



WORLD MASTERS SPORTS CHAMPIONSHIPS

(WMSC 2026)

ORGANISED BY WMSF & AIMS F

ENTRY FORMS YOGA SPORT

17th – 20th APRIL 2026

SRIRACHA, THAILAND

www.worldmasterssports.org

WMSC COMPETITION RULES AND REGULATIONS AND ENTRY INFORMATION

1. **HOST CITY :** Sriracha, Thailand
2. **DATE :** 17th to 20th April 2026
3. **CONTACT ADDRESS:** Secretary General - WMSF
Headquarters: No.39-9/13, Sriracha Condowive
Sriracha Chonburi: 20110, Thailand. Send Email:
aims federation@gmail.com

4. COMPETITION RULES

The **WMSC 2026 YOGA SPORT** will be conducted in accordance with the technical rules of WMSF and the WMSC 2026 Competition Rules.

5. AGE REQUIREMENT

The WMSC 2026 is open to all men and women born on or before **17th April 2001** who are fit and **certified healthy by medical doctor for** competition. Athletes will be classified by 5-year age groups from **30 +** on wards up to 110 yrs for both men and women. Misleading information on age during entry procedure shall be grounds for disqualification.

6. QUALIFICATION & REGISTRATION FOR ENTRY

- 6.1 World Masters Sports Championships 2026 are open only to men and women who are Masters, Veterans & Senior Citizens 25 years or above by 17th April 2026, and who are medically fit to compete. Entry signifies that each competitor must follow the rules laid by the organising committee.
- 6.2 Entries shall be submitted only by the respective **Country Secretaries** in Hard Copies and Participants Names, Mobile Nos & Events List on Excel Sheet.
- 6.3 Entries from non WMSF Members must be sent directly to email via website: www.worldmasterssports.org for WMSC 2026 LOC approval.
- 6.4 Participants can obtain Entry Forms and all information on competition from the WMSF Members Organisation Country Secretary in their respective countries, and download from: www.worldmasterssports.org
- 6.5 Participants shall send the Entry Forms, copies of ID cards or passports (indicating the athlete's date of birth), fitness certificates, passport size photo and Entry Fee to their National Masters Sports Associations (WMSF Members) in their respective countries.
- 6.6 Participants from Countries which are not yet member of the WMSF may send their Entry through our website mail system on our contact page mentioning complete details including a copy of your passport. Note: Passport Copy is compulsory. After your entry is scrutinized and accepted the Entry Fee payment link will be sent to your email.

7. **ENTRIES FROM NON WMSF MEMBERS**

7.1 First, Send your entry interest to our email via website www.worldmasterssports.org and after **approval** of your entry by **WMSC LOC** your Entry Forms must be submitted directly to the WMSC LOC, prior to the closing date together with the copy of the participants identity card or passport (reflecting the athlete's date of birth), a passport size photo and a copy of the bank in slip of entry fee paid, to the following address, early bird entry by 25th December 2025 and regular entry by 25th January 2026 to:

Secretary General - WMSF

Headquarters: No.39-9/13, Sriracha Condowive Sriracha Chonburi: 20110, Thailand. Send Email: aims federation@gmail.com

7.2 A Yoga Participant can participate in your designated age group only.

7.3 Only entries with correct amount of **entry fee paid** on or before the closing date will be accepted.

8. WMSF and the WMSC 2026 LOC are entitled to refuse any applications for insufficient information/documents concerning the championships participation and for failure of full payment. Once the application process is finished, relevant information will be unalterable or irretrievable. Once the fees related to the championships are paid, the fee will not be returned in the case of withdrawal and cancellation or delay of the championships due to weather or other reasons.

9. **There will be no change of event / adding of event or change of competitors after registration procedures are completed on 25th January 2026.**

10. **PAYMENT PROCEDURE**

10.1 **All entry fee payment must be done through online banking by the Country Secretary only.**

Note: For non-member countries entries a payment link will be sent to your registered email after WMSC LOC APPROVAL.

10.2 **Entry fee in US Currency should reach us in full amount without deduction of any charges for the Local Organising Council.**

10.3 **After banking in the total amount of the entry fee, please send the copy of the bank slip through email: aims federation@gmail.com and mail a copy to the LOC. Only after receiving the proof of payment the entries will be processed.**

The Optional T-Shirt-Memento Fee of USD 25 per head (optional) must be paid by the respective Country Secretary or by the Team Manager. T-Shirt-Memento Fee must be paid in US Dollars on or before 25th January 2026.

