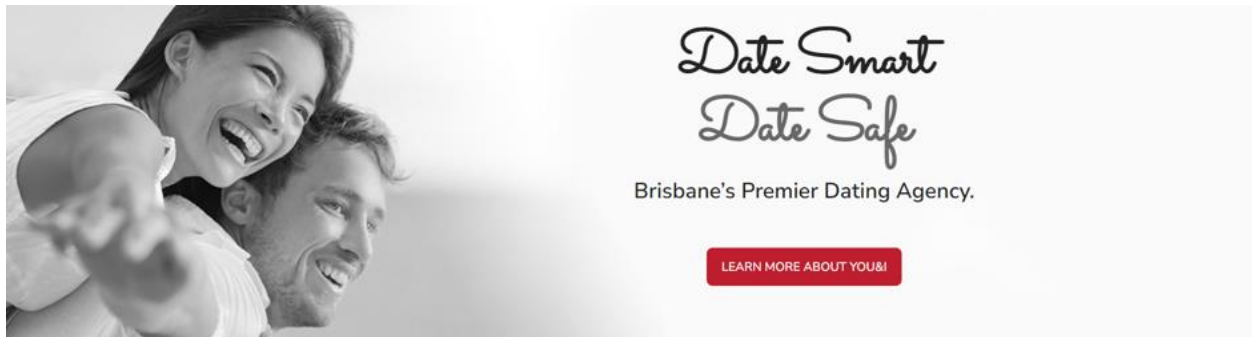


What is Intentional Dating?



Intentional Dating is about Purpose, Honesty, and Transparency.

Are you Navigating a Path to Genuine Connections with Honesty and Clarity? *Dating with Purpose* will get you the relationship you want.

Hands down, today's world of dating *is about* Healthy and Sustainable Connections built on *Transparency*.

What is Intentional Dating?

Intentional dating is more than just a buzzword; it's a philosophy that encourages individuals to approach dating with mindfulness and purpose. It involves being conscious of your desires, values, and goals and actively seeking relationships that align with them. It's about moving away from superficial connections and towards meaningful, fulfilling relationships built on mutual understanding and respect.

The Benefits of Intentional Dating

Embracing intentional dating offers a myriad of benefits for individuals seeking genuine connections:

1. **Clarity and Direction:** Intentional dating provides clarity and direction in romantic pursuits. Knowing what you want and actively seeking it makes you more likely to find relationships fulfilling your needs and aspirations.

2. **Authentic Connections:** Unlike traditional dating methods, which prioritise quantity over quality, intentional dating focuses on building authentic connections. Being open and honest about your intentions and desires creates space for genuine, meaningful relationships to blossom.
3. **Empowerment:** Intentional dating empowers individuals to take control of their romantic lives. Instead of waiting for love to happen by chance, you actively pursue relationships that align with your values and goals, leading to greater fulfilment and satisfaction.



Navigating the World of Intentional Dating

Now that we understand the principles of intentional dating, let's explore some practical tips for navigating the dating landscape with intentionality:

1. **Know Yourself:** Before embarking on your dating journey, take the time to reflect on your values, passions, and life goals. Understanding yourself better will help you articulate what you're looking for in a partner and identify potential matches that align with your vision for the future.
2. **Communicate Openly:** Communication is key in intentional dating. Be honest and transparent about your intentions, desires, and boundaries. By fostering open and sincere communication, you create a template of trust and understanding in your relationships.
3. **Set Boundaries:** In the fast-paced world of modern dating, getting swept up in the excitement of new connections is easy. However, setting boundaries and taking things at a comfortable pace is essential. Don't be afraid to assert your needs and boundaries in your relationships.

Embracing Intentional Dating in Practice

To illustrate the principles of intentional dating in practice, let's consider a hypothetical scenario:

Case Study: A Career-focused Person in Their 30s

Imagine a busy professional in their thirties who values authenticity, meaningful connections, and quality over quantity. Tired of superficial dating experiences, this individual embraces intentional dating and approaches their romantic life purposefully and clearly.



The Journey and what it can look Like (for both individuals)

Step1: Self-Reflection

The journey begins with reflecting on values, passions, and life goals, identifying core values, such as honesty, communication, and personal growth, and outlining long-term goals, including finding a partner who shares a love for travel and adventure.

Step 2: Setting Intentions

Armed with self-awareness, clear intentions for the dating journey are set. A dating profile created that reflects values and aspirations, clearly stating a desire for genuine connections and meaningful relationships.

Step 3: Navigating Relationships with Intentionality

Potential matches are met, approached, and interacted with interaction intentionally. Open and honest communication, thoughtful questions, and sharing desires and boundaries pave the way for genuine connections with like-minded individuals.

The Importance of Transparency in Conversation

Transparency is the cornerstone of intentional dating. Genuine connections are built on mutual understanding and respect, fostered by openly communicating values, priorities, and goals.

THE SECRET – In 6 Words

"The fundamental secret to success in meeting someone is simple:

'BOTH ARE ON THE SAME PAGE.'

This means that individuals who proactively seek like-minded partners, regardless of their chosen avenue and who are clear about their interests at that time, will ultimately find a compatible partner. As a matchmaker, I can guarantee that the connection will naturally happen when two individuals align in this way."

Exploring Lifestyle versus General Interests



Understanding lifestyle interests versus general interests is crucial in intentional dating. Lifestyle interests encompass deeply ingrained aspects of personality, while general interests may be more fleeting or surface-level. Prioritising lifestyle compatibility can increase the likelihood of building a lasting relationship.

[Tips and Guide on How to Write a Compatible Profile](#)

Conclusion

In conclusion, intentional dating offers a refreshing alternative to the superficial nature of modern romance. By fostering Transparency in conversation and aligning goals for the future, individuals can build genuine connections that transcend fleeting encounters.

As you embark on your journey of intentional dating, remember to stay true to yourself, communicate openly, and embrace the possibilities that lie ahead.

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**Single Never Married, Separated, Divorced or Widowed.
No What Matter Age
There is Someone for Everyone.**

Brianne Tillyer Matchmaker 30 years

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