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Blue Belt Study Guide

What is the meaning of the blue belt?

What is the meaning of Do-San?

What is the meaning of Yul-Gok?

What is the full definition of Palgwe?

Who created the ITF Forms?

In what year and where did Grand Master Jung first found Jung's Taekwondo?

What is the definition of Dan-Gun?



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What is the definition of Taekwondo AND what do the words Tae Kwon Do mean?

What is the element meaning (single word) of all the Palgwes 1 thru 5 as well as the Korean expression

- 1.
- 2.
- 3.
- 4.
- 5.

Match the English term to its Korean translation:

- | | |
|-------------------|------------------------------|
| __ Front Stance | a) Roundhouse Kick |
| __ Back Stance | b) Knife Hand Guarding Block |
| __ Hadan Maki | c) High Block |
| __ Sang Dan Maki | d) Reverse Kick |
| __ Yup Chaki | e) Front Kick |
| __ Doll Rye Chaki | f) Low Block |
| __ Ap Chaki | g) Chongul Ja Sae |
| __ Sudo Maki | h) Hungul Ja Sae |
| __ Dewet Chaki | i) Side Kick |



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What is the birthday of TaeKwonDo?

What are the birthdays of these people:

Master Gibson: _____

Grand Master Jung: _____

General Choi: _____

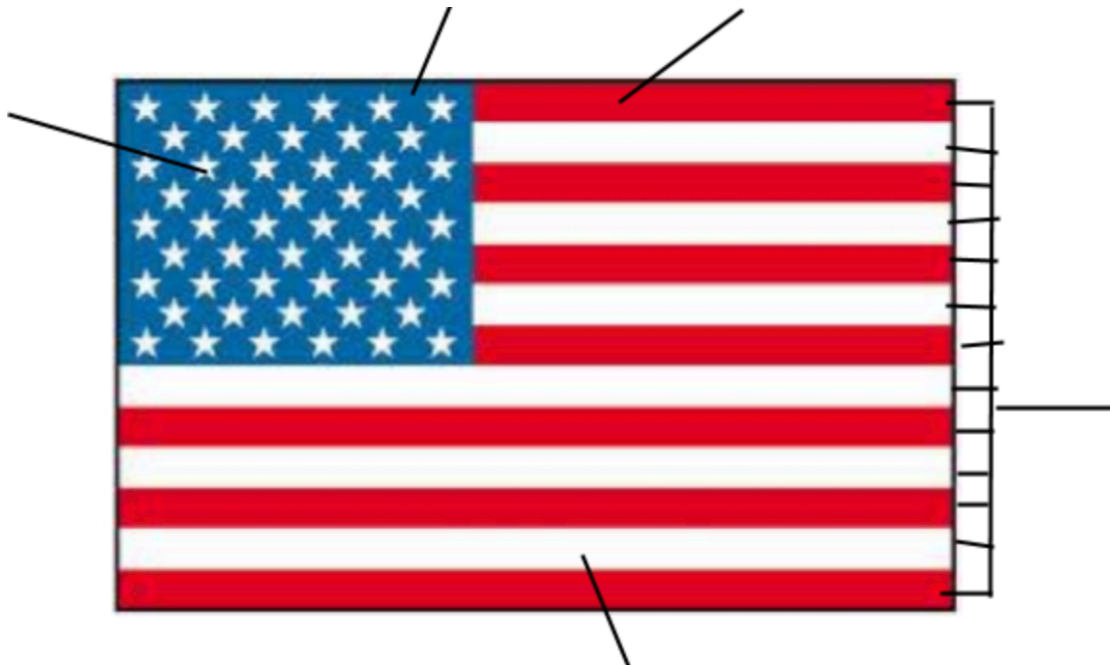
Label the meanings of the Korean and American flag:





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What is another name for the American flag?

What is another name for the Korean flag?

Extra Credit Questions:

How do you write your name in Korean? (Hint: It's on the front of your uniform)
