



spirit

NEWSLETTER

The Monthly Newsletter Publication of Triune Lutheran Church *“Set Free to Serve One Another”* *September 2025*

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Worship Schedule:

Sundays 11AM (traditional)

Ministers.....All People

Pastor..... Kathryn Rackley

Administrative Assistant.....Jan Piskac

Organist.....Edith Schatt

Council President.....Tim Mize

Council Vice-President...Bonnie Piskac

Council Secretary.....Tina Schwab

Council Treasurer.....Jack Schwab

Prayer Beyond Words: Opening to Life

Last month, I invited us into a shared congregational prayer — a way of joining our voices and hearts in asking God to grow our souls in love and courage. As we continue with this daily practice, I also want us to explore the deeper dimensions of prayer.

When most of us think of prayer, we think of words: asking, thanking, praising. But as the great mystics remind us, words are only the husk of prayer, not its kernel. True prayer is not about managing God or getting God’s attention — it is about becoming attentive ourselves.

Prayer is a way of stepping off the noisy “subway” of our thoughts and emotions, as Brian McLaren puts it, and finding the place of quiet within. In that stillness, something shifts: we discover that we are not our racing thoughts, not our anxieties, not even our best intentions. We are God’s beloved. From that place of resting awareness, new gifts arise: insight, peace, courage, compassion.

Prayer also asks us to embrace a radical openness to life. Matthew Fox calls prayer a “yes” to life — and sometimes that also means a “no” to injustice. To pray is to stand open before all that is, to welcome reality in its fullness, and to sense God’s presence permeating every aspect of our lives. Prayer that closes us off from life, or becomes a substitute for action, is not prayer at all.

This is why prayer is transformative. It doesn’t remove us from the world but roots us more deeply in it. It aligns our small lives with God’s great Dream — a Dream of wholeness, healing, and justice.



Find us on Facebook at:
Triune Lutheran Church



**Evangelical Lutheran
Church in America**

God's work. Our hands.

Prayer grounds us in love so that we can live large: more compassionately, more generously, more courageously.

As you continue to pray our congregational prayer, I encourage you also to experiment with silence, breath, or simply paying attention to the life you live. Let your prayer be less about words and more about presence. And remember: God is not out there waiting to be found. God is here — in the quiet of your heart, in the life of our community, and in the very breath you breathe.

□ □ A 5-Minute Contemplative Pause

Want to deepen your prayer life beyond words? Try this simple practice:

1 Find a quiet space

We ask you to keep the following siblings in Christ in your prayers:

Norelle Gress
Niki Grigsby
Patty Gurka
Phil Pesko

Jack Schwab
Annie Slaughter
Mardell Weiss
Clara Wilcox



If you wish to send any cards, please send them, or drop them off, to the church office, and we will be sure to deliver them.

1st Becky Murphy
3rd Elaine Siggelkow
16th Edith Schatt
25th Tim Mize



The Monday Discussion Group

The Monday afternoon discussion group will reconvene on September 8 at 1 PM. We'll once again be picking up our study of DAVID: Developing a Heart for God.

Sunday September 14, 2025
Church Potluck Dinner

**SAVE THE
DATE!**

A Prayer for Labor Day

Lord, on this Labor Day,
we thank you for the blessing of work.
We ask for strength to complete each day.
We ask for rest when we are weary.
We ask for guidance
for everyone seeking employment,
and we ask that
You be with those whose faces
we might never see, but who
work tirelessly each day
for the good of us all.
Amen.

September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labor Day	2 AA @ 7pm	3	4 AA @ 8 pm	5	6
7 WORSHIP <u>@11 AM</u>	8 Bible Study @ 1pm	9 AA @ 7pm	10	11 AA @ 8 pm	12	13
14 WORSHIP <u>@11 AM</u> POTLUCK DINNER	15 Bible Study @ 1pm	16 AA @ 7pm	17	18 AA @ 8 pm	19	20
21 WORSHIP <u>@11 AM</u>	22 Bible Study @ 1pm	23 AA @ 7pm	24	25 AA @ 8 pm	26	27
28 WORSHIP <u>@11 AM</u> 19 TH SUNDAY AFTER PENTECOST	29 Bible Study @ 1pm	30 AA @ 7pm				