

Aqualyx® FAQs and Aftercare

What is Aqualyx® used for?

It is used for Aqualysis or Aquaplasty treatment to reduce localised, stubborn fat deposits in areas such as the chin, stomach, outer and inner thighs, hips, knees etc.

How quickly will I see results?

A reduction in fat deposits can usually be seen after just one treatment, however between three and eight sessions are required to see the optimal effect. The speed at which results are seen will vary depending on the stability of the cell membranes; younger patients are more likely to see results after a longer period.

Who is the treatment suitable for?

It is suitable for patients who do not want the more invasive liposuction or laser lipo treatments, who do not have large amounts of fat to remove and who are over 18 years and under 60 years of age. The treatment is not suitable for pregnant or lactating women.

Where can Aqualyx be done on the body?

AQUALYX™ is used for the dissolution of fat deposits. It can be administered over the entire body, except the area around the eyes.

Face: double chin, prejowl sulcus.

Body: upper arms, armpits, waist, hips, saddlebags, knees, shanks, augmented fat deposits located on buttocks, chest and inner thighs.

Other: Lipoma, buffalo hump.

What are the side effects?

Minimal side effects have been reported globally since its introduction, but patients can expect a little skin irritation, bruising and swelling, which will ease after a few days.

After a treatment with AQUALYX™:

- The treated area should not be exposed to direct heat (sauna, sun, etc) or severe cold.
- Physical exercise should be avoided for about 4 to 5 days.
- Application of cosmetics to the treated area should be avoided for at least 12 hours.
- Intake of anti-inflammatory drugs (Ibuprofen etc) should be avoided.
- Bruising may develop within the treated area.
- Post treatment effects may occur to the treated area such as: itching and burning sensations, feeling of pressure, minor aches, pains and swelling.

Have any articles been published about Aqualyx®?

Three articles have been published about Aqualyx®:

- Rauso R. Non surgical reduction of buffalo hump deformity. Case report and literature review. Eur J Aesth Med Dermatol 2011;1(1):29-34.
- Salti G, Motolese P. Cavitation adipocytolysis with a new micro-gelatinous injectable for subcutaneous adipose tissue volume reduction: ex-vivo histological findings. Eur J Aesth Med Dermatol 2012;2(2):94-97.
- Pinto H, Melamed G, Fioravanti L. Intralipotherapy Patient Satisfaction Evaluation Study (IPSES). Eur J Aesth Med Dermatol 2012;2(1):29-34.