

**WE ARE...**

A Christian non-profit residential recovery program designed to help those who suffer from substance use disorder to:

- Recover from a hopeless state of mind and body,
- Grow in their faith in Jesus Christ and
- Grow in their responsibility to their community.

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## Trophies of God's Grace



On Saturday, May 4th, friends and family joined together at House of Prayer Family Church for the Commencement of Melanie Workman, Lindsey Miller, Carissa Davis, Amanda Stewart, and Christina Conlin from the Healing House and New Beginnings (THHNB) one-year recovery program. Following prayer, introductions, and opening announcements, Founder and Executive Director Heather Gieck describes THHNB as a beautiful beginning purposed to be a place of healing, learning, development, growth, and maturity. It is a safe place in which there is opportunity to begin to lay an unshakeable foundation for life which is rooted and grounded in the Holy and Living Word- Jesus Christ our Lord- and it is upon this foundation that there is opportunity for the daughters of the Kingdom to begin to build the rest of their lives.

Melanie was the first to share her heart as she opened with Galatians 5:1. "I've always loved that scripture but I never knew what it really meant until I came into The Healing House and God gave me this freedom." She said. "I can't tell you when exactly it hap-

pened but it did. I no longer have that obsession and I thank God for that every day." She thanked everyone for the support and for believing in her when she didn't believe in herself. Melanie is a current second-year resident at our Next Step House and continues to give back in many ways and is a blessing to all!

Lindsey was next to speak as she opened with Jeremiah 29:11. "My cries reached His ears, right there in a jail cell. I can remember right now the presence I felt in the cell was like a father talking to his daughter. Like a fatherly love I have never felt, but my heart longed for my Father." She goes on to explain how the Lord spoke to her many times while in prison. Those moments are what led her to THHNB. "And for the first time in my life all I wanted and desired was the Lord. Jesus is all that I desired and THAT is what changed my life!" As of July 1<sup>st</sup>, Lindsey is officially in the Single Mother's Program, has received the keys to her apartment and has 3 year old daughter living with her full time! Congratulations Lindsey!

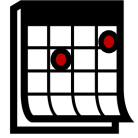
Next up was Carissa. "When I first came to THHNB I was very broken to say the least. The lifestyle I was living before becoming a new creation in Christ was a very miserable one. I knew if I wanted to stay alive, I needed to do something different. What I didn't know at that time was that staying alive and sober was only

the beginning of what God had planned for my stay in this program." She continued by explaining some of the things she will remember and carry with her everywhere she goes are her powerful spiritual leaders, beautiful sisterhood, her accomplishments, and the strength and courage God has given her to completely change her life. Carissa is a second-year resident at the Next Step House and gives back to this ministry at every opportunity! We love you Carissa!

Amanda was next to share her gratitude and explained how she knew there was so much more to learn and that's why she is in the second-year Single Mother's Program! Amanda is living in Transitional Housing in her own apartment, and will have her 2 year old son back full-time in the next couple of months! It has been incredible watching Amanda grow into a completely new creation in Christ Jesus!

Finally, Christina shared her thanks to Heather and all the women behind the scenes. "One of the best things I've gotten from this experience is developing some of the forever relationships and forever family. These girls will really go to bat for you no matter what." Christina is also a second-year resident at the Next Step house and plans to soon move to Florida to be with her son and follow her dreams! We thank Christina for her kind and joyful heart towards all! Congratulations ladies!

# Mark Your Calendars!



## AUGUST - 3

### Commencement Ceremony 1:00 PM

Please join the celebration as we recognize **Leslie Owens, Camellia Flores, & Ti-Ara Reed** for completing The Healing House and New Beginnings program at:  
House of Prayer Family Church  
2707 W. Main St.

Please visit the RITW website  
[www.redemptioninsidethewalls.com](http://www.redemptioninsidethewalls.com) for  
more info and to order tickets

## SEPTEMBER - 21

### Redemption Inside the Walls "Come Alive"

#### Featuring Matt Maher 5:00-10:00 PM

Jefferson City Jaycees Fairgrounds  
1445 Fairgrounds Road  
Jefferson City, MO

**Redemption Inside the Walls** is an event with the purpose to reach out and unify those that have devoted their lives to Christ and spread the Gospel of Jesus Christ.

This year's concert will benefit RACS!



