



# The J Street Gym Membership Application



First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

Type of Membership Requested:

**1 Year Contract (signing a 1 year contract saves you \$10 per month)**

- Single Membership (\$40 + tax)
- Single Membership First Responder / Student (\$34 + tax) - Must present ID
- Couple Membership (\$60 + tax)  
Couple: 2 persons married, engaged or romantically paired living in the same household. Residence proof required.
- Couple Membership First Responder / Student (\$51 + tax) - Must present ID
- Family Membership (\$80 + tax)  
Family: All family members must be living in the same household. Proof will be required.
- Family Membership First Responder / Student (\$68 + tax) - Must present ID

**No Contract (Cancelations must be made 5 days before the billing date)**

- Single Membership No Contract (\$50 + tax)
- Single Membership First Responder / Student No Contract (\$44 + tax) - Must present ID
- Couple Membership No Contract (\$70 + tax)  
Couple: 2 persons married, engaged or romantically paired living in the same household. Residence proof required.
- Couple Membership First Responder / Student No Contract (\$61 + tax) - Must present ID
- Family Membership No Contract (\$90 + tax)  
Family: All family members must be living in the same household. Proof will be required.
- Family Membership First Responder / Student No Contract (\$78 + tax) - Must present ID

**Group Fitness Membership No Contract (Cancelations must be made 5 days before the billing date)**

- Group Fitness Class Only No Contract (\$24 + tax). This membership is for classes only.  
This member will not be allowed to train in the gym using the weight equipment.  
It does not include tanning, use of the cardio equipment, saunas, etc. Classes only!

**ALL MEMBERS MUST PAY WITH ACH BANK DRAFT, NO CREDIT CARDS**

How did you hear about The J Street Gym? Family/Friend is a member, who? \_\_\_\_\_

Social Media: Instagram Facebook Google (circle one). Other? \_\_\_\_\_

What time of day will you be working out? \_\_\_\_\_

What is the purpose of your training, i.e., general fitness, powerlifting, bodybuilding, etc.? \_\_\_\_\_

Have you competed in a powerlifting, bodybuilding or any kind of fitness related contest in the last 2 years? ( NO / YES ). Do you plan on competing in the next 12 months?  
If YES, Show Name: \_\_\_\_\_ Date: \_\_\_\_\_ City/State: \_\_\_\_\_

Do you have a coach? (NO / YES). If YES, who: \_\_\_\_\_

What are your fitness goals and objectives: \_\_\_\_\_

Why have you decided to inquire about a membership at The J Street Gym? \_\_\_\_\_

# THE J STREET GYM RULES AND CODE OF CONDUCT

- 1 Have pride in your gym.
- 2 We expect nothing but your absolute best.
- 3 Stealing is not tolerated. If it is not yours, don't touch it.
- 4 Leave your drama at the door.
- 5 Rack your weights. If you are a repeat violator, you will lose your membership.
- 6 Respect our members and leave the ladies alone. They are here to train.
- 7 Guests must pay a Day Pass, no exceptions. Anyone who allows their guest to train for free will have their membership terminated. We are serious!
- 8 Clean the machines after using them. No one wants to clean your sweat.
- 9 Your Mom does not work here. Clean up after yourself.
- 10 Train hard. Stay off your phones. Keep the texting and chatting for when you are done.

## Assumptions, Release, Waiver, and Indemnification

**Assumption, Release, Waiver, and Indemnification:** In consideration of the Member's membership, use of the Gym, and other good and valuable consideration:

THE MEMBER ASSUMES ALL RISKS AND DANGERS AND ALL RESPONSIBILITY FOR LOSSES AND/OR DAMAGES which may result from the Member's use of the Gym (including but not limited to the use of Gym equipment, use of Gym facilities, and participation in any Gym class or program).

THE MEMBER HEREBY WAIVES FOR THE MEMBER, AND THE MEMBER'S SPOUSE, CHILDREN, WARDS, HEIRS, SUCCESSORS, AND ASSIGNS, TO THE MAXIMUM EXTENT PERMITTED BY LAW, ANY AND ALL RIGHTS, CLAIMS, AND CAUSES OF ACTION OF WHATEVER NATURE against The J Street Gym LLC and its members, managers, employees, contractors, and agents which may arise out of (a) the Member's, the Member's child's, or the Member's ward's use of the Gym (including but not limited to the use of Gym equipment, use of Gym facilities, and participation in any Gym class or program), or (b) the negligence of The J Street Gym LLC its members, managers, employees, contractors, or agents. THE MEMBER HEREBY, ON BEHALF OF THE MEMBER AND THE MEMBER'S SPOUSE, CHILDREN, WARDS, HEIRS, SUCCESSORS, AND ASSIGNS, RELEASES THE J STREET GYM LLC AND ITS MEMBERS, MANAGERS, EMPLOYEES, CONTRACTORS, AND AGENTS FROM ALL SUCH WAIVED CLAIMS TO THE MAXIMUM EXTENT PERMITTED BY LAW. The scope of this waiver and release extends to, but is not limited to, death, bodily injury, and property damage.

The Member further agrees to indemnify, defend, and hold harmless The J Street Gym LLC and its members, managers, employees from and against any demand, loss, liability, claim, damage, or cost arising out of or related to the Member's own negligence.

In case any provision in this Gym Membership Agreement shall be held invalid, illegal or unenforceable, the validity, legality and enforceability of the remaining provisions shall not in any way be affected or impaired thereby.

**Signing this application does not guarantee a membership. All applications are reviewed by the board and space is limited.**

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Name of Applicant (print)	Signature	Date
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If a couple or family, all other applicants must sign and date:

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Name of Applicant (print)	Signature	Date
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Name of Applicant (print)	Signature	Date
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Name of Applicant (print)	Signature	Date
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Name of Applicant (print)	Signature	Date
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