

# February 2026

February 1<sup>st</sup>, 2026

**\*\*All meals are free from Peanuts and Sesame \*\***



Halal meat products for all meals/ Vegan substitutions for dietary restrictions

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
AM SNACK	Multi-grain cheerios and milk Fresh cut fruit	Homemade waffles and milk Fresh cut fruit	Scrambled eggs and chicken bacon Fresh cut fruit	Homemade muffin and milk Fresh cut fruit	Buttered croissants and milk Fresh cut fruit
LUNCH	Chicken and vegetable pastina served with crackers Milk	Spaghetti with meat sauce served with blanched peas and carrots Milk	Grilled cheese sandwiches and sliced vegetables Milk	Beef and broccoli served with rice Milk	Chicken hot dogs with fries and a side salad Milk
PM SNACK	Rice cakes Fresh cut fruit	Arrowroot crackers Fresh cut fruit	Homemade pita crackers Fresh cut fruit	Cheesy flatbread Fresh cut fruit	Bake good of the day Fresh cut fruit
	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
AM SNACK	Multi-grain cheerios and milk Fresh cut fruit	Bagels with cream cheese and milk Fresh cut fruit	Hashbrowns and milk Fresh cut fruit	Homemade muffin and milk Fresh cut fruit	Yogurt and granola Fresh cut fruit
LUNCH	Minestrone soup with whole wheat bun Milk	Chicken alfredo pasta served with roasted broccoli Milk	Beef and cheese burritos with sliced vegetables Milk	Cheese and turkey bacon perogies with a side salad Milk	Mac and cheese with glazed carrots Milk
PM SNACK	Rice cakes Fresh cut fruit	Homemade fresh baked bread Fresh cut fruit	Trailmix Fresh cut fruit	Cheese and crackers Fresh cut fruit	Bake good of the day Fresh cut fruit
	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
AM SNACK	<b>TEDDYVILLE CLOSED</b>	Multi-grain cheerios and milk Fresh cut fruit	Fruit smoothie and crackers Fresh cut fruit	Homemade muffin and milk Fresh cut fruit	Pancakes and milk Fresh cut fruit
LUNCH	<b>FAMILY DAY!</b>	Mongolian beef served with broccoli and noodles Milk	Turkey and cheese wraps with sweet potato fries Milk	Chicken casserole Milk	Fish and chips Milk
PM SNACK	<b>TEDDYVILLE CLOSED</b>	Arrowroot crackers Fresh cut fruit	Buttered biscuits Fresh cut fruit	Homemade berry scones Fresh cut fruit	Bake good of the day Fresh cut fruit
	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
AM SNACK	Multi-grain cheerios and milk Fresh cut fruit	Omelet bites and milk Fresh cut fruit	English muffin with jam and milk Fresh cut fruit	Homemade muffin and milk Fresh cut fruit	Maple, brown sugar oatmeal and milk Fresh cut fruit
LUNCH	Chicken and rice soup served with crackers Milk	Pasta with rosé sauce and roasted parmesan cauliflower Milk	Chicken Caesar wraps with fries Milk	Shepard's pie Milk	Cheese pizza with sliced vegetables Milk
PM SNACK	Cheesy flatbread Fresh cut fruit	Trailmix Fresh cut fruit	Applesauce and arrowroot cookies Fresh cut fruit	Cheese and crackers Fresh cut fruit	Bake good of the day Fresh cut fruit
AM SNACK					
LUNCH					
PM SNACK					