

October 2026

October 1st 2026

****All meals are free from Peanuts and Sesame ****

Halal meat products for all meals/ Vegetarian substitutions for dietary restrictions



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1	2
AM SNACK				Homemade muffin and milk Fresh cut fruit	Egg bites and milk Fresh cut fruit
LUNCH				Terriyaki chicken served with roasted broccoli and rice Milk	Grilled cheese sandwiches served with sliced cucumbers and peppers Milk
PM SNACK				Applesauce and arrowroot crackers	Bake good Fresh cut fruit
	5	6	7	8	9
AM SNACK	Multi-grain cheerios and milk Fresh cut fruit	Bagels with cream cheese and milk Fresh cut fruit	Raisin bread served with margarine and milk Fresh cut fruit	Homemade muffin and milk Fresh cut fruit	Yogurt and granola Fresh cut fruit
LUNCH	Lentil and potato soup served with crackers Milk	Chicken fried rice Milk	Philly cheese steak sliders served with sliced vegetables Milk	Meat lasagna served with Caesar salad Milk	Cheese pizza served with homemade pasta salad Milk
PM SNACK	Homemade seasoned pita crackers Fresh cut fruit	Wow butter & banana sushi rolls Fresh cut fruit	Rice cakes Fresh cut fruit	Cheesy garlic flatbread Fresh cut fruit	Bake good Fresh cut fruit
	12	13	14	15	16
AM SNACK	TEDDYVILLE CLOSED	Multi-grain cheerios and milk Fresh cut fruit	Homemade pancakes and milk Fresh cut fruit	Homemade muffin and milk Fresh cut fruit	Hashbrowns and milk Fresh cut fruit
LUNCH	THANKSGIVING!	Spaghetti bolognese served with roasted vegetables Milk	Chicken and broccoli pinwheels served with herb and garlic roasted potatoes Milk	Chicken and veggie curry served with rice Milk	Turkey and cheddar wraps served with sliced vegetables Milk
PM SNACK	TEDDYVILLE CLOSED	Cheese and crackers Fresh cut fruit	Homemade trail mix Fresh cut fruit	Homemade fresh baked bread Fresh cut fruit	Bake good Fresh cut fruit
	19	20	21	22	23
AM SNACK	Multi-grain cheerios and milk Fresh cut fruit	English muffin with jam and milk Fresh cut fruit	Homemade muffin and milk Fresh cut fruit	Croissants and milk Fresh cut fruit	Oatmeal and milk Fresh cut fruit
LUNCH	Garlic and herb linguine served with roasted chicken and broccoli Milk	Beef and broccoli served with rice Milk	Chicken salad wraps served with seasoned potatoes Milk	Shepherd's pie Milk	Cheese pizza served with sliced veggies Milk
PM SNACK	Wow butter oat bars Fresh cut fruit	Yogurt and pretzels Fresh cut fruit	Applesauce and arrowroot crackers	Cheesy garlic flatbread Fresh cut fruit	Bake good Fresh cut fruit
	26	27	28	29	30
AM SNACK	Multi-grain cheerios and milk Fresh cut fruit	Bagels with cream cheese and milk Fresh cut fruit	Homemade muffin and milk Fresh cut fruit	Egg bites and milk Fresh cut fruit	Homemade raspberry waffles and milk Fresh cut fruit
LUNCH	Chicken and vegetable pastina soup served with crackers Milk	Broccoli and cheddar quiche served with seasoned rice Milk	Chicken and cheese quesadillas served with sliced vegetables Milk	Homemade Mac and cheese served with roasted vegetables Milk	Baked chicken strips served with sweet potato fries and peas and carrots Milk
PM SNACK	Biscuits Fresh cut fruit	Homemade trail mix Fresh cut fruit	Cheese and crackers Fresh cut fruit	Wow butter & jam sandwiches Fresh cut fruit	Bake good Fresh cut fruit