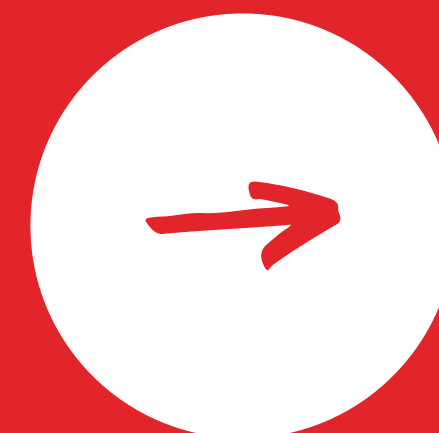
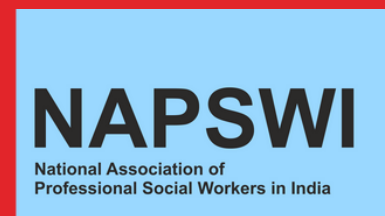
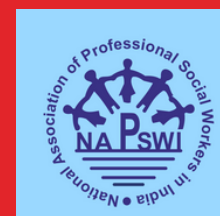


Healthy Campus



2024

DIWALI BAZAAR

People shop at Diwali Bazaar of the Blind Relief Association, ahead of the festival, in New Delhi, Wednesday. Amit Mehra

IIT student found dead in hostel room, police say was undergoing psychiatric treatment

EXPRESS NEWS SERVICE
NEW DELHI, OCTOBER 23

A SECOND-YEAR Master's student at the Indian Institute of Technology, Delhi, allegedly died by suicide in his hostel room late Tuesday. The student, Kumar Yash, had undergone psychiatric treatment at the campus hospital earlier in the day, said the Delhi Police.

A police officer told The Indian Express that they received a PCR call regarding an alleged suicide by an IIT-Delhi student from Jharkhand at about 11 pm on Tuesday, and a police team reached the spot. "The room was closed from the inside but his friend and IIT staff broke it down. The deceased was... taken to the IIT Hospital where he was declared dead by the doctor on duty. Then he was taken to the Safdarjung Hospital by IIT's ambulance where he was declared dead on arrival," said the officer.

The officer said the body has been preserved in the mortuary,

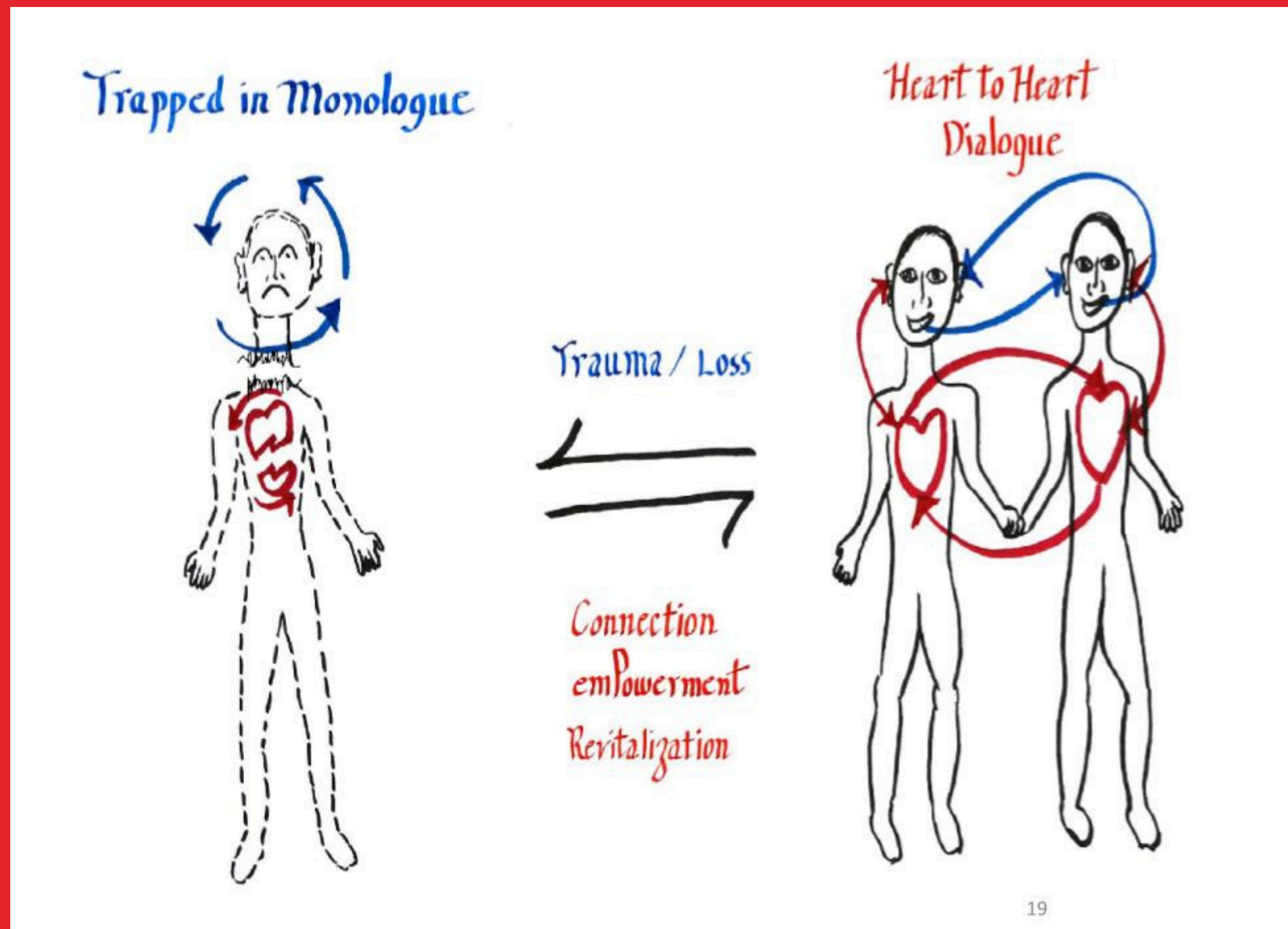
he was treated, and also fixed his appointment with a psychiatrist for October 29. Statements of his friends have been recorded and no foul play is suspected in this matter. Further proceedings under Section 194 of the BNSS are being carried out," the officer said.

