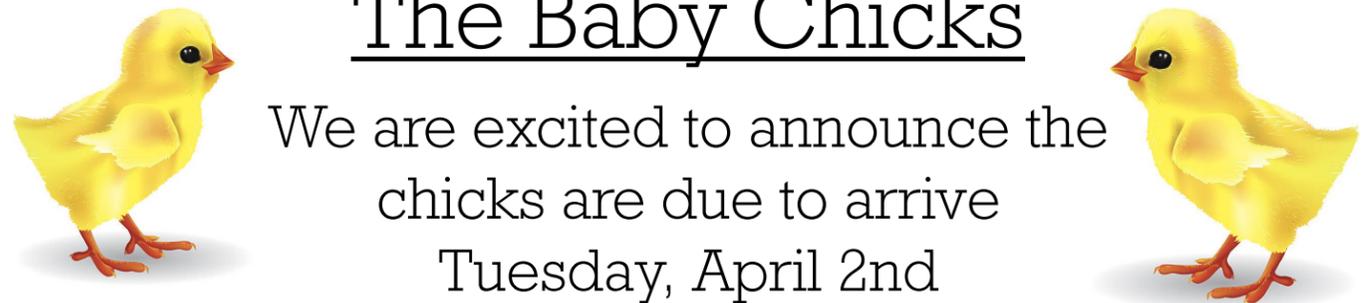


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The Baby Chicks

We are excited to announce the chicks are due to arrive
Tuesday, April 2nd
from Cackle Hatchery!

Hiawatha Care Center March 2026 Newsletter

405 N 15TH Avenue, Hiawatha, IA 52233 319-378-8583
 kwalton@hiawathacarecenter.com

At Hiawatha Care Center, we not only emphasize our quality of care, but also our quality of caring!

Coming Soon!

Starting in April we will be going back over to St. Elizabeth Ann Seton Church for their 30min Mass Service
Thursdays @ 9:00 am.

March Birthdays

Marjorie Daft	3/2
Ardis Schilling	3/4
Teresa Fabert	3/9
Gary Fisher	3/16
Arlene Kolter	3/19

Resident Council Leaders

Gayla Ruiz Beth Taggart
Linda Spence Mary Heck
Marlys Fischels



March Madness 2026



See news board by the SW dining Room for the latest updates!



Easter Egg Dash

Hop on over to meet the Bunny and join the Candy Dash!
Candy will be scattered all around — just bring your bag and be ready for the big “Ready, Set, Go!”

**Saturday, March 28th @10:45 A.M.
in the courtyard**

(In case of bad weather, the event will be held indoors)

