





# The State Fire Marshal

## forbids natural pine trees and wreaths in the facility.





If any of these items arrive as gifts for residents, we will contact families to pick them up.



# Beauty Shop News for 2026

Starting in 2026, the beauty shop will have updated pricing.

The new price list will be posted on the beauty shop door!




# Department Head Directory

## 319-378-8583

Administrator: Kent Walton  
Director or Nursing: Amanda Lauterwasser  
Care Plan Coordinator: Kelly VanGinkel  
Social Service Director: Becky Stebral  
Accountant: Karen Chadwick  
Restorative Therapy Director: Tammy Ronnebaum

Dietary Manager: Stephanie Cross  
Dietitian: Linda Green  
Environmental Supervisor: Alex Studt  
Activity Director: Hannah Waters

# Hiawatha Care Center December 2025 Newsletter

405 N 15TH Avenue Hiawatha, IA 52233  
319-378-8583      [kw Walton@hiawathacarecenter.com](mailto:kw Walton@hiawathacarecenter.com)

At Hiawatha Care Center, we not only emphasize our quality of care, but also our quality of caring!

# December Birthdays

David Grant	3rd
Margaret Klein	4th
Bonnie Grimes	4th
Bette Berg	6th
Ed Hoffman	10th
Ron Landis	15th
Carol Guge	18th
Sondra Parman	20th
Zita Waschkat	28th
Jean Hospodarsky	29th



# Resident Council Leaders

- Kay Riehl
- Gayla Ruiz
- Beth Taggart
- Linda Spence
- Mary Heck
- Marlys Fischels