In a letter to students Wednesday morning, B K Panigrahi, Dean of Student Affairs, said: "With a heavy heart, it is our unfortunate duty to inform you of the tragic and untimely demise of our student, Kumar Yash, a resident of Aravali hostel and a second-year student of MSc Cognitive Science. Kumar was found in his room late last night. The police have taken custody of his mortal remains."

Panigrahi said Kumar's family is expected to arrive Wednesday, and that the Registrar would set up a condolence meeting soon. "This challenging time reminds us of the constant need for us to be there for each other. You are also requested to reach out to multiple counselling avenues in our system if you need help."

One more life lost. #Suicide Mental health isn't just an episode; it's a series of episodes , a "healthy campus" goes beyond diagnosis. It's about building an environment that connects young people by fostering a #listeningcommunity.

Healthy Campus
Emotionally
Connected,
Emotionally
Powerful,
Emotionally
Revitalized



**Can we find ways where we can
be together so neither of us feel
alone...**

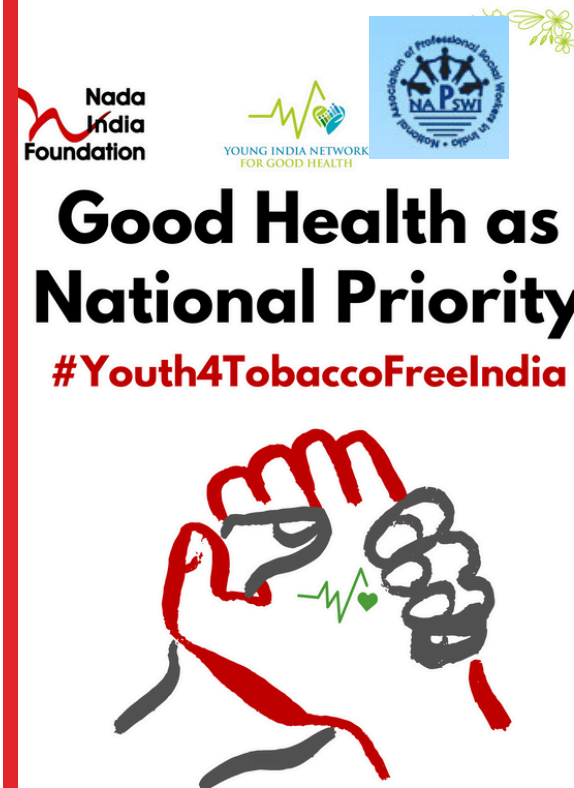
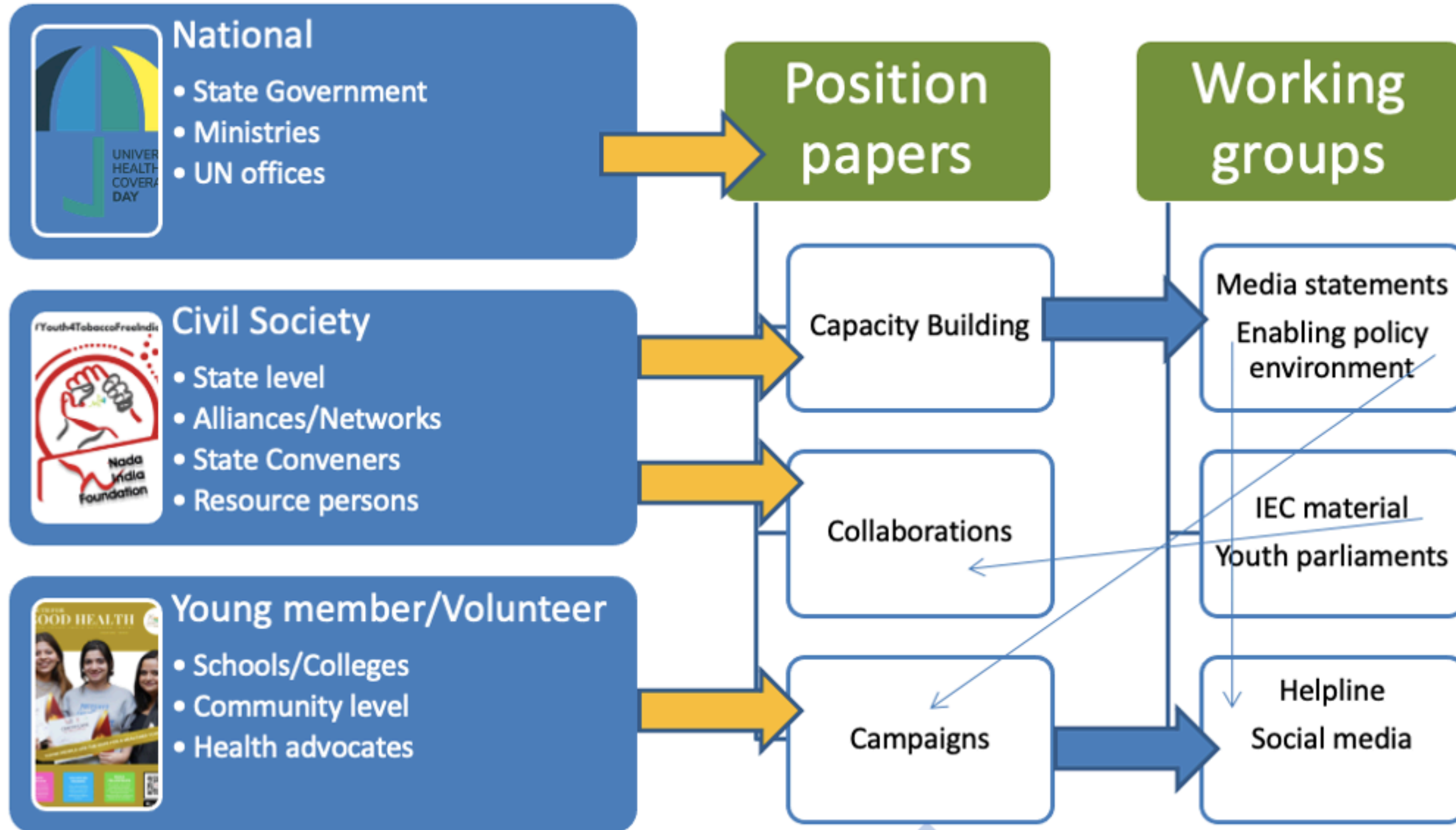
**Lets explore ways to be together
so we can experience new
possibilities, new life...**



Meaningful engagement of young people is the key for Healthy Campus and the impactful implementation of good health policies.

