

JULY 24-29, 2023
MONTERREY, MEXICO

IDO WORLD DANCE CHALLENGE

COUPLES/ BALLROOM DANCE

Rules & Regulations

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Registration

DEADLINE is JUNE 1, 2023

- We recommend early registration to avoid disappointment
- Registration deadline for the IDO World Dance Challenge Competition and for all workshops is **JUNE 1, 2023**
- Entries received after the **JUNE 1, 2023** deadline will be subject to a 10% late fee on all balances and risk exclusion from program listing. Late entries will only be accepted if space and time permit.
- When registering, please double check the spelling of all dancers, teachers, choreographers, and music. This will ensure accuracy in our program.
- 'TBA' is not allowed to be entered for any dance styles, participants, and/or competition entry titles. When you register, please ensure you have all the correct information. Changes can be made until the **JUNE 1, 2023** deadline.
- **ALL COMPETITORS** of the IDO World Dance Challenge Competition are required to be registered in the World Dance Challenge Convention Workshop in order to compete.

WORKSHOPS

The cost of IDO WDC Convention Workshop with an International VIP Faculty is \$250 and includes access to all workshops over the two (2) days. Register with competition entries. Registered contestants will have a scheduled photo opportunity with VIP.

Non-competitive dancers are welcome to attend the World Dance Challenge Convention Workshops

Single Class registrations are \$50/class. Single Class registrations are not eligible for any Scholarships or Cash Awards in the IDO World Dance Challenge Competition.

How to Register

REGISTRATION BEGINS MARCH 1, 2023

DEADLINE is JUNE 1, 2023

ELIGIBILITY

To participate in the IDO World Dance Challenge, you **must** be enrolled in the **World Dance Challenge Convention**, however, anyone may participate in the workshops and the rule does not apply to the IDO World Acrobatic Dance Championships.

REGISTRATION LINK

We will provide a link for **REGISTRATION** on the website starting March 1, 2023 at ido-worlddancechallenge.com. Please look for the link and follow the instructions.

DANCE STUDIOS/CREWS/CLUBS/ORGANIZATIONS

You must register through your Dance Studio, Club, and/or Organization. Directors may contact our Competition Entry Director idoworlddancechallenge@gmail.com for your entry fees.

INDEPENDENT/NON-AFFILIATED DANCERS

Independent dancers not affiliated with a dance studio, club, or organization - or those who wish to register independent of affiliations, may contact idoworlddancechallenge@gmail.com for more information and fees for the IDO World Dance Challenge.

WORKSHOP REGISTRATION

To register for the World Dance Challenge Convention workshops, follow the available registration link starting **March, 1, 2023**.

Payment

DEADLINE is JUNE 1, 2023

Entry Fees are in U.S. dollars for all countries with the exception of Mexico. For participants of Mexico, please contact Maga Domene magadomene@hotmail.com for your form of payment.

For all countries (except Mexico), you have 2 payment options:

OPTION 1 - WIRE TRANSFER

For CONVENTION & COMPETITION fees, please wire to the host bank in Canada below. You will receive a receipt once the payment is deposited into our account. Please send a copy of your wire to idoworlddancechallenge@gmail.com

WIRE DETAILS:

Name of Bank: **Royal Bank of Canada (RBC)**

Bank Address: **3205 Monarch Dr., Orillia, ON L3V 7Z4 Canada**

Bank Phone: **001-705-326-6225**

Bank Transit Number: **09857**

Bank Account for Deposit: **1007665**

RBC Institution Number: **003**

RBC Routing/ABA Number (*funds coming from US*): **021000021**

RBC SWIFT BIC (*funds coming from other international location*): **ROYCCCAT2**

REASON FOR WIRE: Dance Org. Fee

OPTION 2 - CREDIT CARD

For CONVENTION & COMPETITION fees, you may pay by Mastercard, Visa, or American Express. You will receive a verification receipt upon payment. There will be an additional 3.5% convenience fee added to your fee total as charged by the credit card company. To pay by credit card, please contact idoworlddancechallenge@gmail.com

REFUND POLICY

All competition and convention fees are non-refundable unless event is canceled due to covid/world events.

General Information

Photo & Video

Photography and video recording is not permitted during the competition and may result in ejection of the competition and disqualification of dancer(s) with no refund. The only exception to the rule is during awards ceremonies, where personal photography & video is permitted. Our house media will provide photo/video for purchase.

Livestream

Will be available for free. The link will be posted on the IDO-WDC website.

Audience Admission / Refusal to Participate

For admission to the IDO World Dance Championship Competition and the IDO World Acrobatic Dance Championship. Please see the **TICKET INFORMATION** tab on the ido-worlddancechallenge.com. Admission may be revoked at the IDO-WDC organizers' discretion. IDO-WDC organizers/staff reserve the right to refuse entry/participation to any dancer, team, and/or visitor. Terms for refusal may include but are not limited to poor sportsmanship, cheating, rule-breaking, any illegal act, and so on. Safety of dancers, staff, and visitors is paramount.

