

WE ARE...

A Christian non-profit residential recovery program designed to help those who suffer from substance use disorder to:

- Recover from a hopeless state of mind and body,
- Grow in their faith in Jesus Christ and
- Grow in their responsibility to their community.

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Trophies of God's Grace



Congratulations to Chris Craft and Michael Morgan on commencing The Healing House and New Beginnings program! Family and friends joined together August 3rd to recognize their achievement and celebrate. In her welcoming comments, Executive Director Heather Gieck described the transforming power of building a foundation for living upon the Word of God. "It's through His Word, the life that is in His Word, by the power of the Holy Spirit, that I begin to be cleansed from the impurities of my past and as my mind gets renewed, what happens is hopefully there becomes this congruent state of life where my heart is changed and now my thoughts are coming in line with God's thoughts which means my actions will begin to do the same." She described both Chris and Michael's journeys to enter the program, that they have been

establishing this foundation and she encouraged them to continue to build on it.

Many attending offered their congratulations and appreciation for both men. Family members made it clear that the work of the ministry offered hope to them as well. A fellow resident stressed that the camaraderie and brotherhood that Chris and Michael showed him when he came helped him adjust and learn to live a new lifestyle. Others encouraged the men to share what they've learned in order to help others.

Chris began his address with giving thanks, first to the Lord Jesus and to his wife, Tracy, and then to all those involved with The Healing House and Celebrate Recovery ministries. Sharing some of his journey, he was reminded that someone close to him told him he didn't have the least little bit of gangster left in him. He said, "Well that's my goal. Less of the gangster, less of the Chris, less of the thug-life and more of Jesus." Grateful for many good memories, Chris told stories of highlights from his time in the program. He shared as his life verse Matt 16:24 "Then Jesus said

to His disciples, "If anyone desires to come after Me, let him deny himself, and take up his cross, and follow Me."

Michael began with reflecting on his former life, saying, "I was lost and now I'm found. Praise God. ... I've lost hope several times in my life but today that's all I have is hope. That's through Jesus Christ who gave me a new way to live." He acknowledged several people who helped him work through the program, smiling while stating that he received a lot of correction and redirection during the process. Though there were times he wanted to give up, Michael said that through the love of Jesus and His grace and mercy, he's been able to look to the cross and humble himself, "Because that's what this program has been about for me... humbling."

For Michael, his life verse today is "I can do all things through Christ who strengthens me." (Phil 4:13)

May the Lord lead and guide you, Chris and Michael, as your hearts remain willing and eager to follow after Him.

We were privileged to have Stephen Baughan, author of "We Have Recovered: The Common Solution Recovery Program," conduct a 2 day workshop for The Healing House and New Beginnings during July. Mr. Baughan was Church Army Director when Heather Gieck attended that program and is currently Church Army USA Captain over Standing by The Door ministry for U.S. armed forces veterans located in Branson, MO. Thank you for a great workshop! <http://churcharmyusa.org/ministries/>





“Developing the ability to follow God and shape our decisions and actions according to His will for His use.”

The Healing House and New Beginnings



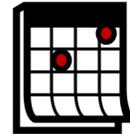
But as for you, be strong and do not give up, for your work will be rewarded.

1 Chron 15:7 (NIV)

We give thanks to God always for you all, making mention of you in our prayers

1 Thes 1:2 (NKJV)

Mark Your Calendars!



DEC 3 - Commencement Ceremony

Please join the celebration as we recognize **Matthew Houren** for completing The Healing House and New Beginnings program at a commencement ceremony planned for 1:00 p.m. at House of Prayer Family Church, 2707 W. Main in Jefferson City.

EVERY FRIDAY EVENING
‘CELEBRATE RECOVERY’
6:00 -8:00 PM
HOUSE OF PRAYER FAMILY CHURCH
2707 W. MAIN

Ready... Aim...



Our residents are setting their sights on reaching personal and professional goals. In recent weeks, these women have been hard at work to receive training that will potentially lead to additional career opportunities. Attending training along with working, attending program classes and activities requires discipline and lots of effort which are valuable attributes for success!

- Hannah completed the course and passed the Certified Nursing Assistant exam
- Andrea starts a new job in October as a Certified Peer Support Specialist
- Jessica completed Peer Support Specialist training and is ready to take the certification exam
- Christina has passed 3 of 5 High School Diploma equivalency exams
- Tricia is attending MARS (Medication Assisted Recovery Specialist) training and CMT (Certified Medication Technician) training

Congratulations, Ladies! We're cheering for you!

amazonsmile

You shop. Amazon gives.

