

Journey 4 Hope Counseling Center, LLC

Douglasville, GA 30134

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www.journey4hopecounseling.com

“NO SURPRISE ACT”

In compliance with the No Surprises Act that goes into effect January 1, 2022, all healthcare providers are required to notify clients of their Federal rights and protections against “surprise billing.”

This Act requires that we notify you of your federally protected rights to receive a notification when services are rendered by an out-of-network provider, if a client is uninsured, or if a client elects not to use their insurance.

Additionally, we are required to provide you with a Good Faith Estimate of the cost of services. It is difficult to determine the true length of treatment for mental health care, and each client has a right to decide how long they would like to participate in mental health care. Therefore, attached you will find a fee schedule for the services typically offered by your therapist, and we will collaborate with you on a regular basis to determine how many sessions you may need.

It is a Federal requirement that we have each client sign this form to begin/resume treatment.

For more information about this act, please visit: <https://www.cms.gov/nosurprises> or <https://www.aha.org/system/files/media/file/2021/01/detailed-summary-of-no-surprises-act-advisory-1-14-21.pdf>

My signature indicates that I have received this notice.

Current Fee List for Fully Licensed Therapists:

- 90791 (Intake): \$150
- 90837 (53+ minute session; this rate also serves as my “hourly” rate): \$125
- 90834 (37-52 minute session): \$100
- 90832 (23-37 minute session): \$80
- 90847 (Family Psychotherapy with patient): \$125
- 90846 (Family Psychotherapy without patient): \$125

*Please note: Fees for Provisionally Licensed Therapists and Intern Services are reduced and provided after agreement and before receiving services.

Services Not Covered by Insurance:

- Late Cancellation (less than 24 hour notice): \$65
- No-Show/No-Call: \$65
- Form Completion, letter writing, telephone support: all billed at my prorated “hourly” rate