

WE ARE...

A Christian non-profit residential recovery program designed to help those who suffer from substance use disorder to:

- Recover from a hopeless state of mind and body,
- Grow in their faith in Jesus Christ and
- Grow in their responsibility to their community.

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Senior Leader Spotlights

In this issue of *Journeys*, we are honored to spotlight two of our Senior Leader Residents who have already completed the first year program and have chosen to stay and devote faithful service to The Healing House and New Beginnings (THHNB) as well as continue in their own personal development. Kayla Pipes (Right) and Leah Happel (Left) exemplify true willingness, dedication, and servant leadership. Both women have faced profound life challenges and courageously embraced the hard work of healing — allowing God to transform their hearts, wills, and lives. They now share with others the wisdom that was once shared with them. "For even the Son of Man did not come to be served, but to serve, and to give His life as a ransom for many." — Mark 10:45. Kayla and Leah have embodied this truth through their actions and service. Here is what Kayla shares about her journey from brokenness to redemption! "On May 19, 2021, I overdosed in a hotel in Joplin, Missouri. Shortly after being released from the hospital, I was sent on what I now call a beautiful 18-month retreat — a time of

reflection, prayer, and transformation spent in the Missouri Department of Corrections. It was there that I met Jesus, and my entire outlook on life changed. I began to see my selfishness and brokenness, and through His loving correction, He started reshaping my heart. After my release, the Lord led me to The Healing House and New Beginnings. Hearing Heather Gieck's story lit a fire in me, and on February 22, 2023, I began my own journey with THHNB. Not long after, I started working for an insurance office where God opened doors I never imagined possible. Today, I'm a full-time employee, have passed my licensing exams, and am waiting for approval from the Department of Commerce and Insurance — proof of Gods abundant favor. After my first year at THHNB, I was blessed to help launch Karen's Next Step House, where I've grown spiritually, relationally, and professionally. God continues to teach me humility, service, and obedience through each class, leader, and opportunity He provides. My goal now is to give back what has been so freely given to me, mentoring women who are new in recovery through my small cleaning business, sharing my story, and walking with others through their struggles. Life still brings challenges — my son passed away one year ago and I haven't seen my daughter in 10 years, but I've learned that peace isn't the ab-

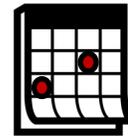
sence of trials; its God's presence through them. The Healing House and Next Step Program have been pillars of my recovery, and I am forever grateful. Most of all, thank You, Jesus, for loving me and never letting me go." Leah entered THHNB in April 2022 after completing a year-long treatment program at Women's Eastern Reception and Diagnostic Department of Corrections. Desperate for change and seeking her purpose, she completed the year-long program in 2023 and committed herself to continued growth and learning. In 2024, Leah transitioned into Karens Next Step House, where she began to mature spiritually. "I began sharing my story, and that's when real growth started. My faith grew stronger, as did my confidence." Leah soon began volunteering at the Community Supervision Center in Fulton, facilitating classes, and serving as a sponsor for newer residents. In 2025, she became the House Leader at Bethel House. "Being a House Leader has strengthened my motivation and sense of purpose by helping these ladies on their personal journeys. I strive to lead by example and inspire them to be the best version of themselves." We are incredibly proud of Leah's growth and dedication. Her story is one of true transformation, much like Gideon's story in the Bible — marked by courage, faith, and obedience to God's calling.



*“Developing the ability to follow God and shape our decisions and actions according to His will for His use.”
The Healing House and New Beginnings*

*“They devoted themselves to the apostles’ teaching and to fellowship, to the breaking of bread and to prayer.”
Acts 2:42 NIV*

Mark Your Calendars!



February - 7

Commencement Ceremony
1:00 PM
House of Prayer Family Church
2707 W. Main St.
Jefferson City, MO

Please join the celebration as we recognize **Lydia Wright and Jessica Peters** for completing The Healing House and New Beginnings program.

2025 Kingdom Harvest Fall Festival



On October 11th, THHNB celebrated the Biblical holiday of Tabernacles with our annual Kingdom Harvest Fall Festival. This special event brought together our residents, their families and beloved alumni for a day filled with fun and fellowship. Guests enjoyed family-friendly activities and the comforting aroma of hot chili and fire-roasted hot dogs shared around the table. The crisp fall air was filled with laughter and the warmth of community!

Central Church Breakfast



On November 8th, Central Church hosted a Breakfast Bonanza fundraiser in support of THHNB! The breakfast featured made-from-scratch biscuits and gravy, pancakes, scrambled eggs, sausage, and bacon, and generously provided free tickets for our newer residents to enjoy a meal at no cost. We are deeply thankful for their belief in our mission and their willingness to support us in the work we do.

