

Profhilo® FAQs and Aftercare

Profhilo® is made of highly purified hyaluronic acid, the same compound that is used in many other dermal fillers. However, unlike traditional fillers, it is not designed to increase volume, but to counteract the physiological reduction of hyaluronic acid in the skin. This restores hydration, elasticity and skin tone.

What does the procedure involve?

The product is injected into a series of precise bio-aesthetic points. After injection it spreads through the tissues to rejuvenate a wide area. It is mostly used on the face and neck but can be used in other areas such as the inner arm or hands. There is virtually no down-time with this procedure, which generally consists of two treatments a month apart.

When will results be visible?

The full effects are usually seen one month after the second treatment. Further injections to maintain the effect can be used every six months if required. This new treatment is one of the most effective ways to reduce skin laxity.

How do I look after my skin after Profhilo?

- Most people can continue with normal activities. Some will have some redness, pin prick marks. Bruising is possible.
- The product is injected in small 'deposits', you may be able to see them initially, but they settle usually within hours. It may be possible to feel the product where it has been injected under the skin. It will settle, there is no need to massage.
- Make-up should not be worn for 12 hours.
- You are advised to avoid alcohol and vigorous exercise for 48 hours.
- Avoid sun bathing, and extremes of heat or cold for 14 days post treatment.
- Any bruising may take a few days to appear, arnica can be helpful in clearing bruising. It is advisable to avoid aspirin and alcohol for 12-48 hours after treatment.
- Tenderness should settle as swelling and bruising goes down.