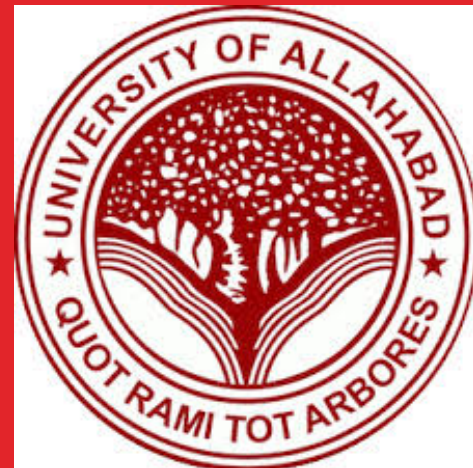
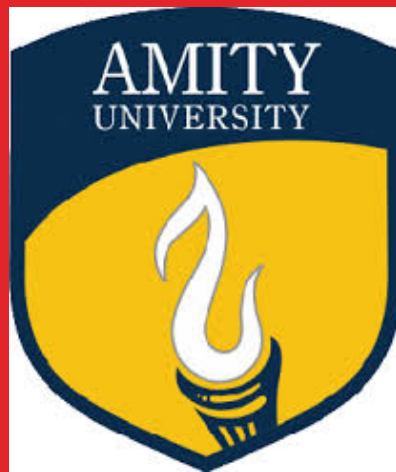
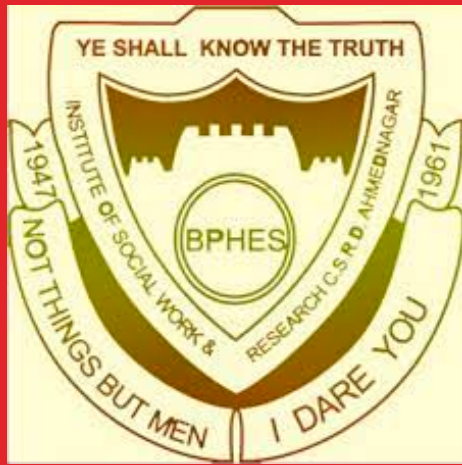
Nada India NAPSWI Go Green Healthy Campaign

3 GOOD HEALTH
AND WELL-BEING



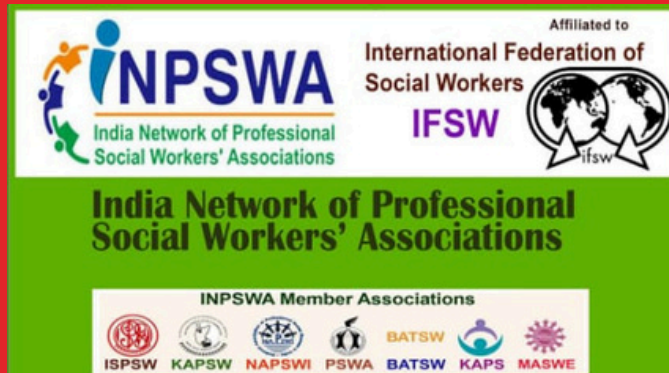
Good Health Champions





**NAPSWI -
Nada india
Healthy
Campuse
partners**

Workshops on Promoting a Healthy Campus




Green Campus Healthy Campus Campaign




Let us do our part to protect the world we live in


Speakers:




Dr. Sonny Jose
Loyola College
Trivandrum




Ms. Manali Jadhav
II MSW, CSRD
Ahmed Nagar
Maharashtra




Mr. Suneel Vatsyayan
Chairperson
Nada India Foundation
New Delhi



Ms. Chris Maria
II MSW, Rajagiri College of
Social Sciences
Ernakulam



Dr. Vincent Vijayaraj
Loyola College
Chennai



MS. Zainab Shereen
III BSW, School of Social Work
Roshni Nilaya
Mangalapuram

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<https://www.facebook.com/airfmrainbow>



Certificate for all
Prof. Ghandidoss - P
Dr. Ipe Varughese - S
Mr. Santosh kumar

RAINBOW HELPLINE

On 21st September 2023, 01:05PM

Topic - Youth Engagement in Clean
& Green Surrounding

Expert - Sh. Suneel Vatsyayan
(Life Coach)

Producer - Nisha Bharadwaj

Call us at 1800 111 026 (Toll Free) 23421084, 23422346 STD Code 011

Type RAIN<SPACE> your name and location, followed by
your message and send it to 53010 for queries. Also, you
can give us your feedback at rainbow102.6fm@gmail.com

