

HOPE for Hearts
Farm Inc



Annual Report

January 2023—December 2023

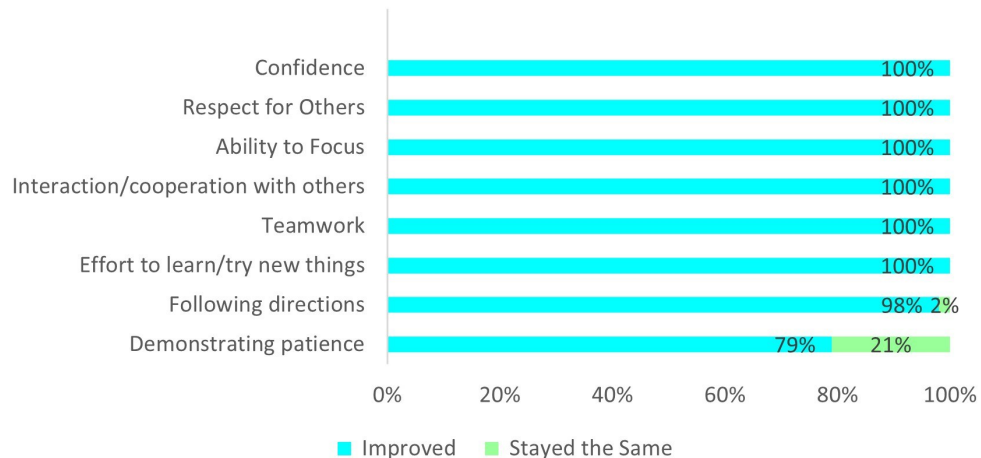
Leaving hoof-prints of hope on every heart we touch!



Hope for Hearts Program

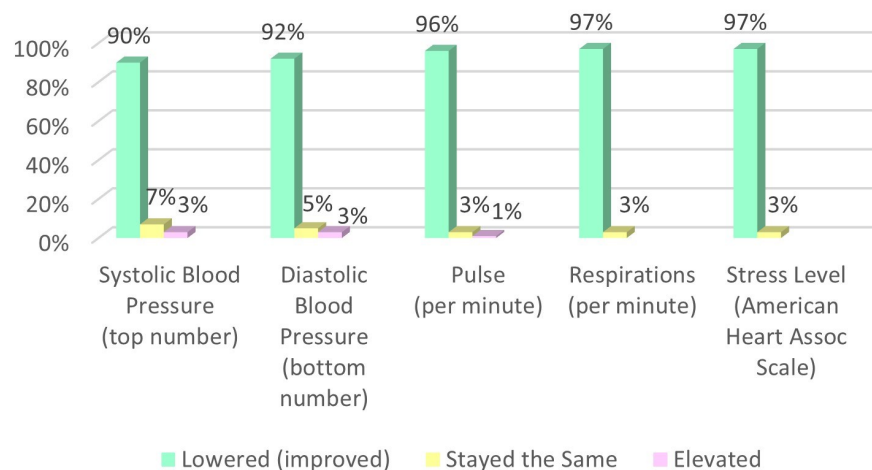
364 sessions - 349 of these (96%) received donor-funded financial assistance

2023 Hope for Hearts Program Outcomes



2023 Health Outcomes Data

Each measurement taken before EAL session and after EAL session



Serving Clients this Year from

Brown, Johnson, Bartholomew, Monroe, Morgan, Marion, Hendricks, Hamilton, Boone, Lawrence & Jackson Counties of Indiana

