

**WE ARE...**

A Christian non-profit residential recovery program designed to help those who suffer from substance use disorder to:

- Recover from a hopeless state of mind and body,
- Grow in their faith in Jesus Christ and
- Grow in their responsibility to their community.

**INSIDE THIS ISSUE:**

Calendar	2
Kid's Encounter	2
Christian Beliefs Conference	3
Class Updates	3
Events	3
Please Pray	3
About The Healing House and New Beginnings	Back Page



## Trophies of God's Grace



On Saturday, August 3rd, friends and family joined together at House of Prayer Family Church for the Commencement of Ti-Ara Reed, Cammie Flores, and Levi Owens from the Healing House and New Beginnings (THHNB) one-year recovery program. Following prayer, introductions, and opening announcements, Founder and Executive Director Heather Gieck shared John 14:15, "Loving me empowers you to obey my commands" and John 14:21-23 which says "Those who truly love me are those who obey my commands. Whoever passionately loves me will be passionately loved by my Father and I will passionately love you in return and will manifest my life within you. Jesus replied- 'loving me empowers you to obey my word and my Father will love you so deeply that we will come to you and make you our dwelling place.' John 14:26 then says, "but when the Father sends the Spirit of Holiness, one like me who sets you free, He will teach you all things in my Name and He will inspire you to remember every word that I told you."

Levi shared her personal testimo-

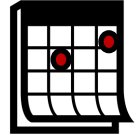
ny, explaining how she had gotten pregnant at age 17 in a toxic and abusive relationship. She shared how resentments towards her addicted mother helped propel her into her own addiction. Levi had another child at age 21 and bravely bared her soul when she described how she woke up one day 4 years later in a hospital bed and realized that her daughter had passed away due to a car accident. After 14 years in prison as a result of her daughter's passing, a third child, and a second prison sentence due to her addiction, Levi found herself on her knees. "I can't really explain how the Holy Spirit gave me the unction to actually open my Bible and start reading it, but I did it. He kept leading me, and I kept opening it." She explained how THHNB has been a house and a place where she has been able to grow spiritually, find true healing and forgiveness within herself, to start a firm foundation on His promises, rely on Him, and a place where she lost every desire to drink again. Levi has since moved into her own apartment, has regained relationship with her two sons and family, and is continuing successfully in recovery!

Cammie was next to speak. She explained how she walked into the doors one year prior as a broken woman, but how she has grown so much since that day. She shared her thanks with all of her family who came to support her on this glorious day. We love

you Cammie!

Ti-Ara was next to share as she opened with Colossians 2:13-14 out of The Passion Translation, "This 'realm of death' describes our former state, for we were held in sin's grasp. But now, we've been resurrected out of that 'realm of death' never to return, for we are forever alive and forgiven of all our sins! He canceled out every legal violation we had on our record and the old arrest warrant that stood to indict us. He erased it all-our sins, our stained soul-he deleted it all and they cannot be retrieved! Everything we once were in Adam has been placed onto his cross and nailed permanently there as a public display of cancellation." Ti-Ara said, "I came to Jesus broken and sick. The simple desires of drugs and my mental health needed to die with my old ways and I prayed for guidance for which program to apply for. A lot of them denied me." She explained how when she arrived at THHNB everyone welcomed her with love and affection and since being here she was able to bury her roots in God's word and love. She gave her deepest thanks to Heather and all of the staff, leadership, and other residents. She closed by declaring, "Most importantly, I want to give glory to God for restoring my family." Ti-Ara moved out of state with her mother since commencing and stays in contact with all of us when possible.

# Mark Your Calendars!



## NOVEMBER - 2

**Commencement Ceremony**  
**1:00 PM**  
House of Prayer Family Church  
2707 W. Main St.  
Jefferson City, MO

Please join the celebration as we recognize **Kristen Noyes** for completing The Healing House and New Beginnings program.



*“Developing the ability to follow God and shape our decisions and actions according to His will for His use.”*  
The Healing House and New Beginnings

*“So the churches were strengthened in their faith and grew larger every day”*  
Acts 16:5



## 2024 Kid's Encounter

On July 10th-13th, many of our Single Mothers had the opportunity to allow their children the life-changing experience of 4 days and 3 nights filled with faith, joy, and divine encounters at Encounter Cove in Roach, Mo! This was graciously sponsored by Kenneth and Abigail Miller of Classic Buildings LLC. The kids left home expecting to meet Jesus like never before and came back blessed from a trip full of worship, fellowship, and learning. This weekend taught the children how to pray for one another, work as a team, and lean on God and one another through all life circumstances. Our mothers and their children are so grateful and already looking forward to next summer's event!

