Service and /or YouTube | *All Day Pumpkin Decorating with Activities | *All Day Pumpkin Decorating with Activities | *All Day Pumpkin Decorating with Activities | *All Day Food Creations with Activities | *All Day in Room Staff Visits | *All Day in Room Staff Visits |
| 25 Mother-in-law Day | 26 National Pumpkin Day | 27 <u>National Black Cat Day</u> | 28 National Chocolate Day | 29 World Stroke Day | 30 National Candy Corn Day | 31 National Carmel Apple Day |
| Daily Independent in room activities | Daily Independent in room activities | Daily Independent in room activities | Daily Independent in room activities | Daily Independent in room activities | Daily Independent in room activities | Halloween |
| *All Day in Room Ch. 22 & 21 Church Service and /or YouTube | *All Day Pumpkin Decorating with Activities | *All Day in Room Staff Visits | *All Day in Room Reminisce with Activities | * All Day Food Creations with Activities | * Halloween Costumes, Games, Reminiscing, Goodies! | *All Day in Room Staff Visits |