

**WE ARE...**

**A Christian non-profit residential recovery program designed to help those who suffer from substance use disorder to:**

- **Recover from a hopeless state of mind and body,**
- **Grow in their faith in Jesus Christ and**
- **Grow in their responsibility to their community.**

**INSIDE THIS ISSUE:**

Calendar	2
What we're learning	2
There is a season	2
Redemption Inside the Walls	3
Mentorship	3
Please Pray	3
About The Healing House & New Beginnings	Back Page



## Trophies of God's Grace



Family and friends shared in the August 7th celebration at House of Prayer Family Church for Susan (Suzie) McInturff and Brenda Wheat commencing The Healing House and New Beginnings program. In her

opening remarks, Executive Director, Heather Gieck, explained the ministry's purpose to provide a safe place to heal, develop and receive a foundation for life that is rooted and grounded in the Living Word, Jesus Christ our Lord. She noted that the commencement marks a "humble, yet beautiful, beginning, a time of going forward and stepping into the beautiful life that God has purposed" for each woman.

After sharing scripture, Heather encouraged the women, "True healing is only found in the love of Christ. He has to be first. You're on a journey and the key elements to your success on this journey are worship, prayer, the Word and fellowship by the power of the Holy Spirit. He's your guide and He's your teacher. Find a good recovery support system, a sponsor, a mentor. Surround yourself with like-minded people. Find a Spirit-filled, Bible-teaching, Faith-walking, Body of Believers to connect with and make friends. Remember to take time to take care of your inner needs and share your testimony at every

place that the living God opens up the door."

Several fellow Healing House friends spoke of their relationships with Suzie and Brenda with love and appreciation. Remarks about Suzie included: "She knows how to love you." "She has the most heart-warming smile." "She's accomplished keeping the same job, getting a car, her relationships with her kids." "She's so fun and so loving," and "I don't think I can ever have a truly bad day when I'm around her."

Kiara said of Brenda, "She never gave up on me, always like a mom, always on me in a good way." And Jess commented, "Humble Brenda, does whatever she's asked and is there to help... She stuck her foot in and just went right after it." Others shared, "You've been so nice to me; you tell me you love me and how pretty I am." "She loved me through all my mess and that love wore off onto me."

Brenda's co-worker Oscar spoke and gave glory to God for how He transformed her life. He said, "I'm grateful to know Brenda. Always in the restaurant she worships God with music and says, 'Hallelujah!' He referred to Isaiah 6 regarding the call to serve and said, "I see in Brenda this call."

Suzie and Brenda each shared a meaningful worship video and addressed the gathering, expressing their love and gratitude for what God has done, for the restoration of family relationships and for the Healing House program.

Congratulations, Suzie and Brenda!

## ~ Independence Day Fun in the Sun ~

Many thanks to the Benne family for inviting us to an Independence Day celebration at their beautiful property. We were blessed with perfect summer weather for water fun, a fantastic meal, and fireworks. It was a wonderful relaxing time. Thank you so much!

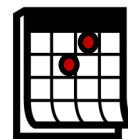




*“Developing the ability to follow God and shape our decisions and actions according to His will for His use.”*  
 The Healing House and New Beginnings

*Glorify God with all your wealth, honoring him with your firstfruits, with every increase that comes to you. Then every dimension of your life will overflow with blessings from an uncontainable source of inner joy!*  
 Prov 3:9-10 TPT

## Mark Your Calendars!



### NOVEMBER - 6

**Commencement Ceremony**  
**1:00 PM**  
 House of Prayer Family Church  
 2707 W. Main St.  
 Jefferson City, MO

Please join the celebration as we recognize **Amanda Sims** for completing The Healing House and New Beginnings program.



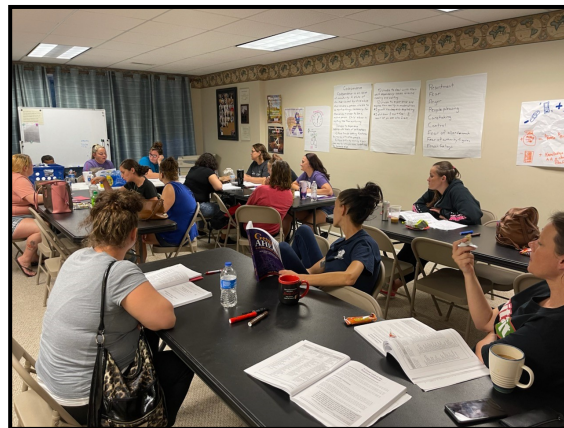
## What we're learning...

On September 5, The Healing House and New Beginnings residents began a 10-week course from Central Missouri Community Action (CMCA) called, **“Getting Ahead in a Just-Getting’ By World”**. This program encourages participants to build resources and create a plan for getting out of poverty and “getting ahead”. Through group activities and discussions, participants investigate:

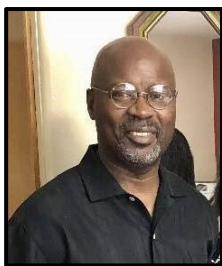
- Causes of poverty
- Hidden rules of class
- Resources to improve life situations
- Strategies for writing our own futures

“Getting Ahead” participants receive:

- Workbook and meeting materials
- Cash stipend to cover transportation and childcare needs
- Snacks during class
- Support through the entire 10 weeks from the CMCS Resource Coordinator
- A graduation upon completion of the class, including certificate



## To Everything There is a Season... (Eccl 3:1)



The Healing House and New Beginnings recognizes with appreciation, the contributions of Pastor James Jackson, House of Prayer Family Church, as a founding member of our Board of Directors beginning in 2012 who retired from the Board earlier this year. Thank you, Pastor Jackson, for your devotion to our mission since before our doors opened by serving on the Board, working at all our events, providing spiritual guidance and teaching many Bible study classes. We thank you and pray God’s abundant blessings in your life.







## Supporting our Community *Redemption Inside the Walls 2021*



It was a joy for The Healing House and New Beginnings to volunteer our help at this year's *Redemption Inside the Walls (RITW) Light in the Darkness* concert event held at the Cole County Fairgrounds on August 28. A fun and purposeful night, feature performing artist, Aaron Shust, along with local worship team, Redemption Worship United, provided praise and worship music for the evening. The Healing House and New Beginnings was selected to be the recipient of proceeds from the event. Watch the RITW website for information on next year's event!

[www.redemptioninsidethewalls.com](http://www.redemptioninsidethewalls.com)



*Thank you, RITW organizers, for supporting our mission!*

## *New Mentoring Program for Healing House Women*

The Healing House and New Beginnings kicked off a mentoring program in July that pairs each Healing House woman with a mentor who can walk alongside her in her journey. Board member, Mary Browning, is coordinating the program and explained, "We currently have 20 women participating, some of whom have previously commenced the Healing House program. Psalm 139 is our guiding scripture. We have 13 participating mentors who come from a variety of churches and may mentor more than one woman." Mary and another board member are among those serving as mentors. Women meet with their mentors regularly and The Ark church hosts and facilitates a monthly Praise and Painting event for the women and their mentors.



Melanie & Mentor Sharon



Facilitator Example



Praise and Painting  
September 28



Getting close!

*Please pray for our residents  
and House Captains*

- |                      |                       |
|----------------------|-----------------------|
| <u>Healing House</u> | <u>Jochebed House</u> |
| Jessica (Captain)    | Becky (Captain)       |
| Amanda, Brenda       | and her children      |
| Danica, Chastity     | Natalie, Raynon       |
| Heather B., Kami     | Kiara, Crystal        |
| Michele, Arminda     | Michelle              |
| Heather              |                       |
| <u>Bethel House</u>  |                       |
| Laurie (Captain)     |                       |
| Lisa, Susan          |                       |
| Melanie, Mercedes    |                       |



P.O. Box 1682  
Jefferson City, MO 65102-1682

**“Changed hearts lead to changed lives.  
Changed lives lead to changed communities.”**

*This institution is an equal opportunity provider.*

## About The Healing House and New Beginnings, Inc.

Our program offers:

Recovery –

- A 12 Step Program of Action
- Codependency
- Seeking Safety (Trauma/Substance Use)
- Mentoring

Spiritual Growth

- Bible-based classes
- Local Church involvement

Housing and Life Skills

- Safe, affordable housing
- Help with securing employment
- Life skills classes

Physical Growth

- Importance of healthy diet and exercise

Classes are held Monday – Friday 6:00 – 8:00 p.m.

*For comments or to receive JOURNEYS electronically,  
please email: [hgieck.hh2013@gmail.com](mailto:hgieck.hh2013@gmail.com)*

Located at:

1418 West Main St.

Phone: 417-559-7068

[www.thehealinghouseandnewbeginnings.org](http://www.thehealinghouseandnewbeginnings.org)

Email:

[thehealinghouse.newbeginnings@yahoo.com](mailto:thehealinghouse.newbeginnings@yahoo.com)

Executive Director:

Heather Gieck

Board of Directors:

- Karen Leydens, President
- Brenda Schell, Vice-President
- Don Smith, Treasurer
- Mark Saucier, Secretary
- Mary Browning
- Richard Finton
- Shannon Kimsey
- Gregory Smith

**Storage Mart**

