### FREE FROM FEAR

Fear sneaks into my heart without permission. It paints a picture of helplessness and hopelessness. It steals my peace and my concentration. What am I fearful about? I'm concerned about the safety of my family or the health of loved ones. I panic at the loss of a job or a broken relationship. Fear turns my focus inward and reveals a heart that sometimes finds it hard to trust.

When these fears and worries strike, how good it is to read David's prayer in Psalm 34: "I sought the Lord, and he answered me; he delivered me from all my fears" (v. 4). And how does God deliver us from our fears? When we "look to him" (v. 5), when we focus on Him, our fears fade; we trust Him to be in control. Then David mentions a different type of fear—not a fear that paralyzes, but a deep respect and awe of the One who surrounds us and delivers us (v. 7). We can take refuge in Him because He is good (v. 8).

This awe of His goodness helps put our fears into perspective. When we remember who God is and how much He loves us, we can relax into His peace. "Those who fear him lack nothing" (v. 9), concludes David. How wonderful to discover that in the fear of the Lord we can be delivered from our fears.

-----'Īmmānū'ēl------

### HAPPY BIRTHDAY

Christy Chandra	01 Jan
Betsy Koraag	05 Jan
Dedi Wijaya	08 Jan
Gabrielle Bolang	08 Jan
Irawati Handojo	11 Jan
Yezkie F. Tandidjaja	11 Jan
Samuel Napitupulu	14 Jan
Jane Tombeng	16 Jan
Rendy Ardhila	16 Jan
Grace Angeline	18 Jan
Yanti Veronica Tjong	21 Jan
Jessica Kristina	21 Jan
Franky Massie	24 Jan
Heryson Napitupulu	27 Jan
Imelda Sumargo	27 Jan
Dominique Audrey	29 Jan
Mey mey	29 Jan
David J. Libertone	30 Jan
Jastine Tendi	30 Jan
Harry Thendersz	30 Jan
•	

#### COmmunity Of Love (COOL)

Please contact each COOL coordinator as follows:

• COOL Grace : Arel Soputan, Tel. 866.6191.

> • COOL Abraham : Ferdinand Maramis, Tel. 617.8250.

• COOL Joshua : James Tombeng, Tel. 841.3544.

> • COOL Victory : Hesti Eman Rimper, Tel. 605-5133.

#### **CHURCH ACTIVITIES**

Online Worship can be followed at: **FB Live and YouTube**: **Bethel International Church** House of Healing.

# "RISE UP & BE VICTORIOUS" ∞0∞

∞**()**∞

#### 1 Timothy 6:12

"Fight the good fight of faith, lay hold on eternal life, to which you were also called and have confessed the good confession in the presence of many witnesses."

When a person believes in & accepts Jesus as his life's Savior, it is the beginning of his life in faith in God. After that There is a process of "transformation" that must be undergone which is to strip off the old man into the new man. This formation process can be derived from challenges, tests & life struggles. God promises victory through this all if we believe and keep firm on His promises.

To rise is to stand tall, which means to rise from the wrong mindset and live in who you are as a disciple of Christ. Do not let our spirit easily shrivels away when life is not what we expected. When we must suffer because of truth & when our beliefs are tested by the current state of the world which kills the spirit of our faith, and we experience defeat/failure, it's time to rise up & be victorious. God determines us to be a victor not a loser. Proverbs 24:16 " For a righteous *man* may fall seven times



#### BETHEL CHURCH INDONESIA NEW HAMPSHIRE

Senior Pastor: Rev. DR. Ir. Niko Njotorahardjo District Pastor: Rev. Nehemia & Juliana Lolowang pastor of the congregation: Rev. Andi & Desi Sipayung Church Office : 25 Willand Drive, Somersworth, NH Phone : (603) 866-2500 Website: Bethelintl.com/live

And rise again, But the wicked shall fall by calamity." A winner does not mean never experiencing failure / fallout / mistakes, but how he never stops trying to get up & rise up again. The spirit of a conqueror must follow a process of sacrifice, perseverance, discipline & endurance (Romans 5:3-5).

Those who are consistent in prayer, praise, worship & pondering the Word will have more energy to walk in life & not give up easily. Therefore it takes practice & practice. Practicing is not just to have better stamina, but also train ourselves on how to respond, behave and to have character. The attitude of Christianity is shaped by a relationship with Christ.

The believer's life is a race of faith, whoever perseveres in obedience, faithfulness & practicing the truth of the Word is n overcomer. A victor does not want to be enslaved by sin anymore. The one who often falls into sin is a slave of sin. Through Jesus' sacrifice on the cross, our lives no longer exist under the curse of sin. By His grace, we are delivered from sin & made victorious. Never sin again, but live in the "Spirit". Let's rise from every slump & have an attitude as an overcomer.