 9868107070





Healthy & Green Campus Initiative

Organized under
4th NATIONAL SOCIAL WORK WEEK 2023

Jointly organized by
National Association of Professional Social Workers in India (NAPSWI)
&
Department of Social Work
Dr. Bhim Rao Ambedkar College, University of Delhi
(August 17-18, 2023)

owdelhi @airfmrainbow

Definition of a Healthy Campus

- A campus is any premise in which youth/students engage with others meaningfully (Universities, homes, and areas surrounding them)
- It is a safe space for young people to make fully informed choice that has all their health choices taken into concern
- It is a controlled and monitored space for misinformation posed by advertisements/marketing media
- It has ample space for physical engagements of students that will ensure their fitness
- It is an environment to practice their values and knowledge gained at schools or universities

ACT ON YOUTH FORUM

GREEN CAMPUS HEALTHY CAMPUS

Ayush Arya

Graphic Era Hill University

Hiral Krishnatray

Amity University

Reet Thakur

Himachal University

Friday 16th June 2023

5:00-6:00 PM online

Mr.Mangal Singh

NYIN State Coordinator

+91 88948 20475

www.youthforwellbeing.org

75
Azadi Ka
Amrit Mahotsav

YOUNG INDIA NETWORK
FOR GOOD HEALTH

Nada
India
Foundation

YOUTH
FOR
WELLBEING
A Campaign of India India

Non-Communicable diseases: The New elephant in the room for social work :Shoba John

Shoba a consultant with WHO was invited by NAPSWI to speak during the plenary session of 5th Indian Social Work Congress, 2017. In her opening remarks she underlined the role of the social work profession historically been at forefront in emerging epidemics such as HIV/AIDS and Tuberculosis in India.



Engagement during the campaign



Knowledge Boosters workshops

Interactive workshops during Social Work Congress .



A DATE with Life Coach

We are dedicated to creativity, design, and innovation.