2 Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The menu is subject to change based on food supply availability. Thank you!		This week the kitchen will be under construction and possibly into early next week. During this time, we'll use paper products since the dish machine will be unavailable, and we'll offer only one meal choice. Refer to the daily menu board.					
7 Malt O Meal, Frittata, Cinnamon Roll Casserole, <b>Lunch #1</b> Pork Loin/Gravy, <b>#2</b> Turkey Fillet, <b>Sides:</b> Mashed Potatoes, Riviera Vegetables, Dinner Roll/Marg., Pie, <b>Supper #1</b> Chicken Bacon Swiss/Bun, L/T/O <b>#2</b> Pulled Pork/Bun, <b>Sides:</b> Baked Beans, Pears		8 Oatmeal, Pancakes, Breakfast Ham Patty, <b>Lunch #1</b> Spaghetti, Italian Vegetables, Garlic Bread, <b>#2</b> Chef Salad, Crackers, <b>Sides:</b> Chocolate Peanut Butter Quake, <b>Supper #1</b> Meatballs/Sauce, <b>#2</b> Pollock Wings, <b>Sides:</b> Fried Potatoes, Bacon Tomato Cucumber Salad, Apricots	9 Cream of Wheat, Biscuits & Gravy, <b>Lunch #1</b> Cheddar Chicken & Rice Bake, <b>#2</b> Tater Tot Casserole, <b>Sides:</b> Peas, Cheese Breadstick, Mixed Berries, <b>Supper #1</b> Grilled Turkey & Swiss, <b>#2</b> Breaded Pork Tenderloin, <b>Sides:</b> Cheddar Potato Spudz, Creamy Coleslaw, Mandarin Oranges	10 Malt O Meal, Egg Bite, Toast, Cantaloupe, <b>Lunch #1</b> Meatloaf, Sour Cream Mashed Potatoes, <b>#2</b> Pulled Pork Loaded Baked Potato, <b>Sides:</b> Green Beans, Banana Split Cake, <b>Supper #1</b> Chicken Noodle Soupe, Deli Ham Sandwich, <b>#2</b> Vegetable Beef Soup, Deli Turkey Sandwich, <b>Sides:</b> Crackers, L/T/O, Fruit Cocktail	11 Oatmeal, Denver Scrambled Eggs, Toast, 1/2 Banana, <b>Lunch #1</b> Beef Tips/Brown Gravy, <b>#2</b> BBQ Ribs, <b>Sides:</b> Mashed Potatoes, Carrots, Pumpkin Crisp, <b>Supper #1</b> Chicken Patty/Bun, L/T/O, Creamy Coleslaw, <b>#2</b> BBQ Chicken Salad Plate, Cornbread, <b>Sides:</b> Brownie Pie	12 Cream of Wheat, Fried Egg, Toast, <b>Lunch #1</b> Cod Scrod, <b>#2</b> Hamburger Steak/Gravy, <b>Sides:</b> Garden Rice, Riviera Vegetables, Blushing Pears, <b>Supper #1</b> Cheeseburger/Bun, Coleslaw, Chips, Cookie	13 Malt O Meal, Hard Boiled Egg, Blueberry Toast, <b>Lunch #1</b> Queso Chicken & Rice Bake, Lettuce & Tomato, Refried Beans, <b>#2</b> Baked Pork Chop, Mashed Potatoes, <b>Sides:</b> Corn, Cinnamon Applesauce, <b>Supper #1</b> Chili/Fixings, Cheddar Cornbread, Pears, <b>#2</b> Cottage Cheese Fruit Plate/Crackers, <b>Sides:</b> Cinnamon Roll Cake
14 Oatmeal, Sausage Link, Danish, Baked Spice Fruit Cup, <b>Lunch #1</b> Beef Pot Roast, <b>#2</b> Swiss Steak, <b>Sides:</b> Mashed Potatoes/Gravy, Green Beans, Dinner Roll, Pie, <b>Supper #1</b> Fish Filet, <b>#2</b> Hot Dog/Bun, <b>Sides:</b> Macaroni & Cheese, Toss Salad/Dressing, Blueberries		15 Cream of Wheat, Poached Egg, Toast, 1/2 Banana, <b>Lunch #1</b> Glazed Ham, <b>#2</b> Smothered Turkey Patty, <b>Sides:</b> Mashed Potatoes, Chalet Vegetables, Bread/Marg., Strawberry Cheesecake Fluff, <b>Supper #1</b> Breaded Chicken, <b>#2</b> Baked Pork Chop, <b>Sides:</b> Fried Potatoes, Corn, Mandarin Oranges	16 Malt O Meal, Scrambled Egg/Cheese, Peanut Butter Coffee Cake, <b>Lunch #1</b> Baked Penne & Sausage, <b>#2</b> French Onion Beef Casserole, <b>Sides:</b> Peas, Bread/Butter, Mixed Fruit, <b>Supper #1</b> Turkey French Dip, <b>#2</b> Autum Chicken Breast, Garlic Mashed Potatoes, Garlic Bread, <b>Sides:</b> Carrots, Snicker-doodle Pumpkin Dessert	17 Oatmeal, Maple Sausage, French Toast, Strawberries, <b>Lunch #1</b> Chicken Lasagna, Breadstick, <b>#2</b> Beef Cube Steak/Gravy, Loaded Mashed Potatoes, <b>Sides:</b> Riviera Vegetables, Chocolate Dream Dessert, <b>Supper #1</b> Cheeseburger/ Bun, <b>#2</b> BBQ Pork Steak/Bun, <b>Sides:</b> L/T/O, French Fries, Apricots	18 Cream of Wheat, Cheese Omelet, Raisin Toast, <b>Lunch #1</b> Taco in a Bag, Lettuce/Tomato/Sour Cream, <b>#2</b> Chicken Tenders, Mashed Potatoes, <b>Sides:</b> Southwest Vegetables, Birthday Cake Blondie, <b>Supper #1</b> Chicken & Dumpling Soup, Crackers, Garlic Bread, <b>#2</b> Loaded Baked Potato/Ham, <b>Sides:</b> Pears, Peanut Butter Cookie	19 Malt O Meal, Egg & Sausage