

2026 RETIREMENT PLAN CONTRIBUTION LIMITS

\$24,500

**Amount you can contribute
to a 401(k) or 403(b) plan,
whether it's pre-tax, Roth,
or a combination of both**

\$8,000

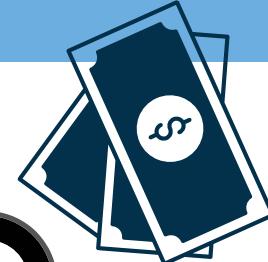
**Catch-Up amount for
those aged
50-59 and 64+**

2026 Combined Total:
\$32,500

\$11,250

**Catch-Up amount for
those aged 60-63**

2026 Combined Total:
\$35,750



**Scan the QR Code for
helpful videos and
information**



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