Here's another way to financially support the ministry at **NO** cost to you when you shop at smile.amazon.com. Amazon will donate a portion of your purchase to the charitable organization of your choice. To help support us when you shop, just search for and select Healing House and New Beginnings from available organizations when you shop at smile.amazon.com. It's easy and painless... just need to remember to smile first before shopping! 😊

Thank You

Immanuel Baptist Church

To our brothers and sisters of Immanuel Baptist Church, 706 Ohio Street in Jefferson City who faithfully donate several kinds of household furnishings and supplies to our houses. Your demonstration of God's love truly blesses us and we thank God for you!





RESIDENT PROFILE ~ Christina

Christina's journey before coming to The Healing House in March of this year included living in a youth home, two prison stays, a mental breakdown, a serious back injury from a terrible vehicle accident and a 5-year separation from her children. As she was completing her prison term late last year, Christina had been seeking the Lord and desired a different way of life. She wanted to try to repair her relationships with her children and to become the mother they need.

Settling into the structure of The Healing House and working through life issues through the Word of God, Christina has also been focusing on reaching goals. In addition to developing relationships with her 19 year-old daughter and 15 and 13 year-old sons, Christina is completing her high school equivalency exams. Due to physical limitations, Christina volunteers with the ministry to fulfill her program requirement to work. She is the primary van driver, transporting residents for work, appointments and activities. She cleans the Community Center, organizes the clothing room and performs chore and safety coordinator duties.

Christina explains that she would not be able to have relationships with her children without the support she receives from The Healing House. Her children are in 3 different towns and have varying needs that include weekly family counseling sessions and ongoing visits. The structure of the house provides a good environment especially for her son who has special needs. Other women in the program mentor and provide transportation for Christina to visit her children. Christina is

committed to completing the goals required by the State Children's Division for reunification with her sons. She considers successfully living at The Healing House as a proving ground for showing she will follow rules and that she really wants her family.

Christina was struck by the stories shared at a conference benefiting HALO, the residential program for young women where her daughter lives. "I heard them describing mothers that were me and that got to me." When asked how she gets through those kinds of feelings of responsibility about the past, Christina responded, "The only thing that will make a difference now is my action moving forward. I believe what we have ahead is greater than the pain of the past. I can't let the past define me and I know self-pity isn't going to help or teach them.

"I'm just learning how to live, how to be a mom. I have no understanding, but I know it's going to be OK. My children know me as the one who runs – they don't know the me that stays. That will take some time. When I start to get overwhelmed, I remember everything the Lord has done. Both of my sons will soon be in Columbia. I have a great relationship with my son's foster-mom and I remind the Lord that I need my will, my mind and body right to do Your will."

Christina has it in her heart to be able to help other mothers work through the process of reuniting with their children. With her perseverance, God's help and the ministry's continued support, we pray Christina will reach all her goals.



Christina's Study

Out in the community...



MISSOURI RECOVERY NETWORK
TRIVIA NIGHT



"REDEMPTION BEHIND THE WALLS"
NEWS BOYS BENEFIT CONCERT
VOLUNTEERS



MO STATE EMPLOYEES
CHARITABLE CAMPAIGN



Please pray for our Residents and House Managers

Healing House
Andrea (Manager)
Christy, Jessica G.
Christina, Brenda
Lisa, Chloe, Nicki

Kononia House
David (Manager)
Matt, Justin, Aaron
Kennon, Jamal

Bethel House
Tricia (Manager)
Ashley, Jessica B.
Hannah

The
**Healing
House**
And New Beginnings, Inc.

P.O. Box 1682
Jefferson City, MO 65102-1682

**“Changed hearts lead to changed lives.
Changed lives lead to changed communities.”**

About The Healing House and New Beginnings, Inc.

Our program offers:

Recovery –

- A 12 Step program of Action
- Codependency
- Seeking Safety (Trauma/Substance Use)
- Mentoring

Spiritual Growth

- Bible-based classes
- Local Church involvement

Housing and Life Skills

- Safe, affordable housing
- Help with securing employment
- Life skills classes

Physical Growth

- Importance of healthy diet and exercise

Classes are held Monday – Friday 6:00 – 8:00 p.m.

*For comments or to receive JOURNEYS electronically,
please email: hgieck.hh2013@gmail.com*

Located at:

1418 West Main St.

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Executive Director:

Heather Gieck

Board of Directors:

Scott Johnston, President

Karen Leydens, Vice President

Don Smith, Treasurer

Mark Saucier, Secretary

Richard Finton

James Jackson

Shannon Kimsey

Brenda Schell

