

# 2020 JULY



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
29 8:30 AM- Cycle Becky 5:20 PM- Cycle Renee 6:45 PM- Row Renee	30 11:30 AM- Cycle Stephanie 5:20 PM- Cycle Becky 7:00 PM- Cycle Renee	01 8:30 AM- Cycle Jessica 5:20 PM- Cycle Krystle 6:45 PM- Cycle Becky	02 9:00 AM- Cycle Renee 5:20 PM- Row Stephanie 6:45 PM- Cycle Sherrie	03 9:00 AM- Cycle Stephanie 4:30 PM- Cycle Jessica	04 9:00 AM- Cycle Renee 10:30 AM- Row Renee	05
06 8:30 AM- Cycle Becky 5:20 PM- Cycle Renee 6:45 PM- Row Renee	07 11:30 AM- Cycle Stephanie 5:20 PM- Cycle Becky 7:00 PM- Cycle Renee	08 8:30 AM- Jessica 5:20 PM- Cycle Krystle 6:45 PM- Cycle Becky	09 9:00 AM- Cycle Renee 5:20 PM- Row Stephanie 6:45 PM- Cycle Sherrie	10 9:00 AM- Cycle Becky 4:30 PM- Cycle Jessica	11 9:00 AM- Cycle Renee 10:30 AM- Row Renee	12
13 8:30 AM- <b>Cycle Becky</b> (Sub Instructor) 5:20 PM- Cycle Renee 6:45 PM- Row Renee	14 11:30 AM- Cycle Stephanie 5:20 PM- Cycle Becky 7:00 PM- Cycle Renee	15 8:30 AM- Cycle Jessica 5:20 PM- Cycle Krystle 6:45 PM- <b>Cycle Becky</b> (Sub Sherrie sub)	16 9:00 AM- Cycle Krystle 5:20 PM- Row Steph 6:45 PM- Cycle Sherrie	17 9:00 AM- <b>Cycle Becky</b> (Sub Sherrie) 4:30 PM- Cycle Jessica	18 9:00 AM- Cycle Renee 10:30 AM- Row Renee	19
20 8:30 AM- Cycle Renee 5:20 PM- Cycle Renee 6:35 PM- Row Renee	21 11:30 AM- Cycle Stephanie 5:20 PM- Cycle Becky 7:00 PM- Cycle Renee	22 8:30 AM- Cycle Jessica 5:20 PM- Cycle Krystle 6:45 PM- Cycle Becky	23 9:00 AM- Cycle Krystle 5:20 PM- <b>Row Steph</b> (Sub Renee) 6:35 PM- Cycle Sherrie	24 9:00 AM- Cycle Becky 4:30 PM- Cycle Jessica	25 9:00 AM- Stephanie Last Ride 10:30 AM- Row Renee	26
27 8:30 AM- Cycle Stephanie 5:20 PM- Cycle Renee 6:45 PM- Row Renee	28 5:20 PM- Cycle Becky 7:00 PM- Cycle Renee	29 8:30 AM- Cycle Jessica 5:20 PM- Cycle Krystle 6:45 PM- Cycle Becky	30 9:00 AM- Cycle Krystle 5:20 PM- Row Renee 6:35 PM- Cycle Sherrie	31 9:00 AM- Cycle Becky 4:30 PM- Cycle Jessica	01 9:00 AM- Cycle Renee 10:15 AM- Row Renee	02
03 8:30 AM- Cycle Becky 5:20 PM- Cycle Renee 6:45 PM- Row Renee	04 5:20 PM- Cycle Becky 7:00 PM- Cycle Renee	05 8:30 AM- Cycle Jessica 5:20 PM- Cycle Krystle 6:45 PM- Cycle Becky	06 9:00 AM- Cycle Krystle 5:20 PM- Row Renee 6:35 PM- Cycle Sherrie	07 9:00 AM- Cycle Becky 4:30 PM- Cycle Jessica	08 9:00 AM- Cycle Renee 10:15 AM- Row Renee	09