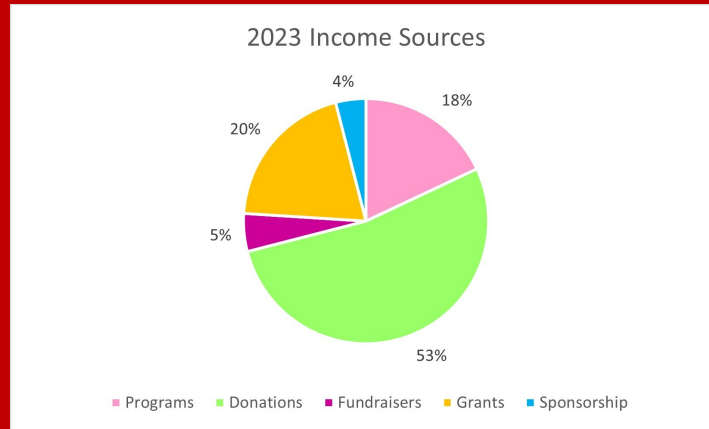


Strategic Initiatives

- Celebrated our 10 year Anniversary!
- Addition of Emily Wallace to our Facilitation Team. Emily received her EALP Facilitation Certification through E3A (Equine Experiential Education Association).
- 12% Hope for Hearts Program growth.
- Development & launch of our Entrepreneur Executive Coaching Program—this program works with Entrepreneurs that are seeing business growth. Participants receive Executive Equine Assisted Learning coaching and organizational coaching to take their business to the next level.
- Installation of a Fly Mitigation System for a safer and more comfortable environment for our equines, staff, volunteers and participants.
- New fencing for our original pasture completed to improve security and safety of the equines.
- Received grants from Smithville Charitable Foundation, Brown County Community Foundation, ECHO Foundation and South Central Indiana REMC.
- Continued development of our relationship with Cummins through funding and volunteer opportunities as well as participation in their employee We Care Fair.
- Development & launch of our R3 (Relax, Recharge, Renew) Retreat.
- Conducted a Health Outcomes study to determine affects EAL sessions have on Blood Pressure, Pulse, Respirations and Stress Levels.
- Free to Be Me for Girls ages 10-14.
- Gateways for Groups workshop for New Life Church SIS group.
- Addition of Pegasus to our farm.



96% of our Hope for Hearts program participants received donor-funded financial assistance for their session fees, making it possible for them to find hope and confidence, despite their ability to pay for their sessions.



2023 Sponsors

Dr. & Mrs. D.C. Sharp/Equ-Insights—Sponsor for Dodge

Tropney Family—Sponsor for Pegasus



2023 Grantees

Smithville Charitable Foundation - \$7,424

Brown County Community Foundation - \$3,625

South Central Indiana REMC - \$2031

ECHO Foundation - \$2000

2023 Recognition

Volunteers of the Year

Suzi Milhoff & Tasha Overmyer



Junior Volunteer of the Year

Alana Johnson

In 2023 Hope for
Hearts Farm had
29 volunteers...



who donated
5032 hours of
their time!

Horse of the Year

Will



Corporate Volunteer of the Year

Cummins





"Ginger taught me how to take control of my life and how to be a good leader."



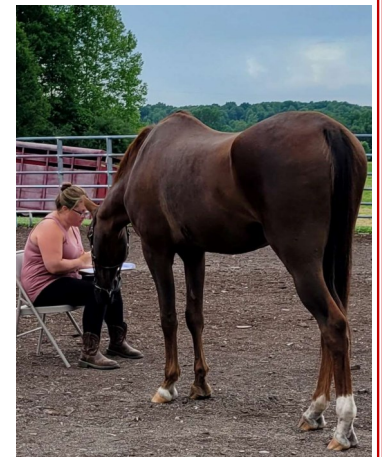
"I've learned how to stay calm when I get stressed."



"I can talk to my mom about how I am feeling instead of holding in my frustration and taking it out on my sister."



"I already have the qualities to succeed in my job. I just need to believe in myself and in my strengths."



"Dodge has helped me out of some hard times and has taught me how to be more confident in myself."



"My mindset, positive or negative, determines my success."



"I don't have to be afraid. I can be brave and I can speak up for myself."



"I learned to lower my energy. It helped my heart and brain to talk to each other."



"I listen better to other people and am getting better at staying focused."

“Working & learning with the horses and the group of ladies— so amazing!”



“I learned it’s okay to make mistakes and when I do, I don’t have to think bad thoughts about myself.”



“The R3 Retreat helped me identify the important priorities for my life right now.”



“I’m leaving here feeling much more joy than before I came.”



“Healing truly happens in an environment where participants can feel safe and empowered. The people and horses created that for us today.”



“I can put my whole heart into things and give them my full attention by eliminating my distractions.”



“I learned I am important and I have strengths that are unique to me.”

“I loved this retreat, it helped me learn about myself and gave me tools to help me set priorities and boundaries.”