

WE ARE...

A Christian non-profit residential recovery program designed to help those who suffer from substance use disorder to:

- Recover from a hopeless state of mind and body,
- Grow in their faith in Jesus Christ and
- Grow in their responsibility to their community.

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Trophies of God's Grace



Friends and family of Amanda Sims celebrated her commencement from The Healing House and New Beginnings 12-month recovery program on Saturday, November 6, at House of Prayer Family Church. Following prayer and opening comments, Executive Director, Heather Gieck, released this scripture over Amanda's life,

"When my father and my mother forsake me, then the LORD will take care of me. Teach me Your way, O LORD, and lead me in a smooth path, because of my enemies." Ps 27:10-11

She added, "There is an enemy of our soul. When we start coming out of that life and into the real life that God has for us, then there are enemies of our soul that will try to drag us back into the life we are actually exiting." She encouraged Amanda to look to God, not man, to meet her emotional needs and shared practical advice for staying on the spiritual recovery path.

Several of Amanda's fellow program participants and family shared their sentiments about her transformation. Many described Amanda's beginning months as having a lot of rough patches. But they each also emphasized that she had come so far, specifically in the last few months, where it was said she had made a complete turn-around.

Amanda's sister spoke, "You have come a long way and we are very proud of you. This House

has done amazing things for you. Because 8 years ago you went down a totally different path and we were no longer on the same page. I'm very glad to see you back and living your best life and being the person you need to be for your nieces and nephew. They are so grateful to have you. We love you."

When Amanda addressed the group, she began, "I started out rough because I made it rough on myself, not because anybody in the House did. The first 6 months at The Healing House went by so slow and a lot of things started to work through me. I started to realize that I wasn't going to make it if I kept rebelling against the true understanding of why I was there."

The scripture Amanda has clung to through every step of her journey is Isaiah 41:13 CEV

"I am the Lord your God and I am holding your hand so don't be afraid. I am here to help you."

This made clear to Amanda that she needed to rely more on the Lord than she had her entire life.

Amanda shared the miracle of having her sisters, nieces and nephew back in her life. After reciting the Serenity Prayer in memory of her mother, Amanda thanked everyone, especially The Healing House leaders. "Even though we've been through struggles and I didn't want to listen and I wanted to rebel, I had to realize and understand that my life was unmanageable without my Greater Power, the Lord, being there. And I wouldn't have done it without you guys. And I love you."

Redemption Inside the Walls Donation

Redemption Inside the Walls event organizers, Paula Benne, C & S Business Services President, and Kirk DeMars, Sports Locker Magazine, presented The Healing House and New Beginnings with a check for \$10,000, the proceeds from the 2021 concert held August 28th. Thank you so much!



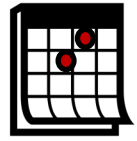


“Developing the ability to follow God and shape our decisions and actions according to His will for His use.”
The Healing House and New Beginnings



“And let the beauty of the LORD our God be upon us, And establish the work of our hands for us; Yes, establish the work of our hands.”
Ps 90:17 NKJV

Mark Your Calendars!



FEBRUARY - 5

Commencement Ceremony
1:00 PM
House of Prayer Family Church
2707 W. Main St.
Jefferson City, MO

Please join the celebration as we recognize **Danica Poston** for completing The Healing House and New Beginnings program.

Oh give thanks unto the Lord for He is good...

A Thanksgiving fellowship and feast with the Healing House and New Beginnings residents, families, board members and friends took place Saturday, November 20, at the Shiloh Church on Zion Rd.



Congratulations, Graduates!

Ten of The Healing House and New Beginnings women completed the “Getting Ahead in a Just-Getting’ By World” 10-week course from Central Missouri Community Action (CMCA). The program encourages participants to build resources and create a plan for getting out of poverty and” getting ahead”. Shown at the graduation ceremony held December 17th at First United Methodist Church are Top l-r: Stephanie (CMCA) Tricia, Danica, Susan, Crystal, Chastity, Emily (CMCA). Middle: Amanda, Kami Lower: Brenda, Kiara Unable to attend: Mercedes



“...Tidings of great joy which will be for all people.”



The Healing House Christmas



Connecting with Broken & Beautiful Ministry in 2022

In the coming year, The Healing House and New Beginnings will begin working with Broken & Beautiful, a Christian discipleship ministry for incarcerated women that shares God’s grace, love and healing power through a program using the book, “God’s Healing Path”. The ministry helps women find safe housing and build a Christian support community for when they are released. Broken & Beautiful has been serving the Women’s Eastern Reception, Diagnostic Correctional Center (WERDCC) in Vandalia since 2014. The ministry conducts weekly services and bi-annual seminars. In 2019, the ministry started a pen pal program called Pen2Pen where each enrolled woman is paired with a Christian woman pen pal for support and encouragement. Please visit their web site, www.brokenbeautiful.org for information about this minis-

try with whom we share common goals.

The Healing House and New Beginnings Executive Director, Heather Gieck, has been ministering to women at WERDCC as a Volunteer in Corrections for several years. She and Program coordinator, Tricia Roberts, look to participate in the Broken & Beautiful ministry services at the prison and invite other Christian women to consider becoming a pen pal with the Pen2Pen program. Recovery housing offered by The Healing House and New Beginnings will provide another connection for success that Broken & Beautiful seeks for the women they support.

We ask for your prayers that the Lord guide and draw many close to Him through these efforts.



Praise Report

GOD IS SO GOOD!

“Hey it’s Travis. On December 3rd, Ashley and I got Jr. back full time and on the 7th I celebrated my 1 year sober. I just wanted to tell you thank you for giving me and Ashley the opportunity to get our lives and family back.”

Executive Director, Heather Gieck, received the above text from The Healing House and New Beginnings former residents, Travis and Ashley, sharing joyful news of being fully reunited with their son, Junior, and reaching a recovery milestone. Praises to God!

Please pray for our residents and Sr. Residents

- | | |
|----------------------|-----------------------|
| <u>Healing House</u> | <u>Jochebed House</u> |
| Jessica * | Becky * |
| Amanda, Brenda | and her children |
| Danica, Kami | Natalie, Raynon |
| | Kiara, Crystal |
| <u>Bethel House</u> | Katie |
| Lisa * | |
| Susan, Mercedes | |
| Chastity, Tammy | * = Sr. Resident |



P.O. Box 1682
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**“Changed hearts lead to changed lives.
Changed lives lead to changed communities.”**

This institution is an equal opportunity provider.

About The Healing House and New Beginnings, Inc.

Our program offers:

Recovery –

- A 12 Step Program of Action
- Codependency
- Seeking Safety (Trauma/Substance Use)
- Mentoring

Spiritual Growth

- Bible-based classes
- Local Church involvement

Housing and Life Skills

- Safe, affordable housing
- Help with securing employment
- Life skills classes

Physical Growth

- Importance of healthy diet and exercise

Classes are held Monday – Friday 6:00 – 8:00 p.m.

*For comments or to receive JOURNEYS electronically,
please email: troberts@thehealinghouseandnewbeginnings.org*

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Executive Director:

Heather Gieck

Board of Directors:

Mark Saucier, President

Brenda Schell, Vice-President

Don Smith, Treasurer

Richard Finton, Secretary

Mary Browning

Shannon Kimsey

Gregory Smith

Storage Mart