*"Developing the ability to follow God and shape our decisions and actions according to His will for His use."  
The Healing House and New Beginnings*

*But my God shall supply all your need according to His riches in glory by Jesus Christ  
Philippians 4:19 NKJV*

## 2024 Annual Picnic in the Park Fundraiser

This year's Fundraising Picnic at Memorial Park on May 21st was a HUGE success thanks to our sponsors, donors, and support like you from the community. Preliminary results indicate the event raised approximately \$11,000 for the ministry! A special THANK YOU goes out to Colton's Steak House & Grill for providing the delicious meal and House of Prayer Family Church Worship Team for providing the musical entertainment. THANK YOU to everyone who donated, came out, and participated in any way! We are blessed!





# Spring & Summer Events



## Cultivate Connections

### Empowering Parents to Empower Children

Nakole Wooley closed out this 18 Module class teaching practical skills rooted in research on brain based parenting, attachment, trauma, sensory processing, and more! She congratulated the completion with pool parties and ice cream cake! Thanks Nakole!



## Life Skills



On June 3rd, THHNB residents were invited by Derrick Spicer to sit in on a City Council meeting where Heather Gieck received a Proclamation signed by Mayor Ron Fitzwater, celebrating the ministry.

On June 17th, Jackie and Paytan from Mid America Bank volunteered to share with our ladies the importance and details of bank accounts and credit scores!



## SERVE JC 2024

On April 20th, our residents split into two groups in participation of the city-wide volunteer event "Serve-JC". Some of our residents volunteered at Boys and Girls Club while others remained on site at The Healing House, spreading mulch on the walking trail, which was graciously donated by Hentges Tree Service.



## Ashes 2 Beauty

On April 12-14, Classic Buildings sponsored 16 residents to go to this life changing weekend retreat where 4 of them got baptized! Thank you and 'The best is yet to Come!'



## THHNB Float Trip



On June 21-23, the ministry enjoyed a weekend of rest and refreshing on the James River in Galena, Mo. 22 residents and alumni participated as well as 9 ladies were baptized in the river! Summer has officially begun!

## Please pray for our residents and House Managers

### Healing House

- \*Brenda and her daughter Sarah
- \*Crystal D.
- Ti-Ara, Stephanie
- Crystal H, Sam,
- Elise, Keashia,
- Heather J, Kassie,
- Jodie, Teisha

### Jochebed House

- \*Rebecca and her children Natalie & Raynon
- Leslie, Kristen
- Priscilla, Audrey
- Tesla

### Karen's House

- Kayla, Chris, Leah
- Carissa, Melanie

### Bethel House

- \*Lisa
- Crystal T, Tristian
- Tara, Cammie

### Single Mother's Program

- Sarah & her children Preston & Lexi
- Amanda & her son Carter
- Lindsey & her daughter Alliana

\* = Sr. Resident



P.O. Box 1682  
Jefferson City, MO 65102-1682

**“Changed hearts lead to changed lives.  
Changed lives lead to changed communities.”**

*This institution is an equal opportunity provider.*

## About The Healing House and New Beginnings, Inc.

Our program offers:

Recovery –

- A 12 Step Program of Action
- Codependency
- Seeking Safety (Trauma/Substance Use)
- Mentoring

Spiritual Growth

- Bible-based classes
- Local Church involvement

Housing and Life Skills

- Safe, affordable housing
- Help with securing employment
- Life skills classes

Physical Growth

- Importance of healthy diet and exercise

Classes are held Monday – Wednesday 6:00 – 8:00

Contact Info:

Housing Inquiries: 573-645-2501

[www.thehealinghouseandnewbeginnings.org](http://www.thehealinghouseandnewbeginnings.org)

[housing@thehealinghouseandnewbeginnings.org](mailto:housing@thehealinghouseandnewbeginnings.org)

Other: 417-559-7068

[hgieck@thehealinghouseandnewbeginnings.org](mailto:hgieck@thehealinghouseandnewbeginnings.org)

Executive Director:

Heather Gieck

Board of Directors:

Mark Saucier, President

Don Smith, Treasurer

Lisa Mendes, Secretary

Shannon Kimsey

Brenda Schell

Jo Lynn Dubea

All of our houses are  
accredited by Missouri  
Coalition of Recovery  
Support Providers  
(MCRSP)

NARR affiliated.

For comments or to receive *JOURNEYS* electronically, please email:  
[bschuessler@thehealinghouseandnewbeginnings.org](mailto:bschuessler@thehealinghouseandnewbeginnings.org)