Healthy Campus Summit

Campaign ACTIVITIES you can plan



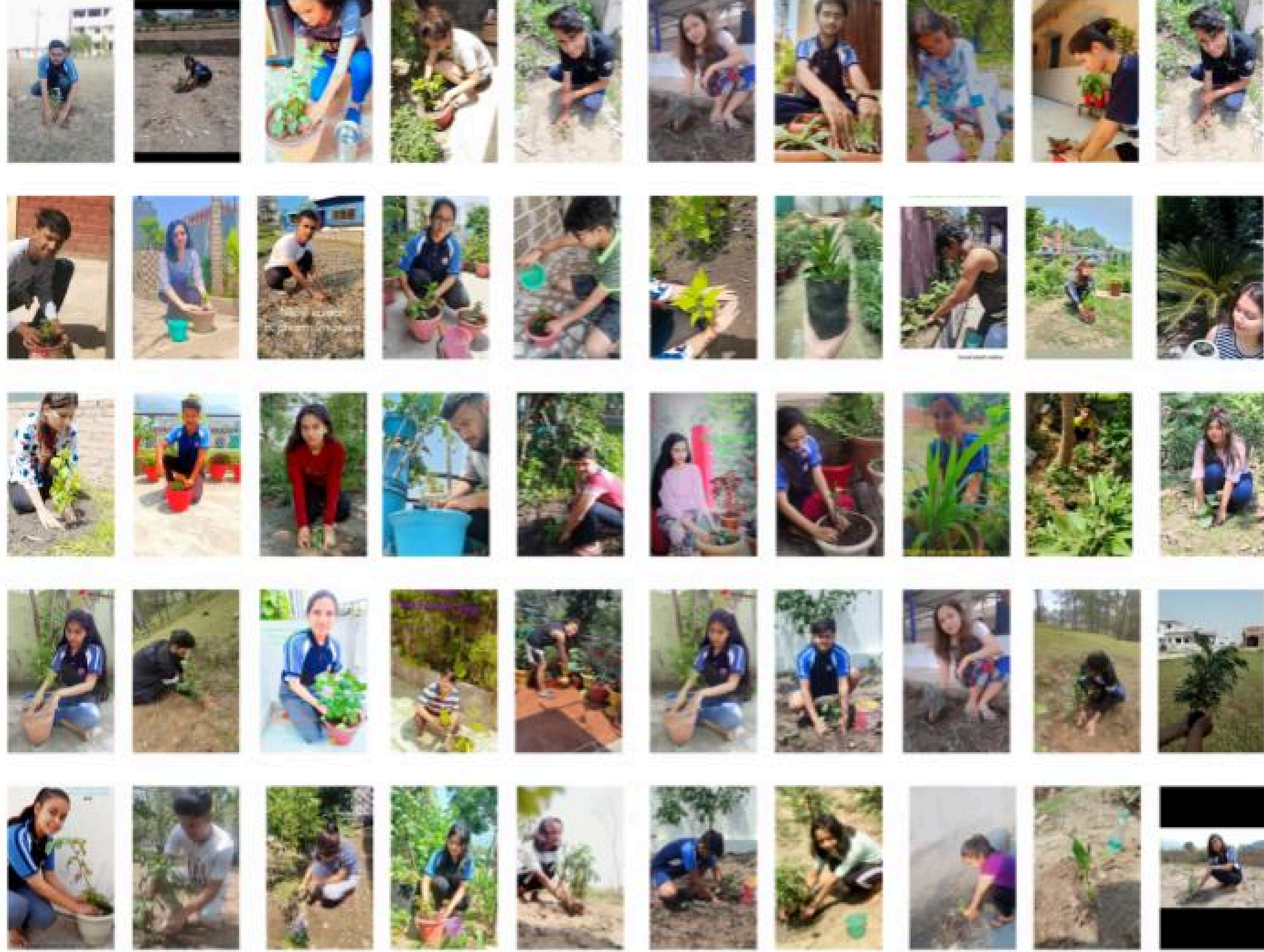
Fitness SESSION



Drug, Alcohol ,Tobacco Free
Environment



CAMPUS SUMMIT



Plantation On Birthday



Prof. Venkat Pulla, a renowned academician and strength-based practitioner, conducted a 2019 Strategic Review of NAPSWI, highlighting the genesis, process, and outcomes of the professionally run Nada India-NAPSWI wellness campaign (NAPSWI, 2019)

The YIW campaign, focused on youth empowerment through peer-led learning, has gained recognition as a best practice (#Udaaharan) at the C20 Integrated Holistic Health Working Group Summit in Faridabad. Organized by Nada India Foundation and NAPSWI, it was highlighted as a success story for the 2023 G-20 summit in India.

Youth Mediation is a restorative approach to remedy conflict between themselves within their own boundaries with the help of a facilitator (Peer Supporter). This approach creates trust and rapport between the youth mediators and the younger students (Peer Educators) being mediated, as they can relate to each other.



Looking Ahead

The Young India Wellness campaign aspires to unite students from 75 universities as champions of health, commemorating 75 years of a thriving India, in harmony with the spirit of “Azadi Ka Amrit Mahotsav.”

**YOUNG INDIA
WELLNESS
