
Social Media/Electronic Communications Consent Form

Email Policy: Email is a convenient way to maintain a stream of communication between clients, especially with parents who are not present during their child’s individual session.

However, some potential risks of using email:

- Typos and errors of email to an incorrectly typed email address, tone interpretation and errors in details or data.
- Email accounts can be “hacked,” giving a 3rd party access to email content and addresses.

Texting Policy: Texting is acceptable, only to communication regarding non-clinical issues. These include topics such as scheduling an appointment, changing an appointment, notification of running late to an appointment, receipt requests, and directions to the office. Texts regarding clinical issues, such as a family issue, personal difficulties, etc., are not acceptable. I will not respond to these texts and will delete them immediately.

Social Media/Internet

So much information about a person can be found online, either through company websites, social media, business reviews, and more. It’s the age we live in, and therefore it’s important we understand boundaries with regards to social media and any other information online.

- Client and therapist will NOT perform online researches on one another for gathering personal information. To maintain the unbiased commitment of the counseling relationship, the counselor agrees to refrain from prior subjective researching of clients that could create a bias (*This does not pertain to a client researching the professional background of a therapist and other service/practice information*).
- Client and therapist will not request or agree to be “friends” on personal social media sites, including Facebook, Twitter, Instagram or others. Clients may “like” or “follow” social media pages that are offered by the therapist as a part of their professional work (*i.e. a professional Twitter page the counselor has can be “followed” by the client or the Facebook page of the site you are receiving services at can be “liked”*).
- If a client follows the therapist on a professional social media site, comments should not indicate there is a client-therapist relationship. Any comments made that potentially disclose such a relationship will be removed immediately.

Client Signature

Date

Therapist Signature

Date