Biscuit, Banana Half <b>Lunch #1</b> Cheesy Tuna Casserole, Mixed Vegetables, Bread/Marg. <b>#2</b> Grilled Cheese Sandwich, Tomato Soup <b>Sides:</b> Peaches <b>Supper #1</b> Breaded Fish <b>#2</b> Meatballs/Sauce <b>Sides:</b> Cascade Vegetables, Potato Wedges, Frosted Cake	20 Oatmeal, Bacon, Toast, Blueberries, <b>Lunch #1</b> Turkey Meatloaf, Au Grain Potatoes, Garlic Breadstick, <b>#2</b> Sloppy Joe/Bun, Potato Chips, <b>Sides:</b> Dilled Carrots, Oatmeal Butterscotch Bar, <b>Supper #1</b> BBQ Chicken Tenders, Herb Baby Baker Potatoes, <b>#2</b> Chicken Noodle Soup, Grilled Ham & Cheese, <b>Sides:</b> Country Trio Vegetables, Cinnamon Baked Apples
21 Cream of Wheat, Apple Streusel Coffee Cake, Hard Boiled Egg, <b>Lunch #1</b> Baked Ham, <b>#2</b> Turkey Medallions/Gravy, <b>Sides:</b> Cheesy Mashed Potatoes, Winter Vegetables, Dinner Roll, Pie, <b>Supper #1</b> Broccoli Cheddar Soup, Salami Sandwich, L/T/O, <b>#2</b> Cheese Omelet, Pea, Toast, <b>Sides:</b> Mandarin Oranges		22 Malt O Meal, Chocolate Croissant, Sausage Link, <b>Lunch #1</b> Beef Pepper Steak, <b>#2</b> Chicken Tenders, <b>Sides:</b> Baked Potato/Marg., Key West Vegetables, Garlic Bread, Black Forest Pie, <b>Supper #1</b> BBQ Rib Sandwich, <b>#2</b> Hamburger/Bun, <b>Sides:</b> Sweet Potato Waffle Fries, Creamy Coleslaw, Peaches	23 Oatmeal, Scrambled Egg/Cheese, Toast, <b>Lunch #1</b> Tater Tot Casserole, <b>#2</b> Beef Minute Steak/Gravy, <b>Sides:</b> Carrots, Biscuit, Pineapple Upside Down Cake, <b>Supper #1</b> Cheeseburger Soup, Turkey Sandwich, <b>#2</b> Chili/Fixings <b>Sides:</b> Tossed Salad/Dressing, Caramel Fruit Dessert	24 Cream of Wheat, Ham Patty, Frosted Cinnamon Roll, Peaches & Raspberries, <b>Lunch #1</b> Chicken Bacon Ranch Casserole, <b>Sides:</b> Riviera Vegetables, Garlic Bread, Loaded Cookie Bar, <b>Supper #1</b> Chicken Parmesan Sandwich, Tater Tots, Green Beans, <b>Sides:</b> Cranberry Crumb Cake	25 Malt O Meal, Bacon, Cheese Omelet, Toast, 1/2 Banana, <b>Lunch #1</b> Beef Pot Roast <b>Sides:</b> Garlic Mashed Potatoes, Malibu Vegetables, Dinner Roll, Pie, <b>Supper #1</b> Homemade Vegetable Beef Soup, Deli Turkey Sandwich, <b>Sides:</b> Tossed Salad/Dressing, Apricots	26 Oatmeal, Scrambled Egg Patty, Pumpkin Muffin, <b>Lunch #1</b> Alaskan Pollock Wings, <b>#2</b> Caesar Chicken, <b>Sides:</b> Fried Potatoes, Mixed Vegetables, Fresh Baked Bread, Strawberry Cream Cake, <b>Supper #1</b> Layered Taco Salad, Lettuce/Tomato, Cornbread, <b>#2</b> Tuna Salad/Croissant, Potato Chips, L/T/O, <b>Sides:</b> Pineapple Tidbits	27 Cream of Wheat, Sausage Patty, Pancake, 1/2 Banana, <b>Lunch #1</b> Cheesy Meatloaf <b>#2</b> Pork Steak, <b>Sides:</b> Cheesy Mashed Potatoes, Normandy Vegetables, Smore Pudding, <b>Supper #1</b> Wisconsin Cheese Soup, Deli Chicken Sandwich, <b>#2</b> BBQ Turkey Tenderloin Sandwich, Potato Chips <b>Sides:</b> L/T/O, Pears
28 Oatmeal, Cheese Omelet, Cinnamon Roll Coffee Cake, <b>Lunch #1</b> Turkey/Gravy, <b>#2</b> Chicken Tenders, <b>Sides:</b> Stuffing, Green Beans, Roll, Pumpkin Pie, <b>Supper #1</b> Shepherds Pie, Bread/Marg., <b>#2</b> Tomato Soup, Grilled Cheese Sandwich, <b>Sides:</b> Oregon Vegetables, Strawberries		29 Cream of Wheat, Poached Egg, Cinnamon Bread, <b>Lunch #1</b> Ravioli Bake, <b>#2</b> Breaded Cod, Mashed Potatoes, <b>Sides:</b> Key West Vegetables, Garlic Toast, Mango, <b>Supper #1</b> Cuban Slider, <b>#2</b> Meatballs/Sauce, <b>Sides:</b> Tater Tots, Creamy Cucumber Salad, Apricots	30 Malt O Meal, Scrambled Egg w/ Bacon, Toast, 1/2 Banana, <b>Lunch #1</b> Chicken & Noodles, <b>#2</b> Chili Mac, <b>Sides:</b> Chalet Vegetables, Garlic Breadstick, Peaches <b>Supper #1</b> French Onion Pork Loin <b>#2</b> Turkey Burger/Bun <b>Sides:</b> Sweet Potato Crunch Casserole, Country Trio Vegetables, Raspberries	31 Oatmeal, Sausage Patty, Toast, Sun Rise Fruit Blend, <b>Lunch #1</b> Swiss Steak/Gravy, <b>#2</b> BBQ Pork Chop, <b>Sides:</b> Garlic Parmesan Mashed Potatoes, Peas, Bread/Butter, Funfetti Blondie, <b>Supper #1</b> Corned Beef Vegetable Soup, Grilled Cheese Sandwich, <b>#2</b> Cheddar Chicken Rice Bake, Mixed Vegetables <b>Sides:</b> Pears	December Menu		