Coaching

No coaching from the audience or wings of stage permitted and may result in disqualification.

Results

The decision of the judges is final. Good sportsmanship is expected from all dancers, parents, teachers, and managers.

Judges Area

No blocking of the judge's view or sitting/cheering immediately in front/behind the judges.

Backstage Check-in

Contestants must report to the backstage manager 10 minutes before the scheduled dance time. Only permitted teachers/choreographers will be allowed backstage with the dancers.

Media Release

Entrance in the competition authorizes the organizers to use any pictures, videos, and/or name in any form of media or press release, including Livestream.

General Information

Teachers Room

A teacher/choreographer's area will be available throughout the competition. Please note that this is open to all teachers/choreographers/managers. Please do not bring any dancers/children into the Teachers Private Room. Refreshments will be available.

****Please check-in at the Teachers Meeting for your accreditation (see schedule)****

Judges Video Critique (JVC)

IDO-WDC will be using a state-of-the-art video-audio recording system for the judge's feedback for competitors in the IDO World Dance Challenge performing arts competition.

The system combines multiple audio tracks allowing teachers and dancers to view the performance and listen to the judge's feedback simultaneously. Where applicable, we will use the same system for Street Dance and Couples, however, these departments generally use a paper marking system for most adjudications. **Teachers/Directors will be given a code after the end of the competition** to view and listen to the comments.

Sportsmanship

Good sportsmanship and behavior must be shown at all times. We have a zero-tolerance policy for any display of poor sportsmanship from dancers, parents, trainers, and/or anyone else, and may be subject to dancer disqualification and/or expulsion with no refund.

Music

All music must be in Mp3 and uploaded on the online entry system by **July 15, 2023**. Please bring back up music on an individual, clearly labeled USB/flash drive of the highest audio recording quality possible.

Restart

Dancers who leave the stage and/or ask to restart their routines will be placed within their categories but will not be eligible for any overall awards. No penalties will be issued if due to IDO-WDC technical difficulties.

Family Viewing Content

All music, choreography, and costuming must be suitable for a general audience.

Choreographers must use judgment when selecting music and lyric content. Vulgar, derogatory, and/or sexually suggestive words and inappropriate dance moves may be subject to penalization and/or direct disqualification.

Lost & Found

IDO-WDC organizers are not responsible for lost or stolen items, however, a Lost & Found will be available at the event. Please ask security and/or IDO-WDC staff.

General Information

Additional Expenses

IDO and IDO-WDC organizers do not collect or are responsible for additional fees associated with the use of the venue or other incidentals such as parking fees, refreshments, COVID testing, lost passports, VISA requirements for entry to Mexico, and so on.

Props

Any prop(s) that pose danger or risk are prohibited. This includes, but not limited to liquids, confetti, powder, fire, knives, and swords. Please contact organizers for special circumstance allowance for ethnic dances. If any props damage the dance floor, the dancer and/or entering studio/organization will be financially responsible for repairs.

Littering of Stage

Any props, substances, and/or events that may litter or damage the stage is prohibited. Dancers must move their own props on/off stage in 20 seconds or less, and this includes any props removed or thrown during a performance. For the production category, an extra allowance for set up/tear down will be granted, however, only dancers may build.

Force Majeure

IDO and IDO-WDC organizers reserve the right to cancel the event(s) or any portion of the event(s) should an unforeseen disaster occur and/or the World Health Organization (WH) or Mexican government see fit due to safety concerns.

Liability Release - Personal Injury/Loss

The Liability Release must be signed online with entry submission. No entries will be taken/validated without signing the Liability Release. The International Dance Organization (ID), the IDO-World Dance Challenge (IDO-WDC) Convention & Competition organizers/staff, the IDO World Acrobatic Dance Championship (IDO-WADC) staff, and/or Cinterplex venue/staff are not responsible for any personal injury or property loss. Please do not bring any valuables to the event.

First Aid

Available throughout the event. Please make sure you have your own health insurance for serious medical attention and/or in the case of COVID-19 infection.

COVID-19 Policy

Please see separate COVID-19 POLICY tab on the website ido-worlddancechallenge.com

Couples Dance/Ballroom Disciplines

For the IDO World Dance Challenge Competition

NAME

RULE DESCRIPTION

Salsa

Salsa is of Latin-American origin but has been developing in different ways the last 10 years. There are four main styles of Salsa. The Salsa Cuban style, the Salsa Puerto Rico/New York style (Street Mambo), the L-A style and the Columbian (Cali) style. The Cuban style of Salsa is more rotating than the Puerto Rico/ New York style (Street Mambo) and the L-A style is known to include more show figures. All three styles are accepted. Salsa basic is a two times three-step pattern taken during 8 beats of music, in a quick, quick, slow – quick, quick, slow rhythm. Salsa is a very popular club dance in that it allows the dancers much freedom to interpret the music using movements and elements from many different Latino dances. Salsa means, “Sauce”, and the dancers should depict a very hot and spicy interaction with each other. The Salsa basics involve clever hand and arm movements as well as changes of handhold while maintaining the flowing movements and which are all typical of the dance.

