

Microneedling FAQs and Aftercare

Micro-needling is a treatment which uses small needles to cause multiple shallow punctures in the skin. The microscopic channels produced stimulate the body to mount a wound healing response. As your skin repairs, the production of collagen and elastin is triggered which rejuvenates the skin. It is a particularly effective technique for treating acne scarring, enlarged pores, sun damage and skin ageing

How many microneedling treatments will I need?

Typically a series of 3-6 microneedling treatments is recommended, depending upon your area of correction or concern. We will ultimately determine a treatment schedule based on your individual goals and desires. Treatments are usually spaced in 4 week intervals. Patients with deep wrinkles, advanced sun damage, stretch marks, or any type of scars, usually require 6 or more treatments to achieve the desired results.

What is the microneedling treatment like?

A sterile disposable needle cartridge, holding either 12 or 36 micro-needles is glided across the skin with the Collagen P.I.N. microneedling device that mechanically induces a micro injury to the desired depth chosen for your skin by your medical provider.

Will microneedling procedure hurt?

Prior to your treatment with the Collagen P.I.N. microneedling pen, we will apply a topical numbing agent. Most people say they feel almost nothing when a numbing cream is used.

How long will it take for me to see results from my microneedling treatment?

Most all patients see results after the first microneedling treatment. Individual results vary depending on individual skin health. It is most common to begin to see true changes or positive results as soon as 1-2 weeks after the first treatment.

Many patients comment on positive changes in even less time. Often, change is noted within just a few days.

How long will my microneedling results last?

Microneedling produces results through the stimulation of growth factors and collagen, thereby promoting new skin cells to surface. As our skin ages, our collagen production naturally slows down. Your overall result will last longer when using an at home skin care regimen that includes a daily Retinoid product. New collagen and elastin formation in the skin are documented as visually and measurably improved as much as one year after just one treatment. However, a series of treatments is typically recommended for best results.

What will I look like after my microneedling treatment?

Microneedling is considered a no downtime treatment. Immediately after your treatment your skin will look slightly pink to moderately red. We will recommend skin care products for your post care based on your individual skin, which will greatly minimize these symptoms and enhance your overall results.

Can I use makeup after having my microneedling treatment?

Directly after your treatment we recommend using only mineral based foundation, as it cannot build bacteria. You may go back to your regular foundation 4 days post treatment.

How do I look after my skin after the treatment?

- Avoid strenuous exercise or sweating for 24 hours due to open pores.
- Avoid sun exposure for 3 days and if possible 10 days. Apply a minimum of SPF 30 every 2 hours.
- May use mineral makeup after 24 hours.
- Restart regular skin care regime in 48 hours and any retinols in 72 hours.