## Resident Christmas Party



Wednesday, December 23rd @ 2 PM



Sing, sway, and be merry with live music from Grant Beck!

And NO Christmas party is complete without...



**PRESENTS!**



*Residents, bring your holiday spirit and join the fun!*

## THE SHOPPING SPREE



Tuesday, DECEMBER 9TH !

Beginning at 9:30 am

IN THE CLASSROOM!

*This is for Long-Term Residents*



## Christmas Word Search



AN  
FR  
YJWZ  
KZIY  
TWKPEY  
KFUDCV  
XJOLLYGJ  
GMYSJVSL  
GBUBLMJZSC  
DHVSLPXVIG  
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BELLS  
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ELVES  
SLED

CELEBRATE  
EGGNOG  
TREE  
JOLLY  
SANTA

MERRY  
MISTLETOE  
CHIMNEY  
REINDEER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All activities are subject to change. Please refer to the whiteboards in the dining rooms for the daily schedule!	1 Morning Independent Activities  2:30 Movie & Popcorn	2 10:00 Reminiscing 10:30 Piano Music with Melinda 2:30 Music with the Hart/Parker Trio Band	3 10:00 Crafts with Students from Andrews Academy 2:30 Music with the Famous Lena Adams 4:00 Activity Hour	4 10:00 George Burns & Grace Allen Book Reading 2:30 Happy Hour: Music with Dave Wirtz	5 10:00 Animals in the Manger <i>(Front Parking Lot)</i> 2:30 Bingo Hour	6 Independent Activities  4:30 Flute Music with Charlotte
7 10:00 Catholic Communion  12:30 Carolers- (Group 1) St. Pius Girl Scouts -Troop 5  4:00 King of Kings Lutheran Church Service	8 10:00 Manicures & Social  2:30 Country Steppers  4:45 Bible Study Group	9  LONG-TERM RESIDENT SHOPPING SPREE  2:30 Resident Council Meeting	10 10:00 Gospel Light Baptist Church Service 2:30 Music with the Oxford Junction Band 4:00 Activity Hour	11 10:00 Caroling with the Students from Benton Community School 2:30 Happy Hour with Clay Willie	12 10:00 Mover's & Shakers 2:30 Bingo Hour 3:30 Snack & a Show	13 Morning Independent Activities  2:30 Live Music with C.R. Express
14 10:00 Catholic Communion  12:30 Carolers- (Group 2) St. Pius Girl Scouts -Troop 5  2:30 Music with Richard Lee	15 10:00 Manicures & Social 2:30 Ice Cream Social 4:45 Bible Study Group 6:00 Carolers- Troop 27	16 10:00 Reminiscing 10:30 Piano Music with Melinda 2:30 The Traditions of Christmas with Marci 4:00 Activity Hour	17 10:00 Decks or Dice 2:30 Music Entertainment: Elvis Presley & Wife 4:00 Activity Hour	18 10:00 Guess the Puzzle with ARC Friends  2:30 Birthday Party with Dave Marshall	19 10:00 Fun with Friends From Discovery Living <i>"Craft: Ginger Bread Men"</i> 2:30 Bingo Hour 3:30 Snack & a Show	20 Morning Independent Activities 2:30 Crafty Hour with Joanne & Erikka  Weekend Popcorn
21 10:00 Catholic Communion 12:15 Carolers- St. Elizabeth Students 3:00 Piano Concert with Leah Anderson & Students 4:00 King of Kings Lutheran Church Service	22 10:00 Manicures & Social 2:30 C.R. Community Orchestra 4:45 Bible Study Group	23 10:00 Snow Globe Crafts  2:00 Resident Christmas Party Music with Grant Beck & Presents	24 Christmas Eve <i>Visits with Santa Sophie</i> 10:15 Lovley Lane Methodist Church Service 2:30 Christmas Movies & Christmas Treats	25 Christmas Day  <i>Merry Christmas Everyone!</i>  Independent Activities  <i>Happy Birthday Jesus!</i>	26 10:00 Bingo Hour  Independent Activities	27 Morning Independent Activities 2:30 Snow Flake Craft  Weekend Popcorn
28 10:00 Catholic Communion  2:30 Weekend Bingo	29 10:00 Manicures & Social 2:30 Serenity Spa 4:45 Bible Study Group	30 Morning Independent Activities 2:30 Guess that Flavor 4:00 Activity Hour	31 Happy New Years 10:00 Guess the Puzzle  2:30 New Years Eve Party with Harold Gray	<div>  <div> <h1>December Activities</h1> </div>  </div>		