## 7th Annual: Intersection of Christian Beliefs and Recovery Seminar

On August 23-24, Pastor Scott Breedlove at Landmark Church invited Executive Director Heather Gieck to share on a special topic of 'How to Grow Staff from Within Your Program'. This conference is designed to bring professionals together to openly discuss recovery topics and the intersection of recovery and Christian beliefs. Heather and THHNB leadership all participated and were honored to represent the recovery community of Jefferson City. THHNB currently has 20 women that have committed to a second year or beyond and are still serving in our ministry as either an employee, volunteer, or serving in leadership in the houses and facilitating classes. We believe that "Changed Hearts lead to Changed Lives-and Changed Lives lead to Changed Communities".

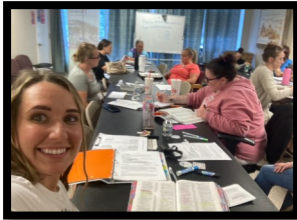


# Summer's End-Autumn's Start



## Godly Relationships

Program Coordinator Rebecca Schuessler has been facilitating an 11 week Biblical-based relationship class. Matters discussed are: how to properly cultivate a 'single season', trauma bonds, roots & strongholds, co-dependency, loneliness, courtship, boundaries, and marriage.



## Life Skills



On August 19th THHNB residents were instructed in CPR training thanks to Billy Bolden with the Jefferson City Fire Department. On September 16th, Next Step Leader, Christina Conlin, facilitated a class on 'People Pleasing'. In October we will have a volunteer teach about the church's responsibility to vote and in November we will have a volunteer share on 'Boundaries'.



## JC Air Show

On September 14-15th many of our residents volunteered in the Kids Zone at the JC Air Show!



## Redemption Inside The Walls 2024: Come Alive

Despite the rain early on, Redemption Inside the Walls was a great success! Matt Maher performed on September 21st at the Jaycees Fairgrounds and THHNB residents were blessed to volunteer and participate in this event. The 2024 beneficiary was the Rape and Abuse Crisis Center of Jefferson City.



## Please pray for our residents and House Managers

### Healing House

\*Brenda and her daughter Sarah  
\*Crystal D. Stephanie, Crystal H, Sam Keashia, Heather J. Kassie, Jodie Teisha, Mandy Gina

### Jochebed House

\*Rebecca and her children Natalie & Raynon Kristen, Priscilla Audrey, Tesla Deja

### Karen's House

Kayla, Chris, Leah Carissa, Melanie

### Bethel House

\*Lisa Crystal T, Tristian Tara, Melinda

### Single Mother's Program

-Amanda & her son Carter  
-Lindsey & her daughter Alliana

\* = Sr. Resident



P.O. Box 1682  
Jefferson City, MO 65102-1682

**“Changed hearts lead to changed lives.  
Changed lives lead to changed communities.”**

*This institution is an equal opportunity provider.*

## About The Healing House and New Beginnings, Inc.

Our program offers:

Recovery –

- A 12 Step Program of Action
- Codependency
- Seeking Safety (Trauma/Substance Use)
- Mentoring

Spiritual Growth

- Bible-based classes
- Local Church involvement

Housing and Life Skills

- Safe, affordable housing
- Help with securing employment
- Life skills classes

Physical Growth

- Importance of healthy diet and exercise

Classes are held Monday – Wednesday 6:00 – 8:00

Contact Info:

Housing Inquiries: 573-645-2501

[www.thehealinghouseandnewbeginnings.org](http://www.thehealinghouseandnewbeginnings.org)

[housing@thehealinghouseandnewbeginnings.org](mailto:housing@thehealinghouseandnewbeginnings.org)

Other: 417-559-7068

[hgieck@thehealinghouseandnewbeginnings.org](mailto:hgieck@thehealinghouseandnewbeginnings.org)

Executive Director:

Heather Gieck

Board of Directors:

Mark Saucier, President

Don Smith, Treasurer

Lisa Mendes, Secretary

Shannon Kimsey

Brenda Schell

Jo Lynn Dubea

All of our houses are  
accredited by Missouri  
Coalition of Recovery  
Support Providers  
(MCRSP)

NARR affiliated.

For comments or to receive *JOURNEYS* electronically, please email:  
[bschuessler@thehealinghouseandnewbeginnings.org](mailto:bschuessler@thehealinghouseandnewbeginnings.org)