Thanksgiving

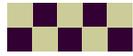
Happy Thanksgiving from our family to yours! Thanks to the generous donation of turkeys from Cargill, each of our houses had the opportunity to prepare their own Thanksgiving meal, welcoming friends and family to share in the warmth of community and togetherness.



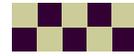
Matthew 25:31-36

THHNB is guided by Jesus’ teaching in Matthew 25:31–36, believing faith is lived out through compassionate action. Serving the hungry, the thirsty, the stranger, the sick, and visiting those in prison is how we serve Christ Himself. Rooted in love, dignity, servant leadership, and obedience to Christ, our ministry meets practical needs, offers encouragement, and creates welcoming spaces where all are valued, reflecting God’s love and Kingdom through service. Everything we do is rooted in the conviction that faith is demonstrated through service and that by being the hands and feet of Jesus, we reflect God’s love and Kingdom here on earth.





DIRECTOR'S REPORT



A Story of Redemption, Faith, and Changed Lives

Twenty years ago, in mid-November—just one week before Thanksgiving—inside the Miller County Jail, I was presented with the message of salvation by a backslidden, Spirit-filled woman of God. That day, I said “YES” to King Jesus. What I didn’t realize then was that this moment would mark the beginning of the end of one life—and the beginning of the new. I had no idea what the Father had in store, but He did. This new life was never meant to be just for me. It was for every woman God would one day bring across the threshold of this house. In July 2025, we celebrated 12 years of being recognized as a 501(c)(3) in the state of Missouri. Just two months earlier, on May 18, 2025, we marked 10 years of housing women, providing recovery support services, and, most importantly, sharing the life-changing message of the Gospel with every woman who enters our doors. None of this would be possible without you. Thank you for believing in the vision God birthed so many years ago, and for your generosity expressed through prayers, opportunities, and resources. Your faithfulness helps us continue the work He has called us to do. We believe that changed hearts lead to changed lives—and changed lives lead to changed communities.



With gratitude and faith,
Heather Gieck, Founder/Executive Director

WinterFest



On Saturday, December 10th, residents, board members, and staff gathered to celebrate our Annual WinterFest. The event was a time of fellowship over a shared meal and an opportunity to honor multiple residents with awards such as 'Volunteer of the Year', the 'Gideon' award, and a 'Servant Leader Outreach' award. We also shared gifts with each resident and board member, recognizing them as well as our House Leaders and their backups (B-People). Our work would not be possible without residents whose transformed hearts compel them to step into leadership roles and invest in those who are newer to the community. We are also deeply grateful for our dedicated Board Members who wholeheartedly believe in our mission and vision and faithfully stand with us through every season. We are deeply grateful.



Please pray for our residents and House Leaders

Healing House

*Melanie
Heather J, Jodie,
Crystal B. Rochelle,
Heather F. Kristi,
Christina, Rhonda,
Kali

Jochebed House

*Carissa
Holly, Abby,
Ciara

Karen's House

Kayla, Crystal T.
Tara, Tesla

Bethel House

*Leah
Kory, Jessica P.
Jessica I.

Single Mother's

Amanda & her son
Carter

* = House Leader

Praise Report!

One of our House Leaders, **Melanie Workman**, has partnered with Transformational Housing as she steps into a new season of motherhood and reunification with her daughter. After dedicating three years to her own personal growth and then serving faithfully in a leadership role as a House Leader, Melanie has been accepted into a two-bedroom apartment where she will begin the next slow and steady steps of rebuilding life with her daughter. She will continue to facilitate or attend one class each week and remain connected to THHNB through ongoing service. Please join us in congratulating Melanie and celebrating all of her hard work and dedication!



P.O. Box 1682
Jefferson City, MO 65102-1682

**“Changed hearts lead to changed lives.
Changed lives lead to changed communities.”**

This institution is an equal opportunity provider.

About The Healing House and New Beginnings, Inc.

Our program offers:

Recovery –

- A 12 Step Program of Action
- Codependency
- Seeking Safety (Trauma/Substance Use)
- Mentoring

Spiritual Growth

- Bible-based classes
- Local Church involvement

Housing and Life Skills

- Safe, affordable housing
- Help with securing employment
- Life skills classes

Physical Growth

- Importance of healthy diet and exercise

Classes are held Monday – Wednesday 6:00 – 8:00

Contact Info:

Housing Inquiries: 573-645-2501

www.thehealinghouseandnewbeginnings.org
housing@thehealinghouseandnewbeginnings.org

Other: 417-559-7068

hgieck@thehealinghouseandnewbeginnings.org

Executive Director:

Heather Gieck

Board of Directors:

Mark Saucier, President

Don Smith, Treasurer

Shannon Kimsey, Secretary

Brenda Schell

Lisa Lopez

Jo Lynn Dubea

For comments or to receive JOURNEYS electronically, please email:
bschuessler@thehealinghouseandnewbeginnings.org