Merengue

Merengue is a Latin-American Spot Dance, and does not move along the Line of Dance (LOD). Steps are quite compact, and Latin hip movement, at times quite staccato, is used throughout. A slight counter sway is often used to compliment the Latin hip movement. The basic action is similar to a marching rhythm, but many other rhythms, including syncopations, slows, etc., may be used in interpreting the music. Merengue is a club dance, and the couples should focus on one another to create an earthy and sensual feeling through the use of close, intricate rotational movements coupled with an almost playful teasing interaction with one another.

Disco Fox/ Hustle

Disco Fox is known and named as Disco Hustle, Swing Fox, Disco Swing, Rock Fox in different regions. Both a Slow and a Fast dance is required. Technique and improvisation are highly important in the Slow Round, and overall agility and partnership dynamics are highly evaluated in the Fast Round.

Couples/Ballroom Rules

For the IDO World Dance Challenge Competition

Disciplines

- SALSA
- MERENGUE
- DISCO FOX/HUSTLE

Entry Fees

Entry fees amount to \$110 US which includes all your Couples/Ballroom entries plus a minimum of two Couples/Ballroom Workshops. If you are already competing in Performing Arts, the entry flat fee is \$60 for unlimited Couples/Ballroom entries.

Workshops

For eligibility to compete in the IDO World Dance Challenge Competition, dancers must also be enrolled in the IDO World Dance Challenge Convention workshops. For \$250 US if registered before the June 1, 2023 deadline, or \$275 US after the deadline, this fee includes admission to all workshops, including Performing Arts, Streetdance & Couples, seminars, and a scheduled photo opportunity with VIP faculty. For Couples/Ballroom workshops only, the cost is \$50 US

Inclusive to IDO-WDC Competition & Convention

The IDO WDC Convention includes seminars, photo opportunities with VIP faculty, and exhibitors. Top scoring dancers in the IDO-WDC Competition will have the opportunity to compete once again in the IDO-WDC Finals Gala for the chance to win cash prizes amounting to more than \$20,000 US.

Socials

If COVID-19 protocols permit

CHOREOGRAPHER/CAPTAIN MEET: Wine & Cheese social the night before the competition. More details to come.

DANCERS CELEBRATION: After the end of the Gala, everyone will be invited to this DJ-hosted dance party. Refreshments will be available. More details to come.

Entry Allowance

Dancers may enter as many routines/disciplines as they wish. Dancers may not enter more than one routine in the same category.

Couples/Ballroom Rules

For the IDO World Dance Challenge Competition

IDO-WDC will be using IDO Rules for the Couples/Ballroom portion of the competition. If you are unfamiliar with the IDO Rules & Regulations for the Couples Department, please see ido-dance.com for further rules not found in this booklet, or contact IDO-WDC's Couples/Ballroom Director and IDO Vice President Klaus Hoellbacher klaus.hoellbacher@ido-dance.com

Age Divisions *AGE AS OF DEC. 31, 2023

CHILDREN: 12 & UNDER

JUNIOR 1 SOLO/DUO: 13-14

JUNIOR 2 SOLO/DUO: 15-16

JUNIOR GROUP/FORMATION: 13-16

ADULT: 17 & OVER

Unlike IDO-WDC Performing Arts, using IDO rules in Couples/Ballroom does not permit averaging ages is not permitted, however, the 2-year span rule is applicable.

Categories

SALSA & LATIN SHOW

SOLO: (1) DANCER

DUO/COUPLES: (2) DANCERS

GROUP: (4-7) DANCERS

FORMATION: (8-24) DANCERS

MERENGUE & DISCO FOX/HUSTLE

COUPLES: (2) DANCERS

Time Limits

SALSA SOLO/DUO: 1:30 min to end of musical phrase in all rounds, except the final.

Between 2:00 - 2:15 mins for the Final round, and the dancers may use music of their own choice, or Organizers music.

SALSA GROUP: 2 minutes & 30 seconds minimum to 3 minutes maximum.

SALSA FORMATION: 2 minutes & 30 seconds minimum to 4 minutes maximum

MERENGUE COUPLE: 1:30 min to end of musical phrase in all rounds, except the final.

Between 2:00 - 2:15 mins for the Final round, and the dancers may use music of their own choice, or Organizers music.

DISCOFOX COUPLE: 1:30 min to end of musical phrase in all rounds, except the final.

