



Morton Neuropsychology

UNDERSTANDING MINDS AND IMPROVING LIVES

Web: MortonNeuropsychology.net

Email: MortonNeuropsychology@Gmail.Com

Samantha Millen

Profession: Psychotherapist

Qualification BSc (hons) Humanistic and Integrative Counselling and Psychotherapy (Sherwood Psychotherapy Training Institute/ Coventry University)

Special Interest: Holistic Assessment, Therapeutic Intervention Planning, Relationship/ Family Work, Perinatal Mental Health, Attachment Theory, Trauma Informed Practice, Rehabilitation

Base: Derbyshire, South Yorkshire, Online

Personal Statement, Experience and Employment:

Sam is a Counselling Psychotherapist. She is a registered member of the BACP. She has worked both with individual clients, and as a motivational service manager leading high-performing teams delivering mental health support services/ interventions. She offers expertise in day-to-day mental health and support services management, from initial assessment to intervention planning and case closures, with ten years of practical experience.

Sam is a natural leader with the ability to inspire teams to make a positive contribution to the lives of vulnerable adults, families and children. Working holistically with service users and adaptable to developing tailored support to meet individual needs, collaborate with other healthcare professionals, attend case conferences and team meetings, monitoring client progress and adjusting interventions as necessary.

Continuous Professional Development (CPD):

A requirement of professional registration is undertaking and recording (CPD). Examples include courses in:

- Motivational Interviewing, Health Coaching, Resolution Coach training, Supporting Health & Wellbeing, Attachment & Development Trauma, Infant Mental health.
- Maintaining registered membership of the BACP, adhering to their ethical framework and compliance with CPD & clinical supervision requirements.
- Tools for Therapeutic Intimacy
- An introduction to Energy Psychotherapy

Key areas of expertise:

- Humanistic & Integrative Psychotherapy techniques
- Client assessment & analysis
- Risk assessment & management within a community setting
- Working with trauma/ complex casework
- Reflective practice
- Leading & managing teams
- Working with families

Professional Affiliations:

Registered Member BACP: 00753431

Additional Information:

Full UK Driving License
DBS Approved