Age Groups
1-4 5-7 8-10 11-14

Contact Hannah Waters, Activity Director with any questions. 319-368-2626



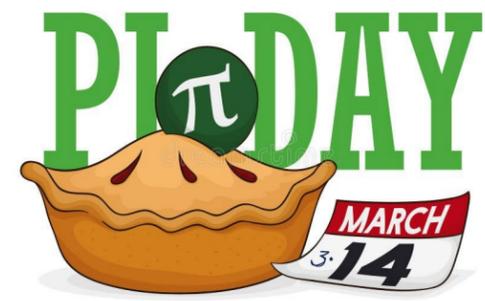

Department Head Directory

319-378-8583

Administrator: Kent Walton	Dietary Manager: Stephanie Cross
Director of Nursing: Amanda Lauterwasser	Dietitian: Linda Green
Care Plan Coordinator: Kelly VanGinkel	Environmental Supervisor: Alex Studt
Social Service Director: Becky Stebral	Activity Director: Hannah Waters
Accountant: Karen Chadwick	
Restorative Therapy Director: Tammy Ronnebaum	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1 Cream of Wheat, Apple Streusel Coffee Cake, Hard Boiled Egg, Lunch: #1 Baked Ham, #2 Turkey Medallions/Gravy, Sides: Cheesy Mashed Potatoes, Winter Vegetables, Dinner Roll, Pie, Supper: #1 Broccoli Cheddar Soup, Salami Sandwich, L/T/O, #2 Cheese Omelet, Peas, Toast, Sides: Mandarin Oranges	2 Malt O Meal, Chocolate Croissant, Sausage Link, Lunch: #1 Beef Pepper Steak, #2 Chicken Tenders Sides: Baked Potato/Marg., Key West Vegetables, Garlic Bread, Black Forest Pie, Supper: #1 BBQ Rib Sandwich #2 Hamburger/Bun Sides: Sweet Potato Waffle Fries, Creamy Coleslaw, Peaches	3 Oatmeal, Scrambled Egg/Cheese, Toast, Lunch: #1 Tater Tot Casserole, #2 Beef Minute Steak/Gravy, Sides: Carrots, Biscuit, Pineapple Upside Down Cake, Supper: #1 Cheeseburger Soup, Turkey Sandwich, #2 Chili/Fixings, Sides: Tossed Salad/Dressing, Caramel Fruit Dessert	4 Cream of Wheat, Ham Patty, Frosted Cinnamon Roll, Peaches & Raspberries, Lunch: #1 Chicken Bacon Ranch Casserole, #2 Goulash, Sides: Riviera Vegetables, Garlic Bread, Loaded Cookie Bar, Supper: #1 Chicken Parmesan Sandwich, Tater Tots, Green Beans, #2 Chef Salad, Dinner Roll, Sides: Cranberry Crumb Cake	5 Malt O Meal, Bacon, Cheese Omelet, Toast, 1/2 Banana, Lunch: #1 Hamburger Steak/Gravy, #2 Meatballs/Sauce, Sides: Garlic Mashed Potatoes, Malibu Vegetables, Chocolate Toffee Dessert, Supper: #1 Grilled Reuben, Vegetable Beef Soup, #2 Turkey Burger/Bun, L/T/O, French Fries, Sides: Apricots	6 Oatmeal, Scrambled Egg Patty, Pumpkin Muffin, Lunch: #1 Alaskan Pollock Wings, #2 Caesar Chicken, Sides: Fried Potatoes, Mixed Vegetables, Fresh Baked Bread, Strawberry Cream Cake, Supper: #1 Layered Taco Salad, Lettuce/Tomato, Cornbread, #2 Tuna Salad/Croissant, Potato Chips, L/T/O Sides: Pineapple Tidbits	7 Cream of Wheat, Sausage Patty, Pancake, 1/2 Banana, Lunch: #1 Cheesy Meatloaf, #2 Pork Steak Sides: Cheesy Mashed Potatoes, Normandy Vegetables, Smore Pudding, Supper: #1 Wisconsin Cheese Soup, Deli Chicken Sandwich, #2 BBQ Turkey Tenderloin Sandwich, Potato Chips Sides: L/T/O, Pears		
8 Oatmeal, Cheese Omelet, Cinnamon Roll Coffee Cake, Lunch: #1 Turkey/Gravy, #2 Chicken Tenders, Sides: Stuffing, Green Beans, Roll, Pumpkin Pie, Supper: #1 Shepherds Pie, Bread/Marg., #2 Tomato Soup, Grilled Cheese Sandwich, Sides: Oregon Vegetables, Strawberries	9 Cream of Wheat, Poached Egg, Cinnamon Bread, Lunch: #1 Ravioli Bake, #2 Breaded Cod, Mashed Potatoes, Sides: Key West Vegetables, Garlic Toast, Mango, Supper: #1 Cuban Slider, #2 Meatballs/Sauce, Sides: Tater Tots, Creamy Cucumber Salad, Apricots	10 Malt O Meal, Scrambled Eggs