Between 2:00 - 2:15 mins for the Final round of Discofox Show, and the dancers may use music of their own choice.

A complete list of COUPLES/BALLROOM rules are available within this document or visit ido-dance.com for a comprehensive list of rules & regulations.

Couples/Ballroom Dance

For the IDO World Dance Challenge Competition

Placement & Awards

SOLOS - DUOS - TRIOS

1st: Gold medal + trophy
2nd : Silver medal + trophy
3rd : Bronze medal + trophy
4th - 6th: Medal + certificate
7th - 20th: Certificate

GROUPS - FORMATIONS

1st: Gold medal to each dancer
2nd: Silver medal to each dancer
3rd: Bronze medal to each dancer
4th - 20th: Certificate to each dancer
Plaques: Each group will receive one plaque

Special Awards

The judges will choose special awards to present. These awards are not based on scores but rather something special they may see in the dancer and/or choreography.

Judging Criteria

The judges will consider the following when determining their scores: technique, variety, difficulty, personality, showmanship, dynamics, audience appeal, energy level, style, preparation, confidence, costuming, grooming, and age appropriateness (*music, costuming, and choreography*).

Qualification for GALA

The highest scores in all disciplines will be eligible for the IDO-WDC Finalist Gala.

CHILDREN 10 yrs and under: 3 routines

JUNIOR 11-14 yrs: 3 routines

SENIOR 15-21 yrs: 3 routines

The TOP 3 scores from Salsa, Merengue, Discofox, and Latin Show, combining solos, duo/couples, groups, and formations will dance-off at the IDO-WDC Finalist Gala for the World Dance Challenge Cup and cash awards.

Cash Scholarships

Recommended to further the winners dance education.

Solo, duo, & trio cash awards will be given directly to the dancer. All groups (one division) will be given to the team captain or choreographer in attendance for distribution. ****AWARD AMOUNT SUBJECT TO CHANGE OR AWARD CATEGORIES COMBINED DEPENDING ON THE NUMBER OF ENTRIES RECEIVED.**

****if you win a cash award, we strongly suggest that each country have a policy in place on how the cash awards will be distributed to avoid any misunderstanding among the dancers, parents, choreographers, and organization. Organizers have no responsibility for how each country (choreographer or national contact person/organization) formats their policy on the distribution of cash awards.**

Competition High Scores

SALSA	\$100 usd
MERENGUE	\$100 usd
DISCOFOX	\$100 usd
TOTAL	\$300 usd

OVERALL COUPLE

ALL AGES	\$500 usd
TOTAL	\$500 usd

***judges choice awarded to the couple*

IDO-WDC CUP

Trophy awarded to the highest scoring dancer of the entire competition between all 3 departments - Performing Arts, Street Dance, Couples Dance.

Cash Scholarships

*Recommended to further the winners dance education.
All funds in United States of America dollars (USD)*

***INCLUDES ALL GALA ENTRIES combined from
Performing Arts, Street Dance & Couples/Ballroom*

Children - Solo/duo/trio

1st PLACE	\$500 usd
2nd PLACE	\$400 usd
3rd PLACE	\$300 usd
4TH PLACE	\$200 usd
5TH PLACE	\$100 usd
TOTAL	\$1,500 usd

Children - Group+

1st PLACE	\$600 usd
2nd PLACE	\$500 usd
3rd PLACE	\$400 usd
4TH PLACE	\$300 usd
5TH PLACE	\$200 usd
TOTAL	\$2,000 usd

Junior - Solo/duo/trio

1st PLACE	\$700 usd
2nd PLACE	\$600 usd
3rd PLACE	\$500 usd
4TH PLACE	\$400 usd
5TH PLACE	\$300 usd
TOTAL	\$2,500 usd

Junior - Group+

1st PLACE	\$800 usd
2nd PLACE	\$700 usd
3rd PLACE	\$600 usd
4TH PLACE	\$500 usd
5TH PLACE	\$400 usd
TOTAL	\$3,000 usd

Senior/Adult - Solo/duo/trio

1st PLACE	\$900 usd
2nd PLACE	\$800 usd
3rd PLACE	\$700 usd
4TH PLACE	\$600 usd
5TH PLACE	\$500 usd
TOTAL	\$3,500 usd

Senior/Adult - Group+

1st PLACE	\$1,000 usd
2nd PLACE	\$900 usd
3rd PLACE	\$800 usd
4TH PLACE	\$700 usd
5TH PLACE	\$600 usd
TOTAL	\$4,000 usd

Excerpt from Rules for IDO Dance Disciplines



BOOK 3 RULES FOR IDO DANCE DISCIPLINES

SECTION 3 COUPLE DANCE DISCIPLINES

The rules outlined below cover the following Couple dance Disciplines:

- Argentine Tango
- Salsa
- Merengue
- Bachata
- Caribbean Dances
- Salsa Rueda de Casino
- Caribbean Show
- Latin Show
- Jitterbug
- Disco - Hustle / Disco - Fox / Disco - Swing
- West Coast Swing
- Couple Dance Formations
- Synchro Dancing
- Jack & Jill
- Latin Style
- **Production** (rules for Productions see at the beginning of Book 3)

3.1. GENERAL PROVISIONS – COUPLE DANCE DISCIPLINES

AGE DIVISIONS

AGE DIVISION	AGE RANGE (years of birth listed below are for competition year 2022)
Children	12 and under (born in 2010, 2011, ...)
Junior 1 in solo duo	13 – 14 (born in 2008, 2009)
Junior 2 in solo, duo	15 – 16 (born in 2006, 2007)
Junior group, formation	13 – 16 (born in 2006, 2007, 2008, 2009)
Adult 1	17 and over (born in 2005, 2004, 2003, ..)
Adult 2	31 and over (born in 1991 and before)
Senior	50 and over (born in 1972, 1971, 1970, ..)

The rules of the 2-year span is applicable – not in Adults 2.

Stage Props:

Hats, coats, sweaters, shawls, etc., may be used as long as they remain part of the costume and must be retained during the entire performance. Such clothing articles may be turned inside out, held in the hands, exchanged with a partner, etc., but may NOT be thrown away during the performance. Stage props which are not definable as clothing's **may NOT be used**.

These are: (Hand props like) sticks, umbrellas, balloons, skateboards, bags, headsets, masks, sunglasses/image glasses, etc. and other non-clothing articles.

Props, liquids shoes, costumes or other substances that can litter, damage, or make the dance floor / stage unsafe may not be used in any discipline.

NOTE 1: This means that the use of such props, liquids, shoes, costumes or other substances will be punished with a warning and/or direct disqualification. (AGM 2017, Implementation 1.9.2017, no change possible before 2021)

Duration (length) of Exhibition / Routine / Performance: Refer to the specific discipline.

Costumes must follow the General rules governing costumes, make-up, movements and theme.

Lifts: Please refer to specific rules for the Discipline in question.

Lifts are defined as: Movements / figures in which both feet of one dancer are off the floor and such figures / movements are performed with the help / physical support of another person **for more than one beat**. Lifts are NOT permitted in ALL Children's divisions.

Exception: Jumps in one hand-hold are not considered as a lift.

Forbidden elements for Children age division:

- Elements, stands on head are not allowed.

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BOOK 3 RULES FOR IDO DANCE DISCIPLINES

- Movements where most of weight is carried by another dancer are not allowed.
- Any kind of jumps from the props at the height of more than 1 meter are not allowed.
- Toe work in all IDO disciplines.
- Pointe work all IDO disciplines.

Special **NOTE** for **Productions**:

For Children the rules above are not applicable when competing in Productions. All elements carried out/performed are on their own risk. **(AGM 2019, Implementation 1.1.2020)**

Acrobatic Movements: Permitted in some, but not all, disciplines. Please refer to specific rules for the Discipline in question. If permitted, Acrobatic Movements will not always enhance the dancer's score, and could even detract from the score if they are not performed in a technically correct manner.

Acrobatics are those movements, in which body overturns round sagittal or frontal axis, such as somersaults, hand wheeling and similar figures.⁴

NOTE 4: *This is also a solo hand wheel in Salsa!*

In all disciplines where applicable, in Children age division acrobatics are allowed if a body part is touching the floor. Acrobatics must not dominate the routine.

In Children age division, all acrobatics must be performed without any physical support of a dancer, dancers. *(AGM 2017, Implementation 1.1.2018, no change possible before 2021)*

Music: In each heat within a round, the same music must be used. The music can and should change from round to round, but the heats should have the same music.^s

NOTE 5: *This is not relevant if there is a time reduction in the first round and a longer one in the next round. The first part up to the time limit has to be the same; the other one is already new.*

OTHER RULES

Competitors who are not present on stage to dance following the starting order, without a valid reason, will be disqualified by the Chairperson of the Adjudicators. **(AGM 2019, Implementation with immediate effect)**

3.3 SALSA

Categories: Solo, Duo, Couples, Groups and Formations

3.3.1 SALSA Solo / Duo

Categories: Solo Male, Solo Female, Duo.

In Adult division Duo is divided in following categories: Duo Male, Duo Female, Duo Male/Female.

Age divisions: see in General Provisions, Book 2, 3.4 Age Division.

1. **Music:** Organizers music in Preliminaries and Semi Final. Organizers music and music of the dancer own choice in the Final.

2. **Duration of Performance.** In all rounds, except the final, the duration of performance should be 1 minute 30 sec., to conform to the end of musical phrase. In the Final round, the dancers may use music of their own choice, or Organizers music, but must be at least 2 minutes to the end of musical phrase but must not exceed 2 minutes 15 seconds.

