

# Lesson 3: Staying Surrendered — Prayer and the Transformed Life

## Lesson Focus

This lesson focuses on prayer as spiritual formation rather than performance. True prayer reshapes the heart and produces a transformed Christian life.

## Key Scriptures (ESV)

- Matthew 6:5–6 — Jesus teaches prayer directed toward God, not public approval.
- Psalm 51:10 — A prayer for inward renewal and transformation.
- Romans 12:2 — Transformation through the renewal of the mind.
- John 14:15 — Obedience as the evidence of love for Christ.

## Teaching Summary

Prayer is not meant to impress others but to imprint God's will upon the believer. When prayer does not shape daily living, it becomes disconnected from obedience. Biblical prayer leads naturally to repentance, renewal, and faithful living.

## Key Teaching Points

- Prayer forms who we become.
- Private prayer produces public faithfulness.
- True prayer leads to repentance and obedience.
- A transformed inner life results in visible Christian living.

## Student Reflection

- Do my prayers shape how I live?
- Am I praying to be seen or to be changed?
- What habits would change if God answered my prayers?