

WE ARE...

A Christian non-profit residential recovery program designed to help those who suffer from substance use disorder to:

- Recover from a hopeless state of mind and body,
- Grow in their faith in Jesus Christ and
- Grow in their responsibility to their community.

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Healing House Holiday Happenings



Throughout the Thanksgiving and Christmas season, we were reminded of the goodness and love of God when acknowledging His many blessings and honoring the remarkable birth of His gift to us, our Savior and Lord, Jesus. Signs of His kindness surrounded us in gatherings of friends and family, sharing with one another as expressions of His grace towards us. Healing House residents were blessed this season to enjoy many of these gatherings:



- Thanksgiving with Immanuel Baptist Church
- Thanksgiving with Family Members at The Healing House
- Christmas Prep – Making gifts and decorating
- Christmas Party with The Healing House Board
- Christmas with Family Members at The Healing House
- Christmas Fellowship with House of Prayer Family Church
- Christmas performance with Immanuel Baptist Church

We are truly blessed by God and thankful for the many who shared these special times with us.



**Wishing you God's best in
 the New Year!**





“Developing the ability to follow God and shape our decisions and actions according to His will for His use.”

The Healing House and New Beginnings



Every believer has received grace gifts, so use them to serve one another as faithful stewards of the many-colored tapestry of God’s grace.

1 Pet 4:10 (TPT)

Mark Your Calendars!



February 1 - Commencement Ceremony

Please join the celebration as we recognize **Jessica Berislavich** for completing The Healing House and New Beginnings program at a commencement ceremony planned for 1:00 p.m. Saturday at House of Prayer Family Church, 2707 W. Main in Jefferson City.

EVERY FRIDAY EVENING
 ‘CELEBRATE RECOVERY’

6:00 -8:00 PM
 HOUSE OF PRAYER FAMILY CHURCH
 2707 W. MAIN

Serving our Community ~ Fall 2019



David, Tricia, Jamaal and Hannah, pictured left to right from The Healing House and New Beginnings assisted with Jefferson City’s fifth annual **Project Homeless Connect** event Friday, October 18. Local churches provided space, transportation and volunteers for the event with the goal to reduce barriers to help people in need to become self-sufficient. The event helps people connect with a variety of service providers and receive medical and dental screenings or exams.



The Council for Drug Free Youth hosted the 2019 ‘**Over the Edge**’ fundraising event October 26 where those who raise \$1,000 for the organization have the opportunity to rappel from the top of the Jefferson State Office Building. Tricia, Nicki and Andrea from the Healing House (at right) volunteered to assist the participants. The event coincided with national drug prevention campaign **Red Ribbon Week** which serves as a vehicle for communities and individuals to take a stand by making a commitment to live alcohol and drug free lives.



Christy, Tricia, and volunteer Sharon Crothers from the Healing House led a weekly ‘Seeking Safety’ class at the **Fulton Community Supervision Center (CSC)** this fall. The CSC is the first-ever residential center for Missouri women on probation or parole where participants work to develop life and employability skills to help succeed in the community. The last class on December 4 included a Christmas celebration where everyone participated in a fun - Oven Mitt Unwrap the Gift - game. On December 18, the three attended the CSC graduation ceremony for nine participants of the 120 day program, one of which has entered The Healing House program. Congratulations, Ladies and welcome Jessica!



RESIDENT PROFILE ~ Jess G.



Meet Jessica or Jess G. as she's frequently called. Jess came into The Healing House and New Beginnings program in September of 2018 and though she qualified to commence the program this past

September, she decided to stay and participate another year. Jess says that during her first several months in the program, she learned to do basic routines she had not established - getting up in the morning, going to work, classes, homework, chores. Through the first year, she had some reservations about being away from family. Jess was raised by her grandparents after her parents divorced when she was 8 and is especially close to her 91-year-old grandmother. Jess explains she was taking everything in that she was experiencing in the program and as her commencement drew near, she knew that for her, a year was not enough time and she wanted to stay.

