

July 2025 Schedule of Classes

Monday

Studio A	Studio B
4:45-5:30 Fright Night*	5:30-6:00 Strength & Conditioning II
5:30-6:25 Beginner Technique	6:00-6:30 - Strength & Conditioning I
6:30-7:25 Intermediate Technique	6:30-7:00 Beginner Strength & Conditioning
7:30-8:25 Advanced Technique	

Tuesday

Studio A	Studio B
5:00-5:30 Feelin It comp*	
5:30-6:15 Little Tots combo	5:30-6:00 Petite hip hop comp*
6:20-7:05 Tots combo	6:00-6:30 Junior hip hop comp*
7:05-8:00 Juniors combo	7:05-7:50 Rec Hip Hop
8:00-8:30 Post That Senior comp*	

Wednesday

Studio A	Studio B
4:30-5:00 Spice Girls comp*	4:30-5:25 Beginner Flexibility & Leaps w/ Gabby
5:00-5:30 Cuban Pete petite comp*	5:30-6:25 Int/Adv Flexibility & Leaps w/ Gabby
5:30-6:00 Bing Bang mini comp*	
6:00-6:40 Mini Ballet	

6:45-7:25 Ballet I	
7:25 - 7:55 This Wish petite comp lyrical*	
8:00-8:30 A Little Party teen comp*	

Thursday

Studio A	Studio B
4:30-5:00 Clap Snap comp duo*	
5:00-5:30 Me Too comp jazz*	4:30-5:30 SeniorTumbling
5:30-6:25 Forever Young comp lyrical*	5:30-6:30 Intermediate Tumbling
6:30-7:10 Ballet II	6:30-7:30 Beginner Tumbling
7:15-7:45 Mean Girls teen comp hip hop*	7:30-8:30 Advanced Tumbling

Saturday

Studio A	Studio B
8:30-9:15 Little Tots combo	
9:20-9:50 Black & Gold trio*	
9:55-10:25 Dem Beats trio*	