w/ Bacon, Toast, 1/2 Banana, Lunch: #1 Chicken & Noodles, #2 Chili Mac, Sides: Chalet Vegetables, Garlic Breadstick, Peaches, Supper: #1 French Onion Pork Loin, #2 Turkey Burger/Bun, Sides: Sweet Potato Crunch Casserole, Country Trio Vegetables, Raspberries	11 Oatmeal, Sausage Patty, Toast, Sun Rise Fruit Blend, Lunch: #1 Swiss Steak/Gravy, #2 BBQ Pork Chop, Sides: Garlic Parmesan Mashed Potatoes, Peas, Bread/Butter, Funfetti Blondie, Supper: #1 Corned Beef Vegetable Soup, Grilled Cheese Sandwich, #2 Cheddar Chicken Rice Bake, Mixed Vegetables, Sides: Pears	12 Cream of Wheat, Waffles, Maple Sausage Link, Lunch: #1 Chicken Fried Chicken, Corn Bake, #2 Hamburger/Bun, Potato Chips, Sides: Parslied Carrots, Cherry Crunch, Supper: #1 Dinner Omelet, #2 Hot Dog/Bun, Sides: Fried Potatoes & Onions, Carrots, Mixed Fruit, Danish	13 Malt O Meal, Sausage Link, Pancakes/Syrup Lunch: #1 Breaded Pollock, Tartar Sauce, #2 Baked Ham Sides: Baked Potato/Topping, Riviera Vegetables, Bread/Butter, Lemon Mousse, Supper: #1 Teriyaki Chicken, Rice, Broccoli, Crab Rangoon, #2 Cottage Cheese Fruit Plate, Sides: Mandarin Oranges	14 Oatmeal, Raisin Toast, Hard Boiled Egg, 1/2 Banana, Lunch: #1 Baked Spaghetti, #2 Chicken & Pasta Alfredo, Sides: Garlic Bread, Toss Salad/Dressing, Tropical Fruit Supper, #1 BBQ Rib Patty, Cheesy Mashed Potatoes, Pacific Vegetables, #2 Grilled Rachel Sandwich, Potato Chips, Sides: Cranberry Upside Down Cake		
15 Cream of Wheat, Fruit & Yogurt Parfait, Strudel Bites, Lunch: #1 Glazed Ham, #2 Hamburger Steak/Gravy, Sides: Au Gratin Potatoes, Cascade Vegetables, Dinner Roll, Pie, Supper: #1 Chili/Fixings, Fritos Corn Chips, #2 Loaded Baked Potato/Ham, Sides: Apricots	16 Malt-O-Meal, Bacon, Scrambled Eggs, Toast, Lunch: #1 Baked Garlic Parmesan Chicken, #2 BBQ Ribette, Sides: Garlic & Basil Pasta, Capri Vegetables, Garlic Bread, Pineapple & Cherries, Supper: #1 BBQ Sloppy Joe/Bun, #2 Bratwurst Patty/Bun, Sides: French Fries, Toss Salad/Dressing, Fruit Cocktail	17 Oatmeal, Everything Bagel Bake, 1/2 Banana, Lunch: #1 Beef Minute Steak./Gravy, #2 Turkey Rotini Bake, Cheddar Garlic Biscuit, Sides: Mashed Potatoes, Mixed Vegetables, Ambrosia Dessert, Supper: #1 Wisconsin Cheese Soup, 1/2 Deli Chicken Sandwich, #2 Turkey Cranberry Salad Palte/Dressing Sides: Creamy Cucumber Salad, Cinnamon Baked Apples	18 Cream of Wheat, Sausage Link, Banan French Toast Bake, Lunch: #1 Baked Pork Chop, Stuffing, Broccoli, Cranberry Rice Bread, #2 Beef Chicken Biscuit Casserole, Sides: Ice Cream Cup, Supper: #1 Pork Tenderloin/Bun, #2 Chicken Taco Burger/Bun, Sides: Lettuce/Tomato Slice, Potato Chips, Mandarin Oranges	19 Malt-O-Meal, Ham, Egg & Cheese Croissant, Mixed Fruit, Lunch: #1 Beef Pot Roast #2: Grilled Chicken Breast, Sides: Carlic & Herb Roasted Potatoes, Carrots, Bread/Marg., Banana Foster Cake Supper: #1 Harvest Vegetable Soup, 1/2 Turkey Ranch Slider, L/T/O, #2 Reuben Sandwich, Potato Chips, Sides: Peaches	20 Oatmeal, Poached Egg, Pumpkin Coffee Cake, 1/2 Banana, Lunch: #1 Baked Ham, #2 Pecan Crusted Tilapia, Sides: Macaroni & Cheese, Creamy Coleslaw, Cornbread/Marg. Chocolate Raspberry Delight, Supper: #1 Cheesy Tuna Casserole, Breadstick, #2 Baked Pork Chop, Mashed Potatoes, Sides: Cascaded Vegetables, Blushing Pears	21 Cream of Wheat, Hard Boiled Egg, Bacon, English Muffin, Lunch: #1 Salisbury Steak/Mushroom Gravy, #2 BBQ Ribs, Sides: Baked Potato/Marg., Sunshine Carrots, Cookies & Cream Dessert, Supper: #1 Pizza, Mixed Vegetables, #2 Cheeseburger/Bun, Potato Chips, Sides: Toss Salad, Tropical Fruit		
