

APPETIZERS

Protein Choices

Shredded Chicken, Ground Beef, Carnitas,
Chunky Beef, Grilled Chicken or Asada.

- 4oz Guacamole.....\$5.10
- Cheese & Chips.....\$8.85
- Quesadilla - Made w/ Chile Ortega & Taco Sauce.....\$9.60
(Add Meat \$2.50)
- Taquitos- Lettuce, Guacamole, Pico De Gallo & Meat.....\$9.10
- Flautas - Lettuce, Guacamole, Pico De Gallo & Meat.....\$9.35
- Super Nachos - Ground Beef, Sour Cream, Guacamole & Pico.....\$15.10
- Asada Fries - Carne Asada, Cheese.....\$15.60
(Add Sour Cream \$1.50 // Add Guacamole \$1.50 // Add Pico de Gallo \$1.50)

A LA CARTE

Protein Choices

Cheese, Shredded Chicken, Ground Beef, Carnitas,
Chunky Beef, Grilled Chicken or Asada.

- Enchilada- Stuffed w/ Protein & Wet w/ Melted Cheese.....\$5.35
- Homemade Tamale - Chicken or Beef Wet w/ Melted Cheese.....\$6.85
- Crunchy Taco- Lettuce, Cheese & Taco Sauce.....\$5.10
- Soft Taco- Guacamole & Pico de Gallo.....\$5.09
- Soft El Tarasco Taco Onions, Cilantro & Salsa Verde.....\$5.85
- Soft Seafood Taco(Fish orShrimp) Pico de Gallo, Lettuce & Mayo.\$8.10
- Chile Relleno Wet w/ Melted Cheese & Mole Sauce.....\$7.60
- Rice & Beans.....\$7.85

TOSTADAS & TORTAS

Protein Choices

Shredded Chicken, Ground Beef, Carnitas,
Chunky Beef, Grilled Chicken or Asada.

- Tostada
Topped w/ Meat, Beans, Lettuce, Taco Sauce , Guacamole & Pico de Gallo.(Add Cheese \$2).....\$11.90
- Torta
Stuffed w/ Meat, Beans, Cheese, Guacamole, Pico de Gallo, Mayo, Lettuce.....\$12.90

WET BURRITOS

Protein Choices for Wet Burritos

Add \$2.75 Carnitas, Grilled Chicken,
Chunky Beef, Grilled Veggies, or Carne Asada
Add \$2 - Add Fries Inside Burrito

- Super Deluxe - Ground Beef or Chicken, Lettuce, Rice, Beans.
Wet w/ Melted Cheese & Guacamole.....\$15.25
(Our Biggest Burrito!)
- Jr. Super Deluxe -Ground Beef or Chicken, Lettuce, Rice, Beans,
Wet with Melted Cheese, Guacamole & Sour Cream.....\$13.75
(The Famous Original JR!)
- Deluxe - Chunky Beef, Beans, Wet with Melted Cheese.....\$13.00
- Super Burrito - Ground Beef, Lettuce, Rice & Beans.....\$13.75
- DRY BURRITOS
- Make it Wet-Add Mole Sauce or Salsa Verde & Melted Cheese- \$2
Add Fries \$2 Inside Burrito
- Taco Burrito - Ground Beef, Lettuce, and Taco Sauce.....\$11.00
- Chile Relleno - Cheese, Beans & Sauce.....\$11.00
- Bean & Cheese.....\$7.40
- Shredded Chicken - Lettuce, Cheese & Taco Sauce.....\$11.50
- Carnitas - Beans, Guacamole and Pico de Gallo.....\$11.50
- Carne Asada - Beans, Guacamole and Pico de Gallo.....\$13.25
- El Tarasco Burrito - Meat, Onion, Cilantro, Salsa Verde.....\$15.25
- Chunky Beef & Beans.....\$11.25
- California Burrito - Fries, Cheese, Guacamole, Sour Cream & Pico de Gallo (Asada, Chicken or Carnitas).....\$15.00
- Machaca - Carne Asada cooked w Eggs & Pico de Gallo.....\$13.50
- Chorizo & Eggs.....\$11.25
- Chorizo & Beans.....\$11.25



