

March 2026

March 1st, 2026

**All meals are free from Peanuts and Sesame **



Halal meat products for all meals/ Substitutions for dietary restrictions

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5	6
AM SNACK	Multi-grain cheerios and milk Fresh cut fruit	Bagels with cream cheese and milk Fresh cut fruit	Yogurt Fresh cut fruit	Homemade muffin and milk Fresh cut fruit	Omelet bites and milk Fresh cut fruit
LUNCH	Buttered noodles with chicken and broccoli Milk	Sloppy joes served with potato wedges Milk	Chicken and cheese quesadillas served with Mexican style rice Milk	Meat Lasagna served with garlic bread and Caesar salad Milk	Grilled wow butter & jam sandwiches served with sliced veggies Milk
PM SNACK	Arrowroot crackers Fresh cut fruit	Homemade berry scones Fresh cut fruit	Buttered biscuits Fresh cut fruit	Pretzels and cheese Fresh cut fruit	Bake good of the day Fresh cut fruit
	9	10	11	12	13
AM SNACK	Multi-grain cheerios and milk Fresh cut fruit	English muffins with jam and milk Fresh cut fruit	Blueberry, oatmeal breakfast cookies and milk Fresh cut fruit	Homemade muffin and milk Fresh cut fruit	Buttered croissants and milk Fresh cut fruit
LUNCH	Beef and Orzo soup served with whole wheat bun Milk	Spaghetti served with homemade meatballs and blanched peas and carrots Milk	Chicken salad wraps served with sliced veggies Milk	Cheesy, baked tuna casserole Milk	Breakfast for lunch! (Pancakes, scrambled egg, chicken bacon and fresh cut fruit) Milk
PM SNACK	Rice cakes Fresh cut fruit	Cheese and crackers Fresh cut fruit	Cheesy flatbread Fresh cut fruit	Trail mix Fresh cut fruit	Bake good of the day Vegetable platter with homemade dip
	16	17	18	19	20
AM SNACK	Multi-grain cheerios and milk Fresh cut fruit	Toasted raisin bread served with margarine and milk Fresh cut fruit	Homemade waffles and milk Fresh cut fruit	Homemade muffin and milk Fresh cut fruit	Fruit smoothie and crackers Fresh cut fruit
LUNCH	Potato and lentil soup served with crackers Milk	Beef macaroni served with roasted parmesan cauliflower and garlic bread Milk	Grilled cheese sandwiches served with sliced veggies Milk	Beef and broccoli served with rice Milk	Chicken strips served with sweet potato fries Milk
PM SNACK	Arrowroot crackers Fresh cut fruit	Vanilla pudding and graham crackers Fresh cut fruit	Homemade pita crackers Fresh cut fruit	Wow butter oat bars Fresh cut fruit	Bake good of the day Fresh cut fruit
	23	24	25	26	27
AM SNACK	Multi-grain cheerios and milk Fresh cut fruit	Hashbrowns and milk Fresh cut fruit	Bagels with cream cheese and milk Fresh cut fruit	Homemade muffin and milk Fresh cut fruit	Yogurt & granola Fresh cut fruit
LUNCH	Chicken pasta served with whole wheat bun Milk	Chicken fried rice Milk	Broccoli and cheddar quiche served with sliced veggies Milk	Lentil curry served with rice and naan bread Milk	Cheese pizza served with sliced vegetables Milk
PM SNACK	Rice cakes Fresh cut fruit	Homemade fresh baked bread Fresh cut fruit	Applesauce and arrowroot crackers	Cheese and crackers Fresh cut fruit	Bake good of the day Fresh cut fruit
	30	31			
AM SNACK	Multi-grain cheerios and milk Fresh cut fruit	Maple, brown sugar oatmeal and milk Fresh cut fruit			
LUNCH	Cheesy, chicken and broccoli pinwheels served with potato wedges Milk	Homemade mac and cheese served with roasted carrots Milk			
PM SNACK	Trail mix Fresh cut fruit	Wow butter & jam sandwiches Fresh cut fruit			