22 Malt O Meal, Frittata, Cinnamon Roll Casserole, Lunch: #1 Pork Loin/Gravy, #2 Turkey Fillet, Sides: Mashed Potatoes, Riviera Vegetables, Dinner Roll/Marg., Pie, Supper: #1 Chicken Bacon Swiss/Bun, L/T/O, #2 Pulled Pork/Bun, Sides: Baked Beans, Pears	23 Oatmeal, Pancakes, Breakfast Ham Patty, Lunch: #1 Spaghetti, Italian Vegetables, Garlic Bread, #2 Chef Salad, Crackers, Sides: Chocolate Peanut Butter Quake, Supper: #1 Meatballs/Sauce, #2 Pollock Wings, Sides: Fried Potatoes, Bacon Tomato Cucumber Salad, Apricots	24 Cream of Wheat, Biscuits & Gravy, Lunch: #1 Cheddar Chicken & Rice Bake, #2 Tater Tot Casserole, Sides: Peas, Cheese Breadstick, Mixed Berries, Supper: #1 Grilled Turkey & Swiss, #2 Breaded Pork Tenderloin, Sides: Cheddar Potato Spudz, Creamy Coleslaw, Mandarin Oranges	25 Malt O Meal, Egg Bite, Toast, Cantaloupe, Lunch: #1 Meatloaf, Sour Cream Mashed Potatoes, #2 Cottage Cheese Fruit Plate, Sides: Green Beans, Banana Split Cake, Supper: #1 Chicken Noodle Soupe, Deli Ham Sandwich, #2 Vegetable Beef Soup, Grilled Cheese Sandwich, Sides: Crackers, L/T/O, Fruit Cocktail	26 Oatmeal, Denver Scrambled Eggs, Toast, 1/2 Banana, Lunch: #1 Beef Tips/Brown Gravy, #2 BBQ Ribs, Sides: Mashed Potatoes, Carrots, Pumpkin Crisp, Supper: #1 Chicken Patty/Bun, L/T/O, Creamy Coleslaw #2 BBQ Chicken Salad Plate/Cornbread, Sides: Brownie Pie	27 Cream of Wheat, Fried Egg, Toast Lunch: #1 Cod Scrod, #2 Hamburger Steak/Gravy, Sides: Garden Rice, Riviera Vegetables, Blushing Pears, Supper: #1 Cream of Tomao Soup, Grilled Cheese Sandwich, #2 Cheeseburger Mac, Garlic Breadstick, Sides: Toss Salad/Dressing, Peaches	28 Malt O Meal, Hard Boiled Egg, Blueberry Toast, Lunch: #1 Queso Chicken & Rice Bake, Lettuce & Tomato, Refried Beans, #2 Baked Pork Chop, Mashed Potatoes, Sides: Corn, Cinnamon Applesauce, Supper: #1 Chili/Fixing's, Cheddar Cornbread, Pears, #2 Cottage Cheese Fruit Plate/Crackers, Sides: Cinnamon Roll Cake		
29 Oatmeal, Sausage Link, Danish, Baked Spice Fruit Cup, Lunch: #1 Beef Pot Roast, #2 Swiss Steak, Sides: Mashed Potatoes/Gravy, Green Beans, Dinner Roll, Pie, Supper: #1 Fish Filet, #2 Hot Dog/Bun, Sides: Macaroni & Cheese, Toss Salad/Dressing, Blueberries	30 Cream of Wheat, Poached Egg, Toast, 1/2 Banana, Lunch: #1 Glazed Ham, #2 Smothered Turkey Patty, Sides: Mashed Potatoes, Chalet Vegetables, Bread/Marg., Strawberry Cheesecake Fluff, Supper: #1 Breaded Chicken, #2 Baked Pork Chop, Sides: Fried Potatoes, Corn, Mandarin Oranges	31 Malt O Meal, Scrambled Egg/Cheese, Peanut Butter Coffee Cake, Lunch: #1 Baked Penne & Sausage, #2 French Onion Beef Casserole, Sides: Peas, Bread/Butter, Mixed Fruit, Supper: #1 Turkey French Dip, #2 Autum Chicken Breast, Garlic Mashed Potatoes, Garlic Bread, Sides: Carrots, Snickerdoodle Pumpkin Dessert						

