

WE ARE...

A Christian non-profit residential recovery program designed to help those who suffer from substance use disorder to:

- Recover from a hopeless state of mind and body,
- Grow in their faith in Jesus Christ and
- Grow in their responsibility to their community.

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Trophies of God's Grace



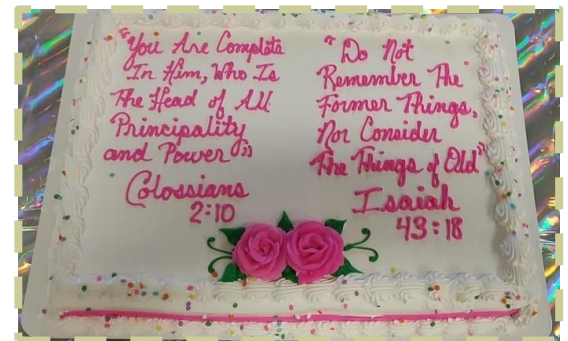
Many friends and family came together to joyfully celebrate Tammy Burch and Katie Raines's commencements from The Healing House and New Beginnings (THHNB) program on Saturday, November 5th, at House of Prayer Family Church. Following prayer and opening comments, Executive Director,

Heather Gieck, explained that it is called commencement rather than graduation, because it is not a completion, but a humble yet beautiful beginning. "We have a promised land," Heather said, "and it's found in Christ, and Christ alone. So we seek Him first."

"I never pictured myself being here today," Tammy began, "yet here I am, rebuilding my life, my faith, and my relationship with my children." Tammy quoted Jeremiah 1:5 "Before I formed you in the womb, I knew you. Before you were born I set you apart." She said she will not let any speed bumps stop her! She expressed her deep gratitude for everyone who played a part in contributing to her life in recovery and plans to continue residing in the Bethel House, serving as a second year resident, giving back as a co-facilitator, children's class teacher, and holding the role as the B-Person for the Bethel House, which includes duties such as assisting the house manager. We are so grateful to have Tammy as part of our leadership family!

Katie began her speech by saying that for the first time in her life she is proud of herself for who she is and what she has accomplished. "I never thought I could have my life back, and have it more abundantly." She explained that not only has THHNB changed her in her heart, but her children's hearts as well. She said something in her changed the day that Pastor Kirk gave her a word in church saying to let go of the condemnation. "When he said that, something in my heart changed that day. All the heartbreak I had been experiencing, all the sadness, all the pain, all the anxiety, all of it. It all left, and I felt the love of God." She goes on to explain that she has learned who she is without any substances in her body. "You get your spirit-man right, and your mind and body will follow suit." Many shed tears as she reminisced and thanked multiple people for helping her get to where she is today. Katie is now going into our second year Single Mother's Program as we partner with Transitional Housing where she now resides in a 3 bedroom apartment with her two children.

CONGRATULATIONS LADIES!

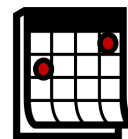




*“Developing the ability to follow God and shape our decisions and actions according to His will for His use.”
The Healing House and New Beginnings*

*“As iron sharpens iron, so one person sharpens another.”
Proverbs 27:17*

Mark Your Calendars!



FEBRUARY - 4

Commencement Ceremony
1:00 PM
House of Prayer Family Church
2707 W. Main St.
Jefferson City, MO

Please join the celebration as we recognize **Crystal Duwe and Cheyenne Hershey** for completing The Healing House and New Beginnings program.

MENTORSHIP PROGRAM

We are seeking women who love the Lord, live to honor Him, and have a heart's desire to help our women pursue Christ! Basic expectations of a THHNB Mentor include: meeting with resident one-on-one every other week, attending monthly group activity, and attending quarterly meetings with staff. The goal is to give a personal approach to discipling residents through the Word of God.



If interested please contact:
Kelli Crawford (573) 291-3124
kcrawford@thehealinghouseandnewbeginnings.org

\$25 T-SHIRTS FOR SALE \$25

With every T-shirt purchase, \$10 goes back to the cost of the T-shirt, while \$15 goes to provide re-entry needs for new residents such as: ID, birth certificates, and doctor/dentist visit co-pays and medications. “Changed Hearts lead to changed lives, changed lives lead to changed communities—When momma’s heart gets healed, the children’s hearts get healed.”



Contact Becky for purchase and pick-up 573/645-2501

GOOD SAMARITAN AWARD

Executive Director, Heather Gieck, received a 2022 Fisher Family Good Samaritan Award in September. The News Tribune and Redemption Inside the Walls partnered to honor five Mid-Missouri residents with these Awards recognizing community members who exhibit qualities of a good Samaritan such as compassionate works for others and unselfishly extending mercy especially to strangers. Others receiving the award were: Lisa Breedlove (Landmark Church), Erin Evans (Jefferson Bank East Branch & CASA Volunteer), Margaret Thoenen (community friend), and Sherrie Downs (The Pantry JC). We send out a huge CONGRATULATIONS to all the nominees and those selected for the awards. Thank you for all that you do to help serve and better our community, one act of kindness at a time!

(Pictured right: Heather is receiving her award from Pastor Kirk DeMars, Redemption Inside the Walls, with wife Angela DeMars (back).



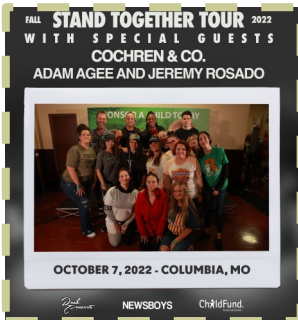
1st ANNUAL KINGDOM HARVEST FALL FESTIVAL



On October 22nd, THHNB hosted our first ever KINGDOM HARVEST Fall Festival! We invited mentors, board members, alumni, family and friends to help us close out the biblical Feast of Tabernacles with a joyous celebration! (Zechariah 14:1-20) The children enjoyed games and activities such as gunny sack races, pie in the face, pumpkin painting, pin the tail on the donkey, build a scarecrow, and pinata! We roasted hot dogs at the fire pit and had chili and caramel apples for dinner. The weather was amazing and the fellowship was sweet to the soul!



The Healing House and New Beginnings celebrated our annual **Winter Festival** on December 13. We enjoyed food, games, and fellowship and recognized our Board Members and residents with gifts of appreciation. We also recognized Jo Moore (pictured at left with Heather Gieck) as Volunteer of the Year. She has been a tremendous blessing to the ministry in many ways!



Please pray for our residents and Sr. Residents

Katie Raines, as mentioned on page 1, has commenced her first year and has chosen to commit to a second year in our **SINGLE MOTHERS PROGRAM**. THHNB and Transformational Housing have joined forces to ensure that Katie transitions into the rewarding yet challenging opportunity to have her two children (Lexi age 15, and Preston age 11) reunited with her under one roof. Transformational Housing is providing her with a 3 bedroom, affordable apartment, life coaching and financial counseling, while THHNB will continue to provide Spirituality classes, case management, recovery classes, and support wherever necessary. We are determined to work together and be there for Katie and her children every step of the way during this reconciliation process!



Healing House

Jessica *
Brenda & her Daughter Sarah
Crystal D.
Leah, Carrie, Cheyenne,
Barbara, Crystal T.
Shannon, Rachel

Jochebed House

Becky *
and her children
Natalie & Raynon
Danielle, Stephanie
Brittney

Bethel House

Lisa *
Tammy, Carley,
T.H.,

* = Sr. Resident



P.O. Box 1682
Jefferson City, MO 65102-1682

**“Changed hearts lead to changed lives.
Changed lives lead to changed communities.”**

This institution is an equal opportunity provider.

About The Healing House and New Beginnings, Inc.

Our program offers:

Recovery –

- A 12 Step Program of Action
- Codependency
- Seeking Safety (Trauma/Substance Use)
- Mentoring

Spiritual Growth

- Bible-based classes
- Local Church involvement

Housing and Life Skills

- Safe, affordable housing
- Help with securing employment
- Life skills classes

Physical Growth

- Importance of healthy diet and exercise

Classes are held Monday – Wednesday 6:00 – 8:00

*For comments or to receive JOURNEYS electronically,
please email: bschuessler@thehealinghouseandnewbeginnings.org*

Contact Info:

Housing Inquiries: 573-645-2501
housing@thehealinghouseandnewbeginnings.org
Other: 417-559-7068
hgieck@thehealinghouseandnewbeginnings.org

Executive Director:

Heather Gieck

Board of Directors:

Mark Saucier, President

Don Smith, Treasurer

Shannon Kimsey, Secretary

Brenda Schell

Lisa Mendes