#### Examples in the Bible:

When Joshua succeeded Moses to enter & seize the Promised Land, the Lord told Joshua : "Only be strong and very courageous, that you may observe to do according to all the law which Moses My servant commanded you; do not turn from it to the right hand or to the left, that you may prosper wherever you go. This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success. Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the LORD your God is with you wherever you go." (Joshua 1:7-9)

This means that in order for us to be victorious, all we have to do is:

- 1. Be strong and courageous
- 2. Act carefully according to the Word.
- 3. Do not deviate to the right or to the left.

4. Speak the Word & meditate day and night.

Therefore we must continue to watch, be vigilant & prevail in overcoming all the cunning efforts of the devil, using all the armor of God (Ephesians 6:14-18). It's not just being a winner, we can be more than a conqueror. Why is it that before God are we more than conqueror? Because we are not just entering into a match but entering into a war (even an unseen arena), such as:

1. Oneself: One's greatest enemy is oneself (the lust of the flesh, the lust of the eyes & the pride of life). Before entering the match, a person must be able to overcome himself with self-control (Proverbs 16:32). Training is needed in spiritual life, in order to have a strong spiritual stamina, a strong mental (mental state, disposition,

psychology in the face of things) & a strong character (way of thinking & behaving that is characteristic of each individual) of Christ.

2. Invisible areas of warfare (spirit realm): More than victorious because the area of warfare is not only facing what is visible to the eye/body, but also the spiritual/spirit realm area (Ephesians 6:12).

3. Satan's tricks: God's Word has clearly revealed/exposed all the ways in which the devil works so that we can be vigilant. All the deceptions of the devil, the character of the devil & the purpose of the devil have been dismantled through the Word of God. Therefore, God's Word is the key to victory for us (Luke 4:13 & Ephesians 4:27)

Victory is no longer just a possibility, but a certainty because in God there is a guarantee of victory (Romans 8:31). Psalm 27:6

And now my head shall be lifted up above my enemies all around me: Therefore I will offer sacrifices of joy in His tabernacle; I will sing, yes, I will sing praises to the LORD. Ephesians 6:10–12, "Finally, my brethren, be strong in the Lord and in the power of His might. Put on the whole armor of God, that you may be able to stand against the wiles of the devil. For we do not wrestle flesh and blood. but against against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places."

Be a people of overcomers, even more than conquerors. Satan is an enemy that has already lost & have been defeated once and for all. Don't be fooled by his big mouth that likes to lie, deceive & indict; for the devil was already defeated by Jesus Christ the Lord through His sacrifice on the cross to redeem us from the bonds of sin & the clutches of the devil. It is with God that we will be victorious, as long as we are on God's side.

Proverbs 9:10 "The fear of the LORD is the beginning of wisdom, And the knowledge of the Holy One is understanding."

### **SEEING TO** TOMORROW

I enjoy gazing up at a cloudless blue What do you do with your worries? Do sky. The sky is a beautiful part of our great Creator's masterpiece, given for us to enjoy. Imagine how much pilots must love the view. They use several aeronautical terms to describe a perfect sky for flying, but my favorite is, "You can see to tomorrow."

view. Sometimes we even struggle to see or understand what life is throwing at us today. The Bible tells us, "Why, you do not even know what will happen tomorrow. What is your life? You are a mist that appears for a little while and then vanishes" (James 4:14).

for despair. Just the opposite. We trust the Lord has spoken" (Isa. 37:21-22 in the God who sees all of our NLT). Scripture tells us that Hezekiah's tomorrows perfectly-and who knows prayer was answered that very night. what we need as we face the challenges God ahead. The apostle Paul knew this. conquering the enemy forces outside That's why Paul encourages us with hopeful words, "We live by faith, not didn't even "shoot an arrow" (v. 33). by sight" (2 Cor. 5:7).

When we trust God with our day as well as our unseen tomorrows, we don't Three words in God's message to need to worry about anything life Hezekiah-"Because you prayed"throws at us. We walk with Him and He knows what is ahead; He is strong enough and wise enough to handle it.

-----"God is with us"------

## **BECAUSE YOU** PRAYED

you turn them inward, or turn them upward?

When the brutal Assyrian King Sennacherib was preparing to destroy Jerusalem, he sent a message to King Hezekiah saying that Judah would be no different from all the other nations "Seeing to tomorrow" is beyond our he had conquered. Hezekiah took this message to the temple in Jerusalem, and "spread it out before the Lord" (Isa. 37:14). He then prayed and asked for help from Almighty God.

Soon afterward Isaiah the prophet delivered this message to Hezekiah from the Lord: "Because you prayed But our limited visibility is not cause about King Sennacherib of Assyria, intervened miraculously. the city gates. The Assyrian army Sennacherib would leave Jerusalem. never to return.

> show us the best place to go with our worries. Because Hezekiah turned to God, He rescued him and his people. When we turn our worries into prayer, we discover that God is faithful in unexpected ways!

> > -----'Īmmānū'ēl------