<u>Head and Heart Counseling LLC</u> <u>Disclosure Statement</u>

Tiffany Kerr, M.Ed. LPCC 80 Garden Center Broomfield, CO 80020

I am a Licensed Professional Counselor Candidate (License # 0019318) and a Licensed School Counselor (License #227569). As a Licensed Professional Counselor Candidate I am required to acquire 2000 hours of supervised clinical hours over a period of 24 months, and pass a national or state examination that tests competence to practice professional counseling in order to apply for my Licensed Professional Counselor credential. *Supervision for my LPCC will be under Traci Hagie, MA, LPC, NCC, CAS (License #3956)*

My therapeutic lens is from a Person Centered and Strengths Based approach. Together we will set goals and work on skills to help you achieve those goals. I believe in providing psychoeducation on the brain, coping skills, and other mental health topics.

Regulation of Psychotherapists

The agency within the department that has responsibility specifically for licensed or registered persons in the field of psychotherapy is:

Department of Regulatory Agencies Mental Health Licensing Section 1560 Broadway, Suite #880

(303) 894-7800

The regulatory requirements for mental health professionals provide that a Licensed Clinical social worker, a Licensed Marriage and Family therapist, and a **Licensed Professional Counselor must hold a masters degree in their profession and have two years of post-masters supervision.** A Licensed Psychologist must hold a doctorate degree in psychology and have one year of post-doctorial supervision. A Licensed Social Worker must hold a masters degree in social work. A Psychologist Candidate, a Marriage and Family Therapist Candidate, and a Licensed Professional Counselor Candidate must hold the necessary licensing degree and be in the process of completing the required supervision for licensure. A Certified Addiction Counselor I (CAC I or CAT) must be a high school graduate, and complete required training hours and 1000 hours of supervised experience. A CAC II must complete additional required training hours of supervised experience. A Licensed Addiction Counselor must have a bachelors degree in behavioral health, and complete additional required training hours and 2,000 hours of supervised experience. A Licensed Addiction Counselor must have a clinical masters degree and meet the CAC III requirements. A Registered Psychotherapist is registered with the State Board of Registered Psychotherapists, is not licensed or certified, and no degree, training or experience is required.

Client Rights

- A. You are entitled to receive information from me regarding my methods of therapy, the techniques I use and the duration of your therapy, if known.
- B. You can seek a second opinion from another therapist or terminate therapy at any time (except under special circumstances).
- C. In a professional relationship, sexual intimacy between therapist and client is not appropriate and is illegal in the state of Colorado. If sexual intimacy occurs, it should be reported immediately to the Department of Regulatory Agencies.
- D. Generally speaking, the information provided by and to the client during therapy sessions is legally confidential and cannot be released without the client's consent. There are exceptions to this confidentiality, some of which are listed in section 12-43-218 C.R.S. If a legal exception arises during therapy, if feasible, you will be informed accordingly.

THERE ARE EXCEPTIONS TO THE GENERAL RULE OF LEGAL CONFIDENTIALITY.

These exceptions include: (1) I am required to report any suspected incident of child and/or elder abuse or neglect;

(2) I am required to report any threat of imminent physical harm by a client to law enforcement and to the person(s) threatened;(3) I am required to initiate mental health evaluation of a client who is imminently dangerous to self or to others, or who is gravely

disabled, as a result of a mental disorder;

- (4) I am required to report any suspected threat to national security to federal officials; and
- (5) I may be required by Court Order to disclose treatment information.

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Other times confidentiality may be breached if you file a lawsuit or complaint against me I can use whatever information I deem relevant to defend myself.

As an LPCC I am required to consult with my supervising counselor, Traci Hagie MA, LPC, NCC, CAS, about my ongoing work using non-identifying information.

As you are no doubt aware, it is impossible to protect the confidentiality of information that is transmitted electronically. This is particularly true of e-mail, text messages, Zoom/Google Meet communication, and information stored on computers that are connected to the internet, which do not utilize encryption and other forms of security protection. I am making you aware of these issues so that you can make an informed decision about utilizing these methods of electronic communication or engaging in counseling via Zoom/Google Meet.

Disclosure regarding divorce and custody litigation:

If you are involved in divorce or custody litigation, my role as a therapist is not to make recommendations to the court concerning custody or parenting issues. By signing this Disclosure Statement, you agree not to subpoena me to court for testimony or for disclosure of treatment information in such litigation; and you agree not to request that I write any reports to the court or to your attorney, making recommendations concerning custody. The court can appoint professionals, who have no prior relationship with family members, to conduct an investigation or evaluation and to make recommendations to the court concerning parental responsibilities or parenting time in the best interests of the family's children.

Billing and Payments

Payment is due prior to or at the time of service and can be made in the form of cash, check, or credit card payment through Square. Square invoices should be paid within 24 hours. Invoices that are not paid within 48 hours will incur a \$25 dollar late fee. I do not bill insurance companies. My hourly fee for counseling services is \$125 for an individual 50 minute session and \$150 for an individual 50 minute session with a 30 minute parent coaching call . Except in cases of emergencies, if you cancel an appointment without giving 24 hours notice you will be charged for the entire amount of the session.

Contact Information

I am not always available via phone and do not provide 24 hour emergency assistance but I do check my messages regularly during the work week. Your needs are important and I will return your call as soon as possible. Unless other arrangements have been made I do charge for calls lasting over 10 minutes and the fee will be prorated based on my current hourly rate. In case of an emergency please go to your nearest emergency room, call 911 or contact Colorado Crisis Services at 844-493-8255.

By signing this form I understand and agree that I am responsible for keeping my counselor informed of any changes in my physical and/or emotional condition that may impact the progress of counseling or my health. I have read the preceding information, it has been provided verbally, and I understand my rights as a client or as the client's responsible party.

Client Signature

Date

Parent/Guardian signature (if minor under age 12)

Date

Address

Tiffany Kerr, M.Ed, LPCC

Date

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