

WE ARE...

A Christian non-profit residential recovery program designed to help those who suffer from substance use disorder to:

- Recover from a hopeless state of mind and body,
- Grow in their faith in Jesus Christ and
- Grow in their responsibility to their community.

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Trophies of God's Grace

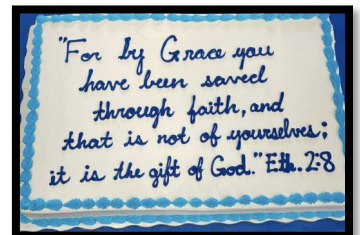


On Saturday, February 7th, 2025, friends and family gathered at House of Prayer Family Church to celebrate the commencement of Lydia Wright and Jessica Peters from The Healing House and New Beginnings (THHNB) one-year recovery program. The ceremony opened with prayer and announcements from THHNB Founder and Executive Director Heather Gieck, and then followed with a heartwarming speech from both Lydia and Jessica. "It's taken me 7 years to get to the point where I am today," Lydia said, "I've reached my first year of sobriety thanks to

The Healing House and New Beginnings. Before now, I couldn't stop relapsing, but God kept showing me that my life was worth saving and that He has much better things in store for me. While I was at The Healing House and New Beginnings, I was able to find my purpose—being a Child of God! I am beyond grateful for the opportunity I received during my time in the program." Lydia concluded with heartfelt thanks to Heather and the other leaders for making her time in the program a "wonderful journey." Upon completing her first year, Lydia moved closer to her children and transitioned to another sober living program, where she can continue to receive support while rebuilding her relationship with her two children.

Next, we heard from Jessica. "I came to The Healing House and New Beginnings from prison on the Lord's terms, not my own. I was ready to start a better life and not repeat my past mistakes. Since coming to The Healing

House and New Beginnings, I have learned to stay sober and lean on God by doing things I never thought I could do. I've gotten a job for the first time in many years and have learned to forgive myself and others. I've managed my own money well and continued to cope with different triggers and mental health issues such as anxiety, anger, depression and the list goes on! My relationship with God is the number one reason why I've been able to do all of these things." Jessica plans to continue to reside within the program and eventually work towards getting her license reinstated and one day getting her own place. Until then, she has been an incredible blessing to the ministry with her cheerful attitude and servant's heart!



THANK YOU!



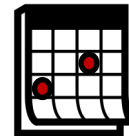
The Healing House and New Beginnings would like to extend heartfelt thanks to Lois Horstman for her faithful support and the impact of the Paint & Praise ministry. Since the opening of the Ark in 2020, Lois has used her God-given talent to create a space where residents experience peace, creativity, and God's presence. What began as a simple painting class in our Mentorship Program, became a deeply meaningful time of healing and connection. As Lois shares, "I just pray and ask God, show me what You want me to paint," and "it means just as much to me as it does to them." Through her willingness to serve, many women discovered beauty, purpose, and creativity. As she enters a season of sabbatical, we honor her lasting impact and dedication.



*“Developing the ability to follow God and shape our decisions and actions according to His will for His use.”
The Healing House and New Beginnings*

*“Behold, how good and how pleasant it is for brethren to dwell together in unity!”
Psalms 133:1 NKJV*

Mark Your Calendars!



May - 2

Commencement Ceremony
1:00 PM
House of Prayer Family Church
2707 W. Main St.
Jefferson City, MO

Please join the celebration as we recognize for **Heather Jackson** completing The Healing House and New Beginnings program.

May - 19

Picnic in the Park
ANNUAL FUNDRAISER
& Recovery Awareness Event!
5:00-7:00 PM
Memorial Park Pavilion
115 Memorial Park Dr.
Jefferson City, MO.

[See flyer below for details!]

THE HEALING HOUSE & NEW BEGINNINGS INC.

ANNUAL FUNDRAISER

& RECOVERY AWARENESS EVENT

WHEN
May 19TH 2026
5:00-7:00 pm

WHERE
Memorial Park Pavilion
115 Memorial Park Drive,
Jefferson City, MO 65109

Questions:
Heather 417/559-7068
Rebecca 573/418-3012
Kelli 573/291-3124
Crystal 573/645-2501

**MUSIC
&
LIVE TESTIMONIES!**

BIG TICKET RAFFLE ITEMS: Electric Grill, Beauty Basket, YMCA Membership, Pool Party Gift Basket, Movie Passes, Candle Basket, and American Shoe Gift Certificate!

LIVE AUCTION ITEM: Outdoor Lifetime Poly Picnic Table-Valued at \$1,182!

SILENT AUCTION!