3. **Tempo:** 48 - 55 Bar per Minute (192 - 220 beat per minute).

4. **Characteristics and Movement.** Salsa Solo / Duo is an off shoot of Mambo and Salsa, so can be danced on the "1" or "2". This style must show good body isolation, together with clean fast footwork - some of which uses every beat, half beat, and quarter beat of the Bar – so syncopation is important.

When danced by a male dancer, we expect to see slick, clean, strong footwork, and good subtle isolation.

When danced by a female dancer, while similar to Male, it should be more feminine in its approach, with possibly more body work. In all Duos we need to see good synchronization, good "question & answer" type moves, good contact (although not in hold) and musical interpretation in between the 2 dancers. No acrobatic moves or lifts will be allowed in any round.

5. **Lifts:** NOT permitted.

6. **Hold:** No hold is allowed²⁶

NOTE 26: *This means, that there is also no contact between the dancers!!!! Not only classical dance hold is forbidden, also the contact in which way ever!!! Salsa Duo means dancing side by side or dancing a step and the other dancer is reacting.....*

7. Format Qualifying Rounds:

- a. In the opening round all dancers shall be seen by the Adjudicators in a presentation dance for 1 minute. In the event of many entries and therefore the floor will be too crowded, the presentation dance could be divided in two or more groups.
 - b. The dancers will thereafter be divided into heats. Number of solos or duos in the same heat is depending of the size of the dance floor but should not exceed 6 solos / duos. The Chairperson of Adjudicators gives a signal when all Adjudicators are ready, but each heat will never last longer than 1 minute 30 seconds.
 - c. In the opening round, all dancers shall than be seen by the Adjudicators in a closing dance for 30 seconds according to the same rules as for the presentation dance.
- 8. Format Final Round:** is danced according to the one dance system.
- a. All dancers in the final dance 1 minute overview.
 - b. All dancers dance their solo performance one by one and can chose their own music not exceeding 2 minutes.
 - c. All dancers in the final dance 1 minute closing overview.
 - d. The Adjudicators will place the dancers in order of merit.
 - e. The SKATING SYSTEM will be used to find the places of the dancers.
9. In all categories the dancers should show good Floor Craft. It is not allowed to invade other dancers space. This will be taken into account when being seen by the Adjudicators.

3.3.2 SALSA COUPLES Categories: Couples

Age Divisions: see in General Provisions (Book 2, 3.4. Age Division).

1. **Music:** Organizer's music in preliminaries and semi-final, Organizer's music OR music of the dancers choice in the final solo performance.
2. **Duration of Performance:** In all rounds except the final, the length of performance should be 1:30 minutes long, to conform to the end of the musical phrase. In the final round, the couple may use music of their choice or the Organizer's music, which must be 2 minutes of music to the end of the musical phrase, but must not exceed 2 minutes 15 seconds.
3. **Tempo:** Salsa 50 - 52 bars per minute (200 - 208 beats per minute)
4. **Characteristics and Movement:** Salsa is of Latin-American origin but has been developing in different ways the last 10 years. There are four main styles of Salsa. The Salsa Cuban style, the Salsa Puerto Rico/New York style (Street Mambo), the L-A style and the Columbian (Cali) style. The Cuban style of Salsa is more rotating than the Puerto Rico/New York style (Street Mambo) and the L-A style is known to include more show figures. All three styles are ac- accepted. Salsa basic is a two times three-step pattern taken during 8 beats of music, in a quick, quick, slow – quick, quick, slow rhythm. It is allowed to break on the 1st and 3rd beat in the bar or the 2nd and 4th beat in the bar. What is important is to keep the consistence of the breaking. If one starts on breaking on 1 or 3 one must continue to break on 1 or 3 and not travel on to break on 2 and 4 suddenly. Salsa is a very popular club dance in that it allows the dancers much freedom to interpret the music using movements and elements from many different Latino dances. Salsa means, "Sauce", and the dancers should depict a very hot and spicy interaction with each other. The Salsa basics involve clever hand and arm movements as well as changes of handhold while maintaining the flowing movements and which are all typical of the dance.
5. **Lifts:** Not permitted. Only in the final in the solo performance in Adults and Junior Division they are allowed 13.
NOTE 13: Also acrobatic figures are forbidden in Adults and Junior division only allowed in the final when the couples are dancing alone. See pt. 9.
Lifts and acrobatic figures are forbidden in Children's divisions.
6. **Hold:** The main part of the performance should be danced with a hold.
7. **Format Qualifying Rounds:**
 - a. In the opening round all couples shall be seen by the Adjudicators in a presentation dance for 1 minute. In the event of many entries and therefore the floor will be too crowded, the presentation dance could be divided in two or more groups.
 - b. The couples will thereafter be divided into heats. Number of couples or duos in the same heat is depending of the size of the dance floor but should not exceed 6 couples. Each heat will last 1 minute 30 seconds.
 - c. In the opening round, all couples shall than be seen by the Adjudicators in a closing dance for 60 seconds according to the same rules as for the presentation dance.
 - d. In all following qualifying rounds, including the semi-final there will be no presentation dance in the beginning or closing dance at the end of the round.
8. **Format Final Round:** In the Final the Show is added
 - a. All couples will dance together for 1 minute Salsa.
 - b. Each couple will dance the solo Show number with organizer's music or music of their own choice, not exceeding 2 minutes 15 seconds.
 - c. All couples in the final dance 1 minute closing overview.
 - d. The Adjudicators will place the couples in order of merit.
 - e. The SKATING SYSTEM will be used to find the places of the couples.
9. **Forbidden Figures:** Acrobatics. Only in the final round, when couples perform alone, it is proposed to allow an acrobatic figure.
10. **Stage Props and Scenic Background:** forbidden

