



Risk Assessment

Club Name: Colchester Rovers FC

Venue: Colne Pitch

Activity: Grassroots Football Training & Matches

Assessment Date: 3 July 2026

Review Date: 3 July 2027 (or following any significant incident)

Completed By: Colchester Rovers FC

Hazard	Persons at Risk	Existing Controls	Risk Level
Uneven playing surface	Players, Officials	Pitch inspected before every session. Hazards reported immediately. Unsafe areas not used.	Low
Goalposts falling	Players, Spectators	Goals securely anchored before use. FA-approved equipment only. Checks completed before every session.	Low
Slips, trips and falls	Everyone	Walkways kept clear. Players wear suitable football boots. Equipment stored safely.	Low
Adverse weather	Players, Officials	Sessions cancelled or postponed in severe weather (lightning, flooding, frozen ground, extreme heat). Hydration encouraged.	Medium
Player injuries	Players	Qualified first aider present where possible. First aid kit available. Emergency contacts held by club. Emergency services called if required.	Medium
Spectator safety	Spectators	Spectators remain outside playing area. Children supervised by parents/guardians.	Low
Vehicle movement in car park	Everyone	Players and spectators use designated parking areas. Children supervised near vehicles.	Low
Manual handling of goals/equipment	Coaches, Volunteers	Adults only move goals. Correct lifting techniques used. Sufficient people available for lifting.	Low
Medical emergencies	Everyone	Emergency procedures known by coaches. Mobile phone available. Access maintained for emergency vehicles.	Medium
Safeguarding	Children, Young People	Club follows FA Safeguarding Policy. DBS-checked coaches. Appropriate coach-to-player ratios maintained.	Low
Fire	Everyone	Emergency exits kept clear. Assembly point identified. Emergency services contacted immediately if required.	Low



Hazard	Persons at Risk	Existing Controls	Risk Level
COVID-19 / Infectious illness	Everyone	Participants advised not to attend if unwell. Good hygiene encouraged. Hand sanitiser available where practical.	Low

Emergency Procedures

- Stop play immediately if a serious incident occurs.
- Administer first aid where appropriate.
- Contact emergency services by calling **999** if necessary.
- Ensure access for emergency vehicles.
- Inform parents/guardians where appropriate.
- Record all accidents and incidents.

First Aid

- Fully stocked first aid kit available.
- Qualified first aider present where possible.
- Emergency contact details held securely by the club.

Responsibilities

- Coaches will inspect the pitch before use.
- Coaches will ensure all equipment is safe.
- Players must wear appropriate football clothing and shin pads during matches.
- Parents are responsible for supervising children when they are not participating.
- All participants must follow coaches' instructions.

Declaration

I confirm that this risk assessment has been completed on behalf of **Colchester Rovers FC** and will be reviewed regularly or following any significant incident.

Name: Owen Broadway

Position: Head Coach

Signature: *OJBroadway*

Date: 03/07/2026