MAKE A BID FOR A CAUSE

MEAL PRICE
\$15 a Plate

PLATE INCLUDES
Colton's Pulled Pork Sandwich topped with Coleslaw.
Chips,
Cookie, and drink

FREE HOT DOG PLATE!
Chips, Cookie & Drink

FOOD AND DRINK SPONSORS
Colton's Steakhouse
MO Coalition of Recovery Support Providers (MCRSP)
Landmark Recovery

BENEFITING
The Healing House & New Beginnings Inc.:
4 HOUSES:
HEALING HOUSE
BETHEL HOUSE
JOCHEBED'S HOUSE
KAREN'S HOUSE

Advocacy Day

On Tuesday, March 2nd, The Healing House and New Beginnings was invited to advocate on behalf of the Missouri Coalition of Recovery Support Providers (MCRSP), alongside many others, to raise awareness about the impact of government funding on recovery programs like ours. We were given the opportunity to share testimonies with the State Budget Committee, Senate Appropriations Committee, and district representatives and senators in hopes of securing the restoration of the \$6 million that was cut from the budget for recovery support services. Our day was filled with purpose and intention, and it was a great success. We will continue to pray for the restoration of these funds every step of the way.



Community Connection Night

On Tuesday, March 24, THHNB partnered with Landmark Recovery to strengthen community understanding of recovery, including both the successes and challenges associated with substance use. The goal was to help build a community supported by a recovery-oriented system of care that promotes long-term outcomes. Guest speakers shared valuable information about second-chance employment and housing opportunities, and THHNB hosted a table to provide resources and information on recovery housing.



Leadership Training

One of THHNB's core passions is developing leadership within the ministry. Every resident brings unique and valuable strengths, and it is our responsibility to cultivate those gifts and talents while helping them develop a strong sense of purpose and self-efficacy. On January 28th, Senior Residents attended a mandatory Department of Corrections training regarding their no tolerance policy for sexual abuse and harassment. This training provided essential information required to participate in outreach efforts at the Community Supervision Center. Additionally, we held a House Leaders Training on February 11th, during which we reviewed ministry policies, guidelines, and expectations to equip our House Leaders for success in effectively managing the homes. Finally, on March 20th, we participated in an Ethics Training, where each of us gained valuable insight into establishing and maintaining healthy boundaries, as well as understanding best practices for serving others with integrity and care.



Redemption Revival

On Saturday, March 28, residents of The Healing House and New Beginnings volunteered at Redemption Revival, a Christian hip-hop event featuring performances by #HERO, Nicky Gracious, Redeemed, Bo Fisher, Justo, OTG Zico, and Madigan. The event was free and open to the public, with all donations and proceeds supporting villages in Kenya. The evening was filled with powerful testimonies, uplifting music, and meaningful fellowship, along with delicious barbecue and exciting prizes. The night concluded with baptisms, making for a truly impactful experience. We are grateful to be part of such a faith-filled community of believers here in Jefferson City.



Please pray for our residents and House Leaders

Healing House

*Kayla
Tara, Heather J,
Crystal B. Rochelle,
Heather F. Kristi,
Rhonda, Stephanie,
Shannon

Jochebed House

*Carissa
Abby, Ciara
Melinda, Alta
Tiffany

Karen's House

*Crystal T.
Tesla, Katelan

Bethel House

*Leah
Kory, Jessica P.

Single Mother's

Amanda & her son
Carter

* = House Leader



P.O. Box 1682
Jefferson City, MO 65102-1682

**“Changed hearts lead to changed lives.
Changed lives lead to changed communities.”**

This institution is an equal opportunity provider.

About The Healing House and New Beginnings, Inc.

Our program offers:

Recovery –

- A 12 Step Program of Action
- Codependency
- Seeking Safety (Trauma/Substance Use)
- Mentoring

Spiritual Growth

- Bible-based classes
- Local Church involvement

Housing and Life Skills

- Safe, affordable housing
- Help with securing employment
- Life skills classes

Physical Growth

- Importance of healthy diet and exercise

Classes are held Monday – Wednesday 6:00 – 8:00

Contact Info:

Housing Inquiries: 573-645-2501

www.thehealinghouseandnewbeginnings.org

housing@thehealinghouseandnewbeginnings.org

Other: 417-559-7068

hgieck@thehealinghouseandnewbeginnings.org

Executive Director:

Heather Gieck

Board of Directors:

Mark Saucier, President

Don Smith, Treasurer

Shannon Kimsey, Secretary

Brenda Schell

Lisa Lopez

Jo Lynn Dubea

For comments or to receive JOURNEYS electronically, please email:
bschuessler@thehealinghouseandnewbeginnings.org