SERVING THE SOUTH BAY SINCE 1969

Most Items Vegetarian Friendly * Absolutely No Lard

COMBO PLATES

- #1. (1) Cheese Enchilada, (1) Ground Beef Taco, Beans.....\$13.45
- #2. (1) Cheese Enchilada, Rice & Beans.....\$13.45
- #3. (2) Cheese Enchiladas (1) Ground Beef Taco & Beans.....\$15.60
- #4. (1) Chile Relleno (1) Cheese Enchilada & Beans.....\$17.35
- #5. (2) Chicken Enchiladas, Rice & Beans.....\$15.60
- #6. (2) Ground Beef Enchiladas, Rice & Beans.....\$15.60
- #7. (2) Ground Beef Tacos, Rice & Beans.....\$15.60
- #8. Chile Colorado, Rice, Beans, Guacamole & Tortillas.....\$15.60
- #9. (2) Taquitos, Rice, Beans Pico de Gallo& Guacamole.....\$15.60
- #10. (2) Large Eggs, Rice, Beans, Guacamole & Tortillas.....\$15.60
- #11.(2) Large Eggs w/ Chorizo, Rice, Beans, Guac & Tortillas.....\$15.60
- #12.Carnitas, Rice, Beans Guacamole, Pico de Gallo & Tortillas..\$18.85
- #13. (1) Ground Beef Taco, Rice & Beans.....\$12.90
- #14.Carne Asada, Rice, Beans, Guacamole, Pico & Tortillas.....\$19.10
- #15. Steak Green Chile, Rice, Beans, Guacamole and Tortillas....\$19.10
- #16.(1) Tamale (beef or chicken) Rice & Beans.....\$15.60
- #17.(1)Cheese Enchilada (1) Ground Beef Taco, Rice & Beans.....\$16.85
- #18.(1) Chile Relleno, Rice & Beans.....\$15.35
- #19. Steak Fajitas, Rice, Beans, Guacamole & Tortillas.....\$19.35
- #20. Chicken Fajitas, Rice, Beans, Guacamole & Tortillas.....\$19.35
- #21. Machaca (Eggs & Beef) Rice, Beans, Guacamole & Tortilla..\$19.10
- #22.(2) Carne Asada Tacos, Rice & Beans.....\$19.10
- #23. (2) Fish Tacos, Rice & Beans.....\$19.10

EXTRAS

- Guacamole.....16oz \$15.25 / 32oz \$26.25
- House Salsa.....16oz \$7.25 / 32oz \$10.25
- Mole Sauce16oz \$8.75 / 32oz \$11.25
- 4oz Shredded Cheese.....\$2.75
- Corn Tortillas (4).....\$2.25
- Flour Tortillas (2).....\$2.25
- 4oz Sour Cream.....\$2.25
- Dozen Chips & One 4oz House Salsa.....\$4.25

DRINKS

- Soft Drinks.....16oz \$3.50 / 32oz \$3.75
(Pepsi, Diet Pepsi, Dr Pepper, Root Beer, Starry, Lemonade, Orange Crush, Iced Tea)
- Agua Frescas.....16oz \$3.50 / 32oz \$3.75
(Horchata, Jamaica, Orange Bang)

Lunch Specials 10am - 5pm

Medium Drink Included

MONDAY - Jr Super Deluxe Burrito

\$13.24

TUESDAY - #14 Carne Asada Plate

\$17.25

WEDNESDAY - Tostada w/ Choice of Meat

\$12.25

THURSDAY - 3 Crunchy Tacos (Ck or Beef)

\$13.50

FRIDAY - #5 (2) Enchiladas Plate (Ck or Beef)

\$15.00

SATURDAY - Super Deluxe Burrito

\$15.00

SUNDAY - Chicken Burrito w/ Rice & Beans

\$14.25

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The Story Of El Tarasco Begins with an elopement back in the early 1960's in the Mexican state of Michoacan. Despite the wishes of her family, a young woman named Celia saw something special in the poor but industrious Moises Palomo and married him. Moises worked hard picking strawberries, avocados, or whatever needed to be harvested, until he was able to send for his wife. When Celia arrived, she began working at a factory while Moises worked a number of jobs.

Moises and his wife had saved up enough money over time to buy a little house, but decided to buy a restaurant, despite everyone telling them it would be a bad idea. They stayed in their one bedroom apartment and invested the money in a small restaurant (formally known as The Galley nothing more than a grill and counter). This all happened in 1969, but that first restaurant is the very same El Tarasco still standing on Rosecrans Ave in the heart of Manhattan Beach known to us as "El Porto".

Little by little, Celia (who did the cooking) added to the menu. The success of their first little restaurant was in large part due to location, location, location. The second El Tarasco opened up 8 years later in El Segundo. There are now 12 locations: 1 in far away Michoacan and 11 in Southern California, including Redondo Beach and Hermosa Beach. El Tarasco provided a place where people could go and get filled up for a reasonable price and commit to the "Mi Casa Es Su Casa" slogan so when you visit us you're Familia.

The item which first distinguished El Tarasco from other restaurants, and really made a name for them, is the Jr. Super Deluxe Burrito. This burrito was created by Moises daughter around 1970. She walked into the kitchen one day with the intention of creating her own burrito. When she was finished, her father asked for a bite. He said, "You know what, you've got something there. Let's put that on the menu!" It took off from there and is today the most popular plate.

In choosing 'El Tarasco', Moises and Celia wanted to associate the Native Indian tribe of the Palomo's homeland and the authentic Michoacan flavor.

The Palomo family invested early on in an avocado ranch down south (which supplies their restaurant with the green fruit). Moises went from picking avocados as a migrant worker to owning a whole plantation of the trees for use in his restaurants.

Moises and Celia Palomo were two individuals destined to make an impossible dream a reality. With all odds against the couple, they successfully raised 5 children and lived the true American dream. In 1997 Celia passed away and less than a year later, her husband Moises joined her, continuing their love eternally.



**316 ROSECRANS
MANHATTAN BEACH,
CA 90266**

310-545-4241

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All items on menu available for catering.