3.3.3 SALSA Groups and Formations

Categories: Groups and Formations.

Age divisions: Salsa Formations will be held only in Adult age division.

Age Division, see in General Provisions, Book 2, 3.4 Age Division.

1. **Music:** In all rounds music of the dancer own choice.
2. **Tempo:** No restriction.
3. **Characteristics and Movement.** See 3.3 Salsa above.
4. **Lifts:** permitted.
5. **Acrobatic Movements:** Permitted

Groups

1. **Duration of Performance:** 2 minutes & 30 seconds minimum to 3 minutes maximum.
2. **Number of Dancers:** 3 - 7
3. All other rules as outlined under 3.3 Salsa above.

Formations

1. **Duration of Performance:** 2 minutes & 30 seconds minimum to 4 minutes maximum.
2. **Number of Dancers:** 8 - 24
3. All other rules as outlined under 3.3 Salsa above.

If the Organizer, Chairperson and Supervisor agree, Groups and Formations can be combined in one competition.

3.4 MERENGUE

Categories: Couples.

Age Divisions: See in General Provisions Book 2, 3.4. Age Division.

1. **Music:** Organizer's music in preliminaries and semi-final, Organizer's music OR music of the dancers' choice in the final.
2. **Duration of Performance:** In all rounds except the final, the length of performance should be 1:30 minutes long, to conform to the end of the musical phrase. In the final round, the couple may use music of their choice or the Organizer's music, which must be 2 minutes of music to the end of the musical phrase, but must not exceed 2 minutes 15 seconds.
3. **Tempo:** 30 - 34 bars per minute in 4/4 time signature / 60 - 68 bars per minute in 2/4 time signature.
4. **Characteristics and Movement:** Merengue is a Latin-American Spot Dance, and does not move along the Line of Dance (LOD). Steps are quite compact, and Latin hip movement, at times quite staccato, is used throughout. A slight counter sway is often used to compliment the Latin hip movement. The basic action is similar to a marching rhythm, but many other rhythms, including syncopations, slows, etc., may be used in interpreting the music. Merengue is a club dance, and the couples should focus on one another to create an earthy and sensual feeling through the use of close, intricate rotational movements coupled with an almost playful teasing interaction with one another.
5. **Hold:** The main part of the performance should be danced with a hold.
6. **Lifts:** Not permitted. Only in the final in the solo performance in Adults and Junior Division they are allowed¹⁴.

NOTE 14: Also acrobatic figures are forbidden in Adults and Junior division only allowed in the final when the couples are dancing alone. See pt. 9.

Lifts and acrobatic figures are forbidden in Children's divisions.

7. Format Qualifying Rounds:

- a. In the opening round all couples shall be seen by the Adjudicators in a presentation dance for 1 minute. In the event of many entries and therefore the floor will be too crowded, the presentation dance could be divided in two or more groups.
 - b. The couples will thereafter be divided into heats. Number of couples or duos in the same heat is depending of the size of the dance floor but should not exceed 6 couples. Each heat will last 1 minute 30 seconds.
 - c. In the opening round, all couples shall than be seen by the Adjudicators in a closing dance for 60 seconds according to the same rules as for the presentation dance.
8. **Final Round:** is danced according to the one dance system
 - a. All couples in the final dance 1 minute overview.
 - b. All couples dance their solo performance one by one and can chose their own music not exceeding 2 minutes and 15 seconds.
 - c. All couples in the final dance 1 minute closing overview.
 - d. The Adjudicators will place the couples in order of merit.
 - e. The SKATING SYSTEM will be used to find the places of the couples.
 9. **Forbidden Figures:** Acrobatics. Only in the final round, when couples perform alone, it is proposed to allow an acrobatic figure. Forbidden in Children's age division.
 10. **Stage Props and Scenic Background:** forbidden.



BOOK 3 RULES FOR IDO DANCE DISCIPLINES

1. **Music:** Organizer's music in all rounds EXCEPT the final round of West Coast Swing Solo Show, where dancers may use their own choice of music.

