

A Brief Guide to Conscious Creation Through Forgiveness

Source 1: The Forgiveness Ladder by Rev. Tony

This essay was created and presented by Rev. Tony as part of his Doctoral thesis. It is based on his understanding of consciousness at the Individual, the Collective, as well as the Universal level, Metaphysics, quantum physics and psychology. Also being based on his many years of study in a number of disciplines, as well as a broad and varied spectrum of occupations, it is Rev. Tony's conception of the Reality of Life itself.

- I. **Introduction to Forgiveness and Conscious Creation** - This section introduces Rev. Tony's perspective on forgiveness as a journey of consciousness evolution, leading to a more fulfilling life through Conscious Creation.
- II. **Redefining Forgiveness:** This section challenges traditional views of forgiveness and emphasizes that the source of pain lies within our subconscious beliefs, not external factors.
- III. **The Forgiveness Ladder:** - This section introduces the Forgiveness Ladder model, a seven-rung ladder representing different levels of forgiveness based on the amount of guilt remaining after forgiveness is given.
 - A. **Rung #1 - Compulsory Forgiveness:** Forgiving because it feels like the "right" thing to do. -
 - B. **Rung #2 - Practical Forgiveness:** Forgiving for personal benefit and well-being. -
 - C. **Rung #3 - Parental Forgiveness:** Forgiving from a position of perceived superiority, understanding the offender's ignorance. -
 - D. **Rung #4 - Compassionate Forgiveness:** Recognizing the shared humanity and potential pain behind the offender's actions. -
 - E. **Rung #5 - Conscious Forgiveness:** Understanding the role of the Law of Attraction and taking responsibility for attracting the experience. -
 - F. **Rung #6 - Universal Forgiveness:** Identifying with one's true nature as an extension of Universal Divine Consciousness and seeing beyond the offender's actions to their shared reality. -
 - G. **Rung #7- True Forgiveness:** Taking extreme responsibility for everything as a co-creator with Universal Divine Consciousness and letting go of all untrue beliefs.
- IV. **The Power of True Forgiveness and Conscious Creation** - This section explains that True Forgiveness allows for a shift in perspective and the creation of a more fulfilling life by removing the filters of misbeliefs and embracing one's true identity as a Conscious Creator.

- V. **The Role of Emotions in Conscious Creation:** - This section explores the function of negative emotions as signals from our inner guide, urging us to examine and release limiting beliefs to become more Conscious Creators.

Source 2: Laws of True Forgiveness

- I. **Introduction to the Laws of True Forgiveness** - This section introduces the concept of True Forgiveness and its governing laws, contrasting them with the self-created laws we call beliefs.
- II. **The Power of Beliefs in Shaping Reality** - This section explores how individual consciousness creates its own 3-D reality based on the frequency of its beliefs, emphasizing the ability to choose beliefs and therefore shape experiences.
- III. **True Forgiveness: Letting Go of Untrue Beliefs** - This section explains that True Forgiveness involves releasing low-frequency, untrue beliefs that create negative experiences and replacing them with high-frequency beliefs aligned with our desired reality.
- IV. **True Forgiveness and the Evolution of Consciousness** - This section dives deeper into True Forgiveness as a process of taking full responsibility for our individual consciousness, raising its frequency to impact the collective and universal consciousness.
- V. **The Three Laws of True Forgiveness** - This section outlines the three laws governing True Forgiveness:
 - A. **Law 1:** Nothing Real can be threatened. Nothing unreal/untrue exists.
 - B. **Law 2:** Universal Divine Consciousness Created All to have All.
 - C. **Law 3:** There are but two things to choose between – the true and the untrue.
- VI. **Conclusion: The Simplicity and Power of True Forgiveness** - This section reinforces the straightforward nature of True Forgiveness – letting go of untrue beliefs – and emphasizes its profound impact on personal and collective consciousness.