CAMPAIGN**
YOUTH FOR WELLBEING**NAPSWI**
National Association of
Professional Social Workers in India

**17
MILLION
DEATHS**

NCDs cause 17 million deaths 86% of these deaths occur in low and middle-income countries.

Youth Engagement for Green and Healthy Campus

The campaign focuses on the prevention of non-communicable diseases (NCDs) and their risk factors among young people.

“The students from 75 universities will be engaged as health advocates to build a green healthy campus to commemorate 75 years of progressive India “Azadi Ka Amrit Mahotsav”.

Nada India NAPSWI Go Green Healthy Campaign

	Position papers	Working groups
National <ul style="list-style-type: none">State GovernmentMinistriesUN offices		
Civil Society <ul style="list-style-type: none">State levelAlliances/NetworksState ConvenersResource persons	Capacity Building	Media statements Enabling policy environment
	Collaborations	IEC material Youth parliaments
Young member/Volunteer <ul style="list-style-type: none">Schools/CollegesCommunity levelHealth advocates	Campaigns	Helpline Social media

This campaign has changed the way I view the environment and my health

Aditya Allahabad Univeristy

**MAKING A
DIFFERENCE
STARTS WITH
YOUR VOICE**


WWW.YOUTHFORWELLBEING.ORG 9810594544

A DATE with Life Coach

Suneel Vatsyayan
vsuneel@gmail.com
Mobile 9810258071