

**WE ARE...**

A Christian non-profit residential recovery program designed to help those who suffer from substance use disorder to:

- Recover from a hopeless state of mind and body,
- Grow in their faith in Jesus Christ and
- Grow in their responsibility to their community.

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## Trophies of God's Grace



Friends and family gathered on May 4<sup>th</sup> to congratulate Christy Cantwell and Tricia Roberts on their commencement of The Healing House and New Beginnings program. As Executive Director Heather Gieck explained, the main purpose of The Healing House program is to lead men and women into relationship with the Father, through the Son, laying a foundation of trust that is rooted and grounded in the Father's love. Christy and Tricia gave testimonies of their lives and journeys with the Lord through their Healing House experiences after Heather and those attending shared their congratulations.

Christy began by giving glory to God for His grace that brought her where she is today and by affirming her true identity as a child of the Most High God. Struggling with drug and alcohol

addiction for at least 30 years, Christy tried to stay clean and sober. As a result of her addiction, Christy stated, "My whole world fell." Relationships with her family were broken and she ended up in jail, blaming God for everything. By reading the Bible nightly, Christy came to realize God was her only hope to see her children again, to regain her life and to not return to that destructive life. She prayed to God, "Change me, somehow just change me." Within that next week, she entered The Healing House program. "Walking out of the jail, I knew that God had answered my prayer."

Christy spoke of things she's learned over the year: How to seek God in every decision, fear is a liar, how to walk in love and forgiveness, to give everything to God, to be still and trust that God's got this. "Heather never gave up on me even when I was going to ... ever. She has taught me through His Word." Christy ended by personalizing Philipians 1:6 "I am confident in this, that He who has begun a good work in me will continue till the coming of Christ Jesus."

Tricia opened her remarks with,

"The Tricia you see and know today is someone completely different than I was before. Before I had Jesus Christ in my life, I was a monster – a selfish monster." Following a series of personal losses, Tricia was in jail when she gave her life to Jesus. In prison, Tricia wanted what she heard and saw in Heather Gieck who came and shared part of her story. "I knew then if she could change, I could too. I wanted the love of Jesus that's inside her... I knew what she had I could get."

She shared many of the truths from God's Word she's learned during her year. "God requires our highest commitment and you, Heather, have shown me that the Kingdom of God is worth more than anything on this earth. I have a covenant with my God. The Anointed One and His anointing have destroyed my bondages!" Tricia concluded with declarations of who she is now in the Lord, "... I am a miracle and I'm free! Are you all free tonight?"

Both Christy and Tricia are staying on with the ministry following their commencement to continue to grow individually and to support others as they come to the ministry.

**"For he has rescued us from the kingdom of darkness and transferred us into the Kingdom of his dear Son"**

Col 1:13 NLT





“Developing the ability to follow God and shape our decisions and actions according to His will for His use.”

The Healing House and New Beginnings



2019 Memorial Park Picnic

For the LORD gives wisdom; from His mouth come knowledge and understanding. Prov 2:6

# Mark Your Calendars!



## AUG 3 - Commencement Ceremony

Please join the celebration as we recognize **Chris Craft** and **Michael Morgan** for completing The Healing House and New Beginnings program at a commencement ceremony planned for 1:00 p.m. at House of Prayer Family Church, 2707 W. Main in Jefferson City.

EVERY FRIDAY EVENING  
**‘CELEBRATE RECOVERY’**  
 6:00 -8:00 PM  
 HOUSE OF PRAYER FAMILY CHURCH  
 2707 W. MAIN

# Annual Fundraising Picnic Results!

Our sincere thanks to all who gave in any way towards our annual fundraising event held May 21<sup>st</sup> at Memorial Park. Despite what started as a stormy evening, many came out to the park and enjoyed great food, music, testimonies and opportunities to win raffle and auction items. We are grateful for the generous participation from our community. Net proceeds from this year’s picnic came to nearly **\$11,000!**

A special **Thank you** to our wonderful sponsors who helped make it all possible!

Colton’s Steak House & Grill  
 McAlister’s Deli

Ron & Elizabeth Hulett

Jo Moore – Evers & Company CPA’s/Thrivent

Harry & Marcia Naught

Music by Jack’son McDaniel & The Falling Rock

Thank you to the many businesses and individuals in our community who donated items for our raffle and silent auction or showed support by contributing to our mission.

Lives are being changed by the power of God and through your support.



## Growing by Learning ~

Our residents attend classes at least 4 of 5 weekday nights. Here are our currently scheduled classes.