EARLY BIRD ENTRY FEE: \$160 Per Head (on or before 25th December 2025)

REGULAR ENTRY FEE: \$200 Per Participant (on or before 25th January 2026)

10.4 ENTRY FEE IS NON-REFUNDABLE

11. **EARLY BIRD ENTRIES: on or before 25th December 2025**

12. **REGULAR ENTRIES:** on or before **25th January 2026**
13. **PRIZES**
- 13.1 1st to 3rd winners (men and women) will be awarded Medals and Merit Certificates. Participation Certificates will be given to all Participants.
- 13.2 **Every registered competitor will be awarded a participation certificate.**
14. **UNIFORM**
- All competitors are encouraged to wear uniform that is approved by their national masters' sports associations, especially for the relay events.
15. **TEAM MANAGERS' MEETING**
- Date: **17th April 2026**
Time: **7.00 pm**
Heald at the Venue Meeting Room
16. **FINAL CONFIRMATION**
- Final confirmed List of participants shall be handed over to the LOC by 1 pm on 15th April 2026.
17. **MEDICAL**
- 17.1 Prior to arrival at the Championships, all Yoga Sport Participants must take insurance and do their medical check-up confirming that they are fit and healthy to participate in the championships.
- 17.2 During championships, a medical centre will be set up at the competition site. Only First Aid will be provided by the medical officers. Any additional medical expense is to be borne by the participant. **Paid Ambulance Services will be provided at the Venue.**
18. **DOPING TEST**
- The LOC may conduct Doping test at random during the competition.
19. **OPENING CEREMONY: 8.00 pm on 17th November 2025, At the Venue Hall.**
20. **WELCOME BANQUET (Paid): 17th April 2026, at 8.30 pm at Venue Hall**
29. **Participating Yoga Sports Persons should send the entries only through their National Masters Sports Association / Members (individual entries are not accepted). For Non-Member Countries, you should send directly.**



WMSC 2026 ENTRY FORM YOGA SPORT

1. PERSONAL INFORMATION

SURNAME							
GIVEN NAME							
COUNTRY							
ADDRESS							
T-SHIRT SIZE (Optional & Paid given with a WMSC 2026 MEMENTO \$25)							
POST CODE		CITY					
TELEPHONE NUMBER							
E MAIL ADDRESS							
DATE OF BIRTH		DAY		MONTH		YEAR	
GENDER		MALE		FEMALE			

2. CATEGORY: BASED ON YOUR AGE ON 17th APRIL 2026 (Put a "✓")

Gender	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89
Men												
Women												
Gender	90-94	95-99	100-104	105-109								
Men												
Women												

3. PAYMENTS (ENTRY FEES)

ENTRY FEE PER ENTRY : \$160 per head

EARLY BIRD ENTRY FEES: \$160 (On or before 25th December 2025)

VOLUNTEER OFFICIALS AND ACCOMPANYING PERSON: \$160 per head

WMSC T-SHIRT & MEMENTO (optional) : \$25 (On or before 25th January 2026)

All Expenses such as Entry Fees, Flights, Visa, Medical & Sports Insurance etc, must be arranged or paid by the participants, accompanying persons and volunteering officials themselves.

Note: No other Hidden Fees or Charges

4. ACCOMPANYING PERSON/S

Full Name	
Full Name	

5. EMERGENCY CONTACT

Name		Telephone	
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Each participant must perform a total of 7 yoga asanas, holding each asana pose for 10 seconds. The performance will consist of:

5 Fixed Asanas (Common to All Participants):

Padmasana (Lotus Pose)

Natraj asana (Dancer Pose)

Mayur asana (Pecock Pose)

Poorna Bhujangasana (Cobra Pose)

Sarvangasana (Shoulder Stand)

Paschimottanasana (Seated Forward Bend)

2 Asanas of Participant's Own Choice:

Participants may select two additional asanas that best showcase their flexibility, strength, and control. All asanas must be performed with traditional technique, proper alignment, and stability. Judging will be based on posture accuracy, body control, breathing, and presentation.

PARTICIPANTS CONSENT AND INDEMNITY AGREEMENT

I hereby submit my application for participation in the World Masters Sports Championships (WMSC) 2026 under the following terms and conditions, which constitute a binding agreement between myself and the AIMS Federation, the World Masters Sports Federation (WMSF), and the event Organising Committee.

I agree to comply with all rules, regulations, and codes of conduct prescribed by the WMSF and the event organisers, including any special conditions specific to this competition. I declare that I am physically and mentally fit to participate safely in the WMSC 2026 and capable of competing without posing any risk of injury to myself or others.

I consent to receive first aid and/or medical treatment deemed necessary by the organisers during the course of the event for which I will pay. In the event that emergency medical treatment or related services are provided to me at a cost, I agree to bear full responsibility for any such expenses.

I hereby release, discharge, indemnify, and hold harmless the AIMS Federation, the World Masters Sports Federation, and the event Organisers, their officers, employees, agents, and volunteers from any and all claims, demands, liabilities, losses, damages, costs, or expenses arising out of or in connection with my participation in the WMSC 2026 including, without limitation, those arising from negligence, breach of statutory duty, or any act or omission by the aforementioned parties.

I understand that this consent and waiver apply to all aspects of my participation in the WMSC 2026, including travel, accommodation, training, competition, and any related activities.

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Signature

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Date