2. **Duration of Performance:** 1:30 minutes, to conform to the end of the musical phrase, in all rounds EXCEPT the final round of West Coast Swing Solo Show. Music chosen for West Coast Swing Solo Show final round performances must be 2 minutes but not exceed 2 minutes 15 seconds.

1. Tempo 26 – 31 bars per minute in the Fast dance (BPM104-124)
2. Tempo: 22 – 25 bars per minute in the Slow dance (BPM 88-100)
3. Tempo: Free in the West Coast Swing Solo Show

3. **Characteristics and Movement:** West Coast Swing is a social dance which is part of the Swing dance family. West coast swing is a "slot" dance, which means that the woman travels forward and back along a single straight line on the floor, with the man moving off and onto her line.

Although there are turning figures, they still keep the woman on her line of dance. As done in the West Coast Swing community, the end of patters typically is an "Anchor step" and not a "Coaster step". The follower is discouraged from moving forward under her own power at the end of the pattern. Instead, she hangs out until the leader remembers to lead. Depending on the style lots of turns or lots of footwork are part of the dance. Syncopations are common. The man stays pretty much on one place while the woman moves back and forth in a slot. Therefore, it's the woman's movements that are emphasized.

West Coast Swing is developed from the Lindy Hop. West Coast Swing is a living dance, still evolving. It follows the music trends of each decade and adjusts to accommodate new dance styles. In the 1970s it adopted some of the styles of Disco and the Hustle. Now, it can be danced to most of the music played on the radio today and incorporates many dance elements of Hip Hop and Jazz. Figures begin with two walking steps, followed by two triple steps (or a triple step, two walks and another triple, in 8- count figures). The second triple step is generally danced in place ("anchor step") its main purpose is to re-establish physical tension between the partners, generally achieved by leaning slightly back. Dancers should avoid using obvious choreography but rather improvisation, which is the true heart of the West Coast Swing so that it is possible to adjust the steps to the music.

4. **Lifts:** Not permitted. Only in the final solo performance in Adults and Junior's category are allowed.

5. **Hold:** The main part of the performance should be danced with a hold.

6. **Format Qualifying Rounds:**

Couples will be qualified to the next round by dancing both Fast West Coast Swing and Slow West Coast Swing. The Cross - System, will be used. The total number (Fast and Slow) determines which couples are qualified to the next round.

a. In the opening round all couples shall be seen by the Adjudicators in a presentation dance for 1 minute Fast dance. In the event of many entries and therefore the floor will be too crowded, the presentation dance could be divided in two or more groups.

b. The couples will thereafter be divided into heats. Number of couples in the same heat is depending of the size of the dance floor but should not exceed 6 couples. The Chairperson gives a signal when all Adjudicators are ready.

c. All couples must perform Fast dance before the Slow dance is commenced - 1 minute 30 seconds Fast West Coast Swing each heat, then 1 minute 30 seconds Slow West Coast Swing each heat.

d. The Adjudicators mark the qualified couples in each Fast and Slow West Coast Swing separately.

e. In all following qualifying rounds, including the semi-final there will be no presentation dance in the beginning of the round.

8. **Final Round:**

Couples will dance three dances in the final. Fast West Coast Swing all together for 1 minute 30 seconds.

All couples will then dance the Slow West Coast Swing together for 1 minute 30 seconds. In case of direct final, 1 minute presentation Fast West Coast Swing is added in the beginning of the final. In the West Coast Swing Solo Show each couple will perform alone 2 minutes to 2 minutes 15 seconds. At least a 5 minutes break after finishing the first 2 dances before starting West Coast Swing Solo Show is obligatory. The Adjudicators place the couples in order of merit for each dance separately. The placing in the final will be found by using the Skating System over all 3 dances.

3.13 COUPLE DANCE FORMATIONS

Categories: Formations

Age Divisions: see in General Provisions, Book 2, 3.4 Age Division.

1. **Number of Dancers:** 10 – 24

2. **Music:** Of the Formation's own choice.

3. **Duration of Performance:** 150 - 240 seconds (2:30 to 4:00 minutes). For Children and Juniors 150-180 seconds (2:30 – 3:00 minutes)

4. **Characteristics and Movement:** Choreographies of couple dances. Competitors can perform any dance

Acknowledgements

if you have any questions regarding the content in this booklet, please contact us

The rules & regulations within the contents of this booklet are for the COUPLES/BALLROOM portion of the IDO World Dance Challenge Competition ONLY.

For the rules and regulations of the PERFORMING ARTS or STREET DANCE departments, please see those individual rules and regulations booklets.

For the rules and regulations of the IDO World Acrobatic Dance Championship, please visit ido-dancee.com

We thank you for your support in our efforts to unify dancers while contributing to excellence in dance on the world stage.

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