CLASS	DESCRIPTION	FOR	LED BY
Bible Based Spiritual Growth	Topical Bible Study-Mon	Men	Pastor James Jackson
	New Creation Realities-Tues	Women	Rich and Sherrie Finton
	The Bible in Light Of Our Redemption-Thurs	All Residents	Heather Gieck
Leadership	Your Place on God’s Dream Team: The Making of Champions (Tony Cooke)-Mon	Resident Leaders	Heather Gieck
Healthy Patterns	Bible based approach for replacing unhealthy patterns in life with healthy ones-Tue	Women	Andrea, Jessica B. Christina co-facilitate
Codependency Recovery-CODA	12-Step program for freedom from damaging reactions learned in childhood-Wed	Men	Rich and Sherrie Finton
Seeking Safety	Present-focused group emphasizing coping skills and education to attain safety from trauma and addiction-Wed	Women	Ashley Chop (HHNB Alum) Sharon Crothers
Program of Action	5 Week Class teaching the 12-Steps spiritual program for addiction recovery-Wed	All Residents	Kimberly Finton (HHNB Alum)
Life Skills	Varying topics to be scheduled	All Residents	Various Leaders



# Now Serving our Community With Celebrate Recovery

For Info Contact

Sharon Crothers

Volunteer Ministry Leader

317-363-1147

Beginning March 1, The Healing House and New Beginnings began partnering with House of Prayer Family Church to offer Friday night **Celebrate Recovery** meetings. Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, pain or addiction of any kind. Celebrate Recovery is a safe place to find community and freedom from the issues that are controlling our lives. Originally started in 1991 at California's Saddleback Church, according to the website [www.celebraterecovery.com](http://www.celebraterecovery.com) there are now 35,000 churches offering Celebrate Recovery around the world and it's growing in other places including state prisons.

Each evening starts with a meal at 6:00 followed by a time of praise and worship. Next, either a personal testimony or teaching is given, then participants meet in small groups for sharing. Healing House program residents are participating and developing leadership abilities as each week they share in the responsibility to provide the meal and meeting. **Come as you are and join us!**

Thank You

Thank You

## To these Jefferson City organizations for their faithful support

**The Snob Shop Exchange – Nikki Payne** – You help our residents with much needed clothing when they first arrive.  
**Scrappy Quilters from Faith Lutheran Church** – You make and donate beautiful quilts we present to each resident who commences The Healing House program. **We appreciate your generosity and expression of God's love!**

## ~ Giving Back ~



Healing House and New Beginnings leaders go to Fulton one evening a week to teach a recurring 5-week Program of Action 12-Step recovery class at the Fulton Department of Corrections Community Supervision Center. Missouri's first all-female 120-day residential probation and parole program opened in February 2019 and is designed to help women prepare for life after incarceration. The Center houses up to 40 women. A group from The Healing House attended the first graduation ceremony for the women enrolled in the program.

Heather Gieck and Tricia Roberts are pictured above, left with Jefferson City Mayor Carrie Tergin as they help disaster relief efforts at Quinn Chapel AME Church following the tornado that hit Jefferson City in May. .

The Healing House lent Colton's Steak House & Grill a hand recently by serving at one of their large catering events. Colton's has generously supported the ministry since opening in 2015 and we were happy for the opportunity to help.

Please pray for our residents and

### House Managers

Healing House

Andrea (Manager)  
Christy, Jessica G.  
Christina, Brenda  
Krystal

Koinonia House

Miike, Matt  
Steven, David  
Dale, Justin  
Aaron, Ben  
Joseph

Bethel House

Tricia (Manager)  
Ashley, Jessica B.  
Hannah

## Fun and Family!



The  
**Healing  
House**  
And New Beginnings, Inc.

P.O. Box 1682  
Jefferson City, MO 65102-1682

**“Changed hearts lead to changed lives.  
Changed lives lead to changed communities.”**

## *About The Healing House and New Beginnings, Inc.*

Our program offers:

Recovery –

- A 12 Step program of Action
- Codependency
- Seeking Safety (Trauma/Substance Use)
- Mentoring

Spiritual Growth

- Bible-based classes
- Local Church involvement

Housing and Life Skills

- Safe, affordable housing
- Help with securing employment
- Life skills classes

Physical Growth

- Importance of healthy diet and exercise

Classes are held Monday – Friday 6:00 – 8:00 p.m.

*For comments or to receive JOURNEYS electronically,  
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Located at:

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Executive Director:

Heather Gieck

Board of Directors:

Scott Johnston, President

Karen Leydens, Vice President

Don Smith, Treasurer

Mark Saucier, Secretary

Richard Finton

James Jackson

Shannon Kimsey

Brenda Schell