March Menu



St Patrick's Day Word Search

Find and circle each of the words from the list below. Words may appear forwards or backwards, horizontally, vertically or diagonally in the grid.

T	E	A	A	D	E	E	K	A	N	S	E	L	W	W	E	B	C	Y	S	M
Q	B	J	R	D	O	X	P	U	N	R	A	E	H	M	E	R	I	O	T	P
A	J	I	G	R	O	T	E	R	D	C	G	O	P	E	Z	O	T	O	P	I
W	C	X	I	M	N	N	O	M	I	U	L	P	D	O	T	G	L	I	R	B
J	L	E	G	E	N	D	N	G	I	I	F	N	D	N	U	U	E	I	A	C
Z	R	Q	N	C	E	S	A	Y	D	S	L	G	O	S	A	E	C	G	A	O
H	N	M	S	L	E	M	E	A	B	K	C	E	U	I	S	L	P	P	K	I
G	A	K	K	O	R	B	Y	V	I	R	H	H	P	C	T	I	E	X	P	N
A	E	C	R	V	G	F	I	I	E	P	O	A	I	R	P	I	U	R	Y	S
L	T	I	V	E	E	U	O	T	A	N	E	O	R	E	E	T	D	B	I	W
E	A	R	U	R	I	R	D	K	B	Q	T	S	K	P	F	C	L	A	A	I
L	R	T	L	U	C	K	Y	C	G	F	T	E	Q	M	A	A	H	T	R	O
L	B	A	Q	S	T	O	I	I	A	O	M	P	E	I	R	Y	Q	A	M	T
I	E	P	D	J	J	R	F	R	E	R	A	X	D	N	E	W	N	G	U	G
H	L	E	T	D	A	Z	P	E	L	T	R	R	E	M	T	M	E	S	R	N
S	E	G	U	G	T	Q	J	M	I	U	C	Y	B	O	G	H	O	D	W	H
I	C	U	I	E	T	N	C	I	C	N	H	W	R	A	I	N	B	O	W	G
S	H	A	M	R	O	C	K	L	M	E	T	C	I	L	E	A	G	O	L	D

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shillelagh celebrate shamrock seventeenth jig leprechaun donnybrook
snake brogue Gaelic Patrick Ireland fortune March legend Gaelic
holiday mischief blarney magical bagpipe limerick tradition rainbow
Celtic lucky green gold clover bog coins harp



Spring Garden Word Scramble

Race to see how quickly you can unscramble the following mixed-up, gardening-themed words?

1. Flodfaid _____
2. Rolfew Top _____
3. Gelsnide _____
4. Stufreblite _____
5. Depas _____
6. Slitup _____
7. Grinetaw Nac _____
8. Orwk Slegov _____
9. Stablegeve _____
10. Druibshoe _____
11. Snubine _____
12. Morewraths _____
13. Ziterrlife _____
14. Shindbrimmug _____
15. Salezaa _____
16. Dahn Stool _____
17. Bludgay _____
18. Brelowerhaw _____
19. Chuml _____
20. Lapsgin _____

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 10:00 Catholic Communion Independent Activities 4:00 King of Kings Lutheran Church Service	2 10:00 Manicures & Social 2:30 Crafty Hour 4:45 Bible Study Group	3 All Day Games 10:00 Dice Games 2:30 Card Games 4:00 Social Hour	4 10:00 Manicures & Social 2:30 Music with the Famous Lena Adams 4:00 Social Hour	5 10:30 Piano Music with Melinda 2:30 Music with Terry McCauley 4:00 Social Hour	6 10:00 Coffee/Cocoa Social 2:30 Bingo Hour	7 Independent Activities 2:30 Reminiscing & Recipes 4:30 Flute Music with Charlotte Weekend Popcorn	
8 Day Light Savings 10:00 Catholic Communion 2:30 Crafty Hour	9 National Barbie Day 10:00 Manicures & Social 2:30 Barbie Designing 4:45 Bible Study Group	10 10:00 Gospel Light Baptist Church Service 2:30 Jewelry Making	11 10:00 Bingo with Andrews Christian Students 1:30 Kennedy Students 2:30 Johnny Apple Seed Day -Everything Apples	12 10:00 Bingo with ARC Friends 2:30 Happy Hour Dave Wirtz 4:00 Social Hour	13 10:00 Coffee/Cocoa Social 2:30 Bingo Hour	14 Independent Activities 2:30 Music with C.R Express	
15 10:00 Catholic Communion Independent Activities 4:00 King of Kings Lutheran Church Service	16 10:00 Manicures & Social 2:30 Serenity Spa Hour 4:45 Bible Study Group	17 St. Patrick's Day 10:30 Piano Music with Melinda 2:30 Lucky Sundae Ice Cream Bar	18 10:00 Guess the Puzzle 2:30 Baking with Activities 4:00 Social Hour	19 St. Joseph's Day 10:00 Coffee & Kolaches 2:30 Happy Hour with the Flip Side 4:00 Social Hour	20 1st Day of Spring 10:00 Planting Flower Seeds 2:30 Bingo Hour	21 Independent Activities 2:30 Guess that Scent 4:00 Social Hour Weekend Popcorn	
22 10:00 Catholic Communion 2:30 Mystery Activity with Joanne	23 10:00 Manicures & Social 2:30 Music & Snacks with DJ Clay Willie 4:45 Bible Study Group	24 National Cocktail Day 10:00 Exercise Games 2:30 Movie & Mocktail	25 10:15 Lovely Lane Methodist Church Service 2:30 Birthday Party with Music by Dave Marshall	26 10:00 Coffee/Cocoa Social 2:30 Happy Hour with Harold Gray 4:00 Social Hour	27 10:00 Bingo with Friends from Discovery Living 2:30 Bingo Hour	28 Independent Activities 10:30 HCC Annual Kid Easter Egg Hunt	
29 10:00 Catholic Communion Independent Activities	30 10:00 Manicures & Social 3:00 Music with Aaron Shoemaker 4:45 Bible Study Group	31 10:00 Guess the Puzzle 2:30 Jewelry Making 4:00 Social Hour	 <h1 style="font-family: cursive;">March Activities</h1>				 <p>HAPPY St. Patrick's day</p>