Describing her life before coming to the program, Jess had one word... "Miserable." Originally from Ozark, MO, Jess began using drugs at an early age, getting her first drug charge at 18. After going through Drug Court for a year and a half, alcohol became her primary problem and it affected every area of her life. She lost jobs, wrecked vehicles and could become violent during alcohol related black outs. Jess went to Church Army faith-based recovery program while Executive Director Heather Gieck was a house manager there. Jess explains, "But I didn't get close to God. I went through a year and a half of Drug Court, was kicked out of Church Army twice, would lose everything I ever had. Before coming to The Healing House, I was looking at going to prison for my second DWI with a 2nd Degree Assault conviction." A passenger had been thrown from the vehicle and injured in an accident while Jess was driving.

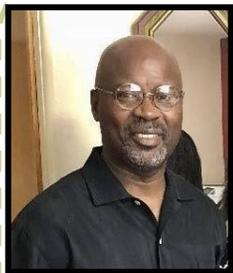
Thankful for her sobriety, Jess explains aspects of life at The Healing House that help her in her recovery. "I realized I couldn't do it without God. Being with people who are doing the same thing helps." When asked why she's been able to stay with the year-long program when not everyone makes it, Jess shared, "I realized if I'd go back out, I'd have to start over. I'd think, 'I'm 30 years old - I need to get it together.' People are depending on me for things. I'm tired of hurting people. Heather would remind me of what will happen if I drink again." Then Jess recites the chain of events she wants to avoid.

Jess was familiar with The Healing House. After her friend Heather first returned to Jefferson City from her time at Church Army, Jess visited and was with her when they stood across from 1418 W. Main Street, praying for it to become The Healing House. Though Jess remained on her own for a while yet, when she was at this low place, she contacted Heather about coming to the program.

Skilled at wood working, Jess has been employed with Toby's cabinet shop since the beginning of 2019. The Lord had a hand in her getting that position and her personal growth has helped her keep it. Jess is on the House of Prayer Family Church worship team, playing guitar since July. About her healing journey she says, "I've known everything about the bad of who I am. Now I'm learning about who I can be."



God bless you, Jess, as you continue becoming all God plans for you! Phil 1:6



Men's Spirituality Class...

Pastor James Jackson of House of Prayer Family Church has been leading the men's weekly spirituality class for the past two years. Picture a group of men, gathered around a large dining room table at the Koinonia House with their minds, hearts and Bibles open. Pastor Jackson describes the class this way: "Each week, the men of the of the Koinonia House are led in a practical study of scripture, how it relates **today** and its application to our lives. The study is presented in a way that encourages questions based on real life problems and a search through the Bible

for biblically based solutions. It definitely is a time for spiritual growth, lots of laughter, soul searching, prayer for one another and learning what it means to be 'In Christ'".

Please pray for our Residents and House Managers

Healing House
Andrea (Manager)
Jessica G. Jessica B.,
Christina, Brenda,
Becky, Emma, Jessica C.,
Octavia

Koinonia House
David (Manager)
Justin, Kennon,
Deron, Scott, Ryan,
Stanley

Bethel House
Tricia (Manager)
Christy, Lisa,
Nicki

*** With Appreciation ***

Sincere thanks to Scott Johnston, The Healing House and New Beginnings Board of Directors President, as he retired from the Board as of December 31, 2019. Scott served on the Board and its Administrative Committee since the ministry began, contributing greatly to our success. Thank you, Scott, and may God richly bless you!

The
**Healing
House**
And New Beginnings, Inc.

P.O. Box 1682
Jefferson City, MO 65102-1682

**“Changed hearts lead to changed lives.
Changed lives lead to changed communities.”**

About The Healing House and New Beginnings, Inc.

Our program offers:

Recovery –

- A 12 Step program of Action
- Codependency
- Seeking Safety (Trauma/Substance Use)
- Healthy Patterns
- Mentoring

Spiritual Growth

- Bible-based classes
- Local Church involvement

Housing and Life Skills

- Safe, affordable housing
- Help with securing employment
- Life skills classes

Physical Growth

- Importance of healthy diet and exercise

Classes are held Monday – Friday 6:00 – 8:00 p.m.

*For comments or to receive JOURNEYS electronically,
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