

WE ARE...

A Christian non-profit residential recovery program designed to help those who suffer from substance use disorder to:

- Recover from a hopeless state of mind and body,
- Grow in their faith in Jesus Christ and
- Grow in their responsibility to their community.

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Trophies of God's Grace



It was all smiles on Saturday, February 1st as family and friends gathered at House of Prayer Family Church to celebrate Jessica Berislavich's commencement from The Healing House and New Beginnings. Executive Director Heather Gieck emphasized in her opening remarks, "We use the term commencement instead of graduation because it's not a completion but a humble, yet beautiful, beginning. A time of going forward and stepping into the beautiful life that God has purposed for Jessica."

Heather described Jessica's journey to The Healing House, coming into the program after spending over a year in county jail and waiting for a vacancy to open before being released. Jessica was ready and willing to do everything

that was asked of her in the program and did not require the coaxing as some do when making their early transition. Heather expressed the pleasure to see Jessica reach this moment and shared how their relationship had grown.

Guests shared their love and good wishes for Jessica. Some noted Jessica's habit of spending time very early in the mornings with her Bible before being to work at 5:00. When she addressed the group, Jessica thanked her family for their love and support. She told of the last time she had gotten into trouble and her parents' decision to not get her out of jail: "Not doing it this time," she quoted. Not understanding at the time and filled with anger, Jessica explained that it turned out to be the best thing for her and she could thank her parents for their decision today.

It was while she was in jail that her counselor gave her a Bible that she read over and over and came to personally know the Lord, giving her life to Him while there.

Jessica offered some of her focus for life, answering those who have asked why she doesn't wear makeup. She shared the scripture God showed her while she was in jail to be herself and show her true beauty.

"Let your true beauty come from your inner personality, not a focus on the external. For lasting beauty comes from a gentle and peaceful spirit, which is precious in God's sight and is much more important than the outward adornment of elaborate hair, jewelry, and fine clothes." 1 Peter 3:3-4 (TPT)

Referring to her early morning Bible studies, Jessica told of starting to write her prayers in a notebook when she was in jail. "Everything I wanted God to change, I wrote in a prayer in my notebook. He has answered me. I have 3 notebooks now." She thanked all the women of The Healing House program for the love and fun. Jessica's beautiful daughter was among those who were there celebrating the changes in her life.

We say...



Koinonia House ~ Free and Clear!

God has blessed this ministry in many ways, especially through the generosity of members of our community. Due to your faithful support, we are excited to announce that the mortgage on the men's Koinonia House is now paid off! This was the goal of last year's fundraising event. After making a sizable principle payment in 2019, we were able to reach the total goal in February. We thank God and our supporters for this accomplishment. We praise God for His faithfulness that we may "have an abundance for every good work." **Free and clear** ~ doesn't that remind you of what the Father has done for us through His Son, Jesus?

Thank you!



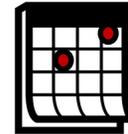
“Developing the ability to follow God and shape our decisions and actions according to His will for His use.”

The Healing House and New Beginnings

Then Samuel took a stone and set it up between Mizpah and Shen, and called its name Ebenezer, saying, “Thus far the Lord has helped us.”

1 Sam 7:12 NKJV

Mark Your Calendars!



MAY 30 -

Commencement Ceremony

Please join the celebration as we recognize **Christina Abbott** for completing The Healing House and New Beginnings program at a commencement ceremony planned for 1:00 p.m. at House of Prayer Family Church, 2707 W. Main St. in Jefferson City.

EVERY FRIDAY EVENING
‘CELEBRATE RECOVERY’ MEETINGS ARE SUSPENDED FOR COVID-19 VIRUS PREVENTION

JUNE - 16

Annual Fundraising Picnic - NEW LOCATION North Jefferson Outdoor Pavilion

927 Fourth Street, Jefferson City

Make plans to attend this year’s event for a time of fun, good food and music. Your support goes to our men and women’s programs and this year, towards expanding services for our single mothers. 5:00 – 7:00 p.m.

Pulled Pork Dinner by Colton’s Steak House

\$15 per person

Children 8 Years and Under Free Hot Dog & Chips



~ Happy 1-Year Anniversary ~

This quarter marks the 1st anniversary of 4 significant additions to The Healing House and New Beginnings ministry. What a difference these have made!

Healing House Community Center – the facility has provided room for these needed functions:

- 2 class-room/meeting spaces
- Play-room for child care during classes
- Office and library
- Computer and other resources for resident access
- Clothes closet – donated clothing and other items available to residents



Full-time Program Coordinator – Tricia Roberts has been instrumental in meeting many day-to-day operations of the program. Among other duties, the Program Coordinator:

- Conducts new admissions processes
- Conducts current resident business such as processing resident fees
- Coordinates program information/events with House Managers/residents
- Maintains required records and completes various administrative tasks
- Represents The Healing House and New Beginnings to other organizations

The Bethel House – is providing housing for up to 4 women residents, one of whom is a House Manager. Bethel House follows the same guidelines as other houses in the ministry.

Celebrate Recovery - Residents and Volunteers from House of Prayer Family Church provide a weekly meal, recovery teaching or testimony and small group support in this Christ-centered 12-Step Recovery program. Child care is provided making this a family-friendly Friday night place to recover from life’s hurts, habits and hang-ups with the Lord and with friends .

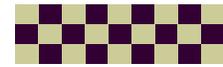


~ Shopping From Home These Days? ~

Just a reminder that Amazon donates .5% of the price of your eligible AmazonSmile purchases to the ministry when you shop using www.smile.amazon.com and select **Healing House and New Beginnings** as your charity of choice. **ONLY** purchases at **SMILE.AMAZON.COM** support the charity so it’s suggested that you add it to your computer favorites bar for ease of use. Please note our ministry is listed alphabetically in the ‘H’s. “Thank you!” to those who are already using *SMILE* and choosing Healing House and New Beginnings for your donations.



2019 THE MINISTRY IN REVIEW



PROGRAM PARTICIPATION: Six residents commenced the program during 2019: 3 men and 3 women. As of the end of 2019, fourteen women have completed the 1-year program since The Healing House opened in May 2015. Three men have completed the program since the Koinonia House opened in July 2017.

PROGRAM GROWTH:

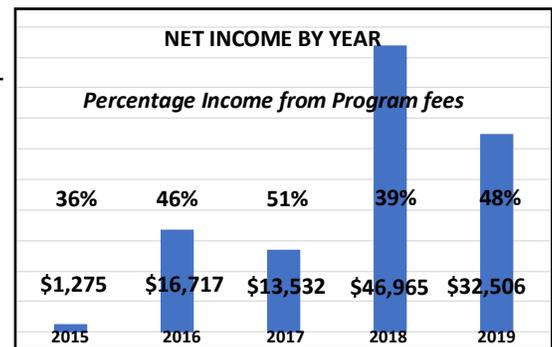
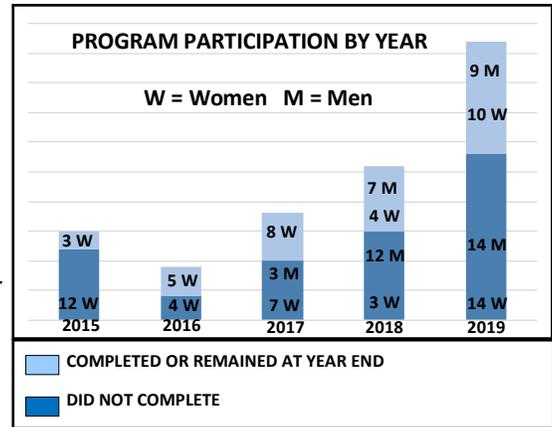
- * The ministry experienced increased activity in program participation. Factors involved the addition of a women’s house in March which brought over-all housing capacity to 13 women and 9 men and vacancies were filled quickly with the help of a new full-time program coordinator. Though turnover is higher than we would like, we’re thankful that some who have left early later decide to return and restart the program to completion.
- * Leaders continue to be developed from within the ministry. Resident leaders provide important services that include transportation for residents to work and make appointments. Two residents completed Certified Peer Support Specialist training. Our program coordinator completed Medication Assisted Recovery Specialist (MARS) training. Resident leaders attend available recovery training and conferences that help broaden their knowledge to assist and mentor others.
- * Residents continue to give back to the community by volunteering for events and offering recovery meetings and classes to others. The Celebrate Recovery meetings held weekly since March require much coordinated effort. We’ve seen many people gain hope and give their lives to the Lord through Celebrate Recovery. The Executive Director and residents continue to share faith and recovery at two Department of Corrections locations and at a local treatment facility.

FINANCIAL RESULTS:

- Goals implemented in 2019 were made possible by growth in financial support during the previous year. Increased spending related to implementing these goals is reflected in the decrease in net income for 2019. A notable financial achievement not shown as part of expense for the 2019 graph is reaching the goal of making a \$20,000 principal payment on the Koinonia House mortgage.
- We continued to work towards being as self supporting as possible through participant program fees and donations. With increasing efforts to reduce late program fees, we are encouraged that 48% percent of our 2019 total income is from program fees.

GOALS FOR 2020:

- * Provide a path for success to women with children as they recover and work to develop their relationships with their children
- * Establish transitional opportunities for those either waiting to enter The Healing House and New Beginnings program, who have relapsed and desire to return, and those looking to move forward following completion of the program.
- * Pay off the mortgage on the men’s Koinonia House. This goal was reached in February of this year.



Please pray for our residents and House Managers

<u>Healing House</u> Andrea (Manager) Jessica, Christina Becky, Emma Kiara, Brianna Ashley	<u>Koinonia House</u> David (Manager) Scott, Deron Matthew, Kyle Antoine, Roger William
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Bethel House
Tricia (Manager)
Christy, Lisa
Nicki

The
**Healing
House**
And New Beginnings, Inc.

P.O. Box 1682
Jefferson City, MO 65102-1682

**“Changed hearts lead to changed lives.
Changed lives lead to changed communities.”**

About The Healing House and New Beginnings, Inc.

Our program offers:

Recovery –

- A 12 Step program of Action
- Codependency
- Seeking Safety (Trauma/Substance Use)
- Mentoring

Spiritual Growth

- Bible-based classes
- Local Church involvement

Housing and Life Skills

- Safe, affordable housing
- Help with securing employment
- Life skills classes

Physical Growth

- Importance of healthy diet and exercise

Classes are held Monday – Friday 6:00 – 8:00 p.m.

*For comments or to receive JOURNEYS electronically,
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Heather Gieck

Board of Directors:

Karen Leydens, President

Brenda Schell, Vice-President

Don Smith, Treasurer

Mark Saucier, Secretary

Richard Finton

